

JBSA today

Fun • Family • Force Support

May/June 2015

THE ANNUAL JBSA MILITARY GOLF CLASSIC

May the Best Team Win - Pg. 9

LET'S GO SWIMMING

Swim Season is Back! - Pg. 18-19

CUSTOMER APPRECIATION

We Want to Show Our
Appreciation - Pg. 30

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AD

JBSAtoday

Director, 502d Force Support Squadron..... Ms. Terrye Heagerty
 JBSA Marketing Director Ms. Shelta Reese

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Designer/Editor Chris Anderson
 Cover Selection..... Thomas Carter II

If you would like to be a sponsor for an FSS event please contact one of our Commercial Sponsorship Specialists.

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ADVERTISER CONTACT

JEFF BURCH (512) 558-1716
CAROL BERGERON (717) 877-2561
 ssmlafb@hotmail.com
 415 North Guadalupe St., STE 288
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AQUATIC CENTER

Bldg. 3300 ☎ 221-4887
 Open seasonally May 22 - Sept. 7 (Labor Day)
 School days 4-8 p.m.
 Non-school days Noon to 8 p.m.

BOWLING CENTER

Bldg. 2521 ☎ 221-4740/ 3683
 Lanes Operation:
 Mon CLOSED
 Tues 11 a.m. to 4 p.m.
 Wed - Thurs 11 a.m. to 9 p.m.
 Fri 11 a.m. to 11 p.m.
 Sat 10 a.m. to 11 p.m.
 Sun/Holidays Noon to 4 p.m.

Sam Houston Lanes Grille

☎ 221-5029
 Mon CLOSED
 Tues 11 a.m. to 3 p.m.
 Wed - Thurs 11 a.m. to 8 p.m.
 Fri 11 a.m. to 10:30 p.m.
 Sat 10 a.m. to 10:30 p.m.
 Sun/Holidays Noon to 3:30 p.m.

CAMP BULLIS ROD-N-GUN RECREATION CENTER

Call for Directions ☎ 295-7577/ 7529
 Mon, Thurs and Fri 8 a.m. to 4 p.m.
 Sat/Sun 8 a.m. to 5 p.m.
 Archery Range
 Mon, Thurs, Fri 8 a.m. to 4 p.m.
 Sat/Sun 8 a.m. to 5 p.m.
 Sportsman's Range
 Sat/Sun 9 a.m. to 3 p.m.

CHILD DEVELOPMENT PROGRAM

Bldg. 2530 ☎ 221-5002
 Mon - Fri 5:30 a.m. to 5:30 p.m.

CHILD DEVELOPMENT PROGRAM ANNEX

Bldg. 1720 ☎ 221-3835
 Mon - Fri 6 a.m. to 5:30 p.m.

EQUESTRIAN CENTER

Bldg. 3550 ☎ 224-7207
 Mon - Fri 8 a.m. to 5 p.m.
 Sat/Sun 7 a.m. to 5 p.m.

FAMILY CHILD CARE

Bldg. 1630A ☎ 221-3820
 Mon - Fri 7:30 a.m. to 4:30 p.m.

FITNESS CENTER ANNEX - CAMP BULLIS

Bldg. 5031 ☎ 295-7898
 Mon - Fri 4:30 a.m. to 8 p.m.

FITNESS CENTER - CENTRAL POST GYM

Bldg. 961 ☎ 221-3593
 Mon - Fri 5 a.m. to 7 p.m.

FITNESS CENTER - JIMMY BROUGHT

Bldg. 320 ☎ 221-1234
 Mon - Thurs 5 a.m. to Midnight
 Fri 5 a.m. to 11 p.m.
 Sat/Sun 7 a.m. to 7 p.m.
 Holidays 7 a.m. to 7 p.m.

Indoor Pool Hours:

Mon - Fri 5 a.m. to 8:30 p.m.
 Sat/Holidays 8:30 a.m. to 3:30 p.m.
 Sun 10:30 a.m. to 5:30 p.m.

FITNESS CENTER - METC

Bldg. 1369 ☎ 808-5709
 Mon - Fri 5 a.m. to 9 p.m.
 Sat/Sun/Holidays 8 a.m. to 4 p.m.

FORT SAM HOUSTON GOLF COURSE

1050 Harry Wurzbach ☎ 221-5863/ 222-9386
 Golf Course 6 a.m. to Sunset
 Pro Shop 6:45 a.m. to 9 p.m.
 Mulligan's Grill 6:45 a.m. to 6 p.m.
 Catering 9 a.m. to 5 p.m.
 Illuminated Range 6 a.m. to 9 p.m.

HARLEQUIN DINNER THEATRE

Bldg. 2652 ☎ 222-9694
 Ticket Sales
 Tues - Fri Noon to 3 p.m.
 Sat 1-3 p.m.

JBSA RECREATION PARK @ CANYON LAKE

Commercial ☎ 830-964-3576
 Toll Free ☎ 800-280-3466
 7 days a week 8 a.m. to 5 p.m.

MIDDLE SCHOOL TEEN CENTER

Bldg. 2515 ☎ 221-3630
 Mon - Fri 9 a.m. to 6 p.m.

OUTDOOR EQUIPMENT CENTER

Bldg. 1111 ☎ 221-5224/5225
 Mon - Thurs 8 a.m. to 5 p.m.
 Fri 8 a.m. to 6 p.m.

PARENT CENTRAL

Bldg. 2797 ☎ 221-4871/9876
 Mon - Fri 8 a.m. to 5 p.m.

RECREATIONAL VEHICLE PARK

Bldg. 3514 ☎ 221-5502
 Mon - Fri 9 a.m. to 4 p.m.
 Sat/Sun (Limited Services) 10 a.m. to 3 p.m.

SAM HOUSTON COMMUNITY CENTER

Bldg. 1395 ☎ 808-6262
 Catering
 Tues - Fri 8 a.m. to 4:30 p.m.
 Sat By appointment only
 Java Cafe ☎ 808-6278
 Mon - Fri 7 a.m. to 1 p.m.
 Information & Ticket Office ☎ 808-1378
 Tues - Fri 9 a.m. to 4 p.m.
 Sat 10 a.m. to 2 p.m.

SCHOOL AGE PROGRAMS

Bldg. 1703 & 1705 ☎ 221-4466/ 5151
 Mon - Fri 9 a.m. to 5:30 p.m.

SKIES UNLIMITED

Bldg. 2797 ☎ 221-3381
 Mon/Wed 8 a.m. to 7 p.m.
 Tue/Thurs/Fri 9 a.m. to 4 p.m.
 Sat 9 a.m. to Noon
 Sun/Holidays CLOSED

STUDENT ACTIVITY CENTER

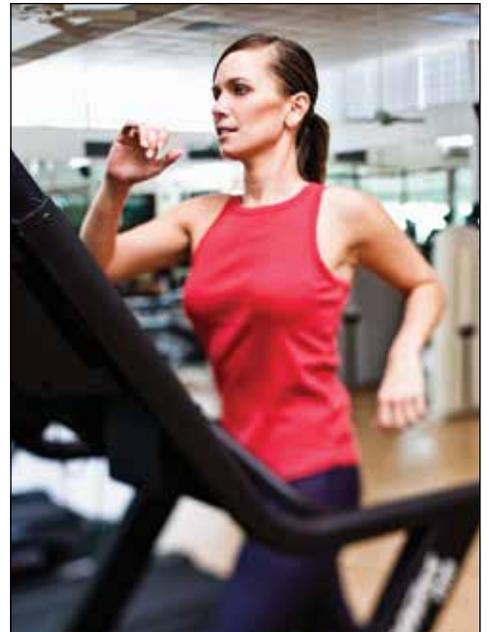
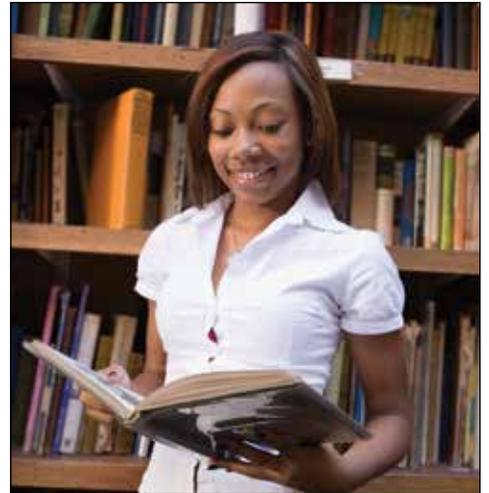
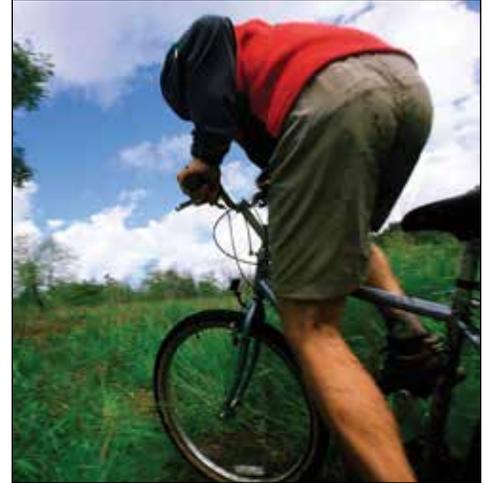
Bldg. 1477 ☎ 466-5047/5049
 Mon - Thurs 10:30 a.m. to 9 p.m.
 Fri 10:30 a.m. to 10 p.m.
 Sat 1-10 p.m.
 Sun/Holidays 1-9 p.m.
 Snack Bar
 Mon - Thurs 11 a.m. to 2 p.m., 5-8 p.m.
 Fri 11 a.m. to 2 p.m., 5-9 p.m.
 Sat 1-9 p.m.
 Sun 1-8 p.m.

YOUTH SPORTS OFFICE

Bldg. 1630 ☎ 221-5519
 Mon - Fri 9 a.m. to 5 p.m.

YOUTH PROGRAMS

W. Ed Parker Youth Center
 Bldg. 1630 ☎ 221-3502
 Mon - Fri 9 a.m. to 6 p.m.



JBSA-FORT SAM HOUSTON

BOWLING CENTER

SORRY FOR THE INCONVENIENCE

The Bowling Center is closed for installation of a fire suppression system. The Bowling Center is expected to reopen late June.

COMMUNITY PROGRAMS

HARLEQUIN DINNER THEATRE

"RED, WHITE AND TUNA"

May 7 through June 6

Welcome to Tuna, Texas, where men are men, gossip reigns supreme and everyone knows your business! This production takes the audience through another satirical ride into the hearts and minds of the polyester-clad citizens of Texas' third smallest town. Along with Tuna's perennial favorites, some new Tuna denizens burst into the 4th of July Tuna High School Class Reunion. This sets the stage for a show full of fireworks and fun from the land where the Lion's Club is too liberal and Patsy Cline never dies. This show is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 222-9694.

FAMILY MOVIE NIGHT

June 20 • 7 p.m.

Come out for a free family-friendly movie at the Military & Family Readiness Center, building 2797. Attendees may also enjoy the free popcorn and snow cones while watching the movie. This event is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 652-5763.

COMMUNITY EXTRAVAGANZA FAIR

July 28 • 9-11 a.m.

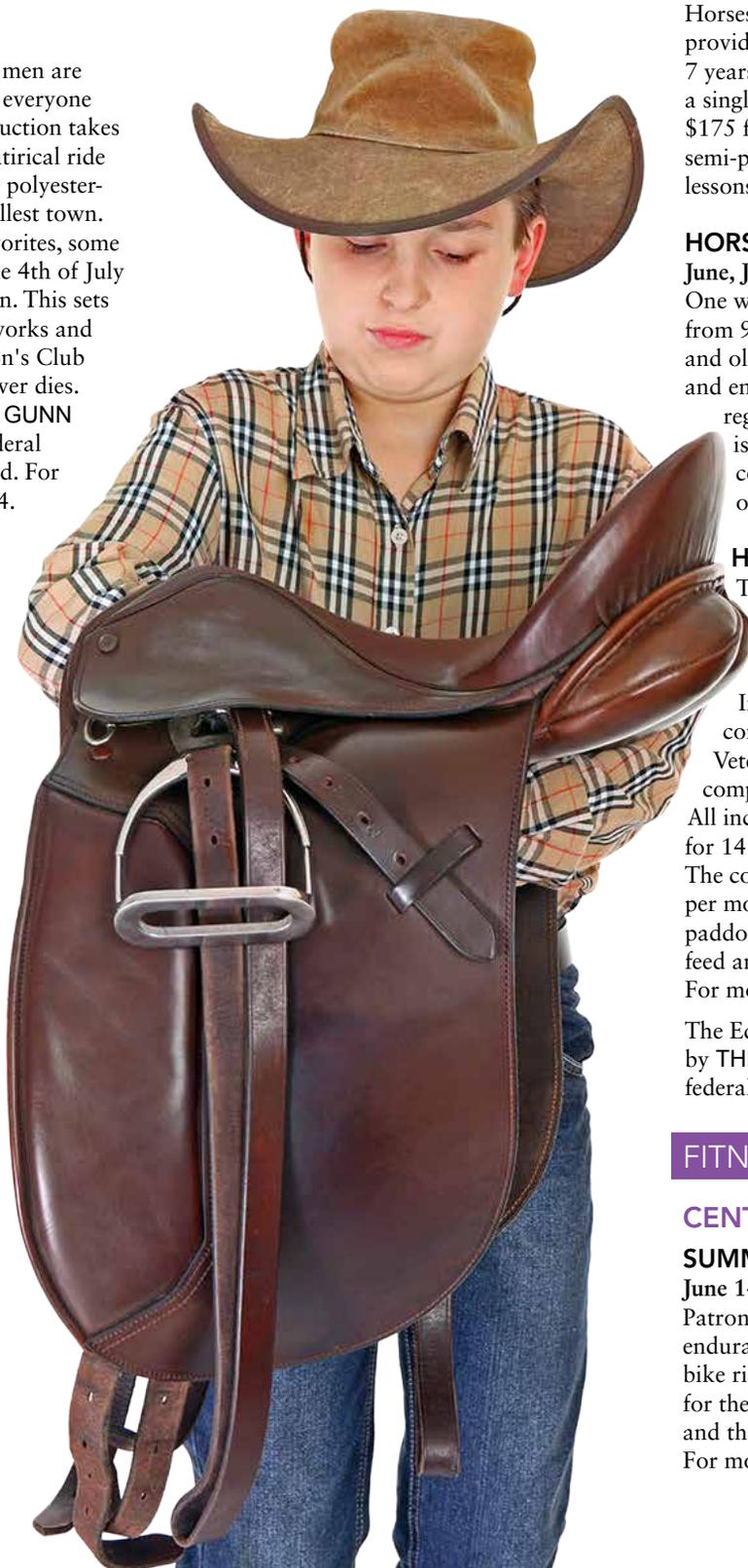
The Community Extravaganza Fair takes place at the JBSA-Fort Sam Houston Golf Club, 1050 Harry Wurzbach. DOD ID cardholders are welcome to visit with representatives from post agencies and local businesses to learn more about JBSA-Fort Sam Houston and the San Antonio area. For more information, call 221-2307.

EQUESTRIAN CENTER

TRAIL RIDES

Saturday and Sunday • 8:30 a.m. to 2 p.m.

Trail rides are available for patrons ages 7 and older for just \$30. Adults must accompany children younger than 12 years old. Riders must be at least 4'6" tall and weigh no more than 200 pounds. To make reservations, call 224-7207.



PONY RIDES

Saturday and Sunday • 10 a.m. to 2 p.m.

The Equestrian Center offers parent-led pony rides for patrons ages 6 and younger for just \$10. Adults must accompany their children and availability is on a first come, first served basis. For more information, call 224-7207.

RIDING LESSONS

By Appointment Only

The Equestrian Center offers horseback riding lessons for beginners and advanced riders in both English and Western style riding. Therapeutic riding lessons are also available and taught by certified instructors. Horses, saddles and tack for lessons will be provided if needed. Patrons must be at least 7 years old. The price is \$60 per hour for a single private lesson for ages 7 and older, \$175 for five group lessons, \$225 for five semi-private lessons and \$250 for five private lessons. For more information, call 224-7207.

HORSEMANSHIP CAMPS

June, July and August • By Reservation Only

One week horsemanship camps take place from 9 a.m. to 3 p.m. for children 7 years and older. Camps start the week of June 8 and end the week of Aug. 10. Patrons may register starting May 1 and a \$50 deposit is required at time of registration. The cost is \$275. For more information or to sign up, call 224-7207.

HORSE BOARDING

The Equestrian Center has stalls and paddocks available to board customers' horses. Space is limited and priority is given to active duty.

If space is available, the owner must contact the JBSA-Fort Sam Houston Veterinary Treatment Facility and comply with vaccination requirements. All incoming horses will be quarantined for 14 days. Stallions are not allowed. The cost to rent a 10' x 10' stall is \$120 per month and the cost to rent a 20' x 50' paddock is \$45 per month. Trailer storage, feed and turn-out services are also available. For more information, call 224-7207.

The Equestrian Center is sponsored in part by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended.

FITNESS & SPORTS

CENTRAL POST GYM

SUMMER TRIATHLON

June 14 • 7 a.m.

Patrons are encouraged to test their endurance with a 200-meter swim, five-mile bike ride and a one-mile run. Pre-registration for the summer kickoff triathlon is \$20 and the registration deadline is June 8. For more information, call 221-4887.

JIMMY BROUGHT FITNESS CENTER

AVAILABLE FITNESS SERVICES

The Jimmy Brought Fitness Center provides a diverse option of innovative and fitness activities. The fitness center has a main workout area for cardio and aerobics, weight lifting and leisure sports with a basketball court, indoor pool and racquetball courts. Patrons can request a basic health review, set fitness goals and request a tour of the facility. Fitness equipment orientation is also provided monthly and covers the proper usage of cardiovascular and resistance training equipment, along with an introduction into other fitness training concepts. In addition, water aerobics is offered year round with the heated indoor pool.

ZUMBA® FEST

May 16 • 9:30 a.m.

This cardio-Latin fusion ZUMBA® class will get you moving while having a lot of fun. Entry fee is \$12 plus you will receive a T-shirt. The ZUMBA® Fest is open to all DOD ID cardholders. For more information, call 221-1234.

RUN/WALK FOR THE FALLEN

May 30 • 7 a.m.

In honor of those who gave the ultimate sacrifice for our country, the Jimmy Brought Fitness Center is hosting a free 5K Run/Walk at the Survivor Outreach Center, building 131 on Stanley Road. This event is open to all DOD ID cardholders. For more information, call 221-1234.

RACQUETBALL TOURNAMENT

June 20 • 9 a.m.

Racquetball is a great cardiovascular workout and it builds endurance, works all your muscles and is appropriate for all skill levels and ages. All patrons are invited to participate in this tournament but must register by June 12. For more information, call 221-1234.

FITNESS CENTER ON THE MEDICAL EDUCATION & TRAINING CAMPUS

ARMED FORCES DAY FUN RUN

May 16 • 9 a.m.

Join us in celebrating the sacrifice and dedicated service of our Armed Forces members all around the globe by taking part in this free 5K run/walk which begins at the METC Fitness Center. Your four-legged friends are also welcome. There will be fresh fruit, juice and a prize wheel for giveaways. This event is open to all DOD ID cardholders. For more information, call 808-5709.

TRACK AND FIELD DAY

May 16 • 10 a.m.

Test your speed, endurance and power at the first METC Fitness Track and Field Day. Compete in traditional distance & field events and sprints. The event is free and open to METC students only. For more information, call 808-5709.

STRONG MAN/WOMEN COMPETITION

May 23 • 8 a.m.

All METC students are encouraged to show off their strength in our Strong Man/Woman Competition. The challenge is to complete the car drag, dumbbell hold, keg carry, tire flip and ammo can carry. Register at the METC Fitness Center by May 16. This event is free. For more information, call 808-5713.



GOLF

WARRIOR GOLF SCRAMBLE

May 1 and June 5 • 12:30 p.m.

Golfers are invited to play in the Warrior Four-Person Scramble at the golf course. The cost is \$25 for members and \$35 for nonmembers and includes 18 holes of golf, green fees, golf cart and dinner. Gift certificates will be presented to the winners of the longest drive and the closest to the pin. The first- second- and third place winners will also receive gift certificates. For more information, call 222-9386.

ADULT GOLF CLINIC

Tuesday • 5:30 p.m.

Do you need a little personal attention to get your golf swing above par? Then come out to the Golf Club's weekly Adult Golf Clinic. The clinic is designed for beginner and intermediate golfers and will teach you the fundamentals of how to be a better golfer. The cost is \$20 per hour for both military and non-military patrons. For more information, call 222-9386.

MOTHER'S DAY BRUNCH

May 10 • 9 a.m. to 1 p.m.

Don't spend all day in the kitchen preparing a brunch for mom. The Golf Club is hosting a scrumptious Mother's Day Brunch. The entrees include carved roast beef, honey baked ham, roasted Cornish game hen and fried chicken. There is also a wide variety of sides, salads and desserts to choose from. Additionally, patrons can make a selection from the breakfast bar with choices like build-your-own omelet and waffle station. The cost for this buffet is \$19.95 for members, \$21.95 for adult nonmembers, \$10.95 for members' children ages 6-12, \$12.95 for nonmembers' children ages 6-12 and children ages five and younger eat for free. To make your reservation, call 222-9686.

LADIES GOLF CLINIC

June 2 • 5:30 p.m.

Ladies, are you wanting to learn the fundamentals of golf or get your game back on track? Join us for the Ladies Golf Clinic for beginners and intermediate golfers. You will learn and practice the fundamentals you need to play golf and hit that perfect golf shot.

We ask that you wear rubber sole shoes and everything else will be provided. However, feel free to bring your own clubs. The cost is \$20 and you may sign up at the Golf Pro Shop. For more information, call 222-9386 or 393-5224.

SUMMER JUNIOR GOLF CLINICS

Monday through Friday • 9–11 a.m.
Calling all junior golfers eight years and older. During these clinics, junior golfers will receive instruction on swing fundamentals, golf etiquette and rules and on-course instruction. Clubs will be provided for those students needing equipment. The first session is June 8-12, second session is July 6-10 and third session is Aug. 3-7. The cost is \$100 per student and payment must be made in advance. For more information, call 222-9386.

FATHER'S DAY SOCIAL

June 21 • 12:30 p.m. shotgun start
All fathers are invited to celebrate Father's Day with us for some great golf. The cost is \$25 for members and \$35 for nonmembers and includes 18 holes of golf, green fees, golf cart, dinner, gift certificates for the winner of the longest drive, closest to the pin. The first- second- and third place winners will also receive gift certificates. For more information, call 222-9386.

OUTDOOR RECREATION

CAMP BULLIS

3-D ARCHERY COMPETITION

May 23-24 & June 27-28 • 8 a.m. to 1 p.m.
The Camp Bullis Rod-N-Gun Recreation Center hosts a 3-D archery competition. Registration is 8-10 a.m. and the course needs to be completed by 1 p.m. There is a \$15 fee for the fun shoot, \$5 for kids 12 years and younger or \$20 fee for the competition shoot. For more information, call 295-7529 or 295-7577.

RV STORAGE

There are 354 storage sites available for rent at JBSA-Camp Bullis. The cost is \$40 per month, \$100 per quarter and \$300 per year. For more information and availability, call 295-7529.

SPORTSMAN'S RANGE

Saturday and Sunday • 9 a.m. to 3 p.m.
The Sportsman's Range at the JBSA-Camp Bullis Rod-N-Gun Recreation Center is available for shooting and target practice, weather permitting. Please call to ensure the range is open prior to coming out. The cost to shoot is \$10 per DOD ID cardholder and \$15 per non-DOD ID cardholder. DOD ID cardholders may purchase an annual pass for \$60. All DOD ID cardholders

are allowed to sponsor two non-DOD ID cardholder guests. Guests must be in the same vehicle as the sponsor. For more information, call 295-7577/7529.

AT FORT SAM HOUSTON

FLEA MARKET

May 2 • 7:30 a.m. to noon
The post wide Flea Market allows the JBSA-Fort Sam Houston military community the opportunity to sell their personally owned household items. Patrons may rent tables for \$5 and chairs for .50 cents. This event takes place at the Command Pavilion and only DOD ID cardholders are allowed to sell at the flea market. For more information, call 221-5225 or 221-5224.

SALADO PARK

Salado Park is perfect for family fun and events and is located adjacent to Salado Creek. The 13-acre park has 10 picnic areas available for rent for \$15 accommodating 25 people, two large patio areas for \$30 accommodating 50 or more individuals and a covered pavilion for \$45. Reservations can be made up to a year in advance at the Outdoor Equipment Center and include picnic tables and a BBQ stand. The park also features a volleyball court and playground areas. For more information, call 221-5225 or 221-5224.

RV STORAGE

There are 175 RV storage sites available for rent on JBSA-Fort Sam Houston. This cost is \$40 per month, \$100 per quarter and \$300 per year. For more information, call (210) 221-5225 or 5224.

RV PARK

The RV Park has 74 full hookup RV pull-through sites with water, sewage and electricity. There are also two shower facilities and two laundry facilities for the customer's convenience. All sites are 30/50 amp. There is a maximum stay limit of one month. The rates are \$20 for a day, \$120 per week and \$440 per month. For more information, call 221-5502

EQUIPMENT RENTAL

Monday-Friday • 8 a.m. to 5 p.m.
The Outdoor Equipment Center has equipment rentals for everyone, to include camping, water fun, fishing boats, speed boats, sports and party equipment. In addition, equipment rental has a Lemon Lot. For more information, call 221-5224 or 221-5225.

BOAT RENTALS

It's that time of year to hit the lakes around San Antonio and surrounding areas so be sure to reserve the boat of your choice. The available boats include pontoon boats,

ski boats, bass boats and kayaks. Boater's Safety certification and DOD ID card is required to reserve a boat. For more information, call 221-5225 or 221-5224.

SAM HOUSTON COMMUNITY CENTER

CATERING SERVICES

The Sam Houston Community Center is an economical, yet elegant venue for big events, offering a variety of rooms and full-service catering to feed from 6 to 300. Our catering department can assist you in planning retirement dinners, luncheons, conferences, unit functions, graduations and birthday parties. To book your event, contact the catering team at 808-6262.

JAVA CAFÉ

Start your Mondays with a jolt at the Java Café. This relaxing atmosphere is perfect to meet friends or coworkers for coffee, a light breakfast or lunch during the week.

INFORMATION & TICKET OFFICE

The Information & Ticket Office is located in the Sam Houston Community Center. Not enough time during your work week, then drop by on Saturdays. The Ticket Office has tickets for just about everything you or your family could want to do this year.

SAN ANTONIO ZOO TICKETS

The Information & Ticket Office has discounted San Antonio Zoo tickets available for the low price of \$8.50 for adults and \$6 for children ages 3-11 years. Ticket prices are a great savings as compared to \$12 and \$9 at the gate.

NATURAL BRIDGE CAVERNS DISCOVERY TOUR

This beautiful and historical cavern system offers an experience that is high energy, educational, fun and family oriented. Take the kids and pan for precious stones, take the ultimate leap of faith from the Canopy Challenge, go caving on one of their adventure tours or simply experience nature on the original Discovery Tour. Active-duty military members are eligible for a FREE tour. Purchase tickets from the Information & Ticket Office for family and friends for only \$16.75 for adults and \$10 for children ages 3-11 years.

ZDT'S AMUSEMENT PARK

ZDT's offers 12 attractions and is open year-round. ZDT's serves up BIG fun and great value! Just buy an Extreme wristband and get UNLIMITED access to ALL attractions, including Bungee Trampoline, MaxFlight Simulator, Parachute Drop, Dizzy Toucan, Go-Karts, Rock-Climbing Wall and Silo Climb, Mad Raft Hydro-Coaster, The Viper Hybrid Slide and Viper's Tail, plus the Jungle

PlayLand with Toddler Zone for the little ones. Children ages 2 and younger are free to play in the Toddler Zone and Jungle Playland. Children ages 3 and older can get a discounted "Extreme Wristband" at ITT for only \$21. Enjoy unlimited EVERYTHING all day, including video games.

DISCOUNTED SPORTS TICKETS

Get discounted Spurs, Rampage and Stars tickets at ITT. Get ITT's same discounted tickets from the convenience of your home or office by going to www.spurs.com/fortsamhoustonitt and using the discount code: FORTSAM.

SCHLITTERBAHN WATER PARK

Explore over 70 acres of shared family fun, thrilling adventure, and relaxation! Schlitterbahn New Braunfels features world famous attractions, epic river adventures, kids' water playgrounds, and beautiful spots to relax and share a picnic – there is truly something for everyone! Discounted season passes are available for \$134 per adult and \$90 for youth 3-11 and seniors 55 years and older.

OUT OF TOWN ATTRACTIONS

Don't feel like staying in town, then check out the great tickets for our out-of-town attractions like Disneyland, Disneyworld, Universal Studios and Bush Gardens. - Armed Forces Salute Disneyworld and Disneyland runs through Sept. 28 with only one blackout period (March 29- April 6). These are special discounted tickets for active duty, retirees, guard and reservists. The military member can purchase up to six tickets for family and friends but the military member must use one of the tickets themselves and be present to show their DOD ID card.

The Information & Ticket Office also carries Universal Studios Hollywood and Orlando, Legoland California and Orlando and we are now able to provide SeaWorld San Diego, Orlando and Bush-Gardens. Additionally, they have access to the following Smart Destinations passes (Go City Cards and Go Explorer): Oahu, San Diego, San Francisco, Los Angeles, Miami, Chicago, New York and Boston. These are special order items and require 7 to 10 working days. For more information about pricing, call 808-1378.

STUDENT ACTIVITY CENTER

DJ NIGHT

May 8 & 29 and June 19 & 26
6:30-10 p.m.

All METC students are invited to enjoy the latest sounds of today's music in Club Zero. Club Zero has a large dance floor and comfortable sitting area so

students can sit together and enjoy the music. This is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 466-5049.

KARAOKE NIGHT

Every Tuesday • 6-8:30 p.m.

Think you have the pipes to make it big some day? Then come down to Club Zero and show the world what you have to offer. Club Zero has a state of the art sound system and plenty of tunes to match your singing style. This is sponsored by THE GUNN AUTOMOTIVE GROUP. No federal endorsement of sponsor intended. For more information, call 466-5049.

YOUTH PROGRAMS

TEEN CAMPS (13 and up)

June 8 - Aug. 21 • 6 a.m. to 3 p.m.
Monday-Friday

Attention all teens, are you looking for something fun to do this summer? Then check out Youth Programs Teen Summer Camps, which offer swimming, field trips, learning life skills, community service projects and much more! The trips include visits to state parks, tubing and colleges. The cost for the camps is \$120 per week which includes breakfast, lunch, snack and most entry fees. Registration begins May 5 and goes until all camps are full. For more information, call Youth Programs at 221-3502 or register at Parent Central.

READY. SET. WORK!

The Youth Volunteer Program offers military affiliated teens, ages 15-18, opportunities to work at 502 FSS facilities. Teens will have an opportunity to experience the workforce and develop valuable skills. Registration forms are available at Parent Central, building 2797 or Youth Programs, buildings 1630 or 2515. Youth are required to be registered with Youth Programs. The program is offered June 8 - Aug. 21 and the application deadline is May 8. For more information, please call 221-4533/884-7485.

PARENTS' NIGHT OUT

May 30 • 1-5 p.m.

The Child Development & School Age Programs offer Parents' Night Out. Parents can enjoy time out knowing their child is being cared for in a quality program for ages 6 weeks to 12 years of age. The program includes child care, activities and a light snack for only \$25 with a \$5 discount for multi children discount.

Registration closes Tuesday prior to each event and space is limited. Register at Parent Central, building 2797. Children with special needs may have to be SNAP in advance.

SUMMER CAMP

Summer Camp for ages 5 to 12 is filling up fast, so this is your last chance to get your child registered. Camp will be held June 8 - Aug. 21 and patrons can select the weeks they need care. Register at Parent Central, building 2797 from 8 a.m. to 4 p.m. Monday-Friday with a \$10 deposit for each week.

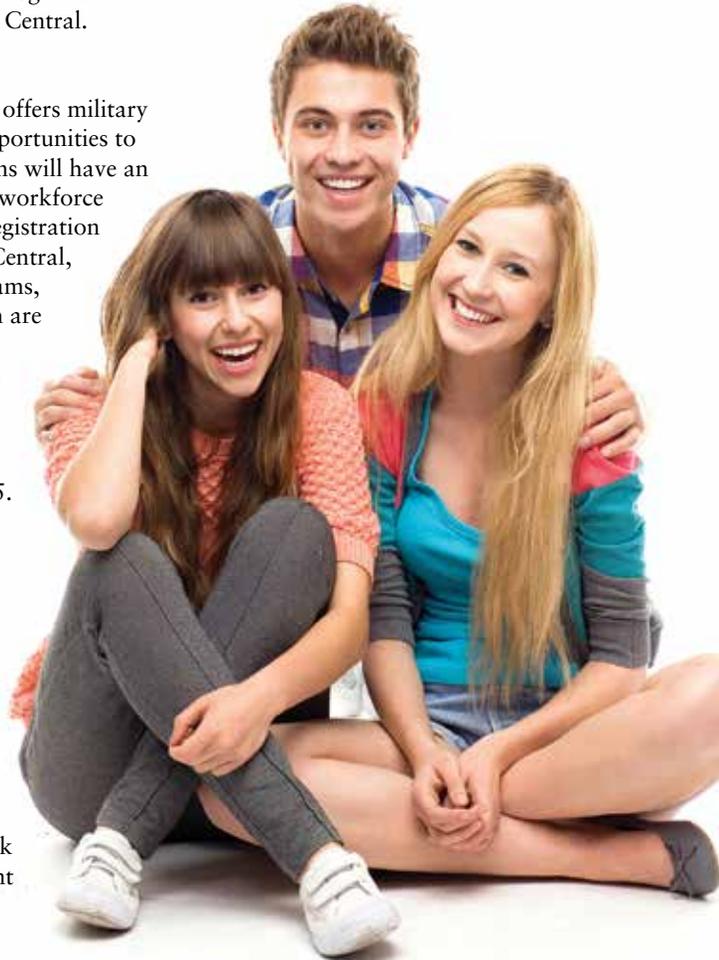
OPEN RECREATION PROGRAM

Don't sit at home alone and be bored! Our Open Recreation Program is open during the summer for ages 11-18 at Youth Programs, building 1630. Beginning in June, we will be open from 2-8 p.m. Monday - Friday and from 1-8 p.m. on Saturdays for self-directed activities. Check our monthly calendars for upcoming field trips, clubs, programs and additional youth specialty camps. For more information, call 221-3502.

HOME SCHOOL CLASSES

Dates and Times Vary

School Age Services provides instructional classes to the Home School Community. Available classes include Tae Kwon Do, Drum Lessons, Guitar Lessons and Tumbling. Class times and pricing varies. For more information, call 221-3381.



JOINT BASE SAN ANTONIO ANNUAL MILITARY GOLF CLASSIC



This is a two-person team flighted competition and all DOD ID cardholders and civilians are eligible to enter. Civilians will be granted base access based on completed background checks. The lowest verifiable handicap of each team will be used for flighting purposes. Teams will play scratch within their respective flight.

Prizes will be awarded at the completion of play each day and there will be an awards banquet immediately following play on May 25. All players must submit a handicap verified by a course official. The entry fee is \$130 per player for Air Force or Army advanced fee payers, \$170 for non-advanced fee payer DOD ID cardholders and \$185 for civilian players. Entry fee includes green fee, cart, refreshments, prizes and a dinner after play on May 25. Membership at any Air Force or Army golf course will be honored. Golfers must show proof of advanced fee payment.

Payment may be made by phone, in person or mailed to any participating JBSA golf course. Please make checks payable to the golf course where you register. This event is limited to 72 two-person teams and full payment is due upon registration. No refunds will be given within 48 hours of the tournament. Deadline to register is May 19. For additional information, please call any participating course.

SCRAMBLE

Saturday, May 23 - Round 1
Gateway Hills, 1800 Dimsted Place
JBSA-Lackland TX, 78236
(210) 671-2517

MODIFIED ALTERNATE SHOT

Sunday, May 24 - Round 2
Randolph Oaks, Building 1300
JBSA-Randolph TX, 78148
(210) 652-4653

BEST BALL

Monday, May 25 - Round 3
La Loma Course (JBSA-Fort Sam Houston)
1050 Harry Wurzbach, San Antonio TX, 78209
(210) 222-9386



No federal endorsement of sponsor(s) intended.

JBSA-LACKLAND DIRECTORY

AUTO HOBBY SHOP

Bldg. 7245 ☎ 671-3549
Tues - Fri 9 a.m. to 6 p.m.
Sat 8 a.m. to 5 p.m.
Sun, Mon, Holidays Closed

BISTRO 171

Bldg. 171 (Port San Antonio) ☎ 669-5602
Mon - Fri
Breakfast 7-9 a.m.
Lunch 11 a.m. to 1:30 p.m.
Grab-and-Go 7:30 a.m. to 2:30 p.m.

BOWLING CENTER, SKYLARK

Bldg. 6476 ☎ 671-1234
Lanes Operation
Mon - Thurs 11 a.m. to 10 p.m.
Fri 11 a.m. to Midnight
Sat 11 a.m. to 11 p.m.
Sun 11 a.m. to 7 p.m.

Susie's Kitchen

Bldg. 6476 ☎ 671-1224
Mon - Thurs 11 a.m. to 9 p.m.
Fri 11 a.m. to 11 p.m.
Sat 11 a.m. to 10 p.m.
Sun 11 a.m. to 6 p.m.

CHILD DEVELOPMENT PROGRAM, GATEWAY

Bldg. 3220 ☎ 671-1052
Mon - Fri 6 a.m. to 6 p.m.
Sat & Sun Closed

CDP, KELLY FIELD

Bldg. 61 ☎ 925-5747
Mon - Fri 6 a.m. to 5:30 p.m.
Sat & Sun Closed

CDP, LACKLAND

Bldg. 8206 ☎ 671-3675
Mon - Fri 6 a.m. to 6 p.m.
Sat & Sun Closed

COMMUNITY CENTER, ARNOLD HALL

Bldg. 5506 ☎ 671-2619
Mon - Tues 7:30 a.m. to 6:30 p.m.
Wed 7:30 a.m. to 6 p.m.
Thurs 7:30 a.m. to 7:30 p.m.
Fri 7:30 a.m. to 6:30 p.m.
Sat & Sun Closed

COMMUNITY CENTER, SKYLARK

Bldg. 6576 ☎ 671-2021
Monday Closed
Tues, Wed 7 a.m. to 6 p.m.
Thurs 1-6 p.m.
Fri 4 p.m. to Midnight
Sat Noon to Midnight
Sun Noon to 7 p.m.

FAMILY CHILD CARE

Bldg. 6629 ☎ 671-3376/3379
Mon - Fri 7 a.m. to 4 p.m.
Sat & Sun Closed

FITNESS CENTER, CHAPARRAL

Bldg. 7346 ☎ 671-2401/2361
Mon - Fri 4:30 a.m. to 11:30 p.m.
Sat/Sun/Holidays 7 a.m. to 7 p.m.

FITNESS CENTER, GATEWAY

Bldg. 10330 ☎ 671-1348/2565
Mon - Fri 5:30 a.m. to 6 p.m.
Sat & Sun Closed

FITNESS CENTER, GILLUM

Bldg. 2086 ☎ 977-2354/2353
Mon - Fri 5 a.m. to 9 p.m.
Sat & Sun Closed

FITNESS CENTER, KELLY

Bldg. 210 (Port San Antonio) ☎ 925-4848
Mon - Fri 6 a.m. to 3 p.m.
Sat & Sun Closed
Open 24/7 to registered patrons

FITNESS CENTER, MEDINA

Bldg. 199 ☎ 671-4525/4477
Mon - Fri 5 a.m. to 9 p.m.
Sat & Sun 8 a.m. to 4 p.m.

FITNESS CENTER, WARHAWK

Bldg. 2418 ☎ 671-2016
Mon - Fri 4:30 a.m. to 10 p.m.
Sat & Sun Closed

FRAME SHOP

Bldg. 7041 ☎ 671-5503
Tues - Thurs 8:30 a.m. to 5:30 p.m.
Fri 8:30 a.m. to 5 p.m.
Sat, Sun, Mon, Holidays Closed

GATEWAY CLUB COMPLEX

Bldg. 2490 ☎ 645-7034
Lone Star Lounge
Mon Closed
Tues - Thurs 4-10:30 p.m.
Fri 3 p.m. to 1 a.m.
Sat 5 p.m. to 12:30 p.m.

Maverick Lounge

Mon - Thurs Closed
Fri 3-9 p.m.
Sat & Sun Closed

Dining

Mon Closed
Tues, Wed, Fri 11 a.m. to 1:30 p.m.
Thurs 11 a.m. to 3 p.m.
Sat & Sun Closed

Barber Shop

Mon - Fri 8:30 a.m. to 5 p.m.
Sat & Sun Closed

GATEWAY HILLS GOLF COURSE

Bldg. 2901 ☎ 671-3466/2517
Golf Course & Pro Shop
Daily 6:30 a.m. to 5:30 p.m.

Snack Bar

Mon - Wed ☎ 671-2006
6:30 a.m. to 1 p.m.
Thurs 6:30 a.m. to 7 p.m.
Sat-Sun 6:30 a.m. to 2 p.m.

INFORMATION TICKETS & TRAVEL (ITT)

Bldg. 5506 ☎ 671-3059
Mon - Fri 9 a.m. to 5 p.m.
Sat 9 a.m. to 1 p.m.
Sun Closed

ITT LEISURE TRAVEL OFFICE

Bldg. 5506 ☎ 671-7111
Mon - Fri 9 a.m. to 5 p.m.
Sat - Sun Closed

JBSA RECREATION PARK @ CANYON LAKE

Commercial ☎ 830-964-3576
Toll Free ☎ 800-280-3466
7 days a week 8 a.m. to 5 p.m.

OUTDOOR RECREATION

Bldg. 871 ☎ 925-5532/5533
FamCamp
Bldg. 2804 ☎ 671-5179

Mon - Fri 7 a.m. to 4 p.m.
Sat 1-5 p.m.
Sun Closed

Paintball Park

Bldg. 871 ☎ 925-2998

Mon - Fri Closed
Sat 9 a.m. to 3 p.m.
Sun 1-5 p.m.

Rental Equipment

Mon - Fri 8 a.m. to 5 p.m.
Sat 9 a.m. to Noon
Sun Closed

RESOURCE & REFERRAL

(Child Care Waiting List)
Bldg. 8210 ☎ 671-3380/2440/3675
Mon - Fri 7:30 a.m. to 4 p.m.
Sat & Sun Closed

RICKENBACKER'S

Bldg. 171 ☎ 669-5602
Mon - Fri 6:30 a.m. to 3:30 p.m.

SADDLE CLUB

Bldg. 2954 ☎ 925-5532/5533

SKYLARK AQUATIC CENTER

Bldg. 6482 ☎ 671-3780

Lap Swim

Mon Noon to 1 p.m.
Tues/Thurs 5:30-6:30 p.m.
Wed/Fri 11 a.m. to 1 p.m.

Open Swim

Mon - Fri 4-7 p.m.
Sat Noon to 4 p.m.

SMOKIN' JOE'S BBQ

Bldg. 2433 ☎ 671-3784
Mon - Wed, Fri, Sat Closed
Thurs 11 a.m. to 7 p.m.
Sun 11 a.m. to 4 p.m.

YOUTH PROGRAMS

Bldg. 8420 ☎ 671-2388

Open Recreation (ages 9-12)

Mon - Thurs 3:15-7 p.m.
Fri 3:15-9 p.m.
Sat 1-6 p.m.
Sun Closed

Teen Center (ages 13-18)

Bldg. 8420 ☎ 671-7343
Mon - Thurs 3:15-9 p.m.
Fri 3:15-11 p.m.
Sat Event based schedule only
Sun Closed

School Age Program

Mon - Fri 2:30-6 p.m.
All day camps 6 a.m. to 6 p.m.
Sat & Sun Closed

BOWLING CENTER

WEDNESDAY SPECIAL

Wednesdays • All Day Long
Visit Skylark Bowling Center and bowl for \$1 per game and \$1 shoes. For more information, call 671-1234.

KARAOKE NIGHT

Thursdays • 6-10 p.m.
The Skylark Bowling Center hosts karaoke singing to music provided by OMG Sounds in Primo's Lounge. For more information, call 671-1234.

LODGING GUESTS SPECIAL

The Skylark Bowling Center offers guests staying in JBSA-Lackland Lodging one free game of bowling when they present their lodging room key card. This offer is good every day except Thursday and Sundays and during Cosmic Bowling. For more information, call 671-1234.

FATHERS DAY SPECIAL

June 21 • 11 a.m. to 4 p.m.
The Skylark Bowling Center offers free shoe rental for dad on his special day. For more information, call 671-1234.

PRO SHOP BLUE DOT SALE

The Skylark Bowling Center Pro Shop is hosting a Blue Dot Sale. During May the Pro Shop will take \$20 off any bowling ball with a blue dot while supplies last. For more information, call 671-1234.

COMMUNITY CENTER

SUPERFREAKS

May 1, 2, 8 & 9 • 7 p.m.
The Lackland Performing Arts Group presents Superfreaks, a comedy about crime-fighting superheroes at Arnold Hall. The doors open at 6:30 p.m. and the show begins at 7 p.m. There will be a cash bar available along with light refreshments. The ticket prices are \$20 for adults, \$15 for senior (65+), \$10 for Basic Military Trainees and students and \$5 for children 10 and younger. For more information, call Arnold Hall at 671-2619.

FLEA MARKET

June 6 • 8 a.m. to noon
Find bargains and treasures at the Skylark Community Center's quarterly flea market in the Warhawk Fitness Center parking lot. Enjoy shopping, food and music! Sellers can rent spaces for \$10 and tables for \$5 each. Sign up early as spaces sell fast. For more information, call 671-3191.

JBSA MASTER BREWER CONTEST

June 19 • 5-7:30 p.m.
Beer aficionados are invited to Arnold Hall's JBSA Master Brewer Contest. Amateur brewers feature their best home brew in the following categories: brown ale, blonde ale, IPA, stout and pilsner American. Judges taste and score the entries in each category and select a winner. Competitors must sign up by June 1. A few lucky attendees get to taste the home brews and select their favorite. The event is FREE and open to all eligible DOD ID cardholders. For more information, call 671-2619 or email brian.milkovich@us.af.mil

FITNESS & SPORTS

CONTRACT PERSONAL TRAINERS

Personal training is available by appointment only at all fitness centers. Cost varies by training request. Please speak to a staff member about services available and trainer contact information.

ALL-AIR FORCE MEN SOCCER TRIAL CAMP

Now to May 11
Lackland Fitness and Sports hosts the All-Air Force Men's Soccer Trial. The team will hold practices on the Warhawk soccer field. Practices are open and free to attend. For more information, contact Dwayne Reed at dwayne.reed@us.af.mil.

GATEWAY FITNESS CENTER

STRENGTH & CARDIO

Mondays, Wednesdays and Fridays • 11:30 a.m. to noon • FREE
This is a fast paced calorie burn and muscle strengthening class that constantly challenges your body using weights, kettle bells and cardio. For more information, call 671-2565.

TRX TRAINING

Tuesdays and Thursdays 10 a.m. • FREE
The TRX suspension trainer leverages gravity and the user's bodyweight to do exercises that develop strength, balance, flexibility and core stability simultaneously. For more information, call 671-2565.

CORE CUT UP

Tuesdays and Thursdays 11:30 a.m. to noon • FREE
This class challenges all levels of core fitness from the beginner to the advanced. For more information, call 671-2565.

GILLUM FITNESS CENTER

TUG-OF-WAR CONTEST

May 4 • 7 a.m.
The Gillum Fitness Center hosts a free Tug-of-War contest. Teams will have a 1400-pound limit and must have at least one female on the team. Sign up no later than noon, May 3. For more information, call 977-2353.

FITNESS RUN

May 20 • 7:30 a.m.
The Gillum Fitness Center celebrates May Fitness Month with a 1.5 mile fitness run, sit-ups and push-ups so that you can evaluate your fitness level. Participants may sign up at the Gillum Fitness Center any time prior to the event. For more information, call 977-2353.

COED OBSTACLE COURSE

June 15 • 7 a.m.
The Gillum Fitness Center hosts a free Obstacle Course. Two-person teams will be comprised of one male and one female. The Obstacle Course includes a one-mile ride on a spin bike, push-ups, sit-ups, tire flips, burpees, two-person wheel barrow and finishes with the army crawl. For more information, call 977-2353.



"STEP EXTRA"

Monday through Thursday • 5 p.m.

Have you been negligent in working out lately? Are you ready to start up a fitness program? Try our fun and challenging Step Extra Aerobic workout. This is an excellent class for beginners to learn basic and advance aerobic moves while shedding pounds through a great cardio workout. Cost for the class is \$2 per person, per session. For more information, call 977-2353 or 977-5354.

KELLY FITNESS CENTER

MAY FITNESS MONTH

An specific exercise or piece of exercise equipment will be showcased every Friday from 6 a.m. to 3 p.m. Customers are encouraged to compete against each other. Winning male and female will receive a reserved locker for the following quarter.

May 1: Concept 2 Row Machine

The goal of this challenge is to complete the most meters of rowing in a 60-minute time limit.

May 8: Stepper

The goal of this challenge is to climb the most steps in a 60-minute time limit.

May 15: Woodway Treadmill

Each athlete is challenged to run/walk the most miles on this treadmill in a 60-minute time limit.

May 22: Octane Elliptical

Run/walk the most miles in the 60-minute time limit for this challenge.

May 29: Squats

Complete the most continuous reps (males – 135 lbs; females – 95 lbs) to win this challenge.

ZUMBA®

Monday and Wednesday • 11:30 p.m.

Improve balance, flexibility, and range of motion with our ZUMBA® class. Patrons get lost in the music, fun and fast-paced dance moves and forget they are actually also getting in shape.

MEDINA FITNESS CENTER

YOGA CLASSES

Saturdays • 11 a.m.

Yoga is ideal for improving flexibility, strength and balance while enhancing your posture, coordination and mental focus. The class is \$3 per person, per class. For more information, call 671-4477.

PARTY INTO SHAPE!

Monday, Wednesday and Friday • 9-10 a.m.

Stop by the Medina Fitness Center and have fun while burning calories during one of our energetic Zumba® classes. Classes cost \$2 per person, per session. For more information, call 671-4477.

WARHAWK FITNESS CENTER

COMBAT HAPKIDO

Mondays • 6-7:30 p.m.

Combat Hapkido is a modern form of martial arts adapted from traditional Korean Hapkido. Students learn to engage in a number of unique movements crucial to self-defense and how to use effective striking from the ground to dominate an attacker. This class costs \$60 per person, per month. For more information, call 671-2016.

ZUMBA® CLASSES

Monday, Wednesday and

Thursday • 4:15 p.m.

Dance to a Latin beat while getting a great work out during these challenging classes. The cost is \$2 per person, per session. For more information, call 671-2016.

SPIN CYCLING CLASSES

Tuesday • 5 p.m.; Wednesday • 5:15 p.m.;

Tuesday & Thursday • 5:30 p.m.

Patrons cycle their way to fitness in these spinning classes. The cost is \$2 per person, per session. For more information, call 671-2016.

OPEN PLAY VOLLEYBALL

Tuesday & Thursday • 11 a.m. to 1 p.m.

As the weather begins to warm up, catch a free indoor lunchtime game of volleyball. Just show up and jump in on the game.

CHILD PLAY AREA AVAILABLE

Make fitness a family affair while exercising with your child at the Medina Fitness Center. A safety and educational session must be completed prior to initial participation. This is available for parents with small children age 9 and younger. Children younger than six months must be in a child seat or stroller. For additional information, call 671-2016.

GATEWAY HILLS GOLF COURSE

GOLF BAG SALE

The Gateway Hills Golf Course Pro Shop offers an additional 10% off all in-stock golf bags during the entire month of May – no exclusions. For more information, call 671-2517.

GET GOLF READY

May 5,7,12,14 and 19 • 5:30-7 p.m.

Learn all you need to know to get started on a lifetime of golf. Our Get Golf Ready class teaches everything from golf etiquette to making a tee time and provides expert instruction from our PGA instructor on all the basic fundamentals of the game. The cost is \$250 per person and includes a new set of golf clubs to keep. The cost is \$100 per person for those that already have a set of clubs. For more information, call 671-2517.

RULES OF GOLF CLINIC

May 21 and June 18 • 5-6 p.m. • FREE

The Gateway Hills Golf Course holds a forum in the snack bar dining room to discuss the proper application of the Rules of Golf. Bring your rule book and questions. This event is open to all DOD ID cardholders.

"DISCO FEVER" NIGHT GOLF TOURNAMENT

June 12 • 5:30 p.m. shotgun start

The Gateway Hills Golf Course hosts a four-person scramble that takes players into the evening hours. Play the back nine holes in the daylight and the front nine at night. The cost is \$40 per player. The categories for prizes are: Winning Team, Best Dressed Team and Best Dressed Individual. The deadline to enter is close of business June 10.

FATHER'S DAY SALE

June 13 and 14

Surprise dad with a gift from the Pro Shop and take 10% off all in-stock and special order merchandise. Some exclusions may apply. For more information, call 671-2517.

GATEWAY CLUB

SPECIAL EVENTS

PRE-MOTHER'S DAY BUFFET

May 7 • 11 a.m. to 3 p.m.

The Gateway Club honors moms with an early Mother's Day lunch buffet in the Food Court. Mom feasts on stuffed pork chops, fried and baked chicken, California blend vegetables, leafy spinach, shrimp gumbo, build-your-own salad bar, macaroni salad and cheddar, fresh fruit, vegetable tray with dipping sauce, cottage cheese and peaches, desserts and more. Cost is \$9.95 for moms and \$10.95 for all other patrons. For more information, call 645-7034.

MOTHER'S DAY BUFFET

May 10 • 10:30 a.m. to 2:30 p.m.

The Gateway Club celebrates mothers with a feast in the Fiesta Ballroom featuring rosemary prime rib au jus, jalapeno basil pork chops, chicken Bordeaux, baked tilapia topped with shrimp and white wine sauce, seafood Newburg, Dr. Pepper glazed ham, shrimp penne pasta with Alfredo sauce. Sides include bourbon sweet potatoes and apple casserole with pecan crust, twice-baked whipped potatoes with brown gravy, five-cheese macaroni and cheese, parsley red potatoes, fresh leaf spinach with bacon, corn O'Brien, roasted asparagus with red peppers and freshly baked rolls. The buffet also features a breakfast bar with fluffy scrambled eggs with red and green pepper bits, crispy bacon, pork sausage, homemade hash browns, biscuits and country gravy, crepes with assorted toppings, grits and cheese

and a build-your-own omelet bar. All these choices are complete with a great selection of salads, desserts and more. The cost is \$20.95 for members, \$22.95 for nonmembers, \$9.95 for members' children ages 6-11, \$10.95 for nonmembers' children ages 6-11 and children ages 5 and younger eat for free. For advance tickets or more information, call 645-7034.

SPOUSES APPRECIATION DAY BUFFET

May 15 • 11 a.m. to 1:30 p.m.

The Gateway Club hosts a special buffet in the Food Court to honor spouses. The buffet features chicken Gentle Home, roast beef with burgundy au jus, baked tilapia with white wine sauce, rosemary red potatoes, rice pilaf orzo mix, whipped potatoes with brown gravy, green beans with red peppers, baby carrots and snow peas, freshly baked rolls, build-your-own salad bar, fresh fruit, pineapple coleslaw, potato salad, pasta pepperoni salad and clam chowder. Patrons can also choose from the following desserts: carrot cake, Boston crême pie, cherry cobbler, miniature cheesecake with mixed berries, and bread pudding with bourbon sauce. The price of the buffet is \$10.95 per person and \$9.95 per military spouse. Spouses will receive a rose as long as supplies last. For more information, call 645-7034.

CUSTOMER APPRECIATION NIGHT

The Gateway Club hosts Customer Appreciation Night in the Fiesta Ballroom with entertainment provided by Doggin' Dave Productions. The price is \$10.50 for members and \$12.50 for nonmembers.

May 26 • 5-8 p.m.

The evening's menu features a build-your-own salad bar, carved round-of-beef, chicken Bordeaux, baked tilapia topped with white wine sauce and shrimp, rustic whipped potatoes with brown gravy, rice pilaf orzo mix, steamed broccoli spears, cauliflower with Hollandaise sauce and freshly baked rolls. Desserts include fresh fruit and cherry cobbler with vanilla ice cream.

June 16 • 5-8 p.m.

This evening's menu features a build-your-own salad bar, chicken Marsala, carved rosemary roasted pork loin, almond crusted tilapia with lemon dill, parsley red potatoes, mixed wild rice, baby peas and pearl onions, California blend vegetables, freshly baked rolls and breadsticks. Desserts include fresh fruit cups and Boston crême pie.

PRE-FATHER'S DAY BUFFET

June 18 • 11 a.m. to 3 p.m.

Surprise dad and treat him early to the Pre-Father's Day Buffet at the Food Court. The buffet features Jack Daniels BBQ brisket, fried chicken, Cajun chicken, sausage and shrimp Jambalaya with white steamed rice, build-your-own pulled-

pork sandwich, golden brown macaroni and cheese, garlic-whipped potatoes with brown gravy, southern green beans and ham, okra gumbo, corn bread and rolls. The buffet also includes a build-your-own salad bar, potato salad, coleslaw, fresh fruit, watermelon wedges, deviled eggs, soup-of-the-day, bread pudding with bourbon sauce, strawberry shortcake, banana pudding with vanilla wafers, apple cobbler, lemon wedges, key lime pie and much more. This treat is specially priced for dads at \$9.95 and for all others at \$10.95 per person.

NIGHT LIFE AT THE CLUB

CINCO DE MAYO PARTY

May 1

Celebrate the fiesta that is Cinco de Mayo at the Lone Star Lounge featuring DJ LJU Sounds & Mr. Z from 5-8 p.m. and then midnight to 1 a.m. Additionally, the 4th Quarter Band performs live 8 p.m. to midnight. For a little bit of variety, Doggin' Dave Productions provides the entertainment in the Maverick Lounge from 5-8 p.m. For more information, call 645-7034.

VARIETY NIGHT

May 8, 15, 29 and

June 12, 19, 26 • 5 p.m. to 1 a.m.

The Gateway Club hosts Variety Night as DJ Doggin' Dave Productions plays a wide variety of music in the Lone Star Lounge. DJ LJU provides the music June 5. Relax in the lounge or enjoy the weather out on the patio with pool tables and big screen TVs.

DINING

CHEF'S DINNER SPECIAL

The chef creates a special evening dining experience in the Mesquite Dining Room from 5-8 p.m. with satisfying menus for all patrons to enjoy. Price is \$16.95 for members and \$18.95 for nonmembers.

May 1 and June 5

Chef "switches-it-up" with a menu featuring tilapia stuffed with crab meat topped with white wine sauce and shrimp, rice pilaf, broccoli spears, a cup of clam chowder and a house salad.

May 8 and June 12

This evening's menu features bacon-wrapped filet mignon with Béarnaise Sauce, sautéed jumbo shrimp with tail on, Duchess potatoes, roasted asparagus with red peppers and a house salad.

May 15 and June 19

The menu includes a 16-ounce T-bone steak with sautéed mushrooms and onions, twice-baked potato, mixed vegetables and a house salad.

May 29 and June 26

The evening's menu features beef tenderloin with wine sauce, rosemary roasted red potatoes, asparagus spears with red peppers and a house salad.

YOU ARE THE COOK

Tuesdays • 5-8 p.m.

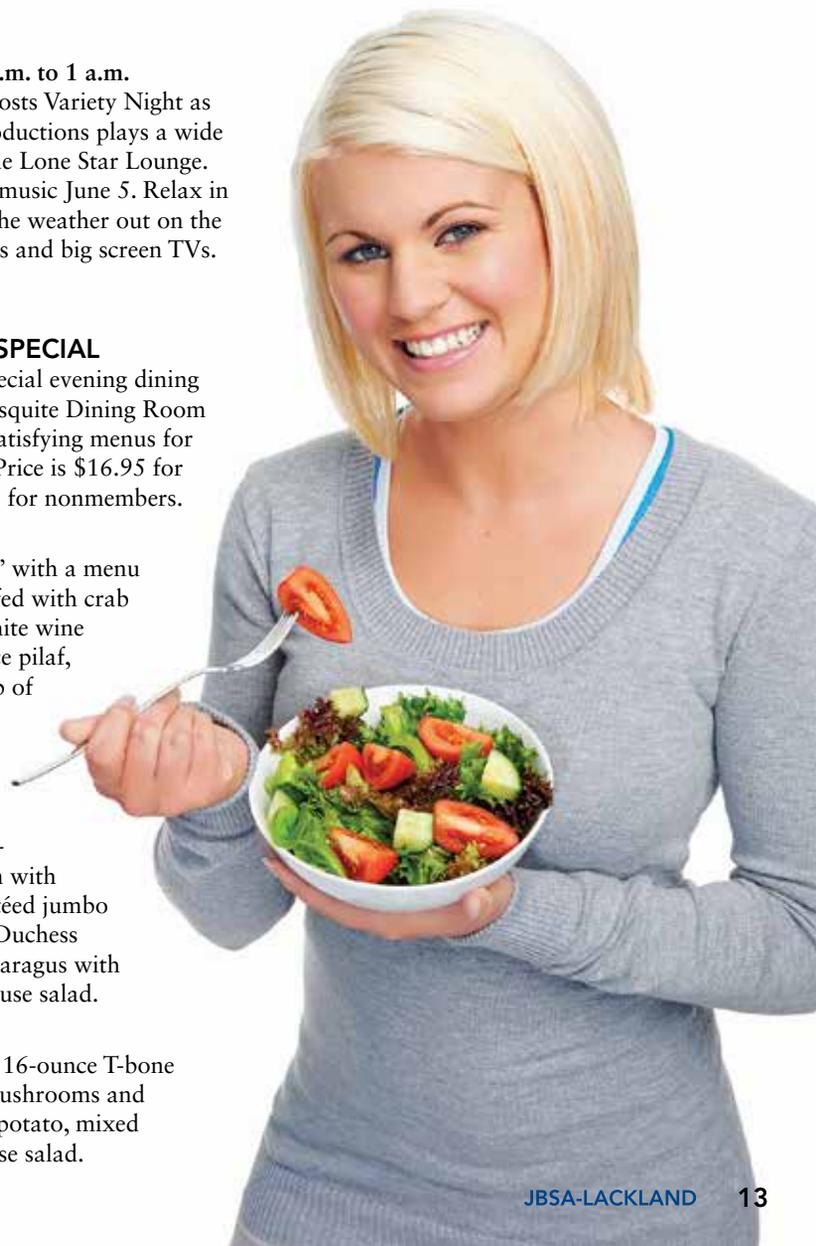
Come to the Lone Star Lounge patio where we'll have the grill hot and ready for you to cook your own hamburger, steak or chicken just the way you like it. Everything else and cleanup is provided; just enjoy your dinner! Prices are \$9.95 for steak, \$8.95 for chicken and \$5.25 for a burger. Beverages are not included. For more information, call 645-7045.

LUNCH BUFFET

Tuesday-Friday • 11 a.m. to 1:30 p.m.

Thursday • 11 a.m. to 3 p.m.

A themed lunch buffet is in the Food Court. The lunch buffet is \$9.95 Tuesday, Thursday and Friday. The pasta bar and traditional Italian buffet on Wednesdays is 10.50. Soup and salad bar available Tuesday through Friday for \$7.95.



THURSDAY NIGHT SPECIAL

Thursday • 4-7:30 p.m.

The Gateway Club offers a special dining experience, Thursday evenings in the Food Court. Everyone is invited and the cost is \$8.95 per person. The menu includes barbecue pork ribs, fried catfish and hushpuppies, Salisbury steak with mushrooms, seasoned steak fries, scalloped potatoes, corn-on-the-cob, string beans, freshly baked rolls, soup and salad bar, dessert and beverages. For more information, call 645-7034.

BAR MENU AVAILABLE

Are you hungry but don't want to leave your seat in the bar? Then order hot food from the Lone Star Lounge's bar menu Tuesday, Wednesday, Thursday and Saturday from 5-8 p.m. and Friday from 5-9 p.m.

INFORMATION, TICKETS & TRAVEL

YOUR SUMMER FUN HEADQUARTERS

Information, Tickets and Travel is your Summer Fun Headquarters! Keep the kids busy on a budget! ITT has discounted tickets to K-1 Speed, Splashtown, SeaWorld, Fiesta Texas, ZDT's, Malibu Castle, Schlitterbahn, San Antonio Zoo and so much more in and around San Antonio! Are you heading north up I-35? ITT has many discount attractions in the Arlington and Dallas area such as the Fort Worth Zoo, Legoland and SeaLife Aquarium in Grapevine, Speed Zone, Medieval Times, Six Flags Over Texas and Hurricane Harbor. Going even farther? Don't forget about our discounts in California and Florida plus a wide array of things to do across the nation. Always check with ITT before you make your vacation plans; they can save you money on attractions and accommodations no matter which direction you choose to go.

MALIBU CASTLE

Tickets are now on sale for \$20 and include unlimited miniature golf, bumper boats, go carts and their new rock climbing wall for the entire day. Additionally, only on Tuesdays customers can enjoy unlimited video games. The new Malibu tickets are also valid for admission to Speed Zone in Dallas, Mountasia in Houston, and at Boomers with locations throughout California and Florida.

UNIVERSAL ORLANDO

There is still time to take advantage of Universal Orlando's Buy-One, Get-Two-Free Special! Buy a One-Day Park-to-Park ticket and get two additional days free! The cost for this is \$147 for adults and \$142 for children ages 3-9. These tickets must be purchased by June 6 and used by June 20. Offer valid for all DOD ID cardholders.

LEISURE TRAVEL

YEAR-ROUND MILITARY DEALS

Trafalgar Tours offers active duty and retired military members an additional 5% savings off most current promotions as well as a \$50 off per person discount for all bookings.

CARNIVAL 7-DAY EASTERN CARIBBEAN CRUISE

July 25 to Aug. 1

Travel from Miami, Fla. to Half Moon Cay Bahamas, St. Thomas, San Juan PR, and Grand Turk. Rates start at \$929.31 per person for an inside cabin. Third and fourth passenger rates are available and gratuities are not included. A \$250 per person deposit and a \$10 service fee is due at booking with final payment due May 4.

SANDALS ALL-INCLUSIVE PACKAGE

Aug. 10-14

Travel to Sandals Grande Riviera Beach and Villa Golf Resort in Ocho Rios, Jamaica. Rates start at \$2,600 based on two adults in a Garden Luxury Room and includes airfare. A \$200 per person, per room deposit and \$10 service fee is due at booking and final payment is due May 26.

7-DAY INSIDE PASSAGE ALASKA CRUISE

Sept. 5-12

Travel round trip from Seattle, Wash. to Juneau, Skagway, Glacier Bay, Ketchikan and Victoria British Columbia. Rates start at \$1,092 per person for an inside room, \$1,562 per person for an ocean view and \$1,742 per person for a room with a balcony and includes round-trip airport transfers. Gratuities and airfare are not included in the price. Airfare obtained through ITT is \$300 per person, if available, to be paid-in-full at time of booking). 20% of the total cruise fare and a \$10 service fee are due at time of booking with final payment due June 15.

CANCUN ALL-INCLUSIVE PACKAGE TRAVEL

Sept. 15-19

Travel to Crown Plaza Paradise Resort in Cancun, Mexico for four-nights/five-days with airfare included. Rates start at \$730 per person. A non-refundable deposit of \$200 per person and a \$10 service fee is due at booking with final payment due Aug. 1.

ROYAL CARIBBEAN 7-DAY WESTERN CARIBBEAN CRUISE

Oct. 25 - Nov. 1

Travel from Galveston, Texas to Cozumel Mexico, Roatan Honduras, and Belize City. Rates start at \$494 per person for an inside cabin, \$615 per person for an ocean view and \$767 per person for a balcony. Gratuities are not included. A \$250 per person deposit and \$10 service fee is due at booking with final payment due Aug. 7.

CARNIVAL 10-DAY EASTERN CARIBBEAN TRAVEL

Jan. 27 to Feb. 6, 2016

Travel from San Juan, Puerto Rico to St. Thomas, Saint Kitts, St. Maarten, Antigua, Grand Turk, Half Moon Cay Bahamas to Galveston, Texas. Rates start at \$900 per person. Gratuities and airfare are not included. One-way airfare is \$250 per person (subject to availability, to be paid in-full at time of booking). A \$250 per person deposit and \$10 service fee is due at time of booking with final payment due Nov. 13

CARNIVAL 5-DAY WESTERN CARIBBEAN VALENTINE'S DAY SAILING

Feb. 13-18, 2016

Travel from Galveston, Texas to Progreso and Cozumel. Rates start at \$394 per person for an inside room, \$444 per person for an ocean view and \$574 per person for a balcony. Gratuities are not included. Deposit is \$250 per person and a \$10 service fee is due at booking with final payment due Dec. 11.

OUTDOOR RECREATION

EQUIPMENT RENTALS

Outdoor Recreation offers a variety of rental equipment to include tables, chairs, ski boats, fishing boats (fresh and saltwater versions), kayaks, canoes, campers, camping equipment, barbecue grills, bouncy castles, margarita machines, dunk tanks, canopies, misting fans and much more. Items are based on availability. All patrons renting a boat must have a boater's safety course certification. The price list, which is all inclusive and covers all three primary JBSA locations, can be found on myjbsa-fss-mwr.com. For more information, call 925-9112/5532.

BOATER'S SAFETY COURSE

Classes for boater's safety certification are available at Outdoor Recreation on Mondays and Thursdays at 9 a.m. and Tuesdays and Fridays at 1 p.m. Certification for kayak rental is on Wednesdays at 11 a.m. and 3 p.m. and canoe certification takes place Wednesdays at 9 a.m. and 1 p.m. The fee for the classes is \$2. Upon successful completion, you'll receive a certification valid for two years. The course is open to DOD ID cardholders ages 18 years and older. For more information, call 925-5532.

PAINTBALL

Saturdays • 9 a.m. to 5 p.m. and
Sundays • 1-5 p.m.

The Outdoor Recreation Paintball Course is the perfect place to be when the weather is nice. Patrons can also reserve the field for their group's exclusive use during the week and we offer a group rate on pricing. For more information, call 925-5532 during the week or 925-2998 on weekends.

YOUTH PROGRAMS

SUMMER OPEN RECREATION

Summer operating hours begin June 8 and are as follows: Preteen Open Recreation is open Monday through Thursday from 4-7 p.m., Friday from 4-9 p.m. and Saturday from 1-6 p.m. Teen Recreation hours are Monday through Thursday from 4-8 p.m., Friday from 4-11 p.m. and Saturday event scheduling only.

YOUTH PROGRAMS CLOSURES

Youth Programs will be closed in observance of the upcoming federal holiday on May 25. On the AETC Family Day, May 22, the School Age/Office hours are from 6:30 a.m. to 4:30 p.m. Open Rec for preteen/teens is closed.

NEW CASHIER HOURS

Monday - Friday • 8 a.m. to 5:30 p.m. Please make arrangements to post your payments and registrations for activities during our new cashier hours and desk hours at Youth Programs, building 8420. For more information, call 671-2388.

GIVE PARENTS A BREAK/ PARENTS' NIGHT OUT

May 9 • 1-5 p.m. and June 20 • 1-5 p.m. Youth Programs understands parent's need a break too. This program provides children ages 5 (in kindergarten)-12, activities, games, entertainment and snacks in a safe environment for an enrollment fee of only \$25 for the first child, \$20 for the second child and \$15 for the third child or FREE with a Give Parents a Break referral. Preregistration is required. Late pickup is subject to a \$5 fee for the first five minutes then \$3 for every minute after that. For more information, call 671-2388.

AMERICA'S KIDS RUN

May 16 • 9 a.m. America's Kids Run is held at the Lackland High School running track. The whole family is invited to participate in this FREE event. Five and six year olds will run a half-mile, seven and eight year olds will run one mile and nine to thirteen year olds will run two miles and fourteen to adults will run a 5K. Registration is now underway at www.americaskidsrun.org or you can register at the event. Race begins at 9 a.m. with check-in at 8 a.m. For more information, call 671-2510.

INSTRUCTIONAL CLASSES

All classes are held at Youth Programs, building 8420. Enrollment is ongoing and space is limited. Enroll at the front desk Monday to Friday, 8 a.m. to 5:30 p.m. For more information, call 671-2388.

DANCE CLASSES

Dance classes are held for ages 3-12. Class schedule varies by age. Cost is \$45 per person, per month.

TANG SOO DO

Tuesdays and Thursdays
These martial arts classes take place at various times. Cost is \$50 for ages 4-7 and \$55 for ages 8-15.

GUITAR LESSONS

Mondays
Do you read music? Learn to play your favorite songs at these guitar lessons for \$25 per person, per 30-minute lesson for ages 5 and up.

PIANO LESSONS

Tuesday-Thursday & Saturday • 10 a.m.
The cost for these piano lessons is \$25 per 30-minute lesson for ages 6 and up.

KINDERJAM

Wednesdays • 10 a.m.
This exciting class combines music movement, instruction and fun for infants to preschoolers, ages 1-5 (must be walking). The cost for the class is \$35 per month, per child.

CAMPS

SUMMER CAMP REGISTRATION

Now to May 15
Looking for fun this summer? Don't sit at home. Summer camp provides a safe environment for children with daily activities, field trips, games, breakfast, lunch and snacks. Youth will enjoy a variety of activities such as swimming, bowling and skating. Contact Youth Programs to determine

family priority. School Age Camp fee is based on household income. Summer camp registration is open to parents of children ages 5, in kindergarten, to 12 years old in our School Age Program and 13-18 years old in our Teen Camp. The Teen Camp fee is \$130 per week. A \$10 registration deposit is required for each week reserved. For more information, call 671-2388.

BRITISH SOCCER CAMPS REGISTRATION

May 1 to June 19 • online registration
Youth Sports & Fitness hosts the British Soccer Camp Aug. 3-7 from 3:30-5:30 p.m. for children ages 3 to 16. Activities include individual foot skills, technical drills, tactical practices, small sized games, coached scrimmages and more. Registration event date/times and payment are completed at <http://challenger.mycustomerevent.com>. For more information, call 671-2510.

SUMMER BASKETBALL

May 4-29 • 8 a.m. to 5:30 p.m.
Children ages 5-14 will enjoy learning basketball fundamentals and teamwork this summer. The fee is \$50 per child and there is limited space. A current sports physical is due at time of registration. We need your help; volunteer coaches are needed for this program. We do provide the training. Preregistration is required by May 29. For more information, call 671-2388.

REMINDER OF LATE FEE POLICY

All registrations taken after the due date in Sports, Social, and School Age Care are subject to a \$15 late fee.

SPOUSE APPRECIATION

MAY 7 FROM 3-7 P.M.

JBSA-FORT SAM HOUSTON GOLF COURSE

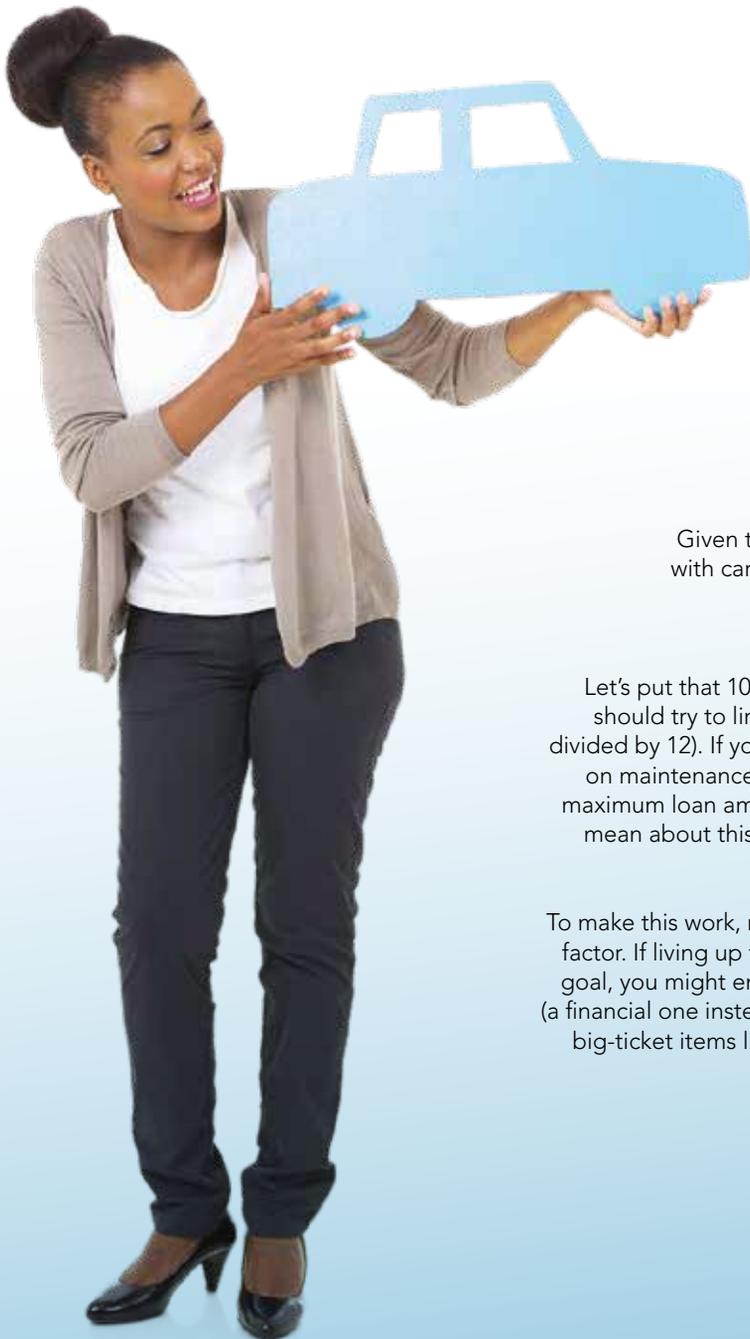
Spouses play a vital role in keeping military families strong. They have one of the toughest jobs, often balancing families, military life, a career and school. This event is our way to say "Thank You" to spouses for the jobs they do every day supporting our military families and the community. This event is free and includes door prizes, refreshments and complimentary mini Spa services. For more information, call 652-5763.

The following vendors will be available for your shopping pleasure:
31 Bags, Origami Owl, Scentsy, It Works, Jamberry Nails, Silpada, Creations by Jeanna, Younique Cosmetics, BeautiControl, Mary Kay Makeup, Juice Plus+, Delightful Scent and Lady L Creations.



No federal endorsement of sponsors intended.

How Much Should You SPEND on a Car?



By J.J. Montanaro,
CERTIFIED FINANCIAL PLANNER™

Here's a quick budget quiz to test your understanding of the rules of the road:

What's the maximum percentage of gross pay you should spend on transportation-related expenses each month? By the way, those expenses include not just your loan payment but also insurance, gas, repairs, maintenance and the like.

- A. 5% (OK with a clunker/I like my paid-off car)
- B. 10% (Don't need fancy, just reliable)
- C. 20% (Give me bells and whistles)
- D. 25% (Luxury is my middle name)

Correct Answer: B

Given the cost of vehicles today and Americans' long-standing love affair with cars and trucks, it can be difficult to do, but it's generally wise to limit your total transportation costs to less than 10% of your gross pay.

Show Me the Money

Let's put that 10% in real terms. With an annual household income of \$60,000, you should try to limit your monthly transportation expenses to \$500 (10% of \$60,000, divided by 12). If you spend \$100 monthly on gas, \$100 on insurance and another \$25 on maintenance, you're only left with \$275 to cover a loan payment. That means a maximum loan amount of about \$15,000 (3% interest rate, five-year loan). See what I mean about this being difficult? And what if your family needs more than one car?

Be in the Right Race

To make this work, most people will need to choose a car for its price tag, not its cool factor. If living up to auto advertising hype — newer and bigger are better — is your goal, you might end up living in your car (OR you might end up having a breakdown (a financial one instead of a vehicular one). But if you make smart budget decisions on big-ticket items like cars, I have no doubt you'll be on the road to financial success.

Content provided courtesy of USAA.

Paid article. No federal endorsement of advertiser(s) intended.

Do You Have a Battle Plan for Transition?

by Jen Pilcher, Going Civilian Blog

There is one guarantee about getting into the military: Eventually, you will have to get out. Whether you are retiring, choosing to start a new career or forced out due to sequestration, transition at some point is inevitable.

As you know, finding a job is a lot of hard work. However, we can help relieve some of your stress. Here are five steps to complete your battle plan for your transition.

Build Your Profile

- Resume building with an expert - Timeline: at least 6 months before transition. I firmly believe this is a time to bring in the "special ops team" ... you need to seek professional resume services. Visit your local Military & Family Readiness Center at your nearest installation for resume workshops and help from one of their employment readiness experts. Search for a company or organization that specializes in preparing resumes for the transitioning military and veteran population. Active-duty members are required to attend TAP (Transition Assistance Program) and they will help you with resume preparation; however, it is a general overview. Many military-friendly organizations that help with resume prep are free; it's a benefit included for being a member of their organization (MOAA). Always ask the organization if you will have to pay out of pocket. Whatever you decide, just make sure you have someone who can evaluate, proofread and edit.

LinkedIn®

- Maximize LinkedIn® - Timeline: at least 6 months from transition. Your professional profile is now just as important, if not more important, than your resume. You must have a clear photo. It does not need to be a professional head shot, but please, no sunglasses, hat, or shirt off and don't stand 500 feet away - this is a professional site. Recruiters are now going directly to your LinkedIn profile as soon as they receive your name and/or resume. Make sure it is filled out completely before you submit your resume or give someone your business card. Start building your LinkedIn profile now, well in advance of transition. Active-duty members and veterans can also receive a free LinkedIn upgrade services for a year. <https://veterans.linkedin.com/>

Get the Tools

- Professional business cards - Timeline: at least 3 months from transition. I'm sure you are saying, "What business card — I am not even employed yet?" Well, this is the way the networking world works, so you need a business card with your contact information. Go online to a site that prints professional business cards. Vistaprint.com has many designs; you can even select a patriotic-type card and have your name, contact phone number, your LinkedIn profile link and a personalized email address like FirstName.LastName@gmail.com. <http://www.vistaprint.com>

Attire

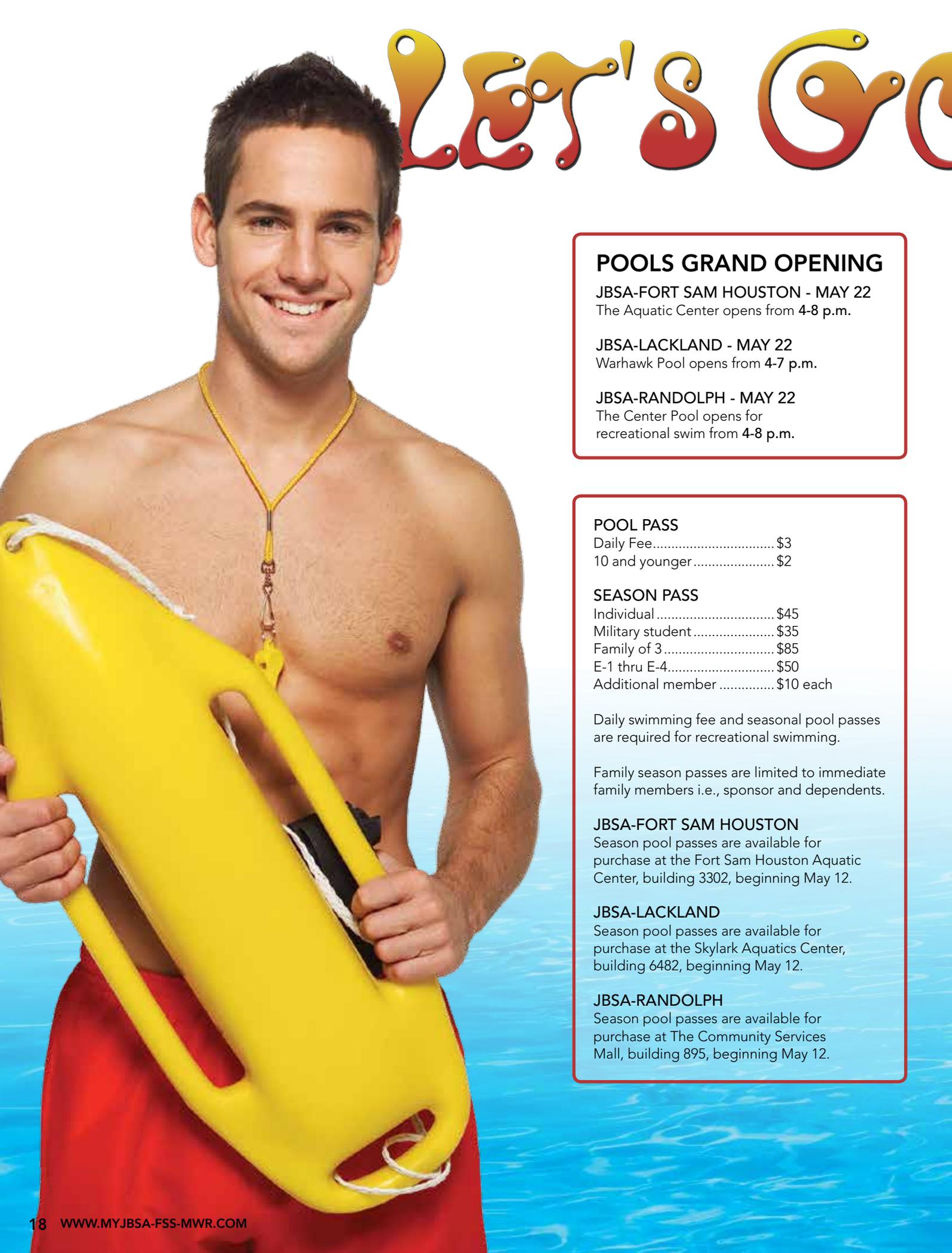
- Clothes shopping -Timeline: 3-6 months out. As they say, you only get one first impression. It's time to get rid of the suit that was created before 2012 - trust me, the gold buttons and wide lapels are a dead giveaway. You need to take the time to get fitted and invest in a new suit. Many of the men's stores like Jos. A Bank offer military discounts and for women, you can find a great sale at Macy's and other department stores to purchase a new suit.

Get Out There

- Hiring fairs - Timeline: 3-6 months out. USAA and MilitaryOneClick® have teamed up with the U.S. Chamber of Commerce Hiring Our Heroes Program®, <http://www.uschamberfoundation.org/hiring-our-heroes> and they provide career fairs across the country. Both USAA and MilitaryOneClick.com also serve on the Veteran and Military Spouse Employment Councils, working with the best companies developing strategies to hire you. Find an event near you and attend. <http://www.uschamberfoundation.org/events/hiringfairs>.

Your battle plan for transition is now ready. Create your resume, fill out your LinkedIn profile, purchase business cards, buy a new suit, search for hiring fairs near you and get ready to find your new career. We hope to see you out there networking!

Content provided courtesy of USAA.



Let's Go

POOLS GRAND OPENING

JBSA-FORT SAM HOUSTON - MAY 22
The Aquatic Center opens from 4-8 p.m.

JBSA-LACKLAND - MAY 22
Warhawk Pool opens from 4-7 p.m.

JBSA-RANDOLPH - MAY 22
The Center Pool opens for recreational swim from 4-8 p.m.

POOL PASS

Daily Fee..... \$3
10 and younger..... \$2

SEASON PASS

Individual..... \$45
Military student..... \$35
Family of 3..... \$85
E-1 thru E-4..... \$50
Additional member..... \$10 each

Daily swimming fee and seasonal pool passes are required for recreational swimming.

Family season passes are limited to immediate family members i.e., sponsor and dependents.

JBSA-FORT SAM HOUSTON
Season pool passes are available for purchase at the Fort Sam Houston Aquatic Center, building 3302, beginning May 12.

JBSA-LACKLAND
Season pool passes are available for purchase at the Skylark Aquatics Center, building 6482, beginning May 12.

JBSA-RANDOLPH
Season pool passes are available for purchase at The Community Services Mall, building 895, beginning May 12.

Swimming!

POOL HOURS

JBSA-FORT SAM HOUSTON

Aquatic Center

Building 3302 • 221-4887

May 22-Sept. 7 • Open Swim

Sunday - Saturday.....noon to 8 p.m.

The pool will not open until 4 p.m. on days that school is in session.

JBSA-LACKLAND

Warhawk Pool

Building 2502 • 671-3445

May 22-Sept. 7 • Open Swim

Monday..... CLOSED

Tuesday - Friday.....1-7 p.m.

Saturday and Sunday....1-8 p.m.

The pool will not open until 4 p.m. on days that school is in session.

Skylark Aquatics Center

Building 6482 • 671-3780

Open year-round • Lap Swim*

Monday..... noon to 1 p.m.* and 4-7 p.m.

Tuesday..... 5:30-6:30 a.m.*; 11 a.m. to 1 p.m.* & 4-7 p.m.

Wednesday 11 a.m. to 1 p.m.* and 4-7 p.m.

Thursday..... 5:30-6:30 a.m.*; 11 a.m. to 1 p.m.* & 4-7 p.m.

Friday..... 11 a.m. to 1 p.m.* and 4-7 p.m.

Saturday..... 1-5 p.m.

JBSA-RANDOLPH

South Pool (next to Rambler Fitness Center)

Building 980 • Phone: 652-2053

Monday - Thursday • June 8 - Aug. 14

Lessons 8-11 a.m. and 5-8 p.m.

Lap Swimming..... 8 a.m. to 8 p.m.

Day Camp (Youth Programs)..... 1-4 p.m.

Saturdays

Private Pool Parties..... noon to 8 p.m.

(noon to 2 p.m., 3-5 p.m. or 6-8 p.m.)

Friday-Sunday Closed

Center Pool (next to Parr Club)

Building 502 • Phone: 652-2060

May 22 - Sept. 7

Monday & Wednesday - Saturday

Open Swim..... 1-8 p.m.

Tuesday..... CLOSED

Sunday

1-6 p.m. Open Swim

Aerobic Classes (Monday and Wednesday)....10-11 a.m.

SWIM LESSONS

The cost for swim lessons is \$65 per session and \$35 for E-1 thru E-4. Dependents must meet age and prerequisite skills for the levels outlined. Please bring DOD ID card to register.

JBSA-FORT SAM HOUSTON

Swim lesson registration begins **May 19** from

11 a.m. to 4 p.m. at the Fort Sam Houston Aquatic Center, building 3302. Swim lessons are held **Monday through Friday** for two weeks. First class begins on **June 8**.

JBSA-LACKLAND

Each class has eight lessons, 40 minutes each and lessons are **Tuesday-Friday** every two weeks throughout the summer. Students will be taken on a first come, first serve basis until classes are full. The registration for the first class is **May 19** from **4-7 p.m.** at the Skylark Aquatics Center. Registration for future classes take place every following two weeks. The first class starts **June 9**. Classes are for ages 3 and up. Limited adult lessons are available early evenings during weekdays.

JBSA-RANDOLPH

Swim lesson registration begins **May 19** at **9 a.m.** in the Community Services Mall, building 895. Please bring DOD ID card to register. Swim lessons are held **Monday through Thursday** for two weeks with morning and afternoon classes. The first class is **June 8**.

Exact lesson times are determined by the level of swimmer.

For class schedule or for more information

JBSA-Fort Sam Houston 221-4887

JBSA-Lackland 671-3780

JBSA-Randolph..... 652-5142, option 2

TRIATHLONS

The races are held at JBSA-Fort Sam Houston Aquatic Center. They can be done as an individual or as a relay. Cost is \$20 per person. Each team is responsible for bringing their own bikes.

June 14 • 7 a.m. • 200-meter swim, 5-mile bike ride & 1-mile run

July 12 • 7 a.m. • 300-meter swim, 10-mile bike ride & 2-mile run

Aug. 9 • 7 a.m. • 400-meter swim, 15-mile bike ride & 5K run

BE YOUNG BE HAPPY BUT BE SMART

Content provided courtesy of USAA.

When you're young, you have seemingly few obligations and the freedom to change jobs, move across the country and start life anew. While you might be repaying student loans, this is the optimal time to start retirement planning and set your sights on buying your first home.

Take these easy steps to help keep your financial life on track.

1. Saving in your 20s can be easy

"It's often easier for the young working set to save for retirement than it is for their older peers," says Scott Halliwell, a CERTIFIED FINANCIAL PLANNER™ professional with USAA. "They often have fewer obligations, and any cutbacks that need to be done in order to save may only impact them, not a spouse or a family."

2. Build up an emergency stash

A common rule of thumb says to keep an emergency fund equal to three to six months of expenses. Everyone needs to keep cash in the bank for life's unexpected financial challenges.

3. Heed the wisdom of mom and dad

"When you're young, there's no one to hold you accountable for bad financial decisions, so don't be afraid to reach out to mom, dad or a friend to help keep you on a solid path," Halliwell says.

4. Don't skip paying your school loans

While interest rates on federal student loans are often extremely low, don't obtain a forbearance unless absolutely necessary. Interest will continue to accrue during the forbearance period.

5. Consider disability insurance

You're not invincible. If something unfortunate happens that leaves you unable to work, you must have disability insurance to help cover your daily and monthly expenses.

6. Don't be afraid to use credit cards

Using two to three reputable credit cards is "a great way to build credit," says John Ulzheimer, president of consumer education for the website Credit Sesame.com "They provide a large amount of buying power with almost no exposure to fraud losses, thanks to the Fair Credit Billing Act."

7. But know how they can hurt you

Yes, credit cards help build credit, but they also can wreak havoc if not managed responsibly. "One late payment won't ruin your credit as long as it's not past 60 days and you catch up on payments," Ulzheimer says. But he warns: "Late payments do stay on your credit reports for up to seven years."

8. Keep your hands off your retirement funds

Dipping into your nest egg can be costly. "If you pull money out of your 401(k), IRA or other retirement accounts before you hit age 59 1/2, you may have to pay income taxes as well as a 10% penalty," says Jean Chatzky, author of "Money Rules: The Simple Path to Lifelong Security."

9. Understand the basics of finance

401(k), Roth, IRA, TSP: These terms can be a bit overwhelming for a first-time saver. Don't get left in the dark. "Frankly, it's not rocket science but more about basic understanding and the discipline to follow through with the right moves," says JJ Montanaro, a CERTIFIED FINANCIAL PLANNER™ with USAA.

10. Educate yourself on tax deductions

Knowing what can save you money come April 15 is crucial, says Amanda Steinberg, founder of DailyWorth, a personal finance site. "A lot of people pay too much in taxes because they don't understand why deductions matter." Get familiar with active-duty benefits <http://www.military.com/benefits/military-pay>

11. Maintain a relocation fund

Tim Kiesow, director of military life advice at USAA, suggests keeping \$1,000 to \$3,000 at all times to cover out-of-pocket expenses related to PCS moves, such as truck rentals and security deposits.

12. Apply tuition assistance first

"Once you separate from the military, you no longer have access to it, whereas with the Post-9/11 GI Bill you do," Kiesow says. Both cover most tuition-related expenses for college-enrolled service members.

13. Know the Savings Deposit Program

Service members deployed to a qualifying combat zone can sock away up to \$10,000 and earn 10% in this Defense Department program. But there are a few restrictions on withdrawals while deployed.

14. Use the Servicemembers Civil Relief Act

Protections include a 6% interest cap on credit card debt incurred before entering service.

15. Don't overspend on rent

"The number-one thing young adults do wrong is paying way too much for their housing," Steinberg says. USAA suggests that your housing should cost no more than 25-36% of your after-tax, after-savings income.



16. Get a roommate

Splitting the cost of utilities, furnishings and rent can help save money, says Kristen Euretig, a CERTIFIED FINANCIAL PLANNER™ who specializes in advising young adults at her blog, youngbrokeawesome.com. "Some people want to live alone, but the reality is that their income just doesn't support that lifestyle. If you can't afford your own place, then you have to face roomie reality."

17. Find your financial values

"What do you want money to do for you in your life?" asks Amanda Clayman, a New York City money coach. Do you want to save it for the future, enjoy it now or give it to charity?

18. Live within your means

"You've got to figure out how to spend less than you make. This starts with the very adult realization that budgeting and managing your cash flow is a must," Halliwell says.

19. It pays to buy used

"Your vehicle should really just be a means of getting around," Halliwell says. He suggests budgeting 10-15% of your pay after taxes and savings for auto expenses.

20. Use your raise wisely

An extra couple thousand dollars might feel like Christmas came early, but "make sure you incorporate at least a part of your raise for financial good before it seeps into your everyday spending," Montanaro says.

21. First comes savings, then comes marriage

"Before you find Mr. or Mrs. Right, it can be difficult to imagine your golden years," says Halliwell. "The sooner you start saving, the better chance you have of accumulating enough money to enjoy your later years."

22. When it's time to get serious, talk money

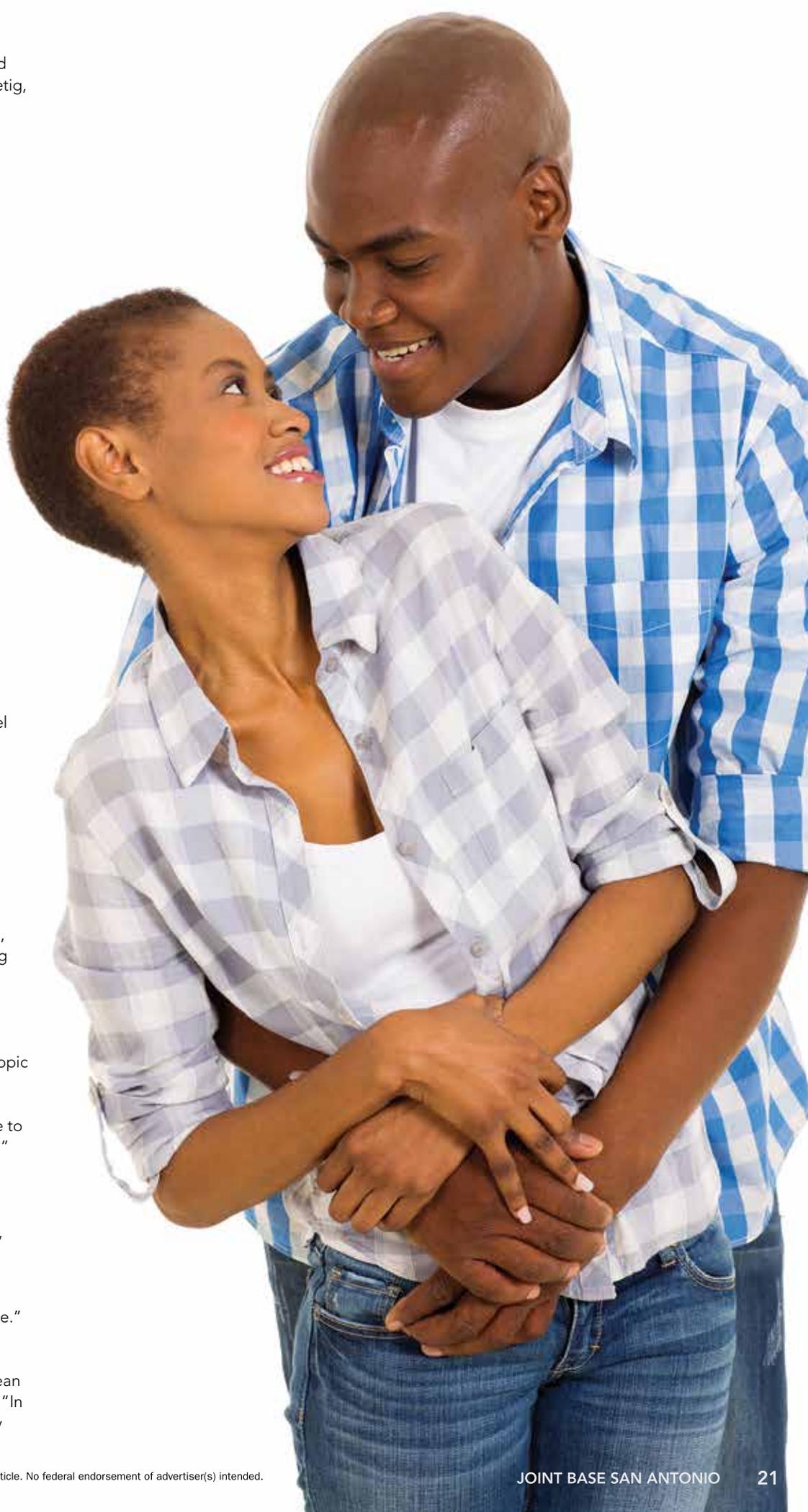
Finances are often viewed as an off-limits topic while dating. Don't wait too long, Euretig says. "Once a couple starts making plans together for the future, then it makes sense to bring money into that conversation as well."

23. Plan ahead for trips, holidays and gift-giving

Each of these can take a toll on your wallet, but all are doable if you think ahead. Montanaro suggests setting aside a preset amount of money each month for these expenses. "And when it's gone, you're done."

24. A financially savvy life is a good one

"Being careful with your money doesn't mean being boring with your life," Halliwell says. "In many cases, it's just doing a little less today so that you can do a lot more tomorrow."





BOWLING CENTER

Bldg. 870 ☎ 652-6271
Lanes Operation:
 Mon to Thurs 10 a.m. to 8 p.m.
 Fri 10 a.m. to 11 p.m.
 Sat Noon to 11 p.m.
 Sun/Holidays 1-8 p.m.
Spare Time Grille:
 (Grill closes 30 minutes prior to lanes)
 Breakfast (except on holidays) 7-10:30 a.m.

CHILD DEVELOPMENT PROGRAM

Bldg. 1072 ☎ 652-4946
 Mon to Fri 6:30 a.m. to 5:45 p.m.

CHILD DEVELOPMENT PROGRAM ANNEX

Bldg. 734 ☎ 652-1140/1142
 Mon to Fri 6:30 a.m. to 5:45 p.m.

COMMUNITY SERVICES MALL

(Engraving, Equipment Rental, Framing, ITT and Outdoor Recreation)
 Bldg. 895 ☎ 652-5142
 Mon to Fri 9 a.m. to 5 p.m.
 Sat/Sun/Holidays CLOSED

JBSA RECREATION PARK @ CANYON LAKE

Commercial ☎ 830-964-3576
 Toll Free ☎ 800-280-3466
 7 days a week 8 a.m. to 5 p.m.

KENDRICK CLUB

Bldg. 1039 ☎ 652-3056
 Gil's Pub
 Mon to Thurs, Sat 11 a.m. to 10 p.m.

Fri 11 a.m. to Closing
 Sun Noon to 7 p.m.

Nite Club

Fri 5 p.m. to closing

Dining Room

Mon to Fri 11 a.m. to 1 p.m.

Cashier's Cage

Mon to Thurs 9 a.m. to 10 p.m.
 Fri 9 a.m. to Midnight
 Sat/Sun 11 a.m. to 8 p.m.

Barber Shop

Mon to Fri ☎ 658-1016
 8 a.m. to 5 p.m.
 Appointments or walk-ins available

PARR CLUB

Bldg. 500 ☎ 652-4864/658-7445

Cashier's Cage

Mon 9 a.m. to 2 p.m.
 Tues to Fri 9 a.m. to 5 p.m.
 Sat/Sun CLOSED

Auger Inn

Fri 5-10 p.m.

Sky Lounge

First & Third Fri 5-10 p.m.

Air City Bar & Grill

Mon to Thurs 11 a.m. to 1:30 p.m.
 Fri 11 a.m. to 1:30 p.m. and 4-8 p.m.
 Sat/Sun Closed

Dining Room

Sunday (Brunch) 10 a.m. to 1:30 p.m.

Barber Shop

Mon to Fri ☎ 658-6462
 8 a.m. to 4 p.m.
 Appointments or walk-ins available

RAMBLER FITNESS CENTER

Bldg. 999 ☎ 652-7263
 Mon to Thurs 5 a.m. to midnight
 Fri 5 a.m. to 11 p.m.
 Sat/Sun 7 a.m. to 7 p.m.
 Holidays 7 a.m. to 7 p.m.

RANDOLPH OAKS GOLF COURSE

Bldg. 1300 ☎ 652-4653
Golf Course 6 a.m. to Sunset
Pro Shop 6 a.m. to Sunset
Mulligan's Grill
 Mon to Sun and Holidays 6 a.m. to 4 p.m.
Range 6 a.m. to 10 p.m.
 (Range closed Monday morning)

TRAINING

Bldg. 598 ☎ 652-5273

YOUTH PROGRAMS AND SPORTS

Bldg. 584 & 585 ☎ 652-3298/2088
Office Hours
 Mon to Fri 9 a.m. to 6 p.m.

Open Recreation

Pre-teens (9 to 12) & Teens (13 to 18)
 Mon to Thurs 3-7 p.m.
 Fri 3-9 p.m.
 Sat 11 a.m. to 5 p.m.

School Age Programs

Mon to Fri 6:30-7:45 a.m. and 3:30-5:45 p.m.
 Sat/Sun Closed

GPAB

GIVE PARENTS A BREAK

KAN

KIDS ADVENTURE NIGHT

May 30 ~ 1-5 P.M.

June 19 ~ 6-10 P.M.

Do you need some special time with your significant other or just need a break from the kids? Registration for "Give Parents a Break/ Kids Adventure Night" begins the first of each month and ends the Wednesday before the event. These events take place at the CDP Annex for children, 2 years old and younger, and at Youth Programs for children 3 years and older. These are free to GPAB waiver holders and all others pay \$25 per child. However, there is a multiple child discount.

Please call 652-4946 to sign-up.



BOWLING CENTER

CLOSED FOR RENOVATION

The Bowling Center is closed for renovation.

COSMIC BOWLING

Saturdays • 8-11 p.m.

Once the Bowling Center reopens the Cosmic Bowling music and light show will be offered every Saturday. They have an on-line Juke Box so that you can select and play your own music.

SUMMER LEAGUES

Storm Pro Am League

June 3 - Aug. 19

Sign up for the USBC sanctioned Storm Pro Am League at the Bowling Center. Joining this 12-week league entitles every member to a Storm bowling ball of their choice (drilling not included) and an entry into the Pro Am Tournament at JBSA-Lackland on Aug. 28. This league is open to USBC youth and adult bowlers. Sign up at Bowling Center or call 652-6271 for more information.

PBA EXPERIENCE LEAGUE

June 3 - Aug. 19

Test your bowling prowess and bowl under the same challenging lane conditions as the professional bowlers. This 12-week USBC sanctioned sport league challenges the league bowler on 10 different PBA patterns the professional bowl on. This league is open to USBC youth and adult bowlers. Contact the Bowling Center at 652-6271 for more information and to sign up.

COUSHATTA CASINO LEAGUE

June 4 - Aug. 6 • 10-weeks

This USBC sanctioned league entitles each member to a trip to the Coushatta Casino in Coushatta, LA on Aug. 9-10. Included is round-trip bus transportation and hotel accommodations (meals not included). Come out and enjoy a summer league and end the summer with a bang at Coushatta. This league is open to USBC adult bowlers, 21 years and older. Sign up at the bowling center.

FATHER'S DAY BOWLING SPECIAL

June 21 • 1-4 p.m.

Bowling is free for dads (three game limit and does not include rental shoes) on June 21 from 1-4 p.m. The rest of the family can bowl at the special Father's Day rate of \$2.50 per game with \$2.35 rental shoes.

COMMUNITY SERVICES MALL

FRAME SHOP

Frame your precious memories and put them on your wall so you can enjoy them forever. Framing has expert framers ready to help you pick out that perfect custom frame for any special certificate, artwork or photograph so they will last a lifetime! In addition, they will match ANY off-base price on a comparable custom framing job, and you pay NO sales tax.

UNIVERSAL ORLANDO

While you're making your vacation plans to Orlando Florida, be sure and take advantage of the Universal Studios "Buy a One Day Park-to-Park Ticket and Get Two Additional Days Free"! This special is for purchases by eligible service members which includes active-duty military (Army, Navy, Air Force, Marines, Coast Guard, National Guard and Reservists), retired military service members, DOD employees and/or spouses. A valid DOD ID card must be presented at any Universal Orlando® theme park front gate ticket window for tickets to be activated. Eligible service members are limited to the purchase and activation of six promotional tickets. Offer is valid for purchases now through June 7 and must be used in full by June 20. Universal Orlando is the home of Transformer the Ride - 3D and The Wizarding World of Harry Potter. Universal Orlando tickets are special order only. For more pricing and information, call 652-5142, option 1.

KINDER CASINO TRIPS

Travel to the Grand Casino Coushatta in Kinder, Louisiana with ITT. The trip includes round-trip motor coach transportation, hotel accommodations, \$23 voucher from the Casino and tour guide. Sign up as soon as you can. The bus departs at 7:30 a.m. and returns at approximately 9 p.m. the next day. Cost is \$65 for double occupancy or \$130 for single occupancy. All trips require payment at the time of sign up. Deadline to sign up is two week prior to trip date unless otherwise indicated. The remaining 2015 dates are: May 12-13, July 14-15, Sept. 15-16 and Nov. 17-18

LOCAL ATTRACTIONS

Are you looking for ways to entertain the kids during the summer? Well, be sure to check out the Ripley's Believe It or Not, Wax Museum, Haunted Adventure, Guinness World Record Museum, Natural

Bridge Caverns, Natural Wildlife Park, Rio San Antonio Boat Ride, The San Antonio Zoo, The San Antonio Aquarium, K1 Speed and the Malibu Grand Prix. Fun and excitement are all around. Stop by the Community Services Mall (ITT) in building 895 for special discount passes to all these plus many more attractions.

BOATER'S SAFETY

Beat the summer rush and get your boater's safety certification. This is required for all boat rentals at the JBSA Recreation Park at Canyon Lake. Outdoor Recreation in the Community Services Mall (building 895) offers the classes Monday-Friday from 9 a.m. to 2 p.m. for only \$2 per person. Allow at least two hours to complete this course. Call 652-5142, option 2 for more information.

SEAWORLD

There's no place in the world like SeaWorld San Antonio! The park is open daily from May 21-Aug. 23. Purchase your tickets now so you won't miss out on a single day of fun at the world's largest marine life adventure park! ITT has one-year passes with parking for \$83.75 (3 years and older). They also have the Pay for One Day and Get One Day Free for \$52 for adults and \$41 for children 3-9 years. Call 652-5142, option 1 for other tickets options. Prices subject to change without notice.

SIX FLAGS

The hottest rides, the coolest shows, the biggest water park means Texas size fun! The park is open daily from May 22-Aug. 23. Be sure to stop by the Community Services Mall (ITT) for your discounted passes. (3 years and older). Daily passes for everyone 3 years and older are \$41.50. Prices subject to change without notice.

SCHLITTERBAHN WATER PARKS

Schlitterbahn has water parks in three great locations: New Braunfels, South Padre Island and Galveston Island. The New Braunfels park is open daily from May 14-Aug. 30. Schlitterbahn is a great way to stay cool and have fun during the long Texas summer! New Braunfels daily passes cost \$46 for adults and \$38 for children 3-11 years old & seniors 55 & older Monday-Saturday. Sunday admission for everyone is \$38. Season passes are \$132 for adults and \$92 for children 3-11 years old & seniors 55 & older. Prices subject to change without notice.



EBERLE PARK

Summer is a great time for that family gathering or office party at Eberle Park but it must be reserved prior to use. Patrons can rent each pavilion for \$35, the grill and serving house for \$20 each and all the facilities for only \$50. Head to the Community Services Mall (building 895) to reserve Eberle Park now or call 652-5142, option 2 for more information.

EQUIPMENT CHECK OUT

Visit the Community Service Mall and see what equipment we have to offer for that summer picnic or camping trip. We are located in building 895, across from the car wash. Call us at 652-5142 option 2 for more information.

FITNESS CENTER

INTRAMURAL SOFTBALL

Intramural softball starts in late May. Letters of intent are due to the Fitness center May 1. For more information, call Rikk Prado at 652-7272.

AEROBATHON

May 2 • 9 a.m. to noon

The Rambler Aerobathon is a great way to have fun while you are exercising and trying out the various group exercise classes offered at the Rambler Fitness Center.

RANDOLPH WARRIORS/ CHILDREN'S MINI BIATHLON

May 9 • 7:30 a.m.

The Randolph Warriors Biathlon will take place at Eberle Park. The biathlon starts with a 10-mile bike ride followed by a 5K run. This is a family event and children are invited to participate in the children's biathlon. Children can bike a 5K and run/walk one mile. This is a great opportunity to highlight the importance of staying healthy through fun exercise with a family-friendly route.

KICKOFF MARATHON TRAINING SEMINAR

May 26 • Noon

Patrons are invited to the Health and Wellness Center to learn some great tips and suggestions for training for a marathon. This seminar will help set the correct pace for your training.

TWO-PERSON TEAM 10K RELAY RUN

June 6 • 7:30 a.m.

Get a team mate and head to Eberle Park. The first team member must complete the 5K run route in order for second member to tag off and start running the next 5K.

MARATHON TRAINING 10-MILE RUN

June 20 • 7 a.m.

All runners training for a marathon are invited to Eberle Park to run a 10-mile course. This is the first of three marathon training runs.

These events are sponsored by Randolph-Brooks Federal Credit Union. No federal endorsement of sponsor intended.

Fitness Center events are open to all valid DOD ID cardholders.

GOLF COURSE

BOB CARTER CLASSIC

May 1 • 12:30 p.m. Shotgun Start

The format is a 4 person scramble. The cost is \$50 for member and \$60 for nonmembers. There is lunch before, dinner afterwards, lots of prizes and giveaways! Join us for this great event! Anyone can play so call Clay Kauha at 652-4653 to sign up or come by the Pro Shop and sign up in person.

CALLAWAY DEMO DAY

May 8 • 2-6 p.m.

Join us at the Driving Range for a demonstration of all the latest and greatest Callaway Golf Clubs. This is the perfect time to try out all combinations of shafts and heads to see what best suits your game. You won't want to miss this opportunity!

US OPEN BLIND DRAW TOURNAMENT

June 20 • 7-9 a.m. Tee Times

This is an individual low net/ low gross tournament and we will draw a PGA Pro from the US Open for you to combine your score with. The entry fee is \$10 plus green fees and cart fee. Call or stop by the Pro Shop to sign up!

PARENT/CHILD GOLF TOURNAMENT

June 21 • Noon to 1 p.m.

This parent/child golf tournament is a two-person scramble and lunch will

be served before the round. The cost is \$20 for everything including green fees and cart rental! This is an inexpensive way to have a blast with the family, so call or come by the Pro Shop to sign up.

JUNIOR GOLF CAMP

June 15-19

8-10:30 a.m. Monday-Thursday
and 9 a.m. to 1 p.m. on Friday

The cost for the camp is \$125, which includes clubs which are your child's to take home at the conclusion of the camp or \$50 for children who already have clubs. The first four days will be devoted to lessons on chipping, putting and hitting and Friday is the pizza and tournament day. Call Clay Kauha to sign up now!

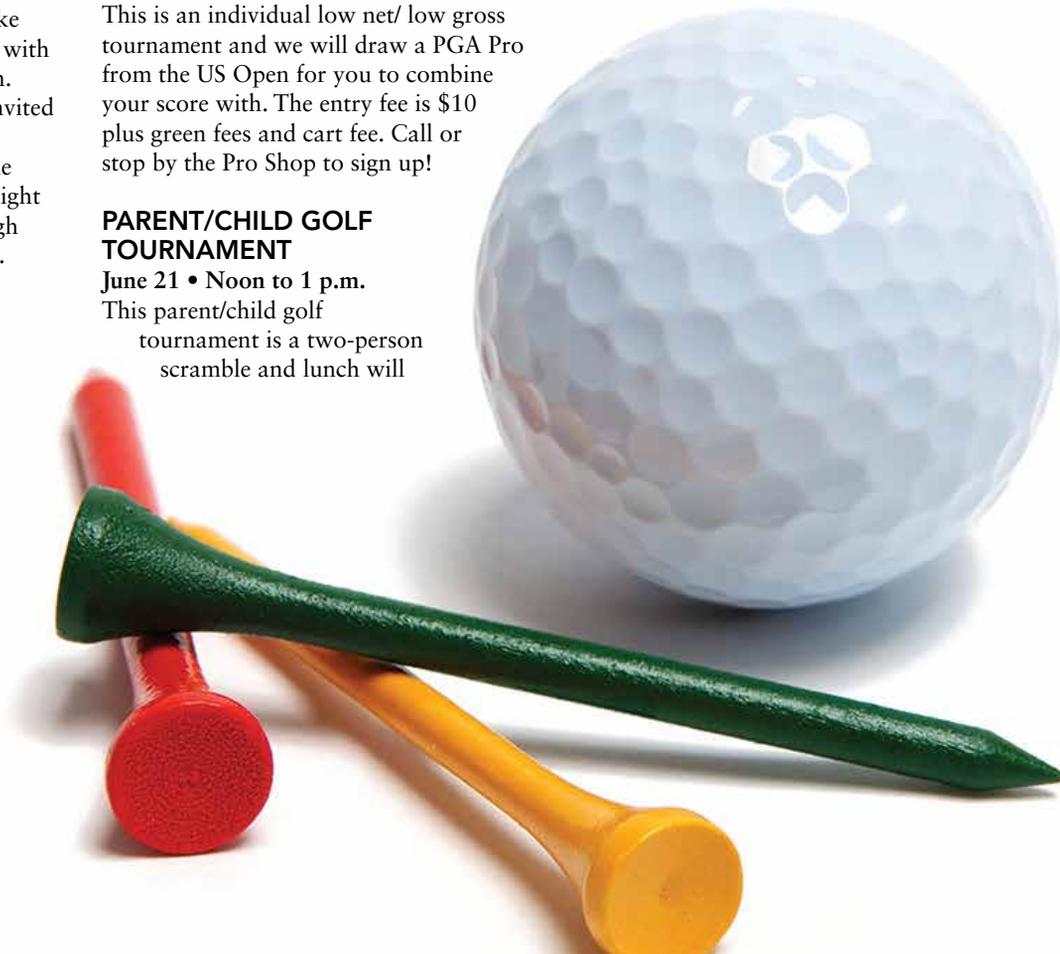
PING CUSTOM CLUB FITTING

Are you in the market for a set of Ping Clubs? Well you're in luck, Randolph Oaks is a certified Ping Custom Club fitting pro-shop. Custom fitting for other clubs is also available. To schedule your personalized fitting with Clay, call 652-4653.

MULLIGAN'S GRILL

Daily • 6 a.m. to 3 p.m.

We invite you to enjoy the culinary delights we have to offer at the Randolph Oaks snack bar. Not only do we offer a superb view and virtual "escape from the base" without leaving the base, we have wonderful food at great prices too! Stop in for a hearty breakfast, one of our daily lunch special or order from our extensive grill menu!



LOOKING FOR A HOME COURSE?

Randolph Oaks would like to invite all new arrivals to JBSA-Randolph and ALL new golfers to make Randolph your home course this year! We offer excellent tiered annual membership rates, value priced cart rental, weekend & holiday tee times, a full service pro-shop and dining room and an outstanding staff here to serve you! Call today for more information!

LET US HANDLE YOUR NEXT GOLF OUTING

Tournaments, retirements, promotion, and sports outing; we can handle them all! Call Clay at 652-4653 to book your next golf outing at Randolph Oaks!

CALL THE DOCTOR

Enjoy the game more and cut a few strokes off the score! Call and make an appointment with our "swing doctors", PGA Teaching Pro Charles Bishop and Teaching Pro Brian Cannon.

JBSA REC. PARK AT CANYON LAKE

TAKING RESERVATIONS FOR SUMMER BREAK

Don't miss out on this year's opportunity to get out to Canyon Lake with your family. We have facilities to fit every budget and desire. From the primitive camping experience to our premium, three-bedroom cottages that overlook beautiful Canyon Lake and everything in between. We have the accommodations just right for you and your family. Lodging ranges from sleeping a family of four in one of our cozy bungalows, to hosting a large family of up to eight people in one of the cottages. We also have several Pet Friendly facilities that are available upon request. For more information and reservations please call (830) 226-5357 or (800) 280-3466.

ANNUAL PASS SAVES YOU MONEY!

Purchase a JBSA Recreation Park at Canyon Lake annual pass for \$65 and enjoy the lake all summer. This pass gets you into the both Sunny Side and Hancock Cove sides of the park. Otherwise, the daily entry fee for the park is \$7 per visit, per vehicle. Annual passes include a vehicle and boat/trailer pass and are valid for one year from date of issue. For more information, call 830-226-5357.

FISHING

Bring your favorite fishing pole and make use of our courtesy fishing piers. No license? No problem! We sell Texas Parks and Wildlife fishing licenses as another part of our service and to enhance your experience at the park. Need bait? No problem again! We have a

"Live Bait" vending service at our Hancock Cove Country store that is available 24/7. You can purchase live minnows, live worms, chicken livers, shad and dough bait.

KENDRICK CLUB

HOLIDAY HOURS

May 25 (Memorial Day)
The lunch buffet and administrative offices will be closed.
The cashier's cage is open from 3-8 p.m., Gil's Pub from 3-10 p.m. and Gil's Pub Grill from 3-8 p.m.

SPECIAL EVENTS

CINCO DE MAYO SPECIAL

May 5 • 5 p.m. to closing
Order a margarita and receive your choice of nachos or two tacos complimentary.

BINGO EVENTS

Every Sunday • 3 p.m.
(cards on sale at 1 p.m.) and
Monday-Thursday • 7 p.m.

BIRTHDAY BINGO

May 2 and June 9
Birthday members get one free machine, cake and lots of fun! Randolph club members only. ID and club card required.

BINGO EXTRAVAGANZA

May 4 & 18 and June 1 & 15
\$15,000 in total jackpots, with complimentary buffet at 5:30 p.m. and Early Bird bingo at 6 p.m.

GIL'S PUB ENTERTAINMENT & SPECIALS

HUMP DAY KARAOKE

Wednesdays • 6-9 p.m.
Show off your karaoke talent and have some fun with us in Gil's Pub.

SOCIAL HOUR THURSDAYS

Thursdays • 5 p.m.
Social Hour food is available from 5:30-6:30 p.m. along with beverage specials! The DJ will start spinning your favorite tunes at 5 p.m.

TEXAS HOLD' EM

Thursdays • 6:30 p.m.
It is free to members and costs only \$5 for nonmembers. The first place winner receives \$20 in club bucks, second place receives \$15 in club bucks, third place gets \$10 in club bucks and bounty receives \$5 in club bucks.

SATURDAY SPECIAL

Customers can get a Randolph Hot Dog for just \$3 from noon to 4 p.m. and free pool starting at 11 a.m. No coupons accepted.

MONTHLY DRINK SPECIALS

Served from 11 a.m. to closing
May: Orange Fizz for \$3.25
June: Summer Cherry Lemonade for \$3.25

DAILY DRINK SPECIALS

Served from 11 a.m. to 7 p.m.
Sundays: Call drinks for \$2.50
Mondays: Tequila Sunrise for \$2.50
Tuesdays: Crown for \$2.50
Wednesdays: Bud and Miller Lite Pitchers for \$5
Thursdays: Cosmopolitan for \$2.50

DOMINO KING TOURNAMENT

**JUNE 6
11 A.M. CHECK IN**

Sign up for the first JBSA Domino King Tournament. If you don't have a partner we will assign you one. It will be a 200 point game and if it is tie--play over (no 5 point spinner game). Upon sign up you will receive the rules of play. We will provide dominos but you can bring your own domino holders. To sign up, call 652-3056 by June 1.



NITE CLUB ENTERTAINMENT

GET YOUR SALSA ON!

May 12 & 26 • 6:30 p.m. and

June 9 & 23 • 6:30 p.m.

Join us for salsa lessons by one of the best instructors in San Antonio. Members pay \$10 and nonmembers \$30. Must show club card to get member's price. Classes are subject to rescheduling without prior notice.

R&B AND JAZZ AT THE NITE CLUB

May 15 • 6-10 p.m. and June 12 • 6-10 p.m.

Join us on the Nite Club Patio for some great R&B and jazz from the Black Ties band in May and from PM Soul in June. Social Hour food will be served from 5-7 p.m.

AFTER WORK PARTY

Fridays • 5 p.m.

Relax and enjoy Social Hour food from 5-7 p.m. along with great drink specials and DJ Derrick's music from 5 p.m. to closing. In addition, there will be a drawing every Friday at 6 p.m. for a chance to win \$25 in Club Bucks. All you need to do is make a purchase anytime during the week, then write your name on the receipt and place it in the drawing box. Gil's Pub is open as well, so come out to shoot pool, play darts or watch your favorite sporting event on the seven 60-inch TVs and large projector screen.

LUNCH NEWS

LUNCH BUFFETS

Monday-Friday • 11 a.m. to 1 p.m.

The cost for the buffet including the action stations is \$10.45 for nonmembers/guests and \$8.45 for members. Coupons are accepted.

Mondays – Pasta Station

Tuesdays – Gyro Station

Wednesdays – Stir Fry Station

Thursdays – Cajun Bar

Fridays – Tostada and Taco Salad Station

If the daily action stations are not what you want for lunch, we have plenty of other items on the buffet for you to enjoy. The buffet options change daily.

SANDWICH OF THE MONTH

May: Chicken Filet Club

A chicken breast seasoned and grilled to perfection with pesto mayo, melted Swiss, bacon, lettuce and tomato on a deli bun and served with a side salad and your choice of dressing. The cost is \$7.95 for members or \$9.95 for nonmembers.

June: Randolph Tuna Twister Melt

Generous amount of tuna, sharp cheddar cheese, mayo and sweet pickle relish rolled in a flour tortilla and served with a side of fries and a pickle. The cost is \$5.50 for members or \$7.50 for nonmembers.

PARR CLUB

MEMORIAL DAY WEEKEND HOURS

May 22: Family Day; club closed

May 25: Memorial Day; club closed

AIR CITY BAR & GRILL

The Air City Bar & Grill offers a great menu for your dining pleasure. Be sure to enter your name and contact information on all your receipts and drop them in the glass bowl for a chance to win items on the club! Drawings will be conducted Friday nights and the winner will be contacted by management. Air City Bar & Grill will be closed June 5 due to Customer Appreciation Night.

CHAMPAGNE SUNDAY BRUNCH

Sunday • 10 a.m. to 1 p.m.

Members from both clubs and all DOD ID cardholders are invited to enjoy the best champagne brunch in the area! The brunch costs only \$20.75 for members, \$22.75 for nonmembers and \$12.95 for children ages 6-12 years old. Ask for our frequent brunch card and after a required number of paid brunches you will get one free.

SKY LOUNGE

The Sky Lounge is open the first and third Friday night of the month from 5-11 p.m. Entertainment is from 6:30-10:30 p.m. with complimentary hors d'oeuvres from 5-6 p.m. Admission is \$3 for club members and \$5 for nonmembers.

May 1 Two for the Road Band

May 15 Tobias Band

June 12 Two for the Road Band

June 19 Tobias Band

AUGER INN FLY-IN NIGHTS

May 8 & 29 and June 12 & 26 • 5 p.m.

Join the party at the Auger Inn for "old school" camaraderie, free light refreshments and a live band! Meet your neighbors, folks from other squadrons and chain of command. The band is "Down for the Count" and they perform Americana music. No cover to join the fun!

DECK NIGHT

May 6 • 4:30-8 p.m.

Join us on the deck for an evening filled with great food and music. The bar is open from 4:30-8 p.m., entertainment from 5-8 p.m. and the buffet is open from 5-7 p.m. This event is open to all DOD ID cardholders and the cost is \$8 for club members and \$13 for nonmembers. Coupons not accepted.

MOTHER'S DAY BRUNCH

May 10

Bring your mother/wife/grandmother to our fantastic Mother's Day buffet. Seating times are every 30 minutes from

10:30 a.m. to 2:30 p.m. Menu items include crab legs, cured pork loin, chipotle cherry glazed short ribs, marinated chicken with Mediterranean artichoke compote, assorted salads and desserts and more! There will also be a kid's buffet.

The price of this tantalizing buffet is \$24.95 per adult for members, \$12.50 for children ages 6-12, \$27.95 per adult for nonmembers and \$14.50 for nonmembers' children ages 6-12. Children 5 and younger eat for free. All mothers and grandmothers will be entered into a drawing for a chance to win a spa treatment gift certificate. The winners will be notified the next day. Call 652-4864 to make your reservation now. Refunds will be issued no later than May 7.

SHRIMP BOIL

May 27 • 5-7:30 p.m.

Join us for all-you-can-eat shrimp, cobb salad, corn cobbettes, red new potatoes and key lime pie. The cost for this mouth-watering meal is \$17 per person for club members or \$24 per person for nonmembers. Reservations are required and prepayments must be made in advance. Customers may make reservations starting May 6. Coupons will not be accepted.

FATHER/DAUGHTER DANCE

June 20 • 5-8 p.m.

Join us for our annual father and daughter dinner/dance for girls, ages 2 to 15 years old. This great evening includes a buffet dinner for the girls with macaroni & cheese, chicken tenders, pizza, and dessert. Dads will feast on steak, fries and green beans. The evening includes music provided by DJ Stevie Mac, arts & crafts and a handmade corsage for daddy's princess. The price is \$20 per couple for members and \$5 for an additional daughter or \$40 per couple for nonmembers and \$10 for an additional daughter. Reservations and prepayments are required. This event fills up quickly so please make your reservation early. Reservations go on sale June 2. Call the Parr Club cashier cage at 652-4864 to make reservations.

FATHER'S DAY BRUNCH

June 21

Bring dad/grandpa to the club for a superb brunch. The brunch is open to all DOD ID cardholders and seating times are from 10 a.m. to 1:30 p.m. All dads and grandpas can enter their names in a drawing for club gift certificates. The winning names will be drawn the following day and the lucky dad or grandpa notified.

The cost is \$27.95 for nonmembers, \$14.95 for nonmembers' children 6-12, \$22.95 for adult club members, \$12.95 for club members' children and children 5 and younger eat for free. Reservations are recommended for parties of 10 or more.

YOUTH PROGRAMS

MOTHER/DAUGHTER TEA

May 9 • Noon to 2 p.m.

Moms, bring your daughter's, ages 5 and older, to Youth Programs to have "high tea". While enjoying a nice cup of tea you will learn about the English custom of "tea time" and the history of various teas. Along with the tea, samples of English hors d'oeuvres will also be provided. Moms and daughters may bring their own teacups and saucers. However, cups will be provided for your convenience. The cost for this great event is \$5 per mother/daughter. Please make your reservation by calling the Youth Programs at 652-2088 by May 7.

AMERICA'S KIDS RUN

May 16 • 9 a.m.

The American's Kid Run will be held at Air Heritage Park. Five- and six-year-old children will run a half-mile, seven- and eight-year-olds will run one mile and nine to thirteen- year-old children and parents will run two miles. They will finish to the loud cheering of proud supporters. The

first 50 youth and 30 parents to register on line receive an "America's Kids Run" T-shirt. Please register for this event between May 1-15 by going to www.americaskidsrun.org, selecting the "Registration Button" and Randolph from the drop down. You can also register for this on the day of the event from 8:30-9 a.m. This is a FREE event.

DUNKING AND DONUTS WITH DAD

June 20 • 10 a.m.

Youth Programs is hosting a father and son outing with donuts, basketball and fun to help celebrate Father's Day. Share a delicious donut breakfast with Dad and enjoy some quality time together. This FREE breakfast is open to families with sons 5 years and older. Please sign up at Youth Programs by June 18.

TEEN CAMPS

June 8-Aug. 22

Monday-Friday • from 7:30 a.m. to 3 p.m.

Attention all teens (ages 13-18)! Are you looking for something fun to do this summer? Then join Youth Programs Teen Summer Camps and enjoy swimming, field trips, learning life skills, community service projects and much more!

Registration starts May 5 at 9 a.m. Price is \$130 a week which includes breakfast, lunch, entry fees and supplies. For more information, call 652-3298.

PRE-TEEN (ages 9-12)

Don't sit at home bored when you can hang out at Youth Programs and have a lot of fun! We are open daily at 3 p.m. for self directed activities. Check out our monthly calendars for upcoming clubs and programs.

YOUTH EMPLOYMENT SKILLS (YES) TEEN VOLUNTEER PROGRAM

The YES program is open to active-duty Air Force dependents in 9-12 grades. Registered teens can "bank" \$4 per volunteer hour (up to \$1,000) by volunteering through the Air Force Aid Society sponsored program. Teens are placed in a JBSA-Randolph organization to gain valuable skills. For more information, call 652-3298.

FALL SPORTS REGISTRATIONS

Attention all parents! Look for cheerleading, flag football, volleyball and Lil' Renegades soccer registrations to take place July 5-Aug. 14.

JBSA-FAMILY CHILD CARE

BECOME A FAMILY CHILD CARE PROVIDER

The JBSA-Family Child Care Programs are looking for individuals interested in caring for children ages 6 weeks to 12 years old, to include children with special needs. Care is needed during typical work schedules, evenings, weekends, swing and midnight shifts, extended duty hours and for the Expanded Child Care program. There is also a continuous need for infant care. All start-up loan materials and training are provided by the Family Child Care Offices. Provider candidate applicants must be a dependent spouse of an active-duty member or a dependent spouse of a retiree.

Some advantages to becoming a licensed provider are:

- Manage your own business
- Set your own hours and fees
- Access to the Resource Center (check out items free of charge)
- Transferable career
- Free training
- Professional development
- USDA/CACFP food program
- Subsidy program

For more information on the JBSA-Lackland FCC classes, call 671-3376 or 671-3379, or stop by building 6629, 1531 Connally St., on JBSA-Lackland to pick up an application. For more information on the JBSA-Fort Sam Houston/Randolph classes, call 221-3820 or stop by building 1720 Dodd Blvd. on JBSA-Fort Sam Houston to pick up an application.



VOLUNTEER CARE

Those who volunteer through the Red Cross, Military Aid Society and Military & Family Readiness Center for twenty or more hours a week are eligible to receive free child care services in a licensed FCC home. Certificates are issued by the Military & Family Readiness Center, buildings 1249 and 2160 Kenley Avenue on JBSA-Fort Sam Houston, at the Military Personnel Flight, buildings 5616 and 1561, Stewart Street on JBSA-Lackland and building 693-F Street West, Military & Family Readiness Center on JBSA-Randolph. Certificates must be shown at the time of care to verify eligibility. For additional information, contact the JBSA-Lackland Resource and Referral Office at 671-3380, call 671-3376 or 671-3379 for the JBSA-Lackland FCC or call 221-3820 for the JBSA-Fort Sam Houston/Randolph FCC.

PCS CARE

A PCS move is never easy and children can feel stressed too. The intent of this program is to provide parents the opportunity to have their children cared for while they are getting ready to leave a base or while they are arriving at a new base, while packing, unpacking, in-processing, house hunting, attending briefings, etc. The Family Child Care office in collaboration with the Military & Family Readiness Center and the Military Aid Society provide child care only in licensed Family Child Care homes for the PCS program. Certificates are issued by the Military & Family Readiness Center, building 1249, 2160 Kenley Ave or at the Military Personnel Flight, building 1249, 1561 Stewart Street, JBSA-Lackland and building 693 F Street West, Military & Family Readiness Center at JBSA-Randolph, to active-duty members or spouses on PCS orders either arriving at JBSA-bases or departing. (Please bring one copy of your orders) Certificates for child care are valid for 60 days after issue. Certificates must be shown at the time care is provided to verify eligibility.

CLUB MEMBERSHIP PAYS

May 1 - July 29

Sign up to become a member at either JBSA-Randolph club and receive free dues for three months from the date you sign up and lunch for two. Your club card application will grant entry to the drawing where you can win a 50" TV and other generous cash prizes. Drawing for the big prizes will be done on July 31.

The squadron or organization that signs up the most members receives up to \$1000 credit toward their holiday party at the Kendrick Club. If you are already a member and you get someone to sign up then you will also be entered in the drawing for prizes.



6 Ways Couples Can Avoid Fighting Over Money

You and your partner talked a lot about money while planning your wedding — from how much to spend on the reception to where you could afford to honeymoon. But have you talked about how you're going to handle financial decisions after you tie the knot? "Some people just don't put much thought into that financial merger and they put no effort or communication into it," says JJ Montanaro, a CERTIFIED FINANCIAL PLANNER™ professional with USAA. "That's a big mistake." And a common one.

According to an American Institute of Certified Public Accountants survey, the average couple argues about money three times a month. And a quarter of couples say money is the most common reason they fight. The good news is some open dialogue and planning can help avoid conflict. Here's how:

- **Communicate.** Start talking about money before your wedding day so you can merge your money-management styles. Be ready to compromise and meet in the middle. Once married, use financial "date nights" to make sure you're on the same page about ongoing money decisions.
- **Share your goals.** Before you met, each of you had financial goals — some as vague as retiring at the beach or others as specific as starting a business by a certain time. Write those down, compare lists and talk about how they fit into your joint financial priorities.
- **Create a budget.** A concrete plan will help you and your spouse stay on the right financial path. Budgets help you prioritize spending, adjust to changing expenses, cut waste and track your progress.
- **Keep some personal money.** It can be tough to go from being single to sharing every money decision with a spouse. If you opt to merge your finances completely, consider allowing each other a little discretionary money each month.
- **Consider your credit scores.** Ask about your partner's credit history and divulge your own before you exchange rings. If one of you has a blemished rating, you'll need to work together to get it fixed. Consider a credit monitoring service to get regular updates on your score.
- **Plan for the long term.** Now that you're working toward shared goals, see if your existing investments are complementary. "Look at all the different pieces of your retirement plans and how they're invested," Montanaro says. "Next, examine how those plans are going to look together, because you're going to retire together. Or at least that's the goal."



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PAYING FOR SCHOOL

THE NONTRADITIONAL WAY

Perhaps you've decided that you're finally ready to go back and finish that college degree. Maybe you joined the military and after 10 years of service, you're looking to step onto the campus for the first time. Or you're considering changing careers and think a master's degree is a key part of making the transition.

For a lot of reasons, the timing is great to be a so-called nontraditional college student. For one thing, you'll have a lot of company. The Education Department estimates that more than 70% of all college students are nontraditional students. It could pay big dividends to research scholarships, veteran benefits, grants for career changes and other situations that might apply to you. Regardless of why or when you've decided to go back to school, these five tips may help make the experience more affordable.

Ask Uncle Sam

The good news is that you're not likely to be left out when it comes to financial aid. Just like anyone else, you should look to the Free Application for Federal Student Aid (FAFSA) to get the financial aid ball rolling.

"For the most part, nontraditional students will be eligible for the same programs and student aid choices as traditional students," says JJ Montanaro, a CERTIFIED FINANCIAL PLANNER™ practitioner with USAA. "It's important for them to complete FAFSA, just like their younger classmates."

Search for Scholarships

You may be able to find other forms of assistance aimed at your specific circumstance.

CareerOneStop, a website sponsored by the Labor Department, offers a searchable database of need- and merit-based scholarships and grants. Students of all backgrounds could also find grants or scholarships that are based on where they live, their ethnicity, religions or fields of study. The Open Education Database <http://oedb.org/financial-aid/> provides a great list to help you get started with your search — and even

includes sections for members of the military or their children. Be sure to look at any and all scholarship choices. You could qualify for a scholarship just by being a nontraditional student.

The Association for Non-Traditional Students in Higher Education <http://www.myantshe.org/> offers \$1,000 scholarships as part of its mission to encourage adult learning.

See What Your Current Employer Offers

When you're returning to school, particularly if you're already in the workforce, you could have some additional choices. Many employers encourage learning opportunities among their employees, usually with the stipulation that the classes are in a field connected to their jobs. If you're able to make that work, it could mean that you get reimbursed for at least part of the tuition and potentially get some flexibility with your schedule.

Jodi Okun, founder of College Financial Aid Advisors, an organization that helps families with financial aid, says companies that offer tuition reimbursement may have their own criteria for qualifying and their own expectations for what's expected of their employees. It's worth having a conversation with someone at your company — often someone in the human resources department — to find out the specifics.

Get Rewarded for Your Service

Because of your service, former military members are eligible for special programs not available to the general public. Some universities even accept military education training toward college credit, which can help streamline your education journey.

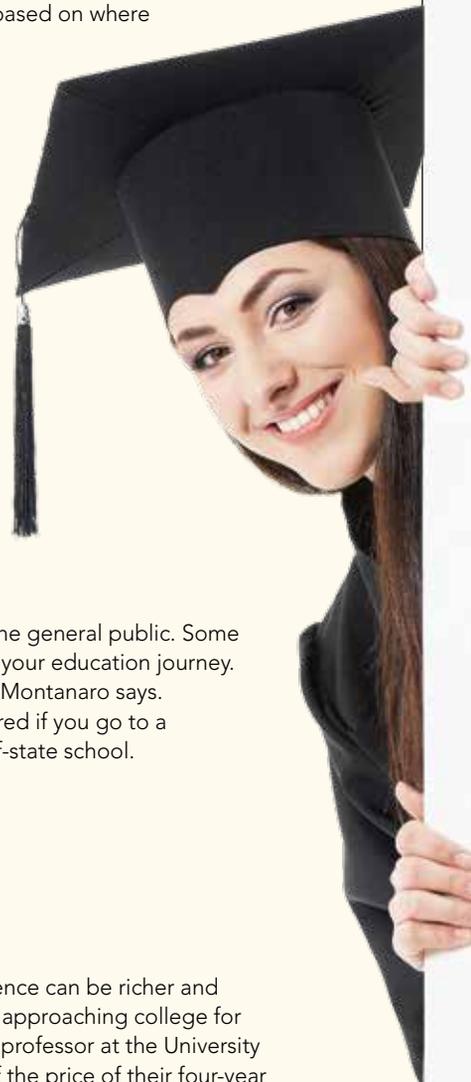
"One of the most attractive aspects of military service is the education package that comes with it," Montanaro says. Under the Post-9/11 GI Bill, for example, you could be eligible to have all of your college costs covered if you go to a state-run school and qualify for in-state tuition or up to \$19,198 a year if you go to a private or out-of-state school.

Typically, to qualify for full reimbursement under the bill you must have served for at least 36 months after Sept. 10, 2001. For those who served for a shorter period, you can still qualify for prorated reimbursement. Eligibility generally lasts for 15 years after you were last considered active duty.

Other Veterans Affairs programs are available as well. The http://www.benefits.va.gov/gibill/comparison_tool.asp to help veterans sort out choices for using their education benefits.

Little Things Can Add Up

Going to college as an adult can be a great experience. With more maturity, the educational experience can be richer and more rewarding. But with bills to pay and other responsibilities, it can also be challenging. "If you're approaching college for the first time, community colleges may be a good starting point," says Mitchell D. Weiss, a business professor at the University of Hartford and the author of several books on college finances. "On average, these schools are half the price of their four-year counterparts. They also help you acclimate to the demands of higher education before making the more expensive leap."



June 5 • 5-9 p.m.

SUMMERTIME

CUSTOMER APPRECIATION

The 502d Force Support Squadron appreciates its customers every day and we want to show it!

This year's thank you event takes place on the Parr Club patio/deck and includes free "summertime" food with a buffet for adults and kids, swimming, music, games, face painting and inflatables. Vendor-provided games include a 4-sided 24' rock climbing wall, a large inflatable slide and mechanical bull. Admission to the Center Pool is free after 5 p.m.

A bar will be available for the purchase of alcoholic beverages and sodas. The fun and memories are priceless. As a special thanks to all of our customers we are also offering \$2 off San Antonio Zoo tickets (limit of 4 per DOD ID card) at the Community Services Mall (building 895) on June 5.



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DEBT AND CREDIT KNOW YOUR LIMITS

Managing credit comes with plenty of potential hazards. Stick to the rules of the road, and you should be fine. But, if you don't learn how to manage it wisely, you could end up in a pit of debt.

"Like driving, obtaining credit is a privilege, not a right," says JJ Montanaro, CERTIFIED FINANCIAL PLANNER™ practitioner with USAA. "Too many people get deep into debt because they don't really understand how credit works. And once they get in, it's very hard to dig out."

Wonder if you're taking on too much debt? Use these guidelines to check where you stand		
Type of Debt	What It Includes	What It Should Be
Consumer Debt	Nonmortgage obligations such as credit cards, auto loans and installment plans	20% of your monthly after-tax income
Mortgage Debt	Mortgage payment, property taxes and insurance	28% of your pre-tax monthly income
Total	Mortgage property taxes, homeowners insurance, credit cards, auto loans and installment plans	Less than 36% of your pre-tax monthly income

To understand how to assess your own situation, let's look at an example. Rebecca bought a house last year and used her credit card to furnish it. Next, she bought a new car. After a few months, she became worried her debt was eating up too much of her income, which is \$4,500 a month before taxes and \$3,600 after federal and state taxes.

Rebecca applied the recommended guidelines to assess her situation. She quickly discovered that she was in a precarious situation.

Type of Debt	Recommended Limit	Rebecca's Debt	Too Much Debt?
Consumer Debt	$(20\% \times \$3,600 = \$720)$	\$900 worth of monthly payments, or 25%	Yes
Mortgage Debt	$(28\% \times \$4,500 = \$1,260)$	\$900 monthly mortgage payment, or 20%	No
Total	$(36\% \times \$4,500 = \$1,620)$	\$1,800 in total monthly payments, or 40%	Yes

"The good news is that Rebecca took time to crunch the numbers before things got worse," says Montanaro. "With facts in hand, she can make decisions to help turn around her finances and get back on track."

Plan Your Escape Route

If, like Rebecca, you find that you're headed down a bumpy financial road, you can still take control.

- Don't dig any deeper. Rebecca realized she needed to stop adding to her credit card balances immediately. She put away all her cards except one to use only for emergencies.
- Stop accepting new credit offers. Rebecca was inundated with preapproved credit card offers. She declined all of them.
- Find out where you stand. Rebecca paid off her debts in the best order, starting with the account with the highest interest rate. She made a small exception to the rule by polishing off two low-balance accounts, providing a quick, morale-boosting victory in her war to drive down debt. She also visited www.annualcreditreport.com and verified that her credit reports were accurate by reviewing them for free.
- Avoid paying the minimums. Even if you are concentrating on one debt at a time, pay more than the minimum on each payment, which is usually only 2% to 3% of the total balance. Rebecca has found ways to reduce spending so that she could pay extra on her accounts each month.
- Build a snowball. As she retires each debt, Rebecca takes the money she was applying to it and moves on to her next target. By systematically attacking debt, she has created a snowball effect that gives her more debt-removing power with each balance she erases.
- Monitor and protect your credit. Reducing debt should improve your credit score — the number that lenders use to assess how much risk you present and what interest rate they charge. Rebecca now uses a service that lets her monitor her credit for a modest monthly fee.

Enjoy Victory at the Finish Line

Establishing and maintaining good credit is important, but managing it is equally vital. "By taking control now, you should avoid paying a fortune in interest and have more resources to devote to other important financial goals, such as regularly contributing to your emergency fund, retirement savings and college savings for your kids," says Montanaro.

AD

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Stay connected and current on the Joint Base San Antonio 502d Force Support Squadron events, specials and daily activities going on within our facilities.

Why You Should Get A Pre-Approved

Is your car so old that the tires are about to fall off? Or was it recently totaled in an accident? Maybe your current ride is perfectly fine but you've just got that new car itch. Whatever your reason, now is the season—for a new car! But what do most people forget before heading out to the dealership? No, not their pants. Most people remember to put on pants before going to the dealership, silly. Most people forget to get pre-approved.

To get pre-approved, call or stop by your financial institution and apply for an auto loan. They can pre-approve you so you know your terms (the interest rate, number of months and dollar amount of your loan). Getting your pre-approval terms before going to the dealership will tell you how much vehicle you can afford and it gives you negotiating power when you get to the dealership.

Sometime the dealership can offer a lower interest rate than you received from your financial institution but think twice before you accept. Dealerships make money with the “add-ons” they throw in with their financing packages. They are called add-ons because the cost of these products is usually added onto your loan total. Many are not worth the cost and unfortunately many of these add-ons are a waste of money. For example, your dealer may want to add an expensive “tire insurance” that costs more than the tires it covers. Or they may offer a “fabric protection package” for several hundred dollars when all they do is spray your interior with a \$7 bottle of Scotchgard.

The dealership may also offer you some very reasonable add-ons, such as an extended warranty or guaranteed asset protection (GAP) insurance. While these may seem like very reasonable products to include in your loan, the danger lies in the cost. Most of these products can be purchased from your credit union for an average of ONE THIRD the price the dealer will charge for the exact same coverage. When you get your pre-approval from your financial institution, be sure to ask them the cost of these products so you can compare what the dealership offers you.

Some dealerships may even tell you that you must purchase some of these products to qualify for the lower interest rate offered. If they can't get your money with a higher interest rate they will get it with these costly add-ons.

So when it's time to get your next vehicle, make your first stop your credit union for a pre-approval. It will save you tons of money in the long run. You'll probably be paying for your new car for several years. When it comes to your hard-earned money, make sure you're getting the best rates and prices you can.

Pre-approval Quick Tips:

- A pre-approval gives you buying power
- Compare the price of valuable add-ons
- Look beyond the interest rate to know the true cost of your purchase



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