

FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

Catch of the day



Photo by Lance Cheung

Pfc. Matt Birnbach, of the Warrior Transition Battalion at Brooke Army Medical Center, displays the sheephead he caught during a Wounded Warrior's Weekend in Port O'Connor, Texas, May 3. This is "awesome," he said. *See related article, Page 12.*

Inspection shows barracks safe, healthy for Soldiers

By Elaine Wilson
Fort Sam Houston Public Information Office

A recent 100-percent barracks inspection by post leaders revealed a need for minor repairs, but a lack of any major issues that would compromise the safety or health of Soldiers, the garrison commander announced at a press conference Friday.

"Our mission was to identify the barracks facilities that failed to meet the standard for continued occupation and coordinate relocating if needed," said Col. Wendy Martinson, adding that inspection teams looked at 37 buildings and 6,700 barracks spaces. "What I'm pleased to report is that we discovered absolutely no life,

health or safety issues."

The inspection, directed by the Installation Management Command, was an Army-wide effort to ensure the poor conditions discovered in a barracks at Fort Bragg, N.C., last month were not an indicator of a widespread problem. The issues at the Fort Bragg barracks, which were already under renovation, have been corrected.

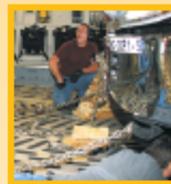
The minor issues at the Fort Sam Houston barracks included light mildew and mold, a broken railing, and some broken bathroom fixtures, such as soap dishes.

"It's disappointing to see a railing broken or broken soap dish, but that happens," said

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NCO WEEK



AMEDD pays tribute to NCOs

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Mental Health Month

Leaders encourage Soldiers to seek help early

By Jerry Harben
U.S. Army Medical Command

The Army is joining in promoting mental health during May, which is celebrated as Mental Health Month under the sponsorship of Mental Health America, formerly known as the National Mental Health Association.

"We can safely say mental health is an issue of great importance, and this is recognized at all levels of command in the Army."

*Col. C. J. Diebold
Chief of Psychiatry at Tripler Army Medical Center in Hawaii*

The theme for 2008 is "Get Connected," emphasizing the valuable support people gain by connections with family,

friends, community and mental-health professionals.

"Years of research have shown that individuals who feel

valued and cared for are better equipped to deal with stress and adversity, and even experience less severe illnesses than those with little social support," said David Shern, president and CEO of Mental Health America.

"The importance of Mental Health Month is to raise public

See **MENTAL HEALTH P6**

VISIT NEWS LEADER ONLINE: WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML

How do I vote by mail?

Complete the Federal Post Card Application (FPCA). See your Unit Voting Assistance Officer for details.

Recommended Mailing Dates for Federal Post Card Application	
From OEF/OIF Locations	07 AUG 08
From Other Overseas Locations	14 AUG 08

What if I still don't have a ballot from my State?

See your Unit Voting Assistance Officer (VAO) to complete a Federal Write-In Ballot!

Recommended Mailing Dates to Complete a Federal Write-In Ballot	
From OEF/OIF Locations	30 SEP 08
From Other Overseas Locations	07 OCT 08

When should I mail my ballot?

Recommended Mailing Dates for State Absentee Ballots and Federal Write-In Ballots	
From OEF/OIF Locations	07 OCT 08
From Other Overseas Locations	14 OCT 08

Questions?
For all your voting questions see your Installation or Unit Voting Assistance Officer!

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Directorate of Morale, Welfare and Recreation – Building 124
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News Briefs

Road closure

Effective immediately Williams Road and Service Road 33, which ends at Binz-Engleman Road, will be closed for the construction of the Medical Enlisted Training Campus dormitories. A portion of Binz-Engleman Road will be closed between Garden and Williams Roads. The closures are in effect until completion of the dormitories in fiscal 2010.

ISR 1 training

A mandatory orientation training for Installation Status Report, Infrastructure points of contact will be held today from 7:30 to 11:30 a.m. in Evans Theater, Building 1396. The training is for activities required to do an ISR and complete ISR 1 evaluations. No reservation is needed, but commanders are asked to e-mail judy.barta@us.army.mil with contact information. Unit representatives may bring additional personnel to support unit infrastructure evaluation. For more information, call Barney 'Judy' Barta at 295-4922 or e-mail Judy.Barta@us.army.mil.

Asian Pacific American Heritage Month

U.S. Army South will sponsor several events in celebration of Asian Pacific American Heritage Month. A volleyball tournament will be held Saturday from 8 a.m. to 5 p.m. in the Jimmy Brought Fitness Center; and an Expo will be held May 24 from 11 a.m. to 5 p.m. in the commissary parking lot. For more information, call Sgt. 1st Class Megan Grant at 295-6800. To request reasonable accommodations for a disability, call 221-0218.

SAEDA, OPSEC training

A Subversion and Espionage Directed Against the U.S. Army and Operations Security training will be held May 15 from 10 a.m. to 12 p.m. in Evans Theater, Building 1396 on Garden Avenue. People must bring their Common Access Card and arrive no later than 9:30 a.m. to sign in. People are required to attend the training once per fiscal year. For more information, call the Garrison Security Office at 221-1906, 221-1859 or 221-9500.

Military prayer breakfast

The 28th Annual Texas Christian Military Prayer Breakfast will be held May 17 at 7:30 a.m. at the Sam Houston Club, Building 1395, Chaffee Road. The speaker will be Lt. Gen. Robert Van Antwerp, commander, U.S. Army Corps of Engineers. The breakfast is open to everyone. Tickets are \$15. For more information or reservations, call 509-4685 or e-mail adorseyl1@satx.rr.com.

See NEWS BRIEFS P4

U.S. Army North deploys for national level exercise

Story and photos by Sgt. Joshua Ford
U.S. Army North Public Affairs Office

U.S. Army North, headquartered at Fort Sam Houston, deployed an operational command post to Seattle Friday to participate in National Level Exercise 2-08.

NLE 2-08 will test two of Army North's primary missions — homeland defense and defense support of civil authorities.

OCP 1 will assist local, state and federal authorities with the coordination of Department of Defense support during a terrorist attack scenario in the Pacific Northwest.

"During this exercise, we have the opportunity to work with different units and organizations. This will provide valuable experience to the commanders on the ground so they can answer questions and make key decisions during real-world events," said Lt. Col. Ted Dasso, U.S. Army North OCP 1 chemical, biological, radiologi-



cal, nuclear and explosive. Airmen and U.S. Army North civilian employees stabilize a sentinel by chaining the vehicle to a C-17 at Kelly USA, Texas, Friday. U.S. Army North deployed Operational Command Post 1 in support of National Level Exercise 2-08.

cal, nuclear and explosive.

NLE 2-08 is using National Planning Scenario 6, one of 15 national planning scenarios, as an outline to test federal, state and local homeland security preparedness measures. Because the scenario deals with a chemical attack with toxic industrial chemicals, DoD CBRNE capabilities are needed.

"When a terrorist event of this type occurs, we need to be able to support the American people by reducing the suffering and mitigating the loss of life," Dasso said. "Because we are working with all of these units now, we can move more smoothly in a real-world event."

The Homeland Security Council has designated the exercise as one of only two

national level exercises for 2008. Although the exercise will primarily focus on DSCA, one of the primary objectives of the exercise is to give federal, state and local authorities the opportunity to work together.

"In real-world incidents, you are going to want information from the local and state officials. So building those relationships during the exercise will be crucial to the future success of Army North," said Staff Sgt. Rene Salazar, corrections specialist with the U.S. Army North provost marshal's office.

Salazar was a part of last year's NLE and said that U.S. Army North has come a long way since then.

"Going from table-top exercises, to command post exercises, to getting actual units on the ground, U.S. Army North has evolved in a huge way. We are showing that we are capable to progress in our efforts through these exercises," Salazar said.

U.S. Army North is the Army's service component command to U.S. Northern Command. During the exercise Army North will command more than 4,000 active duty Soldiers, Sailors, Airmen and Marines.

Warm welcome



Photo by Doug Meyer

Army North Commander Lt. Gen. Thomas Turner welcomes Brig. Gen. Jeffrey Jacobs to U.S. Army North during an assumption of command ceremony April 28 at the Quadrangle here. Jacobs is the new Operational Command Post 2 commander.

News Briefs

from P3

Safety Day

The Army Medical Department Center and School, with support from U.S. Army North, U.S. Army South, U.S. Army Garrison, Brooke Army Medical Center and the 470th Military Intelligence Brigade, will host a Fort Sam Houston Safety Day event May 20 from 12 to 4 p.m. at MacArthur Parade Field. All AMEDDC&S and Fort Sam Houston tenant organizations and their Families are invited to attend. Safety Day is designed for units to promote and emphasize safe operations, vehicle maintenance, summer hazards and safe driving. Vendors will display the latest personal protective and safety equipment and interactive activities.

Free symphony concert

The Tobin Endowment will sponsor the Tobin Endowment Concert presented by the San Antonio Symphony May 25 at 8 p.m. at MacArthur Parade Field at the corner of New Braunfels and Stanley Roads. Activities begin at 6 p.m. with an instrument petting zoo, face painting and food. A fireworks display will follow the concert. The event is free and open to the public. For more information, call 554-1010 or visit www.sasymphony.org.

Memorial Day Ceremony

The Fort Sam Houston National Cemetery will host a Memorial Day Ceremony May 26 at 9 a.m. The ceremony includes a musical prelude by the Army Medical Command Band, choral selections by the Alamo Metro Chorus and a presentation of military and civic leader wreaths. The guest speaker will be U.S. Senator John Cornyn. Cornyn will also present Gold Medals of Remembrance to children of fallen servicemembers. For more information, call 820-3891.

RCI resident assessment survey

Fort Sam Houston Family Housing residents will receive a resident assessment survey via e-mail in the next few weeks. The e-mail will provide a Web link for residents to enter and complete the Army's annual resident assessment survey. This survey is being administered through a third party, Educational Benchmarking, Inc., at the request of Residential Communities Initiative Army Headquarters. The information residents provide will help guide future improvements to housing facilities and services. Responses are confidential. Take the survey and help make a difference. For more information, call Patricia Baker at 221-0891.

BARRACKS from P1

Martinson, who likened the issues to repairs common to any dwelling, such as an apartment building.

During the inspection, some minor repairs were made on the spot and others were corrected soon after. The longer-term fixes that couldn't be taken care of in-house will be contracted out and completed in September.

For the most part, the Directorate of Public Works was able to make quick fixes, such as readjusting a light fixture or covering an exposed electrical outlet. Workers from DPW are a common sight around post and in the barracks since they process about 80 service orders a day.

Martinson said she was pleased by the lack of need for serious repairs, and attributed the findings to an influx of money dedicated to barracks upgrades and renovations.

"In October 2006 we did a massive look," she said. "Over the past 18 months, we've invested a considerable amount of money in our sustainment, restoration and modernization of our Fort Sam Houston barracks."

In total, the installation has dedicated nearly \$47 million to barracks renovations and upgrades in less than two years.

Of that amount, the garrison has spent more than \$18 million to renovate Building 2791, a project that falls under the Trainee Barracks Upgrade Program. When completed, Soldiers will relocate there from Building 2264, a barracks building that dates back to 1930 and is known to be the most "challenging" of the residences, Martinson said.

More than \$7 million is programmed for Army Medical Action Plan-related improvements, which involve installing



Pictured is Benner Barracks, one of the newer barracks buildings on Fort Sam Houston. Construction was completed in 2001. The barracks inspection turned up only a need for minor repairs to include signs of light mildew and mold and inoperable smoke detectors. The repairs were either completed on the spot or within the week.



Photos by Elaine Wilson

Garrison Commander Col. Wendy Martinson explains some of the minor problems found in a trainee barracks building to Associated Press reporter Jim Vertuno during a tour of the barracks buildings on post. Vertuno was one of several reporters who attended a press conference given by Martinson to release the findings of a 100-percent barracks inspection conducted by post leaders.

elevators and anti-scalding devices in barracks dedicated to Warriors in Transition, as well as converting rooms to meet American Disabilities Act standards.

Additionally, \$7 million is dedicated to renovating Building 1350; more than \$6 million is earmarked for the Trainee Barracks Improvement Program, which includes carpet, window, and door replacements in various barracks throughout post; and more than \$1 million to replacing the roof and repairing the interior of Building 2791.

Along with current projects, Martinson outlined the way ahead for the post.

Over the next two years, three dorms and one enlisted barracks will be constructed as part of the Medical Enlisted Training Campus project, part of the Base Realignment and Closure initiative. The new facilities will cost more than \$262 million. Under the "Grow the Force" program, more than \$102 million will be spent on a new 87-person enlisted barracks and a 1,200-person trainee barracks complex.

A barracks custom-designed for Warriors in



Photo by Esther Garcia

Building 2791 on Harney Road is currently undergoing a more than \$18 million renovation. Once completed, Soldiers living in Building 2264, a building that dates back to 1930, will relocate to Building 2791.

Transition, a project planned to start next year, will cost more than \$57 million and, further down the road, Military Construction projects to replace barracks will cost about \$180 million. Also, renovation of several barracks buildings through the Trainee Barracks Upgrade Program will cost \$52 million.

Finally, the privatization of Army lodging will cost \$76 million. The project involves having a private entity run lodging; in Fort Sam Houston's case, Staybridge Suites. The company is slated to start building a 700-room facility in 2009.

In total, the post will be investing more than \$777 million in barracks improvements, which, in turn, translates to a better quality of life for Soldiers.

The money is well spent, Martinson said. "Soldiers deserve accommodations that are commensurate with their service to our country."



Photo by Nancy Johnson

Generous donation

Greg Oveland (center, back), president, Eisenhower Bank, and Dave Weber (second from right), Armed Forces Financial Network, presents a \$25,000 check to Steve Huffman (third from left), president of Huffman Developments and the Returning Heroes Home Board of Directors, Monday to support construction of the new Warrior and Family Support Center. "Our pleasure to support ... least we can do for everything given," Weber said. Warriors in Transition (from left) Spc. Lee Birch, Spc. Charles Dominguez, Pfc. Brian Eutsler and Spc. Geronimo Salinas and Warrior and Family Support Center Director Judith Markelz (center) met with Weber to discuss the mission of the Warrior and Family Support Center.

Thank you ride

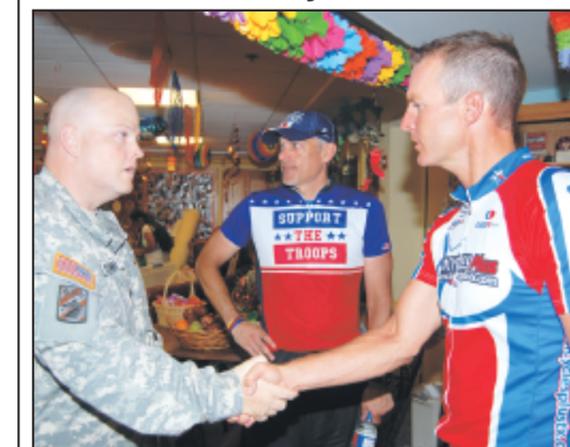


Photo by Esther Garcia

Spcc. Kendall Redmon visits Lt. Brian Harpole, Northlake Police Department, and Jeff Garner, North Richmond Hills Police Department, at the Warrior and Family Support Center May 1. Harpole, Garner and Keith Lane (not pictured), from the Keller Police Department, left Fort Worth on April 27 and traveled by bicycle 80 miles per day to deliver over 700 thank you letters to injured warriors at the Warrior and Family Support Center. The letters were written by elementary, junior and high school students from the Fort Worth area. "This is just to say thank you, nothing more," said Harpole, who is an avid bicyclist.

MENTAL HEALTH from P1

awareness of mental health being a significant medical issue in this country," said Col. C. J. Diebold. "It should be used as a springboard to raise continuous awareness. Mental illness is a medical disease for which effective treatments are available." Diebold is chief of psychiatry at Tripler Army Medical Center in Hawaii, and has been designated as the Army surgeon general's expert consultant for psychiatry.

Last year Army leaders took the unusual step of ordering a chain-teaching program throughout the Army. Some 900,000 Soldiers of all ranks were taught how to recognize and respond to symptoms of traumatic brain injuries and post-traumatic

stress disorder. Of special importance was command emphasis to counter a perception that Soldiers who seek mental health services are weak or malingerers.

"We're all worried about it. We've got to get rid of the stigma and that's what this education program is supposed to do," Army Vice Chief of Staff Gen. Richard Cody said at a press conference announcing the chain teaching program.

All leaders have been encouraged to get out the message that getting help early is the best way to avoid long-term problems.

"We can safely say mental health is an issue of great importance, and this is recognized at all levels of command in the Army," said Diebold. "It is an issue directly related to our operational tempo. The

All deploying Soldiers receive "Battlemind" training to help them prepare for the stresses they face in combat, and another round of training to help them adjust to returning home.

Army has addressed this in multiple ways. Mental health resources have been increased at all installations, in addition to resources such as Military OneSource. Mental health support is provided throughout the deployment cycle.

Soldiers are screened and provided care as needed before, during and after deployment. Families are taken care of, too."

The Army surgeon general demonstrated the importance of mental health support by establishing the Proponency Office for Behavioral Health, a cell of experts to coordinate programs and resources.

"We seek to bring together all the diverse behavioral health policies and programs along with manpower resources. We are at the forefront of behavioral health practices today and far into the future," said Col. Elspeth Ritchie, the office's director.

Soldiers and Families can get professional help through

"Years of research have shown that individuals who feel valued and cared for are better equipped to deal with stress and adversity, and even experience less severe illnesses than those with little social support."

*David Shern
President and CEO of Mental Health America*

installation mental health clinics, and through primary care clinics using the new RESPECT-MIL program. Combat-stress control teams are deployed to bring front-line assistance to Soldiers in Iraq and Afghanistan. Chaplains, social workers and installation drug abuse or Family violence programs also can help deal with aspects of mental health issues.

All deploying Soldiers receive "Battlemind" training to help them prepare for the stresses they face in combat, and another round of training to help them adjust to returning home. There is Battlemind training for families, too, to help them deal with the special stress of having a spouse or parent deployed.

Military OneSource is a 24-

hour, toll-free telephone hotline to connect military servicemembers with a variety of support services. By calling 1-800-342-9647, Soldiers or Family members can arrange civilian mental health counseling without charge.

A wealth of information for Soldiers and Families is available at www.behavioral-health.army.mil on the World Wide Web.

Concern for Soldiers who need mental health support does not stop even after they leave the service.

"The Department of Defense is working closely with the Department of Veterans Affairs to ensure Soldiers making the transition to civilians continue to get high quality mental health care," Diebold said.



Photo by Ed Dixon

Maj. Gen. Russell Czerw (left), commanding officer, Army Medical Department Center and School and Fort Sam Houston, and Col. Arthur Scott, chief of staff, U.S. Army Dental Command, talk with Maxine Cohen, director, Holocaust Memorial of San Antonio, and guest speaker, at this year's observance of Holocaust Remembrance Day at Army Community Service center Friday.

Fort Sam Houston observes Holocaust Remembrance Day

By Minnie Jones

Fort Sam Houston Public Information Office

In 1938 on the night of Nov. 9, violence against Jews broke out across Germany. Many believe that it was set-off by the German's anger over the assassination of a German official, Ernst vom Rath, in Paris by a Jewish teenager, Herschel Grynszpan (Greenspan).

However, others believed that this event was a well-thought-out plan, orchestrated by the German propaganda minister, Dr. Paul Joseph Goebbels, to instigate a mass riot against the Jews.

This night became known as "Kristallnacht," the "Night of Broken Glass," because of the shattered glass from store windows that littered the streets that night.

On that night, close to 100 Jews were killed and hundreds more left injured. More than 1,000 synagogues were burned, with almost 7,500 Jewish businesses destroyed. The morning after Kristallnacht, 30,000 German Jewish men were arrested and sent to concentration camps, where many of

them perished.

This fateful night is the night that guest speaker, Maxine Cohen, director, Holocaust Memorial of San Antonio, chose to talk about when she addressed Fort Sam Houston on Holocaust Remembrance Day Friday at the Army Community Service center.

Col. Larry Hanson, commander, U.S. Army Dental Command, welcomed the audience and said that Fort Fort Sam Houston observes many celebrations of ethnic pride and accomplishments. He named some of the events that Sam Houston sponsors throughout the year, noting that this event is different.

"The Holocaust, a Day of Remembrance, is different," said Hanson "We are here today to remember a very dark time in the history of the world. We are here today to make sure that we do not allow the world to forget and repeat those mistakes."

"Kristallnacht ... stands out as a real turning point in the 12-year Nazi assault, for it marked the end of the initial

See HOLOCAUST P9

'Leadership, diversity, harmony, gateway to success'

Asian Pacific American Heritage Month kicks off with ceremony

Story and photos by Cheryl Harrison
Fort Sam Houston Public Information Office

Asian Pacific American Heritage Month is celebrated in May to commemorate the contributions of people of Asian and Pacific Islander descent in the United States. Congress passed

a joint Congressional Resolution in 1978 to commemorate Asian American Heritage Week during the first week of May.

This date was chosen because two important anniversaries occurred during this time: the arrival of the first Japanese immigrants in America on May 7, 1843, and the completion of the transcontinental railroad (by many Chinese laborers) May 10, 1869. Congress voted to expand it from a week-long to a month-long celebration in May 1990.

As part of the annual tradition Fort Sam Houston publicly observed the achievements of Asian Pacific Americans in a ceremony held Tuesday at Army Community Service, with performances, a fashion show and food samplings. The theme for this year's celebration is "leadership, diversity, harmony, gateway to success."

Command Sgt. Maj. George Range III, 470th Military Intelligence Brigade, introducing the guest speaker, said "This is

the high point of my career in introducing this man. He is a hero in every sense of the word. Command Sgt. Maj. Luniasolua Savusa, which means June 2, the day he was born."

Keynote speaker for the ceremony, Savusa, from U.S. Army Europe and 7th Army, said, "I am a native of American Samoa and I am a Soldier."

Savusa began his military career more than 30 years ago on June 17, 1975. An infantryman, he spent the majority of his career in infantry, ranger, air assault and airborne assignments prior to assuming duties as the USAREUR command sergeant major.

Following a brief history of the Asian Pacific people and their immigration into our country, land of America dreams, Savusa said, "Life at times for these people was a nightmare rather than the American dream, but due to persistence and diligence they built the railroad, built businesses and grew to be major sectors of our society."

Asian Pacific American Heritage Month will continue throughout May with other events. A volleyball tourna-



Sgt. 1st First Class Cornelius Smith (kneeling) and Sgt. 1st Class Raquel Dantzer wear traditional Hawaiian outfits worn by young women in a dance called the hula.

ment will be held Saturday from 8 a.m. to 5 p.m. at the Jimmy Brought Fitness Center. The celebration will culminate with an Expo to be held May 24 from 11 a.m. to 5 p.m. at the Fort Sam Houston Commissary parking lot.



Brig. Gen. Manuel Ortiz, U.S. Army South, presents guest speaker (left) Command Sgt. Maj. Luniasolua Savusa, U.S. Army Europe and 7th Army, a gift of the Army Medic statue at the Asian Pacific American Heritage Month ceremony held Tuesday at Army Community Service.

HOLOCAUST from P7

stage of the persecution in which Jews lost their citizenship, their rights and their jobs; and the beginning of a far more menacing and deadly era," said Cohen.

During her address, Cohen recounted the events in Germany's history that led up to that somber night, on Nov. 9 in 1938, the beginning of the Holocaust and the largest revival of anti-Semitism in the world. She outlined accounts beginning with Adolph Hitler's rise to power in 1934 up through the Night of Broken Glass.

Cohen noted that Hitler "defined Jews not by their religion but by their race." Hitler used anti-Semitism as

his platform, using the ideology that Germany was threatened by a gradual collapse through the Jewish race. Hitler, a master of propaganda and persuasion, spoke to scores of mass audiences, calling for the German people to resist the Jews and to create a new empire, which would eventually rule the world. This movement was the inception of the Holocaust.

What Cohen attempts to relay to people during her lectures is a message – she wants people to remember. "In remembering the horror, we try to look for the things that might make us more aware or to sensitize us to people all over, so that when we look into the face of strangers, we may see our-

selves," said Cohen.

As the director of the Holocaust Memorial of San Antonio, Cohen administers and provides educational services to public and private schools in regards to the memorial. She also trains guest lecturers, teaches classes and lectures to various audiences.

It has been 70 years since the Holocaust, a tragic time in world history that should not be forgotten. In 1980, the U.S. Congress established the Days of Remembrance as our nation's annual commemoration of the Holocaust, a week set aside for remembering the victims of the Holocaust. The 2008 Days of Remembrance was April 27 through May 4, and Yom Hashoah (Holocaust Remembrance Day) was May 2.

Days of Remembrance trivia contest

1. What is this year's Department of Defense theme for the Days of Remembrance commemoration?

2. Name three members of President Carter's Commission on the Holocaust.

3. Who designed and built the Holocaust Memorial Museum?

4. Who was the guest speaker for Fort Sam Houston's Days of Remembrance Commemoration 2008?

5. Which Auschwitz survivor made the following quote, "My number is 174517; we have been baptized; we will carry the tattoo on our left arm until we die."

People should e-mail trivia contest answers to Rosalba.d.chambers@amedd.army.mil no later than Monday. The first person to submit the correct answers will win a gift card and the winner's name will be published along with the answers in the next edition of the News Leader. For more information, call Sgt. 1st Class Rosalba Chambers at 221-4240.

Here are the answers for the Days of Remembrance trivia contest published in the April 24 issue of the News Leader.

1. What is a yizkor book? Memorial books that chronicle the lives of Jewish communities destroyed during the Holocaust.

2. When did the U.S. Congress enact Public Law 96-388, establishing the U.S. Holocaust Memorial Council? Oct. 7, 1980.

3. Which president of the United States stated the following quote Dec. 11, 1941, "Never before has there been a greater challenge to life, liberty and civilization."? President Roosevelt.

4. What is the origin of the word "Holocaust?" Greek origin meaning "Sacrifice of Fire."

5. Who said, "Thou shall not be a perpetrator; thou shall not be a victim; and thou shall never be a bystander."? Yehuda Bauer, a historian.

The winner of the Remembrance trivia contest published in the April 24 issue of the News Leader was Sarah Swanson, from Army Medical Department Center and School.

Taking care of Soldiers, Families

Defense Commissary Agency takes benefits to Guard, Reserve

Story and photo by Margaret McKenzie
Family and Morale, Welfare and
Recreation Command Public Affairs

WASHINGTON — The Defense Commissary Agency is taking the commissary benefit to National Guard and Reserve members and their Families living in remote areas.

"The 2004 National Defense Authorization Act authorized full commissary benefits for members of the Ready Reserve," said Richard Page, acting director of DeCA. "Through our new "Bringing the Benefit to You" campaign, we are reaching out to our Guard and Reserve members who have earned the commissary benefit, but who cannot easily travel to a local commissary to shop on a regular basis."

"Bringing the Benefit to You" involves conducting on-site sales out of warehouses, aircraft hangars, armories,

tents in parking lots, and even the back ends of semi-trailers at remote locations where Soldiers and Families do not have access to a commissary.

This is part of the Army's reinforced commitment of support to military members and their Families through the Army Family Covenant. A core military Family support element and a valued part of military pay and benefits, commissaries contribute to Family readiness and enhance the quality of life for America's military and their Families.

"While the focus is on Guard and Reserve, the on-site sales are a boon to all authorized shoppers living near them," Page said. "The Guard and Reserve members have earned this benefit and we want to make sure that we are delivering the benefit to them."

More than 55 percent of the National Guard and Reserves members do not live

in what is considered the immediate area of a commissary.

"This is just part of a larger picture," Page continued. "Back in the fall when I became the acting director of DeCA, I had several priorities, one of which was to make sure that we were doing our very best for the Guard and Reserve members not located near a commissary."

Page said DeCA is exploring ways to increase the frequency of the on-site sales and locations by looking at the demographic areas that are largely populated with the Guard and Reserve members.

"It depends on the size and the demographics of the area," Page said. "Fort



Guard and Reserve members and their Families shop at the on-site case-lot sale at the North Carolina Air National Guard base of the 145th Airlift Wing April 3 through 6 in Charlotte, N.C.

Jackson is the closest commissary in the Charlotte area. There is a large population of military members in this area who do not have access to a commissary, so I will estimate doing this quarterly and try to tie it in with the drill training weekends so that it will be

beneficial for the Soldiers and we can get maximum exposure."

Military members from all branches of the service including retirees flocked to the 145th Air National Guard Wing hangar in Charlotte, N.C., in April for a case-lot sale, the first of its kind in this area.

DeCA's dietitian, Maj. Karen Fauber, was also on hand with information about the agency's newest health and wellness initiatives. "We partner with Tricare on this initiative," Fauber said.

"I love this case-lot sale,"

See COMMISSARY P15

Community rallies around wounded warriors

Fishing expedition offers respite from recovery

By **Connie Dickey**
5th Recruiting Brigade

PORT O'CONNOR, TEXAS — Hundreds of supporters from Port O'Connor and the surrounding communities lined the boat dock Saturday to cheer more than 200 wounded warriors brought down for a day of fishing.

The communities wanted wounded warriors, their Families and caretakers to have a

respite from their routine of hospital and rehabilitation care, and came up with the idea of the Wounded Warrior's Weekend.

More than 150 wounded warriors from the Warrior Transition Battalion at Brooke Army Medical Center and their Families were transported to Port O'Connor by chartered bus. Along with them, wounded warriors from Fort Hood, Texas; Fort Bragg, N.C.; and Walter Reed Army Medical Center, Washington, D.C., were also brought in to enjoy the day in the Gulf waters.

Fishermen from the local area volunteered their skills and brought in more than 130 volunteer fishing boats and crews to take the warriors and Families out into the Gulf of Mexico waters for fishing. The day's catches were officially weighed and cleaned in preparation for the evening award ceremony.¹⁴

The warriors and Family members were treated to breakfast, lunch, fishing, and a night of barbecue, live band entertainment and awards. Trophies were presented to those with the largest fish, the most fish and the best hard luck story. Those receiving a trophy were also awarded a new fishing rod and reel.

The community volunteers filled a meadow with more than 4,000 flags to pay tribute to all of the fallen heroes to date during the Iraq and Afghanistan operations.

The volunteers placed American flags along the main street into Port O'Connor and waved flags when the heroes departed the buses.



Photos by Cheri Avigne

Pfc. Nathan Holmgard, from D Company, Warrior Transition Unit, Fort Hood, Texas, gives a thumbs up as his boat departs the dock in Port O'Connor, Texas. This was Holmgard's first time saltwater fishing and he caught eight fish, including a stingray.



Enjoying a day of fishing are (from left) retired Sgt. Maj. Benito Guerrero, a local San Antonio veteran leader; Command Sgt. Maj. Thomas Capel, 82nd Airborne Division sergeant major; Ashley Myhre, Miss San Antonio Teen USA; Sgt. Jose Lopez, C Company, Warrior Transition Battalion, Brooke Army Medical Center; Command Sgt. Maj. Mike Williams, XVIII Airborne Corps sergeant major; Staff Sgt. Kevin Scharmen, 82nd Airborne Division liaison at BAMC; and Lt. Col. Rene Brown, San Antonio Recruiting Battalion commander.



Sgt. 1st Class Anthony Parnell, of B Company, Warrior Transition Battalion, Brooke Army Medical Center, holds up one of his catches of the day, a red drum, as he waits to have his fish weighed.

'It tastes like chicken'

Camp Bullis wild game dinner a tasty success

Story and photo by **Cheryl Harrison**
Fort Sam Houston Public Information Office

When it comes to a tasty sampling of the unusual, Camp Bullis was the spot to be Sunday afternoon for the 23rd annual Wild Game Dinner. Savory aromas led mouth-watering palates to a beautiful tree-covered picnic area inside the fence at Camp Bullis for a feast fit for a king.

Mouthwatering treats were fed to about 100 hungry individuals in the form of wild boar, turkey, venison and catfish, all prepared by volunteers garbed in the finest "treebark" has to offer. The wild game chefs began cooking for the annual feast as early as 7 a.m. Barbecue pits were heated and smokers were smoking to give the hungry hunters a meal they could only describe as "wildly delicious."

Andy Keith, manager of the Outdoor Recreation Area at Camp Bullis, said, "All the food is donated by the hunters and it is all game from here. Each year when a hunter purchases a hunting permit it includes the annual meal. This is our 23rd annual wild game dinner."

Jim Scogin, retired Air Force major and avid hunter, said between bites of wild boar, "This is excellent."

There wasn't any chicken served and the only item resembling a Colonel Sander's menu item was wild turkey, which was moist and delicious according to Elaine Pfeiffer and Marc Derosier, who were guests of some of the hunters who frequent Camp Bullis for that annual attempt at a trophy buck.

Following the unusual yet delectable dinner fare, awards were presented to the winners of a children's fishing derby held earlier in the day. Children ranging in age from 5 to 13 and up spent the morning casting and catching channel catfish in a stocked pond located on Camp Bullis.

Winners of the most to the biggest fish received trophies and high-fives as well as a lot of applause from the fellow outdoorsmen and anglers gathered for the day's event. The winners in the 1 to 6-year-old group included Jacob Harmon, winning trophies for the most and the biggest fish; second place went to Layton Lopez for the most. In the 6 to 12-year-old group, first place for the most fish was Sara

Morgan, second place was Kintlyn Tholen and Logan Mann won for the biggest fish. Thirteen-year-old Stasha Foushee won in her age group of 13 plus years for the biggest fish caught. For the overall award 5-year old Jacob Harmon received a third trophy for the day's work.

Jacob's dad, Air Force Senior Master Sgt. Marshall Harmon, said, "I guess I need to build him a shelf for all of these trophies."

Jacob agreed and when asked if he enjoyed the wild game dinner, said, "Yes, I ate pig, fish and turkey with catsup."

All-in-all the day's meal and camaraderie was enjoyed by all in attendance.

Hunting at Camp Bullis is open to all Department of Defense ID card holders, with a Texas state hunting license and a required Camp Bullis hunting permit. Outdoorsmen and women who hunt the 22,000 acres for game will find that the facility includes 125 rifle-hunting stands, 17 turkey-hunting blinds, 20 archery-hunting areas and 15 dove-hunting areas as well as a recreation vehicle storage lot and a hunting lodge.

For more information about hunt-



Five-year-old Jacob Harmon proudly displays his trophy and his muscles Sunday, having won three awards for his fishing expertise in the children's fishing contest at the catfish pond on Camp Bullis. Jacob won in his age category for the most and biggest fish caught as well as the overall winner for the day's event.

ing on Camp Bullis, call the Camp Bullis Recreation Area at 295-7577 or 295-7529 Monday and Friday from 8 a.m. to 4 p.m. and Saturday and Sunday from 7 a.m. to 5 p.m.

Army North employee wins power-lifting competition

Sgt. Joshua Ford
Army North Public Affairs Office

Ennis White could very well be the only man who carries the job title of U.S. Army North spectrum manager and looks like a linebacker for the Dallas Cowboys. Standing at 5 feet 8 inches and weighing in at 242 pounds, White is a communications guy by trade and an amateur power-lifter in his off-time.

Recently White won the 2008 Military National Power-Lifting Competition, held in Pensacola, Fla., in the 220.5 to 242 weight category. He didn't win by just a little either. He whooped the competition by lifting 250 pounds more than his competitors in different events.

White, age 43, has always

been active, referring to himself on a couple of occasions as a "gym rat." He decided to start lifting while serving in the Air Force, where he retired as a master sergeant after 24 years of service.

He remembers a good friend walking up to him one day at the gym and saying "why don't you compete?"

After that he started training and then entered his first power-lifting competition in March 1995. He came in second overall and first in bench press.

"After that first one I was hooked," White said.

"Ennis' drive is stronger today than it was 13 years ago," said Tyrone Wilson, also a retired Air Force master sergeant and long-time friend of White. "He is very dedicat-

ed when it comes to training."

Since White's first competition, he has competed in more than 50 power-lifting competitions around the world. There was one competition that White, a Buffalo, N.Y. native, said has defined his career as a power-lifter.

It was 2001 and White was in England competing in the United States Air Force in Europe championships. White was the only male to make the power-lifting meet from his team.

"It was the first time I had to prepare myself for a meet without the support of my teammates or Family," said White.

He was in the lead of the 220-pound weight class when he missed his first attempt at a dead lift of 622 pounds. His opponent later pulled a 660

pound lift. White's lead was falling away until he dead lifted 666.5 pounds. His opponent had to lift 700 pounds to win, but fell short.

"He made a valiant effort, but the bar stopped at his knees. I knew then that I had the mental toughness to make it in the sport," White said.

"Power-lifting is 70 percent mental and 30 percent physical," White said. "You have to be mentally tough to lift the weights while maintaining your composure in front of big crowds."

White doesn't have a strict diet to stay fit. "I like all food, but I try not to overdo it," he said. There is one key to staying fit, he said, and that is staying away from alcohol.

"I try to stay away from alcohol because it just makes you weaker, White said. If you work out for two hours and then have a couple of drinks afterward, you totally destroy everything you accomplished during your workout. Alcohol reduces your strength, hinders muscle growth and decreases your recovery ability to name a few," White said.



Courtesy photo

Ennis White recently won the 2008 Military National Power-Lifting Competition in the 220.5 to 242 weight category.

White is married to Regina White, who is also a retired Air Force master sergeant. They have two daughters, Shanice, 14, and BreAnne, 12. White said he couldn't have accomplished what he has accomplished if it weren't for their support.

"I am always happy to know that my Family will be there for me," White said. "It helps a lot to know that your Family supports you in something you enjoy doing."

White said he couldn't have accomplished what he has accomplished if it weren't for their support.

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in two-week sessions held Monday through Friday from 9 to 9:45 a.m. and 10 to 10:45 a.m. The first session begins June 9; the last session begins Aug. 4. Register weekdays from 11 a.m. to 7 p.m. at the Aquatic Center, Building 3300. For more information, call 221-1234 or 221-4887.

Basketball camp

Final applications are being evaluated for the Ten-Star All-Star Basketball Camp. Boys and girls ages 10 to 19 are eligible to apply. College basketball scholarships are possible for players selected to the all-American team. There is also summer camp available for boys and girls ages 6 to 18 of all skill levels. For more information, call 704-373-0873 or visit www.tenstarcamp.com.



Asian Pacific American Heritage Month volleyball

In honor of Asian Pacific American Heritage Month a volleyball tournament will be held Saturday from 8 a.m. to 5 p.m. for all interested military, Family members and civilian teams. For more information, e-mail Tray Stephens at tstephens9@satx.rr.com.

Swimming lessons

Morale, Welfare and Recreation will offer Red Cross swimming lessons throughout the summer to youth under age 16. Each eight-day session is \$40 per child, which includes the swimming lessons, a class picture, a swim lesson T-shirt and a certificate of completion. Lessons are conducted



Photo by Esther Garcia

Members of the Noncommissioned Officer Academy perform the Retreat ceremony at the Fort Sam Houston flagpole April 28.

The Retreat Ceremony

Retreat is a daily ceremony held at all Army installations as the national flag is lowered at the end of the workday.

The ceremonies of Retreat in the afternoon, coupled with Reveille in the morning, constitute a dignified homage to the national flag from its raising to its lowering. The bugle call "Retreat" is sounded just before the actual lowering of the flag. At the last note of this call, the cannon is fired.

Then, if a band is present, the national anthem will be rendered. In the absence of a band, the bugle call "To the Colors" is substituted. As the anthem, or "To the Colors" is sounded, the flag is lowered. The lowering of the flag will be regulated so as to be completed with the last note of music.

All military personnel within sight or sound of the ceremony will come to attention and render the appropriate salute, facing the flag. Civilians will place their right hand over their heart. Vehicle traffic will come to a halt, and the driver or individual in charge of the vehicle will dismount, face the flag and render honors.

The Retreat ceremony is known to have been in use in the American Army since the Revolutionary War. At that time it was sounded by drums – the normal musical instrument found in the infantry units of that period. The history of the evening gun is much older. Initially it was not connected with a flag lowering.

(Source: Fort Detrick Standard)

Did you know?

Did you know that for 38 years, the Army had no rank of sergeant major?

Before 1920, the Army had 49 different enlisted "grades of rank" organized into an order of precedence with 11 categories and subcategories. In the highest category there were 13 different ranks, including two of the five types of sergeant major.

In 1920, the Army simplified this down to seven pay grades representing eight ranks. Along with the new, simple rank system, the Army developed simple rank titles. In the highest categories of the old system, there were many more sergeants with "master" in their titles than sergeants with "major" in theirs. Apparently, a "master" sergeant was more prestigious sounding than a "major" sergeant, so the new highest rank in the Army became the master sergeant.

In 1958, the government authorized two more pay grades for all services. The Army brought back the sergeant major as its highest rank and moved the master sergeant to second place. So, for all of World War II and the Korean War, sergeants major did not exist in the Army — officially.

Unofficially, Soldiers remembered the title and used it for the most senior sergeant in a large unit. So, although Jimmy Brought (for whom the fitness center here is named) was officially a master sergeant, he was known as the sergeant major of the 12th Field Artillery.

The Air Force, organized in 1947 and having no tradition of the sergeant major in its service, named its new highest-ranking enlisted Airman the senior master sergeant.

COMMISSARY from P10

said Clinton Douglas, a former Marine. "My wife and I were here three days ago and we are back here again today. We can get everything here that we could get at Sam's, only here we can get it at a cheaper rate and no sales tax and everybody treats you nice and

that's one thing I love about it."

Tech Sgt. Marvin Williams was equally excited about the case-lot sale. "I have lived in Rock Hill, S.C. since 1990. The closest commissary is about an hour and a half from me. Most people in this area have to travel an hour and a half to two hours to get to Fort Jackson to shop. It is a good opportunity

for me and I look forward to hopefully having more opportunities like this one."

"I am really excited about this," said Phillip Sakowitz Jr., executive director of the U.S. Army Installation Management Command and the new director for DeCA. "It is all associated with helping Soldiers and Families."

Post Pulse

What quality sets an NCO apart?



"NCOs have to be able to relate to Soldiers. If you can't relate, how can you lead?"

Staff Sgt. Orm Jenkins
U.S. Army North

"A good NCO knows how to lead and train Soldiers."

Staff Sgt. Latasha Kinnes
Student, Basic Noncommissioned Officer Course



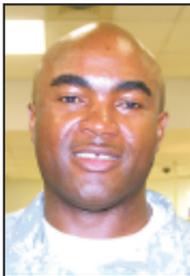
"A good NCO takes care of Soldiers. That, in turn, accomplishes missions."

Command Sgt. Maj. Gilbert Canuela
U.S. Army North



"NCOs take care of Soldiers. We make sure they know where to go to get the right information."

Staff Sgt. Jean-Marc Kitenge



AMEDDD pays tribute to NCOs

Story and photos by Esther Garcia
Fort Sam Houston Public Affairs Office



Army Medical Department Center and School Command Sgt. Maj. Howard Riles (left), Spc. Eric De Los Santos, Training Support Company, 32nd Medical Brigade, and Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and AMEDDC&S, cut the cake at the NCO Dining In celebrating NCO Week.

It has been said that the noncommissioned officer is the backbone of the Army. Not only do they take care of their Soldiers but offer experience and guidance to newly commissioned officers in the day-to-day functioning of a unit.

During NCO Week several events were scheduled to recognize the achievements and hard work of the Army Medical Department Center and School NCOs.

NCO Week kicked off with a retreat ceremony April 28 at the post flagpole. Workshops were held during the week for NCOs to help them encourage and mentor their Soldiers. An Esprit de

Corp NCO run at MacArthur Field and an NCO Dining In at the Sam Houston Club held May 2 concluded NCO Week.

Speaking to more than 500 AMEDDD NCOs assigned to the 32nd Medical Brigade, 187th, 264th and 187th Medical Battalions and the NCO Academy who gathered at the Retreat ceremony, AMEDDC&S Command Sgt. Maj. Howard Riles, who came up with the idea for NCO Week, said, "Walk with your head held high. As an NCO, take the good, take the bad, just keep going. For this week I want all NCOs to look at each other, pat each other on the back and make it a positive week. This is about us, to give us pride, make us proud, and recognize the hard work that we do."

Command Sgt. Maj. Stephen Paskos, commandant, Noncommissioned Officer

Academy, said, "It is a tribute to the AMEDDD NCO, past, present and future, recognizing the accomplishments and achievements of the AMEDDD NCO."

NCO Week concluded with a successful Dining In at the Sam Houston Club with more than 500 NCOs in attendance. Maj. Gen. Russell Czerw, commanding general, Fort Sam Houston and AMEDDC&S, guest speaker, said, "With acceptance into the Army's ranks, you now have a proud heritage, you have a past, a pedigree, one that as comrades we share. You are the standard bearers, enforcers of the code, you are the ones who push the troops to get the job done. I know you will continue to work hard, accomplish the mission, live up to the standards, traditions and expectations of your units."



U.S. Army South Command Sgt. Maj. Armando Ramirez, guest speaker at one of two workshops held during NCO Week for AMEDDD NCOs, talks about the responsibilities and roles of an NCO and his experiences as a senior NCO.



(Above) 1st Sgt. Richard Watson, first sergeant, Basic NCO Course, eats pizza at the Dining In during one of many skits performed by NCOs.



(Left) Sgt. 1st Class Chiquita Auces, Sgt. 1st Class Veronica Newton and Staff Sgt. Paul Snyder, from the NCO Academy light the candle during the Fallen Comrade Ceremony during the NCO Dining In at the Sam Houston Club. The table, in a place of honor, set for one, is a way to remember those that are missing and for their ultimate sacrifice and devotion to a grateful nation.

THE NCO CREED

No one is more professional than I. I am a Noncommissioned Officer, a leader of Soldiers. As a Noncommissioned Officer, I realize that I am a member of a time honored corps, which is known as "The Backbone of the Army." I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the Corps, the Military Service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own. I will communicate consistently with my Soldiers and never leave them uniformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers. I will be loyal to those with whom I serve; seniors, peers and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, Noncommissioned Officers, leaders!



Army Medical Department Center and School Color Guard, led by Staff Sgt. Marrell Reeves (front), prepare to post the colors at the NCO Dining In. Members include Staff Sgts. Timothy Jensen, Paul Spangler, Richard Patenia, Dennis Hegarty Jr., Erin Trudden and Kevin Lindsey.

Remember our flag

Somewhere a bugle softly sounds
The message of renown,
And some inside their building wait
Until the flag comes down.

And others run to get their cars,
Quite harrowed or dismayed,
Afraid they will not reach the gate
Before retreat is played.

Not thinking of the flag or the men and women,
Who fought to keep it flying,
Taking for granted their gifts of freedom
While they're abroad dying.

How many would be glad to stand
Whose bodies now are mute
Or have no hand that they might raise
And stand in proud salute

So accept it not as duty
But a privilege even more
And receive it as an honor
Instead of just a chore!



Army Medical Department Center and School Command Sgt. Maj. Howard Riles shares a poem with AMEDDD NCOs during the Retreat ceremony at the post flagpole April 28. Riles said, "I carry this poem with me always; it changed my mindset about the lowering of the flag every day."

USA Express seeks Soldier-performers to entertain deployed troops

Story and photo by Tim Hipps
FMWRC Public Affairs

ALEXANDRIA, Va. – Soldier-musicians, vocalists, technicians and drivers are needed to put USA Express back on tour.

Army Entertainment Music Director Cordell Hall is eager to assemble an All-Army show band that will entertain fellow troops.

Soldiers who play keyboard, guitar or drums are needed – along with vocalists and an audio technician – to put the show on the road. Other instrumentalists may apply. Vocalists must be strong audience communicators who are comfortable with a variety of musical styles and dance. Audio techs must be able to operate a public address system and a digital audio

sound mixing board, and have an understanding of audio equalization.

USA Express, a revolving door of deployable musical-performance groups, began entertaining Soldiers in 1992. They often changed faces and toured different places, but the mission remained the same: to provide “entertainment for the Soldier, by the Soldier,” the working motto of Army Entertainment Division.

After a two-year hiatus, the traveling cover band will be reinvented by a group of Soldiers that will tour this summer. May 20 is the deadline to apply for a spot on the deployable musical performance team.

“I’m totally excited about this,” Hall said. “After being away for two years, you get that itch, and this is my first love.”

The 2005 USA Express covered tunes by the Commodores, Green Day, Faith Hill, Beyonce, Gwen Stefani, Whitney Houston and Tony Toni Tone, among others. The Soldiers selected for this group will help determine its artistic direction.

To audition for USA Express, Soldiers with the rank of sergeant or below must mail a demo tape or CD and current copy of their Enlisted Record Brief, Physical Training Test and military license to U.S. AED Attention: USA Express, P.O. Box 439, Fort Belvoir, VA 22060.

Once notified, a letter from the unit commander releasing the Soldier for temporary duty with AED will be required. For more information, e-mail Hall at Cordell.Hall@us.army.mil, call 703-806-3220 or fax 703-806-5251.



Spc. Rechell Sears, a veteran of USA Express and the U.S. Army Soldier Show, made her second tour to entertain troops deployed in Southwest Asia during 2005. After a two-year hiatus, USA Express needs musicians, vocalists and an audio technician to put the show back on the road.

Fort Sam Soldier needed to sing in Soldier Show

By Ben Paniagua
Hacienda Recreation Center

Are you an active-duty Soldier stationed at Fort Sam Houston? Can you sing? The 2008 U.S. Army Soldier Show needs you.

A Soldier from Fort Sam Houston will be selected to participate in the finale of the Soldier Show July 8 at the

Scottish Rite Auditorium in San Antonio.

The Soldier selected will join the cast in singing “Go the Distance” by Michael Bolton. The Soldier will perform a solo of the second verse of the song and then continue to perform the entire song with the cast.

A talent contest to select the Soldier will be held at

the Hacienda Recreation Center July 2 at 7 p.m. All Soldiers interested in participating in this exciting event can apply by calling Ben Paniagua at 224-7250 or e-mailing ben.paniagua@us.army.mil.

The U.S. Army Entertainment Division is celebrating 25 years of existence with the Family and Morale, Welfare

and Recreation Command in Washington, D.C., by sponsoring this unique presentation at every U S Army installation hosting the 2008 Army Soldier Show.

The Soldier chosen to represent Fort Sam Houston will meet with the 2008 cast and crew of the Army Soldier Show the day of the performance for a

briefing, preparation and rehearsal.

Soldiers can go to www.armyentertainment.net and hear an MP3 version of the song with and without lyrics. The key of the song will not change and is the same as the original version. The Soldier must be prepared to sing the song in that key.

Renovations to begin on Cole High School

By Jayne Hatton
Associate Superintendent, Fort Sam Houston Independent School District

Renovations on the main building of Cole High School will begin this summer.

In preparation for the construction, 12 portable buildings housing 24 classrooms will be moved onto the Cole stadium parking lot beginning Monday. Additional portable buildings will house administrative offices, restrooms and technology infrastructure.

“We are excited about the renovation of Cole High School’s main building, which will be completed in two phases at an estimated cost of \$12 million,” said Dr. Gail Siller, superintendent, Fort Sam Houston Independent School District. “Funded by the Department of Education, the building is designed to be energy efficient and environmentally friendly with more recycled materials being used in the reconstruction.”

In phase one, expected to take approximately 18 months, classrooms will be

upgraded and a new commons and recyclable collection area will be added. The existing courtyard will be enclosed with a second story added to increase classroom space. Site improvements will also occur around the building itself. In phase two, the cafeteria, band, choir hall and Moseley gymnasium will be renovated.

“Delivery and set up of the portable buildings gives teachers time to move their classroom materials before they leave for the summer,” said Dr. Roland Rios, principal, Cole Middle and High School. “No stadium parking will be available beginning Monday.”

Parents and visitors may park in available parking spaces around the middle and high school or in the existing Kiehle Technology building parking lot, located at the end of Winans Road.

Students who drive to school will park at the Fort Sam Houston School Age Services building located at the corner of Winans Road and Dodd Boulevard for the remainder of

the school year. Students will park in rows farthest from the School Age Services building and walk to school, which takes about seven minutes.

Construction of an additional 108 parking spaces next to the Kiehle Technology Building at the end of Winans Road will be completed prior to the beginning of the 2008-2009 school year to accommodate student parking and parking for athletic events.

Cole Middle School basketball camp

A Cole girl’s basketball camp for students in sixth through eighth grade will be held June 9 to 12 from 9 a.m. to 1 p.m. at the new Cole High School gym. Students who pre-register by May 16 will pay a \$50 per student registration fee and receive a free T-shirt. After May 16 the registration fee will be \$60 per student and fees are non-refundable. Students will receive registration confirmation by mail. For more information or to register, call Tara Bates at 368-8729 or e-mail Coach Guerrero at cguerrer@fshisd.net.

Fort Sam Houston Independent School District Weekly Campus Activities – Monday through May 17

Robert G. Cole Middle and High School	AP Latin lit. exam/Vergil exam, 12 p.m.
Monday	May 17
AP biology exam, 8 a.m.	Camp C.O.P.E., 9 a.m. to 3 p.m.
Art history exam, noon	
Cougar Pride Club meeting, 5 p.m.	Fort Sam Houston Elementary School
Tuesday	Tuesday
Spring concert in Moseley Gym, 7 p.m.	Fifth grade TAKS math retest
Wednesday	May 15
AP English exam, 8 a.m.	Kindergarten through fourth grade
May 15	Field Day
AP world history exam, 8 a.m.	May 16
May 16	Early dismissal at 11 a.m.
AP Spanish lit. exam, 8 a.m.	Spirit day

Fort Sam hosts Camp C.O.P.E.

The Fort Sam Houston Independent School District will host Camp C.O.P.E. at Robert G. Cole Middle School May 17. The camp is designed to help children ages 4 to 18 cope with the effects of war and deployments through age-appropriate activities in small groups of their peers. Sesame Street characters are expected at the event May 17. Check in begins at 8 a.m. at Robert G. Cole Middle School; the program concludes at 4 p.m. Breakfast and lunch will be provided for the children. Parents with questions about the program should contact school counselors Kimberli Johnson at 368-8808, Linda Reed at 368-8817, Julie Coffey at 368-8739 or Victoria Wood at 368-8738. Registration forms are available by calling 214-991-COPE or visiting www.campcope.org. Completed registration forms should be faxed to 214-824-3777.



Recreation and Leisure

Women's golf clinic

A beginners women's golf clinic will be held today, May 15, 22 and 29 at the Fort Sam Houston Golf Club. All sessions are held from 6 to 7 p.m. Each session is \$120. For more information, call 355-5429.

Gun hunter education class

A two-day gun hunter education class will be held Saturday and Sunday from 8 a.m. to 3 p.m. at the Camp Bullis Outdoor Recreation Center. The \$15 registration fee is payable on the first day of class. Reservations are required. The class is mandatory for all rifle hunters who wish to hunt on Camp Bullis. Firearms cannot be brought onto Camp Bullis. For more information or to register, call 295-7577 or 295-7529.

'An American Girl' contest

The Keith A. Campbell Memorial Library will hold "Kit Kittredge: An American Girl" contest through June 29. Anyone between the ages of 6 and 16 and an authorized patron of Morale, Welfare and Recreation facilities can register during each visit to the library with a limit of once per day. The winner of the drawing will be awarded a "Kit Kittredge: An American Girl" book set. While at the library, visit the computer room and log onto www.armymwr.com to enter the online contest and drawing to win the grand prize, which includes a \$1,000 shopping spree at an American Girl store nearest to the winner's location. For more information, call 221-4702 or visit www.fort-samhoustonmwr.com.

Dining and Entertainment

Mother's Day Brunch

Take mom to brunch at the Sam Houston Club on her special day, Mother's Day, Sunday from 10 a.m. to

2 p.m. The brunch will feature a chocolate fondue station, complimentary champagne and an international food station. The cost is \$18.95 for non-members, \$15.95 for members and \$7.95 for children 6 to 11 years old. Children 5 years old and younger eat free. Reservations are encouraged. For reservations or more information, call 224-2721.

Coushatta Casino Resort trip

The Morale, Welfare and Recreation Ticket Office and the Sam Houston Club will sponsor a trip to the Coushatta Casino Resort in Kinder, La. The bus will depart from the Sam Houston Club June 10 at 7 a.m. and return June 11 at 10 p.m. The cost is \$49 per person and includes roundtrip motor coach transportation, overnight hotel accommodations, continental breakfast at hotel and one \$23 coupon from the casino. Patrons must be at least 21 years old and possess valid photo identification at all times. Make reservations at the ticket office by June 1. For more information, call 226-1663 or 224-2721.

Harlequin Dinner Theatre

'The Star-Spangled Girl'

The Harlequin Dinner Theatre will present the Neil Simon comedy "The Star-Spangled Girl" through Saturday. Tickets are \$28 Wednesdays and Thursdays and \$31 Fridays and Saturdays. The doors open at 6:15 p.m. for salad bar and cocktails, with a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m. Military discounts are available. For more information or to make reservations, call 222-9694.

Child and Youth Services

Summer Camp registration

Early on-site summer camp registration for School Age Services and Middle School/Teen will be held through Friday from 9 a.m. to 1 p.m. and 3 to 6 p.m. at School Age Services, Building 1705. After Friday, registration will take place at Central Registration, Building 2797, from 8 a.m. to 5 p.m. (after 4 p.m. will be by appointment only). Registration will be ongoing until slots are filled. Patrons must be registered with Child and Youth Services. Children with special needs will require a

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meeting prior to registration. For more information and a list of required documents, call 221-4871 or 221-1723.

Parent Advisory Council

A Child and Youth Services Parent Advisory Council meeting will be held May 20 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. PAC meetings are held the third Tuesday of each month. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. For more information, call 221-4871 or 221-1723.

Army Community Service

Negotiating conflict

A class on negotiating conflict will be held Wednesday from 1 to 2:30 p.m. at the Red Cross, Building 2650. Learn to recognize how difficult people think, what they fear, and why they act as they do to help reduce anxiety and stress in difficult relationships. To register, call 221-0349 or e-mail thelma.t.kegley@us.army.com.

Deployment, related parenting challenges

Family members of deployed Soldiers encounter many challenges. Army Community Service will offer help to the military spouses left behind by teaching them ways to maintain a normal routine, provide children with reassurance, and improve parenting skills during Family separation. The training will be held May 15 from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. To register, call 221-0349 or e-mail thelma.t.kegley@us.army.com.

Unit trauma training

A unit trauma training class will be held Wednesday from 8:30 a.m. to 4 p.m. at Army Community Service, Building 2797. This training is designed to assist unit leadership, Family Readiness Group leaders, Care Teams, casualty assistance officers, casualty notification officers and community agencies in knowing how to help Soldiers, Families and the unit when different trauma events occur. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Sibling rivalry

Army Community Service is offering a sibling rivalry class May 19 from 11 a.m. to 12:30 p.m. at Red Cross, Building 2650, to help parents learn skills to deal with sibling conflicts and how to encourage good feelings between siblings. To register, call 221-0349 or e-mail thelma.t.kegley@us.army.com.

Deployment planning

Pre- and post-deployment planning training will be held May 20 from 8:30 to 10:30 a.m. at Army Community Service, Building 2797. This training is designed to increase the spouse's ability to face deployments with resilience and strength, allowing easier separations and smoother reunions. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Key Caller training

Army Community Service will offer a Family Readiness Group Key Caller training May 20 from 1 to 3 p.m. at Army Community Service, Building 2797. This training will define the responsibilities of the FRG Key Caller and provide information on performing this role. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Care Team training

The Care Team training class will be held May 21 from 1:30 to 3 p.m. at Army Community Service, Building 2797. The class focuses on the Care Team's responsibilities and provides guidance on how to handle issues the volunteers will face, such as dealing with the reactions of Families. This training is recommended for casualty assistance officers, casualty notification officers and Battalion Care Team volunteers. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

Military Spouse Appreciation Day

The 2008 Military Spouse Appreciation Day will be celebrated May 27 from 2 to 4 p.m. at Army Community Service, Building 2797, in the auditorium. This event is to honor the husbands and wives of service-members for the significant sacrifices they make for freedom's cause and to show them that they are an integral part of the success of the armed forces. Refreshments will be served. For more information, call 221-2705.



Community

Events

Recruit Military Career Fair

A free hiring and career fair event for veterans, personnel who are transitioning from active duty, Reserves, Guard, and military spouses will be held May 15 from 11 a.m. to 3 p.m. at the Frank Erwin Center, Austin, Texas. For more information or to register, visit www.recruitmilitary.com.

Cash and carry sale

The Directorate of Morale, Welfare and Recreation will hold a cash and carry sale Wednesday and May 15 and 16 from 9 a.m. to 3 p.m. in Building 4192, Bay C, on a first-come, first-served basis. The following items are available for sale: TV armoires, night stands, 30-inch round activity tables, desk chairs, wall mirrors, wall mount headboards, VCRs, computer desk with hutch, recliners, lounge chair with ottoman, executive chairs, golf clubs and bags, 7.2-cubic-foot refrigerators and many more items. Cash and personal checks with photo ID will be accepted. All property must be

removed from the warehouse at the time of sale. All sales are final and property is sold as is. For more information or directions, call the DMWR Warehouse at 221-4449 or 221-4950.

Donate blood

Charley's Steakery will give a free regular size sub sandwich to blood donors May 16 from 10 a.m. to 3 p.m. at the Post Exchange parking lot (mobile blood unit). For more information, call 295-4655.

Golf tournament

The Sixth Annual Logistics Officers Association Golf Tournament, sponsored by Alamo LOA Chapter of San Antonio, will be held May 16 at 8 a.m. at the Golf Club of Texas, 13600 Briggs Ranch Road. The cost is \$50 per person and includes 18 holes, barbecue lunch, GPS cart and prizes. Officers, enlisted and civilians are welcome. Reservations are due today. For more information or to register, call 1st Lt. Adrian Simental at 671-4155 or e-mail adrian.simental@lackland.af.mil, blair.brockinton@lackland.af.mil or

sarah.mcnaire@lackland.af.mil.

Tour de Cure

The American Diabetes Association Tour de Cure 2008 will showcase a one or two day ride from San Antonio to Austin via San Marcos May 17 and 18. Registration begins at 6:30 a.m. at the Pearson (formally Harcourt Assessment). For more information on registration or volunteering, call 829-1765, ext. 6126 or e-mail Erica Rougeau at erougeau@diabetes.org.

Small business seminar

The Veterans Business Outreach Center and Army Career and Alumni Program will hold a small business seminar on Preparing a Loan Package, Consumer Credit Counseling Services May 19 from 9 to 11 a.m. and a Consumer Credit seminar May 20 from 9 to 11 a.m. in Building 2263, Room B101. The seminars are open to veterans, reservists and active duty members. For more information or to register, call 956-292-7555 and for directions, call 221-1213.

Meetings

Disabled American Veterans meeting

The Disabled American Veterans, Alamo Chapter #5 and Auxiliary Unit

#5 will hold chapter elections May 17 at 10 a.m. at the Rolling Oaks Christian Church, 1750 Stahl Road, Loop 1604 at Nacogdoches Road behind Wal-Mart. For more information, call Cmdr. Albert Erazo at 651-7303.

Warrant Officer Association meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association meeting will be held May 19 at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road, near Loop 410. All active duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596 or e-mail juan.gomez@us.army.mil, or Jim Gonzales at 666-9818 or e-mail rgonzales879@satx.rr.com.

Spouses' Club

The Spouses' Club of the Fort Sam Houston area will host a luncheon May 20 at 11 a.m. at the Sam Houston Club. The installation of the 2008-2009 executive board, as well as award and donations, will be conducted. The cost for lunch will be \$14. Members and nonmembers are invited to attend. Membership is open to all ranks and all spouses.

Limited childcare slots are available. For more information, call Sigrid Reitsstetter at 226-8806 or e-mail sigrid.reitsstetter@us.army.mil.

Retired Officers' Wives, Widows luncheon

The San Antonio Retired Officers' Wives and Widows luncheon will be held May 27 at 11 a.m. at the Sam Houston Club. New officers will be installed and newcomers are invited to join. For more information or to make reservations, call Arline at 822-6559.

Training

AKO training

Army Knowledge Online training will be held Monday and Wednesday from 8 a.m. to 12 p.m. at Willis Hall, Building 2841, Room 0501. The training is open for anyone interested. For more information, call Julie Gueller at 221-6203 or e-mail julie.gueller@us.army.mil.

Learn Army 101

Learn the basics of the Army in Army Family Team Building Level I to be held Wednesday and May 15 from 5 to 9 p.m. at Army Community Service, Building 2797. For more information or to register, call Emmy Elliott at 221-2705 or e-mail emmy.elliott@conus.army.mil.

PureEdge forms training

MyForms Forms Management Content Program will conduct a Noncommissioned Officer and Officer Evaluation Record training using PureEdge Forms May 20 from 12:30 to 4:30 p.m. at Willis Hall, Building 2841, Room 0501 (AESTC Room) and May 22 from 12:30 to 4:30 p.m. at the Willis Hall, Building 2841, Room

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For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: Female's blue Army evening mess uniform, medical command colors, size 8, with all accessories, \$125. Call 803-312-1446.

For Sale: 2005 GMC Sierra, SLE package, V8 long bed with liner, 22K miles, factory warranty, \$16,500. Call 212-7884.

For Sale: Pentair Legend II pool cleaner for fiberglass in-ground pool, excellent condition, \$150; 42-inch white ceiling fan, \$25; Dell photo printer 720, \$25. Call 697-9261 or 363-4056.

For Sale: Small trailer, 6 feet by 10 feet with ramp, rarely used, \$700. Call 437-0857 and leave a message.

For Sale: Kodak Easy Share zoom digital camera, MD853, 8.2 megapixels, Li-ion rechargeable battery, includes camera bag, new in the box, \$89. Call 229-9662.

For Sale: 1982 Ford Econoline van, AM/FM stereo, sporty look, wide custom chrome alloy rims, bucket seats, economical large six cylinder engine, automatic transmission, dual gas tanks, good body and paint, runs well, \$1,795. Call 454-0019.

For Sale: Xbox combo, two controllers, four games, Doom3, Star

Wars Battle Front, Shadow the Hedghood, NCAA Football 03, and adapter to watch DVDs, excellent condition, \$175. Call Zory at 222-9953 or 213-9779.

For Sale: Roper (made by Whirlpool) washer and dryer, white, three years old, \$125 for set; Ashley furniture, chili-red sofa with oversized ottoman, 10 months old, \$250; red futon bunk bed, full-sized bottom, twin-sized top, mattresses included, \$150; Panasonic 36-inch TV, picture in picture, with remote, like new, \$250 obo; various pieces of furniture and electronics. Call 541-4199.

For Sale: Yorkshire terrier, male, 6-months old, shots, papers, \$600. Call 745-2424.

For Sale: Three two-drawer metal filing cabinets, \$20 each; white wood bookshelf, 4 feet by 8 feet, \$15; two wood bar stools, \$10 each; vertical computer desk, \$20; bike rack, \$15. Call Sandy at 241-1291.

Yard Sale: Two families, Friday and Saturday from 7 a.m. to 4 p.m., 7115 Rock Bluff, toys, housewares, clothes, crafting supplies, electronics, exercise equipment. For more information, call 632-2854.

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2105A. For more information, call Julie Gueller at 221-6203.

Volunteer

Drivers needed for Soldier Show

Drivers are needed to help keep the U.S. Army Soldier Show on the road throughout its 25th anniversary tour. Active duty, Reserve and National Guard Soldiers with a valid Class A driver's license are preferred. Drivers are committed for two years

and will be attached to the Army Entertainment Division at Fort Belvoir, Va. To apply, forms are available online at www.armymwr.com. Once completed, mail the form to U.S. AED Attention: Ronald Burgwyn, P.O. Box 439, Fort Belvoir, VA 22060.

CPR instructors needed

The American Red Cross is seeking certified cardiopulmonary resuscitation instructors to volunteer at an event to be held June 7 at Fort Sam Houston. Morning and afternoon shifts from 8 a.m. to 12 p.m. and 1 to 5 p.m. are needed. For more information, call 221-5554 or 582-1939.

Religion

Post Worship Schedule

**Main Post Chapel, Building 2200,
221-2754**

Catholic Services:

4:45 to 5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - weekdays

Protestant Services - Sundays:

8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant
Jewish Services: 379-8666 or 493-6660
8 p.m. - Fridays - Worship and 8:30 p.m. -
Oneg Shabbat

**Dodd Field Chapel, Building 1721,
221-5010 or 221-5432**

Catholic Service:

12:30 p.m. - Mass - Sundays

Protestant Services:

10:30 a.m. - Collective Gospel Protestant -
Sundays
9:30 to 11:30 a.m. - Women's Bible Study
(PWOC) - Wednesdays, child care is provided.
Samoan Protestant Service: 8:30 a.m. - Sundays

**Brooke Army Medical Center Chapel,
Building 3600, 916-1105**

Catholic Services:

8:30 a.m. - Mass - Sundays
11 a.m. - Mass - Sundays
11 a.m. - Mass - weekdays

Protestant Services:

10 a.m. - Worship Service - Sundays
12 p.m. - Worship - Wednesdays
Episcopal/Lutheran Rite services:
12:30 p.m. - Traditional worship - Thursdays

**Center for the Intrepid,
first floor, 916-1105**

Christ for the Intrepid services:

5:30 p.m. - Contemporary worship - Sundays

**AMEDD Regimental Chapel,
Building 1398, 221-4362**

Catholic Mass:

8 a.m. - Sundays

Protestant Service:

9 a.m. - Sundays

Christian education:

10 a.m. - Sundays

Gospel Service:

11 a.m. - Sundays

Church of Jesus Christ of Latter Day Saints:

9:30 a.m. - Sundays at Evans Auditorium

**FSH Mosque, Building 607A,
221-5005 or 221-5007**

10:30 a.m. - Children's Religious Education -
Sundays

1:30 p.m. - Muslim Jumma - Fridays

7:30 p.m. - Adult Religious Education - Thursdays

Installation Chaplain's Office,

Building 2530, 295-2096

Contemporary service:

11:01 a.m. - Sundays

Web site:

www.samhouston.army.mil/chaplain