

# Federal Benefits

## *FastFacts*

### What to Consider During the Federal Benefits Open Season (November 9 – December 14, 2015)

Open Season is the time of year when you have the opportunity to make decisions about your benefits under the Federal Flexible Spending Account Program (FSAFEDS), the Federal Employees Dental and Vision Insurance Program (FEDVIP), and the Federal Employees Health Benefits (FEHB) Program.

If you already have an FSAFEDS account, **it will not** continue automatically: you **must** re-enroll for 2016.

If you take no action, your current enrollment in FEDVIP and/or FEHB will continue automatically for 2016. You will be subject to any changes in premiums, benefits, and service areas.

We strongly recommend you evaluate your current enrollment status in the Programs. We have listed three basic questions to ask yourself. All are equally important and should be considered carefully.

#### *1. What are my and/or my family's expected health care needs for 2016?*

- **Federal Flexible Spending Account Program (FSAFEDS)**

What are my out-of-pocket expenses going to be (e.g., deductibles, copays, coinsurances, day care and elder care expenses, over-the-counter drugs and medicines [prescription required except for insulin] and other over-the-counter products)? Does my child need braces or use acne treatments? Will I send my children (under age 13) to a non-overnight summer camp next year?

- **Federal Employees Dental and Vision Insurance Program (FEDVIP)**

Do I only need routine dental care? Will I need a crown or a root canal? Does my child need braces?

Do I need glasses and/or contact lenses? Am I considering Lasik surgery?

- **Federal Employees Health Benefits (FEHB) Program**

Am I expecting a new baby? Do I need surgery? Will my medication needs change?

#### *2. What benefits are available in 2016?*

Now that you have an idea of what services you may need, the next step is to determine what benefits the plans provide in 2016. **If you are already enrolled, please review the “How We Have Changed for 2016” section of your 2016 FEDVIP brochure and Section 2 “Changes for 2016” of your 2016 FEHB plan brochure for any benefit changes.**

**Do not rely solely on this fact sheet.  
Always refer to the individual plan brochures before making your final decision.**

## **FSAFEDS**

- Should I enroll in a health care account and/or a dependent care account? How much should I contribute to my FSAFEDS account(s)?

## **FEDVIP/FEHB**

- Are there plan limitations (i.e., number of visits or dollar maximums) which will result in out-of-pocket expenses?
- Are any services I may need (such as chiropractic care or Lasik surgery) not covered?
- What is my share of the cost of prescription drugs? (FEHB only)
- What deductibles, copays, and coinsurances must I pay?
- Do I have enough coverage for extensive dental work?
- Do I have enough coverage for glasses, exams, contact lenses, or other vision services?

### ***3. How much will it cost?***

Now that you have an idea of what services you may need and what types of benefits are provided by FSAFEDS, FEDVIP, and/or FEHB plans, the third consideration is cost.

Enrolling in FSAFEDS is free to you. You just have to decide how much (from a minimum of \$100 to a maximum of \$2,500 per participant for a health care account and/or \$5,000 per household for a dependent care account) to contribute from your salary, which you'll get back when you incur eligible expenses.

**Look at the 2016 premiums** for the FEDVIP and/or FEHB plan you are already enrolled in or considering enrolling in. You can find the premiums in the 2016 FEDVIP and FEHB brochures and on our website at [www.opm.gov/insure](http://www.opm.gov/insure).

### ***4. What do I do now?***

Now that you have considered these questions, you are on your way to making more informed decisions about your benefit choices for 2016. If you want to participate in FSAFEDS for 2016, you **must** make a new election. If you are satisfied with your FEDVIP plan and/or FEHB plan, you do not have to do anything. Your FEDVIP and/or FEHB enrollment(s) will continue for 2016. If you are not satisfied with your current enrollment status, please visit our website and your human resources office and look at the following resources OPM provides to assist you in making decisions.

- FSAFEDS brochures at [www.FSAFEDS.com](http://www.FSAFEDS.com)
- FEDVIP brochures at [www.opm.gov/healthcare-insurance/dental-vision/plan-information](http://www.opm.gov/healthcare-insurance/dental-vision/plan-information)
- FEHB brochures at [www.opm.gov/FEHBbrochures](http://www.opm.gov/FEHBbrochures)
- OPM's plan comparison tool at [www.opm.gov/fehcompare](http://www.opm.gov/fehcompare)
- Checkbook at [www.checkbook.org/newhig2/hig.cfm](http://www.checkbook.org/newhig2/hig.cfm)

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