

FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"



Photo by Olivia Mendoza

Col. John Cook, 32nd Medical Brigade commander and Fiesta military parade commander of troops, brings the colors forward for the presentation of the command during the Fiesta military parade. The national and Army colors are carried by the 3rd U.S. Infantry Regiment, Old Guard Continental Color Guard, from Fort Myer, Va. The color guard wears uniforms worn by the 3rd Infantry in 1784. The Army flag displays the 176 battle streamers representing the Army's campaigns since first established in June 1775. Accompanying the national and Army colors are the massed colors of commands located on Fort Sam Houston.

Community celebrates Fiesta at Fort Sam

By Elaine Wilson
Fort Sam Houston Public
Information Office

Fort Sam Houston joined in on the city-wide festivities Sunday by opening its gates to the San Antonio community for a Fiesta celebration of its own.

People came in droves to enjoy the Fort Sam Houston Fiesta and Fireworks celebration, a day-long festival that sprawled across the field between Dickman and Wilson roads and culminated in a fireworks extravaganza.

For children and the young at heart, the event featured a country fair with carnival games and rides, pony rides, bouncy castles, and dozens of craft and food vendors.

"We're having a great time," said Leslie Johnson, while waiting for her son, d'Artagnan, to descend a rock-climbing wall, which was set up and run by the San Antonio Recruiting Battalion. "This is a great event."

While some preferred to rock-climb or ride a mechanical bull, others were drawn in by the interactive military exhibits. U.S. Army South demonstrated riot control then let people try on the gear, Fort Sam Houston firefighters opened up a fire truck for display, and the Army Medical Department Center and School's operating room technician course set up

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350th Human Resources Command deploys

By Phillip Reidinger
Fort Sam Houston Public Affairs

As Family members, friends and employers gathered at Army Community Service Saturday to bid farewell to Soldiers assigned to the 350th Human Resources Command, they enjoyed a surprise visit by the 82nd Airborne Division "All-American Chorus" from Fort Bragg, N.C.

The chorus, whose members have all served in Iraq and Afghanistan, performed a spe-

cial concert for the U.S. Army Reserve unit located in San Antonio ordered to active duty to support Operations Iraqi and Enduring Freedom.

The unit will be located in Kuwait and the 31 personnel assigned will be responsible for processing all armed forces personnel entering and departing the operations areas. During the deployment the unit will be commanded by Maj. Chester Aguilar; Sgt. 1st Class Richard Williams is the unit first sergeant.

"Today we recognize and honor the Soldiers of the 350th Human Resources Command who have answered their nation's call to duty to ensure the freedoms of our country."

Brig. Gen. Karen LeDoux
Commanding General, 103rd Expeditionary Sustainment Command

The host for the ceremony were Brig. Gen. Karen LeDoux, commanding general, 103rd Expeditionary Sustainment Command based in Des Moines, Iowa. Also attending the ceremony were Col. Peter Bosse, 208th

Area Support Group commander, and Lt. Col. Kathy Urick, 363rd Quartermaster Battalion.

"Today we recognize and honor the Soldiers of the 350th

See 350TH DEPLOYS P6

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML

Units now eligible for Combat Action Streamer

By James G. Pasierb
Army News Service

WASHINGTON — Army units that have been deployed in support of combat operations now have a new way to be recognized — the Combat Action Streamer.

Secretary of the Army Pete Geren approved creation of the CAS for units that have served or are serving in a theater of combat operations. The award is retroactive to Sept. 18, 2001, for units meeting the criteria.

If 65 percent or more of the Soldiers in a unit have been awarded the combat action badge, then that unit can display the CAS with its distinctive flag or guidon. The qualifying percentage is based on the unit's authorized strength, Human Resource Command officials said.

For the war on terrorism, only one streamer will be authorized per unit, regardless of the number of times a

unit deploys, or whether it deploys to Iraq and Afghanistan, HRC officials said.

In the future, a streamer will be awarded to a unit for each separate war or military operation in which the criteria for the award have been met, officials said.

Commanders of battalions, groups, regiments and brigades are authorized to award the CAS to companies under their commands. The award can be made during the period of military operations against an armed enemy and for one year thereafter.

During the same period, commanding generals of divisions, corps and armies are authorized to award Combat Action Streamers to separate

In the future, a streamer will be awarded to a unit for each separate war or military operation in which the criteria for the award have been met.

platoons, detachments, battalions, groups, regiments and brigades under their command when all criteria are met.

Requirements and restrictions for displaying streamers are governed by chapter 9, Army Regulation 840-10, Flags, Guidon, Streamers, Tabards, and Automobile and Aircraft Plates, November 1, 1998. Other regulations containing award

criteria are AR 600 -8-22, Military Awards, Dec. 11, 2006, and AR 870-5, Military History: Responsibilities, Policies, and Procedures, Sept. 21, 2007.

Units are encouraged to plan and execute ceremonies for the awarding of the CAS, Army officials said, adding that they can also ask the surrounding community, including the local media, to join in the ceremony.



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News Briefs

Road closures

Due to construction on the new Walters Street Bridge, one southbound lane of Interstate Highway 35 will be closed today until 4:30 p.m. All ramps will remain open. Additionally, the two right southbound lanes of Interstate Highway 35 from Walters Street to New Braunfels Avenue will close Monday and Tuesday. The entrance ramp from Walters and the exit ramp to New Braunfels will be closed during this phase of construction.

Occupational therapy open house

Brooke Army Medical Center Occupational Therapy will host its annual Open House in celebration of Occupational Therapy Month today from 12 to 1:30 p.m. at the OT clinic located on the first floor at BAMC, and involvement at the Center for the Intrepid and the Institute of Surgical Research. Staff members will be available to answer questions.

Practical Nurse Course Graduation

The graduation ceremony for the Brooke Army Medical Center Practical Nurse Course, 68WM6, Class 07-05, will be held today at 1:30 p.m. in Evans Auditorium. For more information, call Sgt. 1st Class Janet at 295-4120 or Nancy Long at 295-4050.

Legal assistance office closure

The Fort Sam Houston Legal Assistance Office will not offer appointments, to include walk-ins, Friday. The office will remain open for powers of attorney and notarial services. The office will resume normal operations Monday. For more information, call 221-2353 or 221-2282.

NCO Week

The following events will be held in celebration of NCO Week:

- An NCO-led Retreat ceremony at the main post flagpole Monday at 5:15 p.m.
 - A Knowledge Workshop sponsored by the Sergeant Audie Murphy Club Tuesday and Wednesday at 8 a.m. in Building 902.
 - An Army Medical Department Center and School command sergeant major-led NCO development Wednesday at 6:45 a.m. at Blesse Auditorium.
 - Esprit de Corps NCO Run at MacArthur Field May 2 at 5:30 a.m.
 - NCO Dining-In at Sam Houston Club May 2 at 6 p.m.
- For more information, call Master Sgt. Carlisie Jones at 221-6860.

Enlisted Workshop

The Sergeant Audie Murphy Club - Van Autreve Chapter will host the 2008 Enlisted

See NEWS BRIEFS P4

Lend me an ear

Army program offers outlet for civilian employees

By Olivia Mendoza

Fort Sam Houston Public Information Office

Most people have heard the saying, "Don't bring your personal problems to work; leave them at the door."

Realistically that never works out; outside problems can and do affect work performance and production.

Employees are faced with mental or emotional problems, Family responsibilities, financial or legal difficulties, or dependent, whether child or elder, care needs. Therefore, employees may become irritable with co-workers and act out, or become unable to concentrate at work and miss deadlines.

The Fort Sam Houston Employee Assistance Program exists to help civilian federal employees deal with personal issues that are impacting their work performance. The program provides free, confidential services to include screening to identify a problem, short-term counseling, and when appropriate, a referral to a facility or program within or outside the Army that can assist the employee. It is the employee's responsibility to follow through with the referral and to make the necessary financial arrangements for treatment, as with any other medical condition.

ical condition.

"The most common work problems are disagreements between supervisors and employees or employees and co-workers," said Teana Martin, Fort Sam Houston

Employee Assistance Program coordinator. "Sometimes the employee's work performance becomes a real problem and an administrative action is taken; but before that happens, the supervisor will inform the employee about the EAP and encourage them to make an appointment."

EAP recognizes that employees are more than "job titles" or "line items." They are people first and subject to stresses and pressures that impact their ability to be effective at work. Everyone has problems of one kind or another. Most people have had some experience with the kind of problems that make it difficult to think about anything else, such as achieving a balance between work, Family, and other personal responsibilities, going through a divorce, children, parents and substance abuse.

Participation in the EAP is voluntary

"The most common work problems are disagreements between supervisors and employees or employees and co-workers."

Teana Martin

Fort Sam Houston Employee Assistance Program coordinator

and it is the employee's decision whether to participate or not. All participants are protected by anonymity and confidentiality, unless they give written consent to discuss their situation.

The EAP also deals with the issue of workplace violence. At times, employees may find they are becoming very angry at work for any reason and feel they might lose self-control and do something they'll regret. Martin recommends they inform the supervisor they need to take a breather and go straight to EAP before making any irrational actions or decisions. The EAP is a neutral environment where one can vent their frustrations, defuse, and then discuss strategies to deal with the cause of their anger.

Martin explained that many clients come to the EAP because they just didn't

See ARMY PROGRAM P6

FSH Provost Marshal unveils Segway at Fiesta

Story and photo by Minnie Jones
Fort Sam Houston Public Information Office

The Fort Sam Provost Marshal Office unveiled three new patrol vehicles called Segways – personal transporters – Sunday during the Fort Sam Houston Fiesta.

The new addition of these personal transporters will be an innovative addition to the mobile fleet of patrol cars, motorcycles and bicycles currently being used by the Provost Marshal.

The Segway is a computerized two-wheeled electric scooter that operates on dual lithium ion batteries and is charged by plugging it into an outlet for about six hours. They have a maximum speed of about 12 miles per



Officers Vincent Saucedo (right) and Lt. Jack Scott, Provost Marshal Office, Fort Sam Houston, use two of the departments' Segways to make their rounds Sunday during the Fort Sam Houston Fiesta celebration.

hour, and can travel about 15 miles on a single charge. They weigh between 105 and 110 pounds and can hold up to 250 pounds.

The Segway is versatile and easy to

use; it takes only about hour to master. It allows riders to control their movement and speed by the way they lean their bodies. A rider only has to lean forward to go forward and lean back to reverse. To steer the Segway riders only need to lean in the direction they want to go.

Because of its adaptability, the new Segways were put into use immediately during the Fort Sam Houston Fiesta celebration, catching plenty of looks and questions from onlookers at the event.

Col. Wendy Martinson, garrison commander, Fort Sam Houston, took a spin on the Segway during its unveiling Sunday. She said, "I think they are fabulous; it can stop on a dime and can move

See SEGWAY P5

News Briefs

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Workshop Tuesday and Wednesday from 8:30 a.m. to 5 p.m. in Wagner Hall, Building 902. The workshop will provide essential tools and a basic foundation for enlisted Soldiers. For those more senior in rank, the workshop will serve as a refresher with updates. The event is open to all of Fort Sam Houston and Brooke Army Medical Center Soldiers. Seating is limited. Pre-registration is required; registration ends April 25. For more information, call Sgt. 1st Class Diana Istre at 221-9925 or e-mail diana.istre@amedd.army.mil.

AFTB instructors

Army Family Team Building instructors are invited to an after-lunch dessert get together Wednesday from 1 to 2 p.m. at Army Community Service, Building 2797. The event is aimed at strengthening the AFTB instructor corps and rekindling old ties. To save a seat, call Emmy Elliott or Tania O'Hara at 221-2705 or e-mail emmy.elliott@conus.army.mil.

Ethics training

Government employees are required to take ethics training annually. The following training methods are available: live presentation at Blesse Auditorium, online training at http://www.dod.mil/dodgc/defense_ethics/ethics_training/2007_AET/index.htm, or view an Army ethics videotape or DVD. The next ethics training, Acquisition Ethics, will be held Wednesday at 1 p.m. at Blesse Auditorium, Willis Hall, Building 2841. For more information, call the ethics counselor in the Office of the Staff Judge Advocate, Army Medical Department Center and School and Fort Sam Houston at 221-2373 or 221-0485.

Days of Remembrance

The 2008 Days of Remembrance Victims of the Holocaust observance will be held May 2 from 10:30 to 11:30 a.m. at Army Community Service, Building 2797 on Stanley Road. For more information, call Sgt. 1st Class Gus Cunningham at 221-6326.

Volunteer Recognition Ceremony

The post community is invited to show their appreciation for volunteers by attending the annual Volunteer Recognition Ceremony May 7 from 10 a.m. to 12 p.m. at the Sam Houston Club. For more information, call the Army volunteer coordinator at 221-2418.

See NEWS BRIEFS P6

Who's minding the kids?

Army program helps with off-post childcare

Story and photo by Cheryl Harrison
Fort Sam Houston Public Information Office

In the military world, childcare is a top issue for Families serving our country. Fort Sam Houston is no exception and as part of the Army Family Covenant children and Families are top priority.

With demands on Fort Sam Houston's and San Antonio's military Families on the increase, deployments, relocation assignments and the increase in cost of living, the U.S. Army and local Child Care Resource and Referral agencies are working overtime to assist with one of the biggest concerns of nearly every parent - their children and who is going to care for them during duty hours.

The Army Child Care in Your Neighborhood project was created in 2006 by the Army to meet the high demand for quality childcare by Army Families in their communities. The program is administered through the collaboration of multiple agencies, including the U.S. Army, the National Association of Child Care Resource and Referral Agencies, and Family Service Association.

To ensure consistency in the care provided in off-post Family childcare homes and childcare centers, local CCR&R agencies such as Family Service Association in San Antonio work together with the Army to augment the Army childcare system; a well-recognized and respected model of high quality childcare.

Through the Army Child Care in Your Neighborhood program civilian agencies recruit childcare centers and civilian providers from areas where military Families work and live. The CCR&R provides resources and training to assist providers in meeting high-quality standards.

Tammy Hellums, a Family childcare provider for about 25 years, was approached by the Family Service Association to participate in the ACCYN project.

"This is an opportunity of a lifetime for me," said Hellums. "It certainly fits my schedule and my budget."

All childcare providers are screened for a favorable background check and to ensure they maintain Army quality standards. All participating programs are monitored to ensure they are in full compliance for the highest quality of care. In exchange participating programs receive support to achieve their educational goals.

"I study when the kids are napping, and I go to classes two Saturdays a month for the nine months. Everything is accelerated, very fast paced. I was up on all my standards, but it has been really nice to be trained

in new ideas," Hellums said.

Hellums said she has always had a heart for single parents and military Families. She fully understands the concern for safe, quality childcare having been a single mom herself at one time and having two of her adult children serving in the Army.

Fort Sam Houston has been experiencing a greater demand for infant childcare and anticipates a greater demand for school-age care as a result of the Base Realignment and Closure. The Army estimates that two-thirds of active duty Families live off-post. Fort Sam Houston Families are hard-pressed to

See CHILDCARE P7



Tammy Hellums (center) plays music teacher by demonstrating on wooden instruments for (from left) Olivia Masten, 2-and-a-half years old, 20 month-old R. J. Crawford and Maddox Alviar, age 2.

Harmon honored at retirement ceremony



Photos by Esther Garcia

The flag detail, assigned to the Noncommissioned Officers Academy, prepares to fold the flag during the Retreat ceremony. The flag was then presented to Col. Joseph Harmon in honor of his retirement from military service.

Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and Army Medical Department Center and School, presents the Distinguished Service Medal to Col. Joseph Harmon III, chief of staff, AMEDDC&S, in honor of his retirement from the military April 17 at the post flagpole during the Honor Medic Retirement Ceremony. Harmon served 33 years in the military.

SEGWAY from P3

around in a crowd quite easily. It places police officers above the rest of the crowd, giving them a height advantage; they can do a 360 scan right in place and they don't need a lot of room."

At a total cost of just above \$14,000, Maj. Christopher Hayes, director of emergency services, said, "Putting that cost in perspective, Segways are virtually maintenance free. There are usually no maintenance or warranty problems with them. In about five years the batteries will have to be replaced, the tires last a long time, and they don't use gas - just batteries, they're earth friendly.

"The Segways will be used for crosswalk enforcement, monitoring the school system and patrolling Lincoln Military Housing and will be replacing the bicycle patrol. We will be taking them out in the community with our outreach program enhancing interaction between police officers and the community," said Hayes.

The Segway is more versatile and proves useful at large events providing officers with

ease of access. It will enable officers to enter buildings that have wheelchair lifts. "As long as there is an elevator, we can go wherever we want to go," said Hayes.

Patrol Officer Vincent Saucedo was one of the first to try the Segway during the fiesta. "It's great. Today is the first day I will be using it; mobility

is good. It doesn't matter what terrain you're driving on, it could be asphalt or hilly. It was a good investment," said Saucedo.

"The introduction of the Segway not only proved to be a public relations success, but also proved effective and efficient in patrolling the fiesta

packed with the participants. Segways are here to stay at Fort Sam Houston and will become a common sight to the FSH community," said Hayes.



Maj. Christopher Hayes (right), director of emergency services, instructs Col. Wendy Martinson, garrison commander, Fort Sam Houston, on how to operate the Segway. Police officers will use Segways to patrol various areas around Fort Sam Houston.

350TH DEPLOYS from P1

Human Resources Command who have answered their nation's call to duty to ensure the freedoms of our country," LeDoux said. She emphasized that men and women in uniform who are willing to stand up and be counted and put boots on ground are the country's most potent weapons of war."

Noting that today Soldiers share a common bond with veterans, she added that the U.S. Army uniform is a symbol of our nation's commitment to ensure liberty and freedom of all whom we defend.

"Since 2001, 1.4 million members of our military today have deployed to support the Global War on Terrorism. Our Families have made many sacrifices. Thank you for your sacrifices and silent service in support of your Soldiers," she said.

Col. Peter Bosse, 208th Area Support Group commander, emphasized people, training and teamwork. "Incredibly important to stay connected to Families. Grow together during the deployment," he said.

Bosse also encouraged the Soldiers to keep a journal to catalogue lessons learned to share their experiences with the command when they return. "Take care of one another. Put a smile on your face when supporting Soldiers departing and returning from rest tours. Wish all of you the best. See you when

you get back," he added.

LeDoux presented her commander's coin to unit commander Maj. Chester Aguilar and Command Sgt. Maj. Steven Hatchell presented his coin to the unit first sergeant, Sgt. 1st Class Richard Williams, with instructions to return them when the unit demobilizes and all the Soldiers are returned home safely.

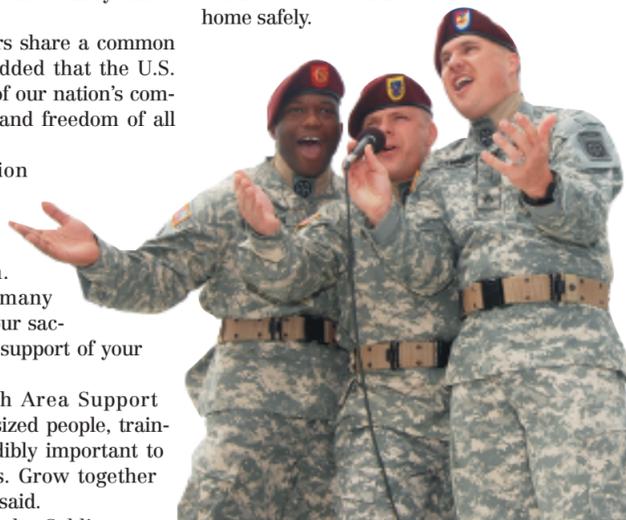


Photo by Esther Garcia

The 82nd Airborne Division "All-American Chorus," from Fort Bragg, N.C., performs Sunday at the Fort Sam Houston Fiesta and Fireworks celebration. The singers, from Fort Bragg, N.C., also performed at the 350th Human Resources Command deployment ceremony Saturday.

Days of Remembrance Trivia Contest

1. What is a yizkor book?
2. When did the United States Congress enact Public Law 96-388, establishing the United States Holocaust Memorial Council?
3. Which President of the U.S. said Dec. 11, 1941, "Never before has there been a greater challenge to life, liberty and civilization."
4. What is the origin of the word "Holocaust?"
5. Who said "Thou shall not be a

perpetrator; thou shall not be a victim; and thou shall never be a bystander?"

Personnel should e-mail trivia contest answers to Rosalba.d.chambers@amedd.army.mil no later than Monday. The first person to submit the correct answers will win a gift card and have their name published along with the answers in the next edition of the News Leader. For more information, call Sgt. 1st Class Rosalba Chambers at 221-4240.

ARMY PROGRAM from P3

know what to do and are seeking assistance with issues. Many times employees just need to express their feelings and find that talking to an impartial person helps put things into perspective.

Martin said, "I'm here to work for their best interest and to provide the best resolution for their problems. We are here to help and we don't

"I'm here to work for their best interest and to provide the best resolution for their problems. We are here to help and we don't turn away anyone who needs assistance."

*Teana Martin
Fort Sam Houston Employee Assistance
Program coordinator*

turn away anyone who needs assistance."

For more information or to set up an appointment, call Teana Martin at 221-1254 or Steve Henry at 221-0133.

NEWS BRIEFS from P4**ISR 1 training**

A mandatory orientation training for Installation Status Report, Infrastructure points of contact will be held May 8 from 7:30 to 11:30 a.m. in Evans Theater, Building 1396. The training is required for activities required to do an ISR and complete ISR 1 evaluations. No reservation is needed, but commanders are asked to e-mail judy.barta@us.army.mil with contact information. Unit representatives may bring additional personnel to support unit infrastructure evaluation. For more information, call Barney 'Judy' Barta at 295-4922 or e-mail Judy.Barta@us.army.mil.

Construction impacts pedestrians

Joggers and hikers should avoid the recently paved haul road that runs just outside the Brooke Army Medical Center perimeter fence due to increased traffic by construction crews and equipment. The road runs along the west and north sides of the BAMC campus and connects Binz-Engleman Road and Petroleum Drive.

**Be alert, stay informed**

With warm weather at hand, people are enjoying a variety of outdoor activities.

Unfortunately, this kind of weather also brings out the crooks with easy pickings for them. People tend to leave car windows and screen doors open, as well as bicycles and other outdoor equipment outside.

In March, the post had two reported burglaries of houses in the Patch/Chaffee area. In both incidents, the residents had left for a few days.

As a reminder, for post residents planning to be away from home for a few days, stop by the Fort Sam Houston Police Station and sign up for the House Watch Program; visit Building 2244 on the cor-

ner of Wilson Road and New Braunfels Avenue. By doing so, security checks will be conducted several times a day.

Fort Sam Houston residents are aware of their surroundings and are reporting more suspicious vehicles and personnel in their areas

Vandalism

Recently, police have noticed an increase in the number of vehicles scratched while in parking lots on the installation. In the last week, six vehicles were "keyed" while parked in lots adjacent to In/Out Processing, Building 367; the Child Development Center, Building 2530; the Naval/Marine Reserve Center, Building 3620; and Buildings 2264 and 4188. One vehicle

was damaged in the Infantry Post Housing Area. Several other vehicles had windows broken and tires damaged in the parking lots of the Directorate of Public Works, Buildings 4196 and 1350.

Also, during the past two weeks, the police have responded to the following crimes:

Thefts

Three individuals were apprehended for shoplifting at the Main Exchange, and more than \$475 worth of sunglasses, video games and DVDs were recovered. There was one reported theft of bicycles from the Marvin Wood area. Additionally, 18 other larcenies were reported in several barracks, the Jimmy Brought Gym, the Quadrangle, Brooke

Army Medical Center and the Hacienda Recreation Center.

Drugs and alcohol

Fourteen Soldiers and two civilians were apprehended for drug use or possession in the past two weeks. The drugs included cocaine, marijuana, methamphetamines and ecstasy. School administrators also found suspected marijuana and paraphernalia near

the football field at Cole High School. Additionally, police apprehended one civilian and one Soldier for driving while intoxicated.

Other incidents

Police found three government buildings unsecured and took two reports of assaults in troop barracks.

(Source: Fort Sam Houston Provost Marshal)

Emergency numbers

Dial 911 when calling from a Fort Sam Houston or Camp Bullis telephone number prefix.

Dial 554-4713 when calling from a cell phone or from anywhere on Fort Sam Houston other than the post telephone number prefixes.

On Camp Bullis, dial **295-7517** from a cell phone or non-Camp Bullis prefix.

The fire prevention office has phone stickers for these numbers. Stop by Building 4196, Room A37 or call 221-5452.

"I knew my baby would cry, but I had no idea just how much ..."

What is Shaken Baby Syndrome?

Shaken Baby Syndrome is a form of child abuse that occurs when an infant or young child is violently shaken.



The shaking may only last a few seconds, but it can cause severe brain damage, even death. The degree of brain damage depends on the amount and duration of the shaking and the forces involved in impact of the head. Possible consequences of shaking a baby can include irritability, lethargy, tremors, vomiting, blindness, seizures, severe learning disabilities, physical disabilities, coma, stupor and death.

The injuries of Shaken Baby Syndrome occur when a child is violently shaken. Everyday handling of a child, playful acts or minor household accidents do not cause the forces necessary to create these injuries. Shaking injuries are not caused by

bouncing a baby on your knee, tossing a baby in the air, jogging or bicycling with a baby, falls from furniture, sudden stops in a car or driving over bumps

Even the most kind and loving caregiver can feel frustrated by a crying baby. These feelings don't make person a bad parent or caregiver. Feeling frustrated is very normal. If a person feels they are losing control, put the baby in

a safe place and take a moment — call a good friend, listen to music, exercise or take a soothing bath.

Caring for a baby can be a wonderful experience, but it can also be very frustrating when the baby won't stop crying. The following tips can be used to comfort a crying baby:

- Give the baby a warm bath.
- Have the baby listen to and watch running water.
- Turn up the volume slightly on a radio or CD player.
- Take the baby outside or for a walk in the fresh air.
- Take the baby for a ride in the car.
- Dance with the baby.

For other tips and information or to talk to someone, call the Fort Sam Houston New Parent Support Program at 221-2334 or visit www.dontshake.org.

(Source: Family Advocacy Program)

2008 Asian Pacific American Heritage Commemoration

'Leadership, Diversity, Harmony – Gateway to Success'

Fort Sam Houston and U.S. Army South will host various activities in celebration of Asian Pacific American Heritage Month in May.

To kick off the month's activities a commemoration ceremony will be held May 6 from 11:30 a.m. to 1 p.m. at Army Community Service, Building 2797 on Stanley Road.

Asian Pacific American Heritage Month is celebrated in May to commemorate the contributions of people of Asian and Pacific Islander descent in the United States. This year's program comprises customary and contemporary events that are educational, informative, and will heighten public awareness on significant contributions from Asian Pacific Americans.

The keynote speaker for this year's ceremony is



Command Sgt. Maj. Iuniasolua Savusa

Command Sgt. Maj. Iuniasolua Savusa from U.S. Army Europe and Seventh Army. A native of American Samoa, Savusa began his military career more than 30 years ago on June 17, 1975. An infantryman, he spent the majority of his career in infantry, ranger, air assault and airborne assignments.

Savusa will also be the keynote speaker for the 32nd Medical Brigade Asian Pacific American Heritage Month observance scheduled for the same day from 6 to 7:30 p.m. at the Hacienda Recreation Center.

(Source: Fort Sam Houston Equal Opportunity Office)

Hosted by US Army South
ASIAN PACIFIC AMERICAN HERITAGE MONTH
MAY 2008

OPENING CEREMONY -
 6 May 2008, 1130 - 1300 hrs
 ACS Building, Bldg 2797

VOLLEYBALL TOURNAMENT -
 10 May 2008, 0800 - 1700 hrs
 Jimmy Brough Fitness Center

EXPO -
 24 May 2008, 1100 - 1700 hrs
 Commissary Parking Lot

LEADERSHIP, DIVERSITY, HARMONY - GATEWAY TO SUCCESS

The Patient Caretaker, 2008, Grant # 295 0000. To request reasonable accommodations for a disability, please contact 221 0018

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Sports

Intramural volleyball results

Islanders #1 team won the intramural volleyball league regular season championship and post season tournament. They beat the defending champions Baylor Bears two games to one claiming the 2008 Volleyball Championships held April 8 to 14 at the Jimmy Brought Fitness Center.

All-Army Chess Championship

The 2008 All-Army Chess Championship will be held May 11 to 17 at Fort Myer, Arlington, Va. This competition is open to all U.S. Army active duty who are also a U.S. Chess Federation-rated member; 12 players will be selected and funded by Family, Morale, Welfare and Recreation

Command. All players must apply online or download the application and fax to 703-681-7249 or DSN 761-7249. There is no on-site registration. For more information or to apply, visit www.armymwr.com/portal/recreation/chess or call 703-681-7204, DSN 761-7204. Other upcoming chess events include the 2008 Inter-Service Chess Championships at Davis-Monthan Air Force Base in Tuscon, Ariz., from June 8 to 14 and the 2008 NATO Chess Championships in Brussels, Belgium (date to be announced).

Boxers wanted

Boxers are needed for upcoming

matches. Boxers must be registered and training 30 days prior to an event. People interested in participating in future events, call the Intramural Sports Branch at 221-3185 or e-mail ear.t.young@us.army.mil. For more information, call 221-3185.

Asian Pacific American Heritage Month volleyball

In honor of Asian Pacific American Heritage Month a volleyball tournament will be held May 10 from 8 a.m. to 5 p.m. for all interested military, Family members and civilian teams. The registration deadline is May 2. For more informa-

tion, e-mail Tray Stephens at tstephens9@satx.rr.com.

Basketball camp

The Ten-Star All-Star Basketball Camp is accepting applications for summer basketball camp for boys and girls ages 10 to 19. College basketball scholarships are possible for players selected to the all-American team. There is also summer camp available for boys and girls ages 6 to 18 of all skill levels. For more information, call 704-373-0873 or visit www.tenstarcamp.com.

Intramural Spring Softball standings

Team	Win	Loss
ARNORTH	2	0
USARSO	1	0
4th Recon.	1	0
USAG	0	1
USAMITC	0	1
264th Med. Bn.	0	1
Silver Sluggers	0	1

Blood is fluid of life

The Brooke Army Medical Center Blood Bank is running critically low on AB negative blood.

Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.

To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



Warriors in Transition have their day on the court

Story and photo by Jen Rodriguez
Brooke Army Medical Center

At the end of the first Warriors Transition Battalion 3-on-3 Basketball Tournament April 15, the Warriors in Transition had their day.

"It was clear to me that our Warriors would ultimately have the day, and they did," said Warrior Transition Battalion Commander Lt. Col. John Myers. "I've witnessed the Warriors' weekly therapy and recreational activities; they are very good and quite determined."

Thirty-three teams plus individual event participants composed of Warriors in Transitions, Warriors in Transition Battalion, Fort Sam Garrison and Brooke Army Medical Center staff competed in the three-day tournament.

Myers said prior to the tournaments the WTB battalion command team, "Self Abuse" practiced against the "Amps." "It was an eye opener and humbling experience."

The Amps started the 3-on-3 Wheelchair Basketball tournament April 8 with an 11-0 win over the Deputy Commanders, then continued their winning streak to the championship.

In a Center for the Intrepid showdown, the Amps defeated "Flint Topics" 5-4 in a total defensive game April 14.

According to Amps Adrian

Garcia, "It (win) was meant to be. There were a lot of good individual players here, but we honed our skills and played together as a team. If one of us had a bad day, then the rest of the group picked up the slack. We came together as a team."

The Amps' champs were Garcia, Michael Gallardo, Nick Clark and Andrew Looney.

"It was the hardest and the toughest game called," said Flint Topics John Jones. "Our goal was to isolate the good shooter, and go for any chance we could get for an open shot. Most of all we had fun and that's all we cared about."

Flint Topics players were Jones, Twan Williamson, Duane McGhghy and Alex Wilson.

Garcia went on to win the Wheelchair Free Throw Shoot out (most in one minute) April 15 with a total of 26 shots over Terrance McBride. McBride took second place.

"Truly these young men and women are an inspiration to many of us for their demonstrated courage and can-do attitudes," Myers said.

McBride came back against Garcia to capture the overall Wheelchair Free Throw Shoot out (most in a row) 8-7. Garcia took second.

"Frankly," McBride said, "I didn't do anything out of the ordinary to prepare for the Free Throw Shoot Out. I went

to physical therapy at the Center for the Intrepid."

He later admitted he'd played basketball in high school and college. "It was fun. I had some reservations in participating, because I didn't know how I would feel, but I had a lot of fun," McBride said.

The Free Throw (most in one minute) went to James Deberry; runner-up, John Greer.

Earlier in the Wheelchair Free Throw competition, Marine Warrior Matthew Bradford sank three baskets for an impressive attempt, considering he lost one eye and was blinded in the other as the result of roadside bomb explosion in Iraq.

Sporting a University of Kentucky T-shirt and blue shorts, Bradford hit two baskets in the warm up and one basket in the competition.

"I thought the warm ups were the real thing," said Bradford.

Coaching from the side-



"Spartans" Mark Sroczynski plays a tight defense against "No Pay Due" Ronald Holmes during the April 15 finals. The Spartans team won 11-7.

lines, mom Debbie Bradford yelled, "quit arching; push your arm out!" She also sent word by Jones with the same message.

Guided by physical therapists Troy Hopkins and Eli Ramos, Bradford shot ball after ball, even though he got tired and said that his arms hurt.

Hopkins positioned Brad-

ford's chair at the goal line, compensating for the left-handed shooter. Ramos stood behind the goal and clapped his hands or bounced a ball to alert Bradford where to shoot.

Bradford said he played high school ball and was quite good. But on April 10 to all

See BASKETBALL P12



“Amps” player Michael Gallardo races for a runaway ball under the watchful eye of “Flint Topics” John Jones.

Photos by Jen Rodriguez

BASKETBALL from P11

spectators present, Bradford was exceptional.

The tournament concluded April 15 with the 3-on-3 Basketball game with the Spartans (B Company) versus “No Pay Due.” Again, the Warriors prevailed; the Spartans won 11-7 over No Pay Due.

Spartans Demarco Newton hit the first basket of the game to put the Spartans on the board and set the tone for the game.

Newton said their goal was to slow down No Pay Due Ronald Holmes and make everyone else handle the ball.

“We wanted to get the ball down low in post,” said No Pay Due player Timothy Rushing. “Late in the game, we had problems feeding the post, due to the other team over-playing us. I still feel that we are the true champs. We just had a bad game.”

No Pay Due play-

were Rushing Holmes, Javelin Carouthers and Al Thomas.

The next tournament is set for April 2009.



Wheelchair Free Throw (most in a row) champion Terrence McBride outshoots “Amps” Adrian Garcia 8-7 after three rounds of play.

Robert G. Cole Middle, High School Honor Roll

Many of the Robert G. Cole students have attained academic success for the third nine weeks of the 2007 – 2008 school year. To qualify for the two honor rolls, students must earn the following grades: A Honor Roll – a grade of 90 or higher in all classes; A/B Honor Roll – a grade of 80 or higher in all classes with at least one grade of 90 or higher.

'A' Honor Roll	Gill, Madison	Baxter, Jar-Mon	Coella, Isabel
3rd Nine Weeks	Gonzalez Carrero, Luis	Benabe-Lugo Li Diannette	Culp, Kevin
Sixth Grade	Harmon, Shanice	Bennett, Alexius	Gardner, Diondra
Daknis, Megan	Howell, Carter	Brooks, Johnathan	Hardy, Precia
Lougee, Isabelle	Kelly, Ethan	Charlton, Connor	Mahon, Mary
Seventh Grade	Lewis, Morgen	Cosey, Isaiah	Nesmith, Devin
Brock, Julia	Lunkenheimer, Kevin	Dochnal, Aidan	Porter, Alec
Cenney, Teresa	Mahon, Francis	Finley-Marshall, Kelly	Prasek, Matthew
Gibson, Ruby	Martinez, Annette	Garcia, Meagan	Prothero, Julyette
Hagan, Dana	Mathews, Austin	Goderis, Alaena	Rolfie, Eric
Hallstrom, Kayla	McNeely, Patrick	Gonzales, Amanda	Ruiz, Daniel
Marin, Gian	Merritt, Morgan	Hadley, Alyssa	Sakata, Victoria
Morrill, Hayley	Nichols, Alexandra	Haeffner, Caitlin	Schell, Zachary
Renz, Marlene	Ochoa, Lucas	Hendrickson, Kala	Strunk, Rachel
Eighth Grade	Ramos, Eric	Herel, Alexandra	Summers, Milena
Abin, Derek	Randle, Andeanika	Jenkins, Terrence	Townsend, Melissa
Boothe, Jasmine	Richardson, Teryn	Jenkins, Tevin	11th Grade
Bradley, Alysia	Rodriguez, Andrew	Kennedy, John	Andrews, Breanna
Gresenz, Molly	Sauer, Megan	Lewis, Victoria	Brock, Ryan
Lamoureux, Christopher	Strob, Nicholas	Morrison, Kaeli	Garrott, Lauren
Larvins, Kayla	Urena, Eric	Murray, Jovan	Mahon, Kathleen
Mercado, Francesca	Ware, Grace	Overstreet, Katelyn	Maner, Sarah
Nagies, Thomas	Webster, Sarah	Pecko, Matthew	Register, Colby
Taliaferro, William	Whiteley, Ethan	Potts, Tayler	Tatum, Rachel
Wessies, Savannah	Williams, David	Price, Darius	Vasquez, Kaitlan
Ninth Grade	Seventh Grade	Sakata, William	12th Grade
Juni, Katelyn	Baird, David	Salazar, Jonathan	Almuina, Desiree
Kane, Taylor	Bray, Aleksander	Santiago, William	Bagg, Jessica
Michna, Valeri	Brown, Destiny	Sisk, Hannah	Benson, Samantha
Newcomer, Gretchen	Budjenska, Georgia	Smith, Tyler	Brown, Martha
Renz, Megan	Butterworth, Taylor	Valderrama, Suheily	Evans, Rashondric
10th Grade	Callison, Gavin	Ninth Grade	Fielder, Tabitha
Oen, Tabatha	Colon, Yenesis	Aviles, Stephanie	Gibson, Jennifer
Staton, Christopher	Costello, Sarah	Bell, Jordan	Gilman, Emily
Wessies, Amber	Crotts, Abigail	Christman, Charles	Heaney, Daniel
11th Grade	Fia, Rachael	Cole, Garren	Heard, Megan
Gresenz, Casey	Garcia-Sanchez, Eileen	Edmonds, Dominique	Kirk, Clara
Graham, Darius	Griggs, Dawntae	Erickson, Ashley	Lavender, Wesley
Hatton, Lindsey	Guerrero, Andrew	Gonzalez-Acosta, Antonio	Luckie, Lorenzo
	Joers, Stacia	Hallstrom, Tyler	Moore, JayBren
	Livecchi, Brianna	Hogan, Carlton	Newcomer, Patrick
	Nagies, Kenneth	Kelly, Connor	Oswald, Kaleigh
	Prothero, Calvin	Lavender, Rebecca	Plaza, Dianisse
	Quick, Selina	Mapu, Luamalae	Reitstetter, Benjamin
	Roberts, Daniel	Perez, Gabriel	Reitstetter, Dustin
	Rodriguez, Elizabeth	Quick, Sarah	Riera, Ricardo
	Schell, Jacob	Rigsbee, Katrina	Saddler, Lindsey
	Starnes, William	Rush, Meagan	Santiago Rivera, Sonya
	Strunk, Reba	Salas Chacon, Josue	Sees, Jennifer
	Sucec, Cameron	Schaale, Ryan	Sheridan, Lukas
	Wafford, Grace	Starnes, Mollie	Sloan Santos, Michael
	Eighth Grade	Tallent, Shelby	Stonecipher, Jacob
	Abrego, Genesis	Wiersma, Ryan	Stonecipher, Kathryn
	Baggarly, Savannah	10th Grade	Teeter, Katherine
	Bailey, Tiffany	Bradley, Joseph	Webster, Julie
	Bauman, Zachary	Carrillo, Brea	Wood, Matthew

'A – B' Honor Roll
3rd Nine Weeks
Sixth Grade
Anderson, Abby
Brewington, Patrick
Brooks, Hannah
Chavez-Gates, Deanna
Coleman, Kelli
Cooper, Suzanne
Cruz, Bridgette
Cunningham, Jason
Field, Austin
Gay, Gavin

School board meeting
 The Fort Sam Houston Independent School District Board of Trustees will meet for a regular meeting Tuesday at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.

Fort Sam Houston Independent School District
Weekly Campus Activities – Monday to May 3

Cafeteria note from all campuses:
 Beginning May 15 for the remainder of month, all meals must be paid at time of purchase or covered by funds in student's meal account.

Fort Sam Houston Elementary School
Tuesday
 Third and fourth grade math Texas Assessment of Knowledge and Skills test
Wednesday
 Fourth grade reading TAKS test
 Third and fifth grade reading TAKS Retest
May 1
 Fifth grade science TAKS test

Robert G. Cole Middle and High School
Tuesday
 Sixth, seventh and 10th grade math Texas Assessment of Knowledge and Skills test

ELA TAKS exit level retest
Wednesday
 Sixth and seventh grade reading TAKS test
 Eighth grade reading TAKS retest
 11th grade math exit level TAKS test
 Math exit level TAKS retest
May 1
 Eighth and 10th grade science TAKS test
 Ninth grade math TAKS test
 11th grade science exit level TAKS test
 Science exit level retest
 Cole art show in Moseley gym, 7 to 8:30 p.m.
May 2
 Eighth and 10th grade social studies TAKS test
 11th grade social studies exit level TAKS test
 Social studies exit level TAKS retest
May 3
 SAT test date
 Band banquet at Roadrunner, 6:30 to 9:30 p.m.

The 82nd Airborne Division "All-American Chorus," from Fort Bragg, N.C., perform a traditional mix of cadence medleys, armed forces songs, and old-time favorites like "My Girl." The chorus, in town to support on and off-post Fiesta events, performs their songs a cappella.



Photo by Olivia Mendoza



Photo by Olivia Mendoza

The Old Guard Fife and Drum Corps, a specialty unit of the 3rd U.S. Infantry Regiment (The Old Guard) at Fort Myer, Va., thrill the audience with their musical skills during the military ceremony. The musicians of this unit recall the days of the American Revolution as they parade in uniforms patterned after those worn by the musicians of Gen. George Washington's Continental Army.



Photo by Elaine Wilson

Soldiers from the elite U.S. Army Drill Team, from Fort Myer, Va., toss their bayonet-tipped 1903 Springfield rifles into the air during one of their breathtaking routines. When not performing for the president or visiting dignitaries and heads of state, the Drill Team travels extensively, acting as "good-will ambassadors" for the Army and participating in major military and civic functions.



Photo by Olivia Mendoza

El Rey Feo Fernando Reyes shakes hands with Maj. Gen. Keith Huber, commander, U.S. Army South, during the traditional gift exchange at the historic Quadrangle. The gift exchange highlights the cooperation between the Fiesta "royalty" and military community.



Photo by Elaine Wilson

Five-year-old Makenzie Whittaker loses her balance on a bucking mechanical bull, one of the many activities for children at the Fiesta and Fireworks' Country Fair.



Photo by Elaine Wilson

Felicia Martinez tries on firefighting gear with help from Fort Sam Houston firefighter Jason Stumbaugh. Firefighters also opened up a fire truck so children and adults could climb inside and check out the equipment.



Photo by Elaine Wilson

Staff Sgt. Samuel Larregui helps Kenaura Warren don riot-control gear after a demonstration of riot control by U.S. Army South Soldiers. Warren said the gear was "hot, but not as heavy as I thought it would be."

Dancers from the KaZamba Drum and Dance Group perform for a cheering crowd Sunday at the Fort Sam Houston festivities. The group specializes in Brazilian, African and Caribbean-influenced world rhythms.



Photo by Esther Garcia



Photo by Elaine Wilson

Staff Sgt. Roger Nation, an instructor from the operating room technician course, teaches Nathan Cano how to remove an appendix on a surgery mannequin. Instructors from the Army Medical Department Center and School course set up surgery tents at various events throughout the year, like Fiesta, to expose community members to an important role of Soldiers in today's Army.



Photo by Esther Garcia

Dancers from Ballet Folklorico del Cielo size each other up during the "Rooster Dance." Ballet, or Baile, Folklorico, translated as folk dance, is a collective term for traditional Latin American dances that emphasize local folk culture.



Photo by Esther Garcia

David Bradley, from Nashville, Tenn., entertains the crowd with a blend of country and rock. Bradley was one of the many crowd-pleasing musical acts at the Fort Sam Houston Fiesta.

FIESTA from P1

a tent for people to try their hand at surgery.

People seeking a more traditional military flair enjoyed an evening ceremony with Army elite ceremonial units to include the U.S. Army Drill Team, the Old Guard Fife and Drum Corps and the Continental Color Guard. Audience members were also treated to the sight of more than 300 Soldiers from the Army Medical Department Center and School taking part in a "Pass in Review," a traditional ceremony where Soldiers exhibit their military bearing for their leaders.

Music lovers enjoyed a variety of music and entertainment that ranged from Latin and mariachi groups to belly dancers and other dance performances.

Even San Antonio Fiesta "royalty," to include El Rey Feo LX and King Antonio LXXXVI, were on hand to enjoy the celebration. After the military ceremony, they thanked Fort Sam Houston leaders for their hospitality to the community and Fiesta spirit during an awards cere-

mony in the historic Quadrangle.

The day concluded at 9 p.m. with a spectacular fireworks display for thousands of people lying on lawn chairs and blankets on the field.

Fiesta San Antonio is a 10-day celebration with more than 100 events that takes place every April. The festivities honor the memory of the heroes of the Alamo and the Battle of San Jacinto and celebrate San Antonio's rich and diverse cultures.

Fort Sam Houston has been celebrating Fiesta with San Antonio since 1891 as an opportunity to showcase its military traditions and thank the community for its year-round support.

"Through the years, since 1845 when the Army arrived in San Antonio, our Fort Sam Houston community has always enjoyed a warm and prosperous relationship with the San Antonio community," said Installation Commander Maj. Gen. Russell Czerw. "We are fortunate and proud of the many distinct partnerships and friendships fostered through the unique spirit of Fiesta."



Recreation and Leisure

3-D archery shoot

The next 3-D archery shoot will be held Saturday and Sunday. Registration is 8 to 10 a.m. The competitive shoot includes 30 3-D animal targets placed at unknown distances ranging from 10 to 40 yards in woodland settings. Awards are given to the top three in each class. The cost is \$15 per person Saturday and Sunday the cost is \$15 for competitive and \$10 for the non-competitive shoot per person. Minis and cubs shoot free with a paid

adult and a playground is available for younger children. For more information, call the Camp Bullis Outdoor Recreation Center at 295-7577.

Post garage sale

A post garage sale will be held May 3 from 7 a.m. to 1 p.m. in the MacArthur Pavilion parking lot. Participation is free, but sellers must pre-register. A valid Department of Defense ID is required to participate. Participants may bring their own tables or may rent them on-site from the Outdoor Equipment Center. Table rentals will be on a first-come, first-served basis as supplies last. The selling of firearms, animals, arts and crafts, or food and beverage items is not permissible. For more information, visit www.fortsamhoustonmwr.com or call 221-5224 or 221-5225.

Gun hunter education class

A two-day gun hunter education class will be held May 10 and 11 from 8 a.m. to 3 p.m. at the Camp

Bullis Outdoor Recreation Center. The \$15 registration fee is payable on the first day of class. Reservations are required, as space is limited. The class is mandatory for all rifle hunters that wish to hunt on Camp Bullis. Firearms cannot be brought onto Camp Bullis. For more information or to register, call 295-7577 or 295-7529.

Swimming lessons

Morale, Welfare and Recreation will offer Red Cross swimming lessons throughout the summer to youth under age 16. Each eight day session is \$40 per child, which includes the swimming lessons, a class picture, a swim lesson T-shirt and a certificate of completion. Lessons are conducted in two-week sessions held Monday through Friday from 9 to 9:45 a.m. and 10 to 10:45 a.m. The first session begins June 9; the last session begins Aug. 4. Registration begins May 5 from 11 a.m. to 7 p.m. at the Aquatic Center, Building 3300. For more information, call 221-1234 or 221-4887.

Dining and Entertainment

Mothers' Day Brunch

Take mom to brunch at the Sam Houston Club on her special day Mothers Day May 11 from 10 a.m. to 2 p.m. The brunch will feature a chocolate fondue station, complimentary champagne and an international food station. The cost is \$18.95 for non-members, \$15.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and younger eat free. Reservations are encouraged. For reservations or more information, call 224-2721.

Coushatta Casino Resort trip

The Morale, Welfare and Recreation Ticket Office and the Sam Houston Club will sponsor a trip to the Coushatta Casino Resort in Kinder, La. The bus will depart from the Sam Houston Club June 10 at 7 a.m. and return June 11 at 10 p.m. The cost is \$49 per person and includes roundtrip motor coach

transportation, overnight hotel accommodations, continental breakfast at hotel and one \$23 coupon from the casino. Patrons must be at least 21 years old and possess valid photo identification at all times. Make reservations at the ticket office by June 1. For more information, call 226-1663 or 224-2721.

MWR Ticket Office

The MWR Ticket Office is open Tuesdays through Fridays from 10 a.m. to 5 p.m. Discounted tickets are available for local attractions as well as theme parks such as Disney World and Universal Studios. For more information, visit www.fortsamhoustonmwr.com or call 221-1663 or 224-2721.

Harlequin Dinner Theatre

'The Star-Spangled Girl' The Harlequin Dinner Theatre will present the Neil Simon comedy, "The Star-Spangled Girl" through May 10. Tickets are \$28 Wednesdays and Thursdays and \$31 Fridays and

See MWR P17

MWR from P16

Saturdays. The doors open at 6:15 p.m. for salad bar and cocktails, with a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m. Military discounts are available. For more information or to make reservations, call 222-9694.

Army Community Service

Helping Us Grow Securely playgroup

Join the weekly fun and interactive playgroup "H.U.G.S." for parents with children 5 years old and younger Tuesday from 9 to 11 a.m. at Dodd Field Chapel. For more information, call 221-2705.

STEP program

The Systematic Training of Effective Parenting Program will meet today from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. The STEP Program is a four-part series that is designed to help

parents improve communication, encourage cooperative behavior and more. For more information, call 221-2705.

Family Readiness Group

The Army Community Service Mobilization and Deployment Program will offer Family Readiness Group training Wednesday from 1:30 to 3:30 p.m. at Army Community Service, Building 2797. The workshop will address the FRGs mission and role, the structure of operations, highlight how FRG's need to adapt to changing times and what they need to do now. Additionally, the training will define the tasks FRG leaders need to conduct when assuming leadership of the unit's assessment to include planning, set-up and revisions. For more information or to register, call 221-2705.

Negotiating conflict

A class on negotiating conflict will be held May 14 from 1 to 2:30 p.m. at the Red Cross, Building 2650. Learn to recognize how difficult people think, what they fear, and why they

act as they do to help reduce anxiety and stress in difficult relationships. To register, call 221-0349 or e-mail thelma.t.kegley@us.army.com.

Deployment and related parenting challenges

Family members of deployed Soldiers encounter many challenges. Army Community Service will offer help to the military spouses left behind by teaching them ways to maintain a normal routine, provide their children with reassurance, and improve parenting skills during Family separation. The training will be held May 15 from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. To register, call 221-0349 or e-mail thelma.t.kegley@us.army.com.

Sibling Rivalry

Army Community Service is offering a sibling rivalry class May 19 from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650 to help parents learn skills to deal with sibling conflicts and how to encourage good feelings between siblings. To register, call 221-0349 or e-mail at

thelma.t.kegley@us.army.com.

Military Spouse Appreciation Day

The 2008 Military Spouse Appreciation Day will be celebrated May 27 from 2 to 4 p.m. at Army Community Service, Building 2797, in the auditorium. This event is to honor the husbands and wives of service-members for the significant sacrifices they make for freedom's cause and to show them that they are an integral part of the success of the armed forces. Refreshments will be served. For more information, call 221-2705.

Child and Youth Services

Summer Camp registration

Early on-site summer camp registration for School Age Services and Middle School/Teen will be held May 5 to 9 at School Age Services, Building 1705 from 9 a.m. to 1 p.m. and 3 to 6 p.m. Registration for

active-duty parents will be held May 5 to 7. After May 9, registration will take place at Central Registration, Building 2797 from 8 a.m. to 5 p.m. (after 4 p.m. will be by appointment only). Registration will be ongoing until slots are filled. Patrons must be registered with Child and Youth Services. Children with special needs will require a meeting prior to registration. For more information and a list of required documents, call 221-4871 or 221-1723.

Baseball season begins

Fort Sam Houston Youth Sports celebrated Baseball Opening Day April 12. Installation Commander Maj. Gen. Russell Czerw addressed the players, parents and coaches, encouraging them to practice hard, learn the skills of baseball and play fair. He then threw out the opening pitch. The Youth Sports baseball program consists of boys and girls ages 3 to 18. Baseball season will continue until the end of May. For more information, call Central Registration at 221-4871 or 221-1723.

Community

Events

Martial Arts demonstration

The Morale, Welfare and Recreation's S.K.I.E.S. Unlimited Program will present the 2008 Super Seminar Tour 50th Anniversary Edition with a Martial Arts demonstration. A kids' seminar will be held May 3 from 1 to 2:30 p.m. and the adults' seminar from 3 to 6 p.m. at the Fort Sam Houston Youth Center Gym, Building 1630. For more information, call 471-9548.

USO Canteen Dance

The United Services Organization, San Antonio is hosting a USO Canteen Dance May 9 at the Omni San Antonio Hotel. The theme of the dance is the 1940s with music performance by the Sentimental Journey Orchestra. Tickets are \$50 each or a table of 10 is \$500. Ticket cost will include a free swing dance class at the USO, free hotel parking, hors d'oeuvres and cash bar. Attendees are encouraged to wear 1940s period attire or coat and tie. For more information, call 227-9373, ext. 12

or visit www.alamouso.org/events.

Ride for Troops

The Ride for Troops committee will hold its 3rd Annual Charity Ride May 10 from 9 to 11 a.m. The event raises money for Fort Sam Houston's Fisher House. The ride begins at Caliente Harley Davidson and ends at Texas Pride Barbecue, Adkins, Texas. Pre-register by May 1 for \$15. After May 1 the registration fee will be \$20. For more information, e-mail ride4troops@hotmail.com.

Golf tournament

The 6th Annual Logistics Officers Association Golf Tournament, sponsored by Alamo LOA Chapter of San Antonio, will be held May 16 at 8 a.m. at the Golf Club of Texas, 13600 Briggs Ranch Road. The cost is \$50 per person and includes 18 holes, barbecue lunch, GPS cart and prizes. Officers, enlisted and civilians are welcome. Reservations are due by May 1. For more information or to register, call 1st Lt. Adrian Simental at 671-4155 or e-mail Adrian.simental@lackland.af.mil,

blair.brockinton@lackland.af.mil or sarah.mcnair@lackland.af.mil.

Tour de Cure

The American Diabetes Association Tour de Cure 2008 will showcase a one or two day ride from San Antonio to Austin via San Marcos May 17 and 18. Registration begins at 6:30 a.m. at the Pearson (formally Harcourt Assessment). For more information on registration or volunteering, call 829-1765, ext. 6126 or e-mail Erica.Rougeau@diabetes.org.

Pacific Combat Living History Program

The Pacific Combat Living History Program, sponsored by the National Museum of the Pacific War, will be held May 24 and 25 at Fredericksburg, Texas. For more information, call Marvin Schroeder at 830-456-7226.

Freedom Alliance Scholarship Fund

The Freedom Alliance Scholarship Fund is accepting applications for the 2008-2009 academic year. Tuition assistance is available for eligible applicants – dependent sons or daughters of a U.S. Soldier, Sailor, Airman, Marine or guardsman who has been killed or permanently

disabled (100 percent VA disability rating) as a result of an operational mission or training accident, or who is currently classified as a Prisoner of War or Missing in Action. They must also be a high school senior, high school graduate, or registered as a full time undergraduate student and under age 26. For more information about the Freedom Alliance Scholarship Fund or to apply, call 800-475-6620 or visit <http://www.fascholarship.com/>. Application deadline for the 2008-2009 academic year is July 18.

Meetings

Army Family Team Building instructors

Army Family Team Building instructors are invited for dessert Wednesday from 1 to 2 p.m. at Army Community Service to strengthen the instructor corps and rekindle old ties. To make reservations, call Emmy Elliott or Tania O'Hara at 221-2705 or e-mail emmy.elliott@conus.army.mil.

NCO Wives Club

The Fort Sam Houston Noncommissioned Officers' Wives Club invites all spouses to join them the first Tuesday of the month at 10

a.m. at the Sam Houston Club. For more information, call Angie Luna at 333-0821 or 386-8265.

Warrant Officer Association meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will meet May 19 at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road, near Loop 410. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596 or e-mail juan.gomez@us.army.mil or Suzan Farrell at 378-0422 or e-mail suzan.farrell@us.army.mil.

Training

College program for vets with disabilities

Syracuse University leads a new national partnership of four major universities to support veterans with disabilities. The consortium will replicate an innovative SU program that provides post-9/11 veterans disabled in Iraq and Afghanistan no-cost training in entrepreneurship and small business management. Applications for the EBV are now being accepted. There is no application deadline; admission is on a first-come, first-served basis. For more information or to apply, call the Dean's Office in the Whitman School of Management at 315-443-8736, e-mail EBVinfo@syr.edu or visit <http://whitman.syr.edu/ebv>.

See COMMUNITY P19

COMMUNITY from P18

Force tracking system training

The Information Management Training Branch will provide training for all active military services. The Force XXI Battle Command Brigade and Below /Blue Force Tracking System is a digital, battle command information system that provides near-real-time battle command information to tactical combat, combat support, and combat service support leaders and Soldiers. To register for a course, visit the Army Training Requirements and Resources System at <https://www.atrrs.army.mil> and enter course number 5K-F21/012-F46. Courses are available July 28 to 30 and Sept. 22 to 24. For more information, call Marvin Danzy at 221-0640 or e-mail marvin.danzy@amedd.army.mil, or Hartense Green at 221-2216 or e-mail hartense.green@amedd.army.mil.

Army e-Learning Program

The Army e-Learning Program has 30 Rosetta Stone foreign language courses and 2,600 other courses available, to include new course content on Lean Six Sigma. The Army has included the Books 24/7 features that provides a user more than 4,000 business professional titles, over 6,000 titles in IT Pro and nearly 350 in office essentials. All reference books are free to authorized users. For more information, call Julie Gueller at 221-6203.

Volunteer

Seeking host Families

American Field Service USA is seeking Families to host international high school students and teachers from around the world. AFS volunteers support Families and students during their stay. For more information, call Diane Soto at 866-237-8721 or e-mail dsoto@afs.org.

Periodontics patients needed

The Wilford Hall Medical Center

Department of Periodontics at Lackland Air Force Base seeks additional patients with specific needs for treatment in the Periodontics Residency program. Applicants must be a retiree, Family member or active duty military and must have been recently determined by a dentist to require periodontal specialty treatment. Eligible patients must obtain a written consult from their referring dentist. This consult may be faxed to "Attention, Periodontics" at 292-5193, or brought directly to MacKown Dental Clinic during normal business hours. The Department of Periodontics provides treatment of the gums and bone support of teeth and implants. For more information, call 292-4773 or 292-7271 Monday to Friday between 12 and 4 p.m.

Volunteers needed for Red Cross

The American Red Cross seeks volunteers for caremobile drivers, data entry, runners, office and more; hours and days are flexible. For more information, call 221-3355.

Wilford Hall seeks volunteer workers

Wilford Hall Medical Center seeks volunteers for "step saver" cart drivers or administrative duties in the hospital clinics. Volunteers must be 15 years or older. People interested in volunteering can stop by the Volunteer Services Office, Room 1C33. Hours of operation are Monday through Friday from 8:30 to 11:30 a.m. and 12:30 to 3:30 p.m. For more information, call 292-6591.

Pediatric patients needed

The Department of Pediatric Dentistry, 59th Dental Training Group, seeks 6- to 10-year-old patients in need of dental treatment. Patients who are on the United Concordia Dental Plan may qualify. Patients selected must be capable of tolerating traditional in-chair dental treatment without sedation. Interested parents of all eligible active duty or retiree beneficiaries can arrange for a dental screening by contacting Staff Sgt. Dianet Santos at 292-4072 or e-mail dianet.santos@lackland.af.mil.

News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at <http://www.samhouston.army.mil/pao/default.html>. For more information, call 221-0615 or 221-1031.

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: Brown, leather queen-size sofa sleeper, excellent condition, \$650. Call 651-6585 or 275-5380.

For Sale: Three-year-old female dog, part German shepherd, 40 pounds, shots and spayed, needs good home with big yard. Call 566-7496 after 5:30 p.m. or leave message.

For Sale: Handmade rosewood coffee table, \$75; Sony Trinitron, 27-inch TV, \$50; Mitsubishi TV, 31-inch, \$50. Call Julie at 348-9617.

For Sale: Bowflex Motivator 2, includes 210 pounds of power rod resistance, lat pull-down station, leg curl/leg extensions station, sliding seat rail for aerobic rowing, triple-function hand grip/ankle cuff for a variety of exercises, training manual, folds compact size and has transport wheels for easy storage, \$350 obo. Call 462-7338 or 542-4644.

For Sale: 2007 Tacoma SR5 4x4,

silver, fully loaded, chrome running boards, sliding rear window, 6,500 miles, \$26,000. Call 412-1679.

For Sale: Color printer, Cannon Pixma iP4200, \$50. Call 464-1805.

For Sale: Infant car seat with base, like new, very clean, \$40; infant swing, swing moves from side to side and front to back, musical mobile, \$40; mirror with wood frame, 46 inches long by 26 inches wide, \$35. Call 946-4530.

For Sale: 1999 Mitsubishi Eclipse GS, OZ Edition, automatic with OZ F-1 racing wheels, turbo spoiler, power windows and door locks, cruise/tilt, leather, 70K miles, \$6,500. Call 541-5624 or 337-378-4495.

For Sale: 2006 Fun Finder RV, fully contained, V-6, \$13,200 obo. Call Wendy at 854-7871.

For Sale: King-size bedroom set, headboard, footboard, rails, nine-draw-

er dresser with mirror and armoire, \$1,100. Call 822-2837 or 288-6697.

For Sale: Dog kennel, 7 feet long by 7 feet wide by 4 feet high, best offer. Call 360-0672 or 360-0675.

For Sale: Evenflo twin stroller, \$65; Evenflo baby back pack, \$30; Fisher Price baby bouncer, \$15; maternity clothes, size large to 2X, \$2 and up each; computer desk, L-shaped, \$65. Call 633-2247.

For Sale: Bookcase/entertainment center, \$95; Volvo dash mat, \$30; Little Tykes bike trailer, tow behind bike or push, \$80 obo; female boxer, 18 months, \$125; male Boston terrier, 3 years old, \$295. Call 633-3859.

Free: Large tent. Call Margie at 666-1492.

Wanted: Green fatigue, size small; blue Air Force duffel bag. Call 454-2095.