

# FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

Choice cut



Photo by Minnie Jones

Pvt. Nicholas Brown (left) and Spc. DeWayne Grant classify a cut of meat by reviewing the muscle, ensuring they have the proper cut of meat. The Soldiers are training to become veterinary food inspection specialists during an eight-week course at the Army Medical Department Center and School. *See related story, Page 16.*

## ISR recognized for lifesaving innovation

By Elaine Wilson  
Fort Sam Houston Public Information Office

A new lifesaving standard of care has garnered the Institute of Surgical Research here a prestigious Army title – invention of the year.

The innovation, called Damage Control Resuscitation of Severely Injured Soldiers, will be recognized today in a ceremony in Arlington, Va., along with the Army's other "Top Ten Greatest Inventions of 2007."

"The American Association for Trauma Surgeons calls this one of the biggest improvements to trauma care in the last 10 years," said Michael Dubick, senior research phar-

"The American Association for Trauma Surgeons calls this one of the biggest improvements to trauma care in the last 10 years."

*Michael Dubick  
Senior Research Pharmacologist  
for the ISR*

macologist for the ISR.

The invention is aimed at saving severely injured Soldiers with non-compressible injuries that cannot be compressed using a tourniquet or other device, Dubick said.

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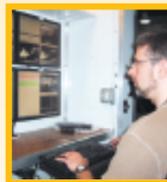
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## Fort Sam Houston celebrates Army's birthday, Flag Day

### Ceremony at main post flagpole

Col. Wendy Martinson, commander, U.S. Army Garrison Fort Sam Houston, will host the Army's 233rd birthday and the 231st anniversary of "Old Glory" Friday at 10 a.m. at the main post flagpole on Stanley Road, Fort Sam Houston.

The speaker will be Richard Perez, president, The Greater San Antonio Chamber of Commerce.

The ceremony will include Soldiers in period uniforms who will add 178 battle streamers to the U.S. Army flag, and a variety of patriotic music performed by the U.S. Army Medical Command Band.

The public can enter Fort Sam Houston

through the Walters gate off of Interstate Highway 35 or the Harry Wurzbach gate.

### Child and Youth Services celebrations

Youth Services will conduct a computer scavenger hunt Friday starting at 9 a.m. at the Youth Center, Building 1630 on Watkins Boulevard. The hunt will cover Army history. Prizes will be awarded.

The Child Development Center will host an Army Birthday Celebration Friday from 4 to 5 p.m. at the CDC, Building 2530 on Funston Road. Cake, ice cream and punch will be served. Children will sing "Happy Birthday" and a DJ will play patriotic music.

For more information, call 221-5002.



VISIT NEWS LEADER ONLINE: [WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML](http://WWW.SAMHOUSTON.ARMY.MIL/PAO/DEFAULT.HTML)

## Runners should avoid construction haul roads

An increasing number of construction crews and equipment are using the recently paved haul road that runs just outside the Brooke Army Medical Center perimeter fence. This road runs along the west and north sides of the BAMC campus and connects Binz-Engleman Road and Petroleum Drive. This road should not be used for jogging or hiking.



## Construction update

### Concrete being poured

The contractor building the Medical Education Training Center on the corner of Patch and Harney Roads is scheduled to pour concrete for the foundation July 11 at 1 a.m. Large flood lights will be set up and turned on the night of July 10 for the numerous building material deliveries in preparation for construction. Work will continue throughout the day and evening until the work is completed. These dates are tentative and may be moved; however, the work will not take place earlier than July 10.

### Harney Road closure

Harney Road will close between Forage and Garden Avenues starting June 19 to accommodate construction of the Medical Education and Training Campus Dining Facility. The METC is one of the primary projects of the San Antonio Base Realignment and Closure program. Along with the dining facility, the medical campus will include new dormitories and five new instructional facilities.



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## News Briefs

### Wreath-laying ceremony

A wreath-laying ceremony will be held in memory of retired Sgt. Maj. of the Army Leon L. Van Autreve and fallen comrades Friday at 5:15 p.m. at the Fort Sam Houston National Cemetery. For more information, call 221-3635.

### New museum exhibit

The Fort Sam Houston Museum presents a new exhibit, called "Top," Friday. This exhibit looks at the history of the first sergeant in the U.S. Army. Included in the exhibit are photos, illustrations and quotes of first sergeants from the American Revolution to the present and examples of first sergeant chevrons since the 1870s. For more information, call the Fort Sam Houston Museum at 221-1886. The Museum is open Wednesdays through Sundays from 10 a.m. to 4 p.m.

### Newcomer's Extravaganza

The next Newcomer's Extravaganza will be held June 24 from 9:30 to 11 a.m. at Army Community Service. Stop by and meet representatives from organizations on and off-post. This event is mandatory for all permanent party military members E-1 through O-6 within 60 days of arrival to Fort Sam Houston. Commanders and supervisors are encouraged to allow Soldiers and civilian employees' administrative time to attend. Children are welcome. For more information, call the Army Community Service Relocation Assistance Program at 221-2705 or 221-2418.

### Do Your Part. Vote!

People can exercise their right to vote by completing the Federal Post Card Application, FPCA Standard Form 76, or complying with the ballot request procedures enacted by the state in which they vote. The FPCA Standard Form 76, or other request, should be mailed or sent electronically as soon as possible. The Federal Voting Assistance Program has been working with the states to allow ballots to be submitted and received electronically. Check with a Unit Voting Assistance Officer for state requirements or visit the Army Voting Assistance Program Web site at [www.vote.army.mil](http://www.vote.army.mil). Don't wait until the last minute to register and or send in an absentee ballot.

### Smoking Quitline

The San Antonio Military Medical Center Smoking Quitline will be available to active duty and reserve personnel starting this summer. The quitline is a telephone counseling service that will offer two different intervention formats to help individuals quit using tobacco. The program will include telephone counseling and nicotine replacement therapy at no cost to the participant. The quitline is a joint effort between the military, University of Tennessee, and the National Heart Lung and Blood Institute. For more information, call Karen LeRoy at 292-3504 or e-mail [kleroy1@utmemb.edu](mailto:kleroy1@utmemb.edu), or Dr. Angela Tonozzi at [atonozzi@utmemb.edu](mailto:atonozzi@utmemb.edu).

# Fort Sam may soon need to step up water conservation efforts

Last spring and summer's abundant rainfall filled the Edwards Aquifer to near-record levels. However, a lack of rain last fall and this year has already depleted the aquifer to near-drought levels once again.

If the current rate of decline continues, San Antonio and Fort Sam Houston could be in Stage One water restrictions sometime soon.

Rain or shine, the Stage One restrictions will stay in effect until the aquifer level stays above 650 feet for 30 days, according to the Aquifer Management Plan ordinance. Restrictions will continue until there is an announcement in the newspaper that Stage One has been canceled or that Stage Two is in effect.

Fort Sam Houston practices year-round water conservation measures, which include no irrigation between 10 a.m. and 8 p.m., prevention of water waste and a ban on carwash fundraisers.

One new twist this year is that the Edwards Aquifer Authority has changed its drought trigger levels to a four-stage system of 660, 650, 640 and 630 feet. However, the San Antonio Water Service and the City of San Antonio's water ordinance appear to be staying with the previous 650, 640 and 630-foot trigger levels because additional water is available to them in their new underground water storage facility in the southern outskirts of San Antonio.

Fort Sam Houston also has additional water available due to an increased use of recycled water for landscape irrigation and chillers. For example, the Fort Sam Houston Independent School District recently switched to using recycled water for its athletic fields. To alleviate confusion, Fort Sam Houston's military family housing will follow the SAWS and

City of San Antonio ordinance level.

Like the city, the installation is vigilant in its efforts to conserve water. Once the Stage One trigger level of 650 feet is reached, the following restrictions will be in effect on and off post:

- Water waste is prohibited at all times. Water waste includes allowing water to run off into a gutter, ditch or drain; or failing to repair a controllable leak.
- Reduce water consumption by any means available.
- All non-public swimming pools must have a minimum of 25 percent of the surface area covered with evaporation screens when not in use. Inflatable pool toys or floating decorations may be used.

Hand watering with a hand-held hose, soaker hose, drip irrigation, bucket or watering can is permitted any time and any day. Washing impervious cover such as parking lots, driveways, streets or sidewalks is prohibited. Health and safety exceptions to this rule may be requested from SAWS in writing.

Residential washing of vehicles or other equipment is allowed only on assigned watering days and times. A hose with an automatic shut-off nozzle or bucket of five gallons or less may be used. Water should not be allowed to run into the street.

The use of commercial car wash facilities is allowed any day.

Operators of golf courses, athletic fields and parks must submit a conservation plan to SAWS. For submittal requirements, operators should contact the SAWS Conservation Department at 704-SAVE. Golf courses, athletic fields and parks may not irrigate between 10 a.m. and 8 p.m. (Note: The Fort Sam Houston Golf Course uses "re-use" water so this restriction does not apply.)

Landscape areas on golf courses not

### Landscape Watering

On post, watering with an irrigation system or sprinkler is allowed only once a week before 10 a.m. or after 8 p.m. on designated watering day as determined by address.

Last digit of street designates watering day:

0 or 1 - Monday

2 or 3 - Tuesday

4 or 5 - Wednesday

6 or 7 - Thursday

8 or 9 - Friday

No watering on weekends

directly "in play" are required to follow one-day-per-week watering based on address unless otherwise instructed by SAWS. (Note: The Fort Sam Houston Golf Course uses "re-use water" so this restriction does not apply.)

Use of fountains, waterfalls or other aesthetic water features, outdoors or indoors, is prohibited. Additionally, at Fort Sam Houston, the use of personal swimming pools and water slides on post are prohibited while in Stage One. Repeat violations of the installation's drought management plan will result in lease violations and potential housing actions by Lincoln Military Housing.

Newly planted landscapes may qualify for a three-week exemption from the one-day-per-week watering rules; for more information, call the Fort Sam Houston Environmental Office at 221-4842.

For more information on water conservation efforts or restrictions, call 221-5079 or visit the Lincoln Military Housing Web site at <http://www.samhoustonlpc.com> or the SAWS Web site at <http://www.saws.org>.

(Source: Environmental Division)

### Outdoor Water-Saving Tips

- Water only when needed. Look at the grass, feel the soil, or use a soil moisture meter to determine when to water.
- Do not over-water. Soil can absorb only so much moisture, and the rest simply runs off. A timer will help, and either a kitchen timer or an alarm clock will do. One and a half inches of water applied once a week in the summer

will keep most Texas grasses alive and healthy.

- Water lawns early in the morning during the hotter summer months. Otherwise, much of the water used on the lawn can simply evaporate.
- To avoid excessive evaporation, use a sprinkler that produces large drops of water, rather than a fine mist.
- Set automatic sprinkler systems to provide thorough, but infrequent watering. Pressure-

regulating devices should be set to design specifications.

- Use drip irrigation systems for bedded plants, trees or shrubs, or turn soaker hoses upside-down so the holes are on the bottom. This will help avoid evaporation.

(Source: San Antonio Water System)



# 208th RSG to deploy in support of OIF

Story and photo by Sgt. Carina Garcia  
345th Public Affairs Detachment

Family and friends of 208th Regional Support Group Soldiers gathered for a ceremony at Fort Sam Houston May 17 in honor of their upcoming deployment in support of Operation Iraqi Freedom.

Maj. Ralph Crum, commander, 208th Logistic Task Force Saber, spoke to the Families of the Soldiers about the training the troops have completed as well as the tasks and challenges that both the Families and their Soldiers will face in the year to come.

The Soldiers who make up Task Force Saber are from several states. Crum recognized his troops for coming together so quickly during their training. Four Soldiers were awarded with



Soldiers, of 208th Logistic Task Force Saber, stand at attention during the posting of the colors at their mobilization ceremony May 17 at Fort Sam Houston.

the Army Achievement Medal.

"This is a great group of Soldiers to work with; I'm happy to deploy with

them," said Sgt. Jerilyn McConchie,

from Fort Hood, Texas, who is attached to the 208th LTFS.

"Thank you to the Families for your continuous support and sacrifices you provide your Soldiers while they are away," said Col. Girard Seitter IV, of the 103rd Expeditionary Sustainment Command. "It is an extremely humbling privilege to be here."

While some of the citizen warriors have deployed before, for others it will be their first time overseas, giving the group a balance of experience. Whether their first time or third, the Soldiers were given three points of advice by Col. Pete Bosse, commander, 208th RSG.

"First, stay connected to Family and friends back home; second, capture your experiences in a journal and with photographs; and third, rely on each other for emotional support," Bosse said.

## Cutting edge

# AMEDD to receive new medic training system

ORLANDO – The U.S. Army will soon have a new deployable platform to train Soldiers in combat lifesaving skills through advanced simulation technologies.

The Army's Research, Development and Engineering Command's Simulation and Training Technology Center unveiled its new Combat Medic Basic and Advanced Trauma Training unit at the Association of the U.S. Army Medical Symposium, which was held from Monday to Wednesday in San Antonio.

RDECOM will deliver the first CoBATT system this summer to the U.S. Army Medical Department Center and School here.

Developed by STS International in St. Petersburg, Fla., under contract by RDECOM STTC in Orlando, the CoBATT creates authentic battlefield environment scenarios through audio and visual programming, and provides real-life combat medical situations through the use of

patient simulators.

Creating a training opportunity for combat medics unlike any other currently available, the CoBATT consists of a 20-foot, self-contained, deployable commercial trailer equipped with four simulation subsystems: the Virtual Patient System, the Mobile Classroom System, the Evaluation and Review System, and the Director Command and Control System. The entire unit is deployable by vehicle, allowing advanced medical training opportunities to reach units anywhere in the United States or around the globe.

"Advances in wireless technology in both patient simulators and video-capture technology opened up the possibility of increasing the realism of simulation training. We're now giving troops exposure to life-or-death decisions in a simulation environment," said Jack Norfleet, RDECOM Medical Simulation Technologies program manager. "The

CoBATT recreates the stressful environment of combat with state-of-the-art special effects. Student performance is captured on video and is immediately available for after-action review. This system lets troops practice high-risk events in a setting that allows analysis to take place."

"The CoBATT was designed with the flexibility to provide a training solution for many different configurations. This system can be rapidly setup in an existing MOUT (Military Operations in Urban Terrain), indoors or in field conditions," said Dave Morgan, STS VP of operations. "Realistic simulation exercises can be complex exercises. By combining and automating tasks, the CoBATT efficiently allows a higher volume of practical training to be achieved per input of instructors."

"The United States Army RDECOM STTC continues to support new technologies that can deliver state-of-the-art medical training to the



Courtesy photo

Mike Goldweber, from STS International in St. Petersburg, Fla., operates the Combat Medic Basic and Advanced Trauma Training unit. The CoBATT provides real-life combat medical situations through the use of patient simulators, offering Soldiers training in combat lifesaving skills.

Soldier," said Ted Morgan, president of STS.

STS developed the CoBATT drawing on more than 10 years of medical simulation experience and extensive industry experience with video-based monitoring technologies. STS has teamed with METI of Sarasota, Fla. and

Simulaids of Saugerties, N.Y. to provide the wireless patient simulators that make the CoBATT a comprehensive training device incorporating realistic medical simulation and networked video capture to reinforce learning.

(Source: U.S. Army RDECOM)

# Fischer assumes command of 264th Med. Bn.

By Esther Garcia  
Fort Sam Houston Public Affairs

Lt. Col. Scott Fischer answered the call when he assumed command of the 264th Medical Battalion, 32nd Medical Brigade, May 22 as Lt. Col. William LaChance relinquished command of the battalion during the change of command ceremony held at MacArthur Parade Field.

Col. John Cook, commander, 32nd Medical Brigade and host for the ceremony, spoke of the many successes and accomplishments too many to list of LaChance while commanding the 264th Med. Bn. To name a few, Cook said LaChance planned, coordinated and executed the first brigade combative tournament, and executed a \$1.2 million state-of-the-art tactical training facility at Camp Bullis.

"Bill, you leave the battalion and the people expeditiously better than when you took command," said Cook.

Referring to Fischer, Cook welcomed another great leader. He said, "As the brigade executive officer for the past two years, I have been the benefactor of his natural leadership skills and tireless efforts to make the organization better."

Both LaChance and Fischer gratefully



Courtesy photo

(Center) Col. John Cook, commander, 32nd Medical Brigade, passes the 264th Medical Battalion colors to Lt. Col. Scott Fischer, charging him with the responsibility of the morale, discipline and training of the 264th Medical Battalion following the relinquishment of the battalion by Lt. Col. William LaChance at the change of command ceremony May 22 at MacArthur Parade Field. In the center is the 264th Med. Bn. Command Sgt. Maj. Stephen Maldonado.

acknowledged their cadre and staff for their support, but their families were foremost in their thoughts. The ceremony included the

See 264TH MED. BN. P9

## New D Company commander



Photo by Esther Garcia

(From left) Lt. Col. Michael Hershman, commander, 187th Medical Battalion; Capt. Jennifer Rodriguez; Capt. Sheron Middleton; and 1st Sgt. Arturo Arredondo prepare to begin the official change of command of D Company, 187th Medical Battalion between incoming commander Rodriguez and outgoing commander Middleton. Held at Blesse Auditorium June 6, Middleton relinquished the command and control, administrative and logistical support of D Co. to Rodriguez. The company provides support to the Department of Medical Science, which consists of all prior-service Soldiers, and the graduate school, consisting of all graduate-level programs to include doctoral programs. "No other company command in the Army comprises a graduate school as well as some of the most complex and demanding enlisted training," said Hershman. Speaking to Middleton, he said, "We have given you some Herculean tasks, and you have accomplished them all."

# 228th CSH welcomes new commander

Story and photo by Elaine Wilson  
Fort Sam Houston Public Information  
Office

Col. Patrick Foley assumed command of the 228th Combat Support Hospital from Col. Purry Wacker Saturday at the Charles L. Kelly Army Heliport.

During the ceremony, Col. William Bergin, commander, 331st Medical Group, Wichita, Kan., thanked Wacker for his dedication to the 228th and also welcomed Foley to his new command.

"I know the tradition of the 228th always getting the mission done will be carried on by Colonel Foley," Bergin said. "As long as you take care of the troops, the mission will get done."

Wacker also shared his gratitude, thanking the

Soldiers and Families of the 228th CSH.

"You should be proud of your numerous accomplishments and achievements," he said. "I admire and respect the Soldiers and Families of the 228th and will forever cherish the memories of this unit in my heart."

When the new commander spoke, he addressed the Soldiers as well, urging them to take advantage of the opportunities offered by the U.S. Army Reserve. Foley recalled his father-in-law, who served in World War II as a chaplain assistant and then later in Korea as a chaplain and officer.

"It's up to each of us to take those opportunities," he said. "I'm going to challenge each of you to engage."

Foley said the Army asks a lot of its Soldiers but, "You

didn't put this uniform on because you wanted to sit on a couch all day Saturday and watch ESPN. You put it on because you wanted something more, something more for your Family," he said. "When you go home and tell your neighbor what you did this weekend, they know why you put on a uniform; they know you stepped up."

The mission of the 228th CSH is to provide Level III combat health services and humanitarian assistance. The 228th CSH organizes and trains to deploy and deliver comprehensive medical care to forward deployed forces.

The 228th CSH was activated Jan. 16, 2001, at Fort Sam Houston. The unit deployed in support of Operation Iraqi Freedom in October 2004 and returned in November 2005,



Col. William Bergin, commander, 331st Medical Group, Wichita, Kan., hands Col. Patrick Foley the 228th Combat Support Hospital colors, signifying the transfer of command Saturday at the Charles L. Kelly Army Heliport. Foley assumed command from Col. Purry Wacker.

resulting in a Meritorious Unit Citation for the campaign. While deployed, the CSH Soldiers provided medical

care and post-operative treatment to U.S. service members,

coalition forces and others with special emphasis on resuscitative, initial wound care and post-operative treatment.

# Earn \$2K through Referral Bonus Program



By Olivia Mendoza  
Fort Sam Houston Public Information  
Office

Soldiers have an incentive to help local recruiters enlist members into the Army or Army Reserve.

The Army has a \$2,000 Referral Bonus Program that allows Soldiers, future Soldiers, Army civilians and retirees to receive the bonus if they refer friends to Army and Army Reserve recruiters, and those referrals result in enlistment.

Eligible sponsors may receive a referral bonus for referring friends, except individuals who have previously served in the military and immediate Family members. Immediate Family members include spouse, parent or step-parent, child (natural, adopted or step-child), brother or sister.

Qualified sponsors will receive a Sergeant Major of the Army Coin for the first referral resulting in an enlist-

ment and a Sergeant Major of the Army Certificate for all subsequent referrals that enlist.

In order to receive the \$2,000 referral bonus, the individual making the referral must provide the name of the applicant as a referral using the Army Referral System-Sergeant Major of the Army Recruiting Team referral process prior to the applicant conducting an appointment with an Army recruiter.

Staff Sgt. Dawn Vance, 5th Medical Recruiting Battalion, has participated in the referral program since July 2007 and has made 62 referrals, resulting in 12 contracts and six graduates.

Vance sometimes finds referring people to the Army a challenge, but says, "If referring wasn't a challenge, then I guess I wouldn't have had as much fun as I do doing it. By helping them get further ahead I can show them a plan in which the Army can help them with a short-term or a

long-term plan. My objective is to help them reach their goal."

The \$2,000 referral bonus is paid in two lump sums.

The first \$1,000 will be paid to the eligible sponsor once the Soldier has commenced Basic Training, and \$1,000 will be paid once the Soldier has completed and graduated from One Station Unit Training or Advanced Individual Training.

Vance said she casually comes across people through conversation and at times she scouts, but for her it's all about meeting people and helping the young and old reap the rewards and benefits for their future.

In closing, Vance said, "Referring is not hard to do at all. If you love helping people, being with people and securing their future and feeling good about it, then you can feel great about yourself and serving your country. If we as a country of people could just put one Soldier in the Army

The first \$1,000 will be paid to the eligible sponsor once the Soldier has commenced Basic Training, and \$1,000 will be paid once the Soldier has completed and graduated from One Station Unit Training or Advanced Individual Training.

today, each of us would be giving more of ourselves to our nation."

Those who are not eligible to receive a referral bonus are Soldiers assigned to the U.S. Army Accessions Command, U.S. Army Recruiting Command, Cadet Command, U.S. Army Reserve Command - Retention and Transition Division, National Guard State Recruiting Commands and any other member of the Army serving in a recruiting or retention assignment;

Soldiers and Army component retirees who are serving as instructors, assistant instructors or contracted instructors in the Senior ROTC program or Junior ROTC program; Family members; and retired Department of the Army civilians, unless they are Army component retirees.

Referrals must be submitted through the "Make a Referral" link at [www.2k.army.mil](http://www.2k.army.mil). For more information, call 1-800-223-3735, ext. 6-0473.

**INNOVATION from P1**

The ISR focused its attention on severely injured Soldiers after analyzing data from an autopsy study, which showed that 79 percent of service members killed in combat died of hemorrhage, and 70 percent had an injury that couldn't be compressed.

"We needed to find a better way to stop bleeding," Dubick said. "In theater, there was no solution for people with non-compressible injuries."

The innovation targets the

fluid resuscitation process, which is when IV fluids and blood products are used to stabilize a patient's physiology.

The standard method is to administer IV salt solutions in an amount that is three times the patient's blood volume. If the patient is still bleeding, blood transfusions are given to restore lost blood.

In most cases, this method is effective for the wounded, but for some severely injured warriors, the massive volume of fluids and blood can create a negative effect, Dubick said.

"The body has only a finite amount of clotting factors, and a large volume of fluids can dilute those clotting factors, which reduces their ability to slow down or stop the bleeding."

Under the new standard of care, fluid resuscitation with salt solutions is limited, which keeps the blood pressure from rising too high and "popping" newly formed blood clots. Additionally, blood volume is restored using plasma as the primary resuscitation fluid, along with packed red blood cells.

But rather than using the standard of four times the amount of red blood cells to plasma, "we use a ratio of 1:1 of plasma to red blood cells," Dubick said.

Dubick said early use of a clotting factor called rFVIIa has also been beneficial. The factor is normally used for hemophiliacs but has proven beneficial for severely injured warriors. Additionally, other blood products, such as platelets and cryoprecipitate, are used as needed.

The reduction in fluids not only increases the patient's

**"The majority of patients bleed to death in the first five to 10 minutes. We believe that procedures like this one can save Soldiers who survive beyond 10 minutes; keep them alive long enough to get to the hospital and to surgery. It's a remarkable innovation."**

*Michael Dubick*

*Senior Research Pharmacologist for the ISR*

short-term chances of survival, but also the long-term treatment since "there is less fluid built up in organs and surgeons have a better field of operation," Dubick said.

While the innovation is gaining recognition stateside, the invention has already had a striking impact downrange on the survivability of severely injured Soldiers in the field, decreasing the mortality rate from 65 to 17 percent.

The impact of this change in the standard of care is so striking, Dubick said, that "some liken this standard of care to the first time someone applied antibiotics."

The military innovation is also gaining civilian attention.

"We've met with over 26 civilian centers and are working with 16 of them," Dubick said.

As word of the lifesaving measure begins to spread, Dubick and his fellow scientists are already looking ahead to future innovations. They are working with a company to produce freeze-dried plasma, which would eliminate plasma's limited shelf-life and temperature requirements downrange. Additionally, they would like to develop a shelf-stable artificial blood with clotting factors that would enable medics to provide early intervention at the site of injury, Dubick said.

"The majority of patients bleed to death in the first five to 10 minutes," Dubick said. "We believe that procedures like this one can save Soldiers who survive beyond 10 minutes; keep them alive long enough to get to the hospital and to surgery. It's a remarkable innovation."

Dubick's team for the project includes Jill Sondeen and Charles Wade, from ISR; Philip Spinella, Brooke Army Medical Center; Maj. Jeremy Perkins, Walter Reed Army Medical Center, Washington, D.C.; Air Force Maj. Matthew Borgman, Wilford Hall Medical Center; and Col. John Holcomb, commander, ISR.

The invention was the only medical innovation to make the Army's Top Ten cut, and marks the third out of the last four years that the ISR has made it to the Top Ten list. The winning programs are selected based on their impact on Army capabilities, inventiveness and potential benefit outside the Army.

**Speed racer**

Photo by Jen Rodriguez

Warriors in Transition Sgts. Nathan Hunt and Brandon Adams talk shop with Indy 500 auto racing driver Vitor Meira June 5 during Meira's visit to Brooke Army Medical Center and the Center for the Intrepid. Meira placed second in the Indy 500 race this year.

**264TH MED. BN. from P5**

Courtesy photo

Col. John Cook, commander, 32nd Medical Brigade, presents the Meritorious Service Medal to Lt. Col. William LaChance for his outstanding accomplishments as commander of the 264th Medical Battalion.

presentation of roses to Candance LaChance and single red roses to her daughters, Katherine and Caroline, recognizing their support while her husband commanded the 264th. Yellow roses were presented to Maj. Michelle Fischer, and single roses to her daughters, Maya, Kirsten and Adrianna, welcoming them to the family of the 264th Med. Bn.

"This command has one mission, training Soldiers, preparing men and women to fight and win this nation's wars. In this we will not fail," said Fischer.

With four support companies, the 264th Med. Bn. and its 989 Soldiers are responsible for providing command and control, administrative and doctrinal development, operational support to Army departments, and safely and effectively train Soldiers attending training.

## Housing update Residents invited to utility program town hall meetings

Lincoln Military Housing hosted Resident Utility Program Town Hall Meetings May 28 at the Harris Heights Community Center and May 29 at the Watkins Terrace Community Center.

Several Fort Sam Houston Family Housing residents received prizes. The Harris Heights winners, Maj. Robert Charles and Irene Hall and Capt. Maximino Martell received \$20 movie gift certificates. The Watkins Terrace winners, Tamra Turrentine, Tyrone Booze, Kim Still and Stephanie Desormeaux, received Witte Museum and San Antonio Zoo gift certificates.

### Upcoming meetings

LMH will host Resident Utility Program Town Hall Meetings June 24 from 5:30 to 6:30 p.m. at the Harris Heights Community Center, and June 26 from 5:30 to 6:30

p.m. at the Watkins Terrace Community Center. Family housing residents are encouraged to attend the meetings.

### Father's Day bowling

LMH will host a Father's Day bowling event for family housing residents Friday from 2 to 5 p.m. at the Fort Sam Houston Bowling Center. There will be a limit of three games per family; pizza and drinks will be served. Reservations are required for the bowling event. Residents can reserve a spot for bowling at Harris Heights and Watkins Terrace Community Centers or at the Housing Office in Building 367.

### National Night Out

The 25th Annual National Night Out is approaching. National Night Out will be held Oct. 7 for Texas only this year. Residents who wish to hold events will need to register to receive a National Night Out kit filled with "how-to" materials. Residents should contact LMH for registration information.

For photos and upcoming activities, residents can visit LMH's interactive Web site at [www.samhoustonlpc.com](http://www.samhoustonlpc.com). For more information, call LMH at 270-7638.

(Source: Residential Communities Initiative)



**May Survey of the Month Winner**  
Susan Thompson

**June Yards of the Month**  
6785-B Meeks Circle  
826 Patch  
2930 Marvin R. Wood  
2954 Foulis Pass  
521 Wheaton  
178 Artillery Post



Photos by Dewey Mitchell

Brig. Gen. James Gilman, commander, Great Plains Regional Medical Command and Brooke Army Medical Center, welcomes a crowd of more than 700 to the 2nd annual National Cancer Survivors Day Celebration Saturday in the hospital's Medical Mall.

## Cancer survivors celebrate life at BAMC

By Susan Ferrise  
Breast Cancer Nurse Coordinator

Cancer survivors, caregivers, Family and friends were invited to "Join Hands in the Fight against Cancer" Saturday during the 2nd annual National Cancer Survivor's Celebration at Brooke Army Medical Center.

"More and more cancer survivors live among us with earlier detection and better treatment," said Susan Ferrise, breast cancer nurse coordinator. "We celebrated their victories."

Registered with the



Johnny Burke, also known as the Saxmann, entertains guests Saturday in Brooke Army Medical Center's Medical Mall during the 2nd annual National Cancer Survivors Day Celebration.

National Cancer Survivors Day Foundation in San Antonio, the event is the only official NCSDF event held in the Department of the Army and Department of Defense.

Ferrise said attendees celebrated the survivors and all those whose lives have been touched by cancer, as well as the physicians, scientists and health professionals who work on their behalf.

More than 700 people attended the celebration in the hospital's medical mall.

According to NCSDF definition, a "survivor" is anyone living with a history of cancer — from the moment of diagnosis through the remainder of life.

The day's activities included a proclamation by Brig. Gen. James Gilman, commander of Great Plains Regional Medical Command and BAMC, proclaiming the day as National Cancer Survivors Day at BAMC; inspirational messages by cancer survivors; and complimentary therapies and information brochures provided by BAMC and other participating organizations.

Survivors placed a leaf on the BAMC Tree of Life signifying their battle with cancer.

Music and entertainment was provided by Glenna Pearce and Johnny Burke. Food and drink was provided by Don Strange of Texas, Inc.

## Troop/Civilian Salute

### Warrior Transition Battalion

#### Military Staff Member of the Quarter



Staff Sgt. Bridget Butler performs her duties as squad leader with extraordinary proficiency. She shows unyielding compassion for

warriors and others within the platoon. She is an active participant and supports the unit as well as the battalion.

#### Civilian Staff Member of the Quarter



Jeffron Butler is technically proficient and shares his vast knowledge and military experience throughout the command. He does an outstanding

job and is a significant contributor to the continued success of the battalion.

#### Squad Leader of the Quarter



Sgt. Daniel Uresti, a National Guard Soldier, has built a cohesive team among his squad members. He goes above and beyond, taking mem-

bers of his squad to visit with inpatient squad members. This type of camaraderie helps brighten the day for Warriors in Transition and offers them encouragement and support.



# Sports

## Intramural spring softball standings

**June 5**

Team	W	L
1st 264th Med. Bn.	10	2
2nd USARSO	9	4
3rd 4th Recon.	8	4
4th ARNORTH	8	4
5th USAG	5	7
6th USAMITC	2	12
7th Silver Sluggers	1	11

## Intramural flag football standings

**June 5 final standings**

Team	W	L
1st DENTAC	8	0
2nd 418th Med. Log.	5	2
3rd BAMC	3	3
4th 470th MI	1	6*
5th 14th MI Bn.	1	7*

\* Both teams dropped from league play due to forfeits. Playoffs started Monday between the three remaining team.

## Intramural golf standings

### May 28 revised final standings

Place	Team	Points
<b>Hogan Division</b>		
1st	USAISR	184
2nd	MEDCOM #1	183
3rd	Garrison	181
4th	Dawg Pound #1	164
5th	DCDD	160
6th	DCMT #1	148.5
7th	ARNORTH	138
8th	BAMC #1	124
9th	DMRTI	61
<b>Daly Division</b>		
1st	BAMC #2	181
2nd	264th Med. Bn.	169.5
3rd	GPRMC	169.5

4th	Dawg Pound #2	169
5th	MEDCOM #2	164
6th	MWR	161
7th	AMEDDC&S	141
8th	DCMT #2	104.5
9th	DCMT #3	0

### Playoffs

1st Place	USAISR
2nd Place	BAMC #2
3rd Place	MEDCOM #1
4th Place	264th Med. Bn.

## Attention fishing enthusiasts

The fishing pond at Camp Bullis received a shipment of catfish June 5 so the fishing action is good. Bait, to include shrimp, liver and stink bait, is available for \$3. Fishing pole rental is \$1. The pond is open is open Saturdays and Sundays from 4 to 8 p.m. Bring the kids and enjoy an afternoon of fishing this summer. For more information, call the Outdoor Recreation Center at Camp Bullis at 295-7529 or 295-7577; the office is open Fridays through Mondays.

# Wounded warriors take part in new Golf Club program

Story and photo by Jennifer Morris  
Morale, Welfare and Recreation  
Marketing



Retired Staff Sgt. Orlando Gill practices his swing June 4 during a golf clinic for wounded warriors at the Fort Sam Houston Golf Club.

Every Wednesday for two hours, the Fort Sam Houston Golf Club, along with the Professional Golfers Association and Disabled Sports USA, hosts a golf clinic for wounded warriors.

The program, first introduced last summer, gives wounded warriors from the Center for the Intrepid the opportunity to use the golf course for instruction, practice and fun.

This year the program started at the end of April and will be ongoing. Fort Sam Houston's Golf Club is one of three sites selected for this PGA program; the others are located in Maryland and California.

The PGA, Disabled Sports USA and MWR have set up a list of objectives for this program. The first and foremost is to have fun and learn to enjoy golf. This program is set up to act as a rehabilitation tool and activity to provide socialization and development

of additional life skills. It is also there to act as a reference and resource for golfing.

Whether they are old pros at the sport, have a vague knowledge or are coming in with nothing but curiosity about golf, this program helps develop the skills and knowledge to enable wounded warriors to enjoy a game on the green, be it relaxing or competitive.

### News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at <http://www.samhouston.army.mil/pao/default.html>. For more information, call 221-0615 or 221-1031.

## Knock-out support



Photo by Jennifer Morris

Champion boxer Jesse James Leija presents U.S. Army Garrison Commander Col. Wendy Martinson with items autographed by Leija June 3. In turn, Martinson presented Leija with her Coin of Excellence to thank the boxer for his continued support and efforts in helping the Boxing at the Brought Program at Fort Sam Houston grow into a larger, more spectacular event. Leija offers Soldiers opportunities to train at his gym located on San Pedro, and is always ready and willing to assist Soldiers and their Families with bettering themselves through this sport, as it can assist with weight loss, mental focus, agility and social skills.



**Have feedback for a post customer service provider?**

Go to the Interactive Customer Evaluation Web site at <http://ice.disa.mil> and voice your opinion today.



## Recreation and Leisure

### Summer Reading Club

SeaWorld San Antonio has teamed up with the Keith A. Campbell Memorial Library for the library's Summer Reading Club. Join the summer reading club between now and Aug. 3 for the chance to win prizes. Read for an hour and earn one prize; the more you read the more prizes you earn. The SeaWorld prize drawing will be held Aug. 3. For more information, call 221-4702 or 221-4387 or visit the Fort Sam Houston MWR Web site at [www.fortsamhoustonmwr.com](http://www.fortsamhoustonmwr.com).

### 'Viva Fort Sam!'

The Hacienda Recreation Center and Better Opportunities for Single Soldiers present "Viva Fort Sam," a musical variety show, today from 7 to 8:30 p.m. at the Hacienda Recreation Center, Building 1462 on Garden Avenue. "Viva Fort Sam" is the Hacienda's entry in the 2008 U.S. Army Festival of the Performing Arts. For more information, call 224-7250.

### Father's Day Golf Tournament

The Fort Sam Houston Golf Course Father's Day Tournament is scheduled for Sunday on the Salado Course. Shotgun start time is 1 p.m. Come out with dad and compete for a variety of prizes. This two-person scramble is \$35 for members and \$50 for non-members; the fee covers cart rental, green fees, awards and the banquet after the tournament. For more information, call 222-9386.

### Father's Day sale

Treat dad to the latest golf equipment and apparel. Purchase \$25 or more in products from the Pro Shop at the golf club and receive a possible discount of 10 to 15 percent off of any item in stock. This sale ends June 20. Ping (Karsten) products or special orders are not included. For more information, call 222-9386.

### Summer junior golf camp

Summer junior golf camp registration is being held for the Monday to June 20 session. The session is held Monday through Friday from 8 to 10 a.m. The camp will instruct students on putting, chipping, etiquette, safety, irons, driver and fairway woods, and rules. The session is open to youth ages 7 to 16. The cost is \$70. Register early; space is limited. For more information, call James Benites at 355-5429.

### Gun hunter education class

A two-day Gun Hunter Education Class will be held Saturday and Sunday from 8 a.m. to 3 p.m. at the Camp Bullis Outdoor Recreation Center. The \$15 registration fee is payable on the first day of class. Reservations are required; space is limited. The class is mandatory for rifle hunters who want to hunt on Camp Bullis. Firearms cannot be brought onto Camp Bullis. For more information or to register, call 295-7577 or 295-7529.

### 11th Annual City Military Championship

This two-day event takes place June 21 and 22 at the Fort Sam Houston Golf Course. Check in at 7 a.m. for the 8 a.m. shotgun start time. Registration fee is \$40 for members and \$80 for non-members; the cost of registration includes green fees, awards and a social after play June 22. This championship is a 36-hole stroke play. Flights available include Championship; Open; Ladies; Senior, ages 50 and above; Super Senior, ages 60 and above; and Juniors, under 18 years old. For more information, call 222-9386.

### San Antonio Missions Baseball Military Appreciation Night

Fort Sam Houston Soldiers and Families are invited to attend the San Antonio Missions Baseball Military Family Appreciation Night Monday at Wolff Stadium. The game begins at 7:05 p.m. Several pre-game activities will be available for the military and general public. This game is one of three military appreciation nights sponsored by the Missions in honor of the military. Ticket vouchers can be picked up at the Fort Sam Houston Ticket Office located in the Sam Houston Club with a limit of four vouchers per person. The vouchers can be converted to free general admission tickets at Wolff Stadium or used to upgrade the seats for a small additional charge. For more information, call 221-2606 or 221-9904.

## Dining and Entertainment

### Hebrew National Fan-tastic Promotion

Fort Sam Houston MWR and Hebrew National are offering the Fan-tastic Summer promotion at Mulligan's at the Fort Sam Houston Golf Course and the Strike Zone at

the Fort Sam Houston Bowling Center. Buy six Hebrew National hot dogs and get one free during the Fan-tastic Summer promotion now through July 31. Submit a completed frequency card at Mulligan's or Strike Zone for the Army-wide sweepstakes drawing to win a trip to watch the New York Yankees play in one of the last games in the old Yankees stadium. The trip includes four tickets behind home plate, airfare, lodging and spending cash. Other great prizes include his and her DreamSeat recliners, a 36-inch flat screen television, digital sports camcorder with 10x zoom, Xbox 360 with ESPN baseball game, and a \$150 gift card from the [www.mlb.com](http://www.mlb.com) online shop. Visit [www.mwrpromotions.com](http://www.mwrpromotions.com) for official rules and regulations. For more information, call 221-2606.

### Sam Houston Club

#### Father's Day Brunch

Celebrate Father's Day with Sunday Brunch at the Sam Houston Club Sunday from 10 a.m. to 1 p.m. The brunch features a chocolate fondue station, complimentary champagne and an international food station. The cost is \$18.95 for nonmembers, \$15.95 for members, and \$7.95 for children 6 to 11 years old. Children 5 years old and younger eat free. Reservations are encouraged.

For more information or to make reservations, call 224-2721.

### Top 40 Night

Come out and jam to the latest sounds in hip-hop, rhythm and blues, international, pop, rock and country music Friday and Saturday from 9 p.m. to 1 a.m. at the Sam Houston Club. Cover charge is \$5 per person. Come groove to the sounds of DJ Papote. Stop by for drink and draft specials. Doors open at 8:30 p.m. with no cover until 9 p.m. Hors d'oeuvres will be served from 10:30 to 11:30 p.m. Patrons age 18 and older are welcome and must be 21 years old to buy or consume alcohol. The dress code is casual attire: no hats, athletic attire, shorts or T-shirts are allowed. Management reserves the right to refuse entry into the Sam Houston Club. For more information, call 224-2721 or 224-2722.

### Harlequin Dinner Theatre 'Picnic'

The Harlequin Dinner Theatre will present the play "Picnic" by William Inge through June 21. Tickets are \$28 Wednesdays and Thursdays and \$31 Fridays and Saturdays. The doors open at 6:15 p.m. for salad bar and cocktails, with a buffet from 6:30 to 7:30 p.m.; the show begins at 8 p.m.

See MWR P18



Sgt. 1st Class Christopher Still, instructor, Veterinary Science, Food Safety and Defense Branch, briefs veterinary food inspection specialists on how to identify different cuts of meat during the red meat portion of class at Fort Sam Houston.



Veterinary food inspection specialists at the Army Medical Department Center and School, Department of Veterinary Science, Food Safety and Defense Branch, perform surveillance inspections of menu bags of Meals Ready to Eat during their field training at Camp Bullis.

Spc. Rachel Snow performs a temperature check of eggs during hands-on training. Veterinary food inspection specialists perform egg product surveillance and sampling.



Photo by Sgt. 1st Class Kimberly Cox

# Kitchen cops Food inspection specialists are on frontline of defense

Story and photos by Minnie Jones  
Fort Sam Houston Public Information Office

According to the Centers for Disease Control, food-borne diseases are estimated to cause 6 million to 81 million illnesses and up to 9,000 deaths in the United States per year.

On the frontlines of this ongoing battle is a group of Soldiers, called veterinary food inspection specialists, 68Rs. These Soldiers are the first line of defense in ensuring that Soldiers and the American public have safe and wholesome food.

Before becoming the military's food inspectors, Soldiers must attend an eight-week course at the Army Medical Department Center and School, Department of Veterinary Science at the Food Safety and Defense Branch at Fort Sam Houston.

The school is very intense and covers a wide range of curriculum of both hands-on and didactic training covering the inspection of red meats, poultry, water foods, eggs, dairy products, and fresh fruit and vegetables. They train specialists on how to identify unsanitary conditions in food storage facilities that include both military and commercial facilities.

Instructors at the school are well-versed in all aspects of food protection and inspection and have worked in various locations and situations, and on average have at least 12 years of experience to pass on to students at the school.

Sgt. 1st Class Christopher Still, instructor, Food Safety and Defense Branch, is a member of the team that instructs the meat and waterfoods portion of the course, which is a week and a half long in duration. In this block of instruction, the students learn different cuts of meat and all the deficiencies that go along with meat. "We want to make sure the customers get what they pay for," said Still.

Students speak very highly of the instructors and their knowledge. Pvt. Victoria Coakley, from Sumter, S.C., who just joined the Army Reserve at the age of 32, said she loved the school and the instructors are very knowledgeable and make learning easy.

Once graduated from Advanced Individual Training, Soldiers may find themselves working in various situations and locations. This is because the Army is the only service appointed by executive order by the Department of Defense to do the Veterinary Services mission. Veterinary food inspectors may end up working on a Navy ship, on an Air Force base, in laboratories, commercial facilities or attached to units in combat.

"It isn't uncommon for us to help assist with other government agencies like Customs or Border Patrol, or assisting with projects such as the Olympics. It was Army food inspectors who were part of the team at the Olympics making sure they had a safe food supply," said

"It isn't uncommon for us to help assist with other government agencies like Customs or Border Patrol, or assisting with projects such as the Olympics. It was Army food inspectors who were part of the team at the Olympics making sure they had a safe food supply."

Maj. Margery Hanfelt  
Food Safety and Defense Branch Chief

Maj. Margery Hanfelt, chief, Food Safety and Defense Branch.

Staff Sgt. Howard Lampson is from the Army National Guard, assigned to the 7305th Medical Training Support Battalion, Camp Parks, Calif. He is retraining from the combat medic, 68W - Military Occupational Specialty into the 68R MOS. He said that this is a completely new area of study for him. "It was surprising how involved and how technical food science can be," said Lampson.

Veterinary food inspection specialists' duties can include assisting in the inspection of food designed for human consumption, conducting quality assurance inspections in food-handling establishments, conducting sanitary inspections in military and commercial facilities, and collecting, preparing, and transmitting samples to the laboratory for testing.

They help in the prevention and control of accidental food-borne illnesses that can be caused by Salmonella or chemical agents such as residual sanitizers. In addition, they are also part of the team fighting against tampering or biological/chemical terrorist attacks against food. They are also charged with operating nuclear, biological and chemical detection equipment used in early detection of intentional contamination of food supplies.

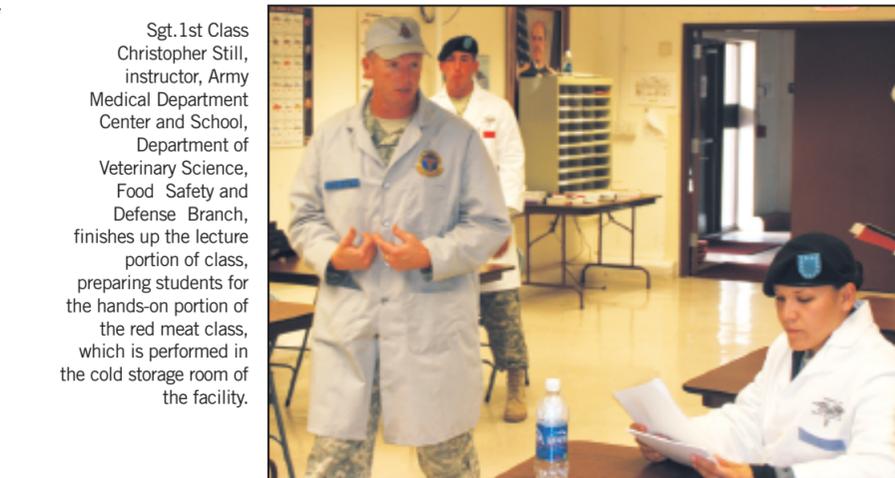
In combat environments, veterinary food inspection specialists are essential in the sustainment of our military fighting force. They are on the frontlines with troops protecting and inspecting everything they eat or drink from bottled water to Meals Ready to Eat to Heat and Serve Rations.

These Soldiers usually go unnoticed because most of their work is done behind the scenes, but their jobs are critical because it could mean life or death to many service members and their Families worldwide. They inspect more than \$22 million of subsistence daily.

Even though veterinary food inspection specialists usually work behind the lines and sometimes go unseen, their jobs are on the forefront in the battle of ensuring the safety and the well-being of American service members and their Families.



Staff Sgt. Howard Lampson (left) and Pvt. Marcy Gonzales Johnson, veterinary food inspection specialists, perform a sanitary inspection in the cold storage area of the training facility located at Fort Sam Houston.



Sgt. 1st Class Christopher Still, instructor, Army Medical Department Center and School, Department of Veterinary Science, Food Safety and Defense Branch, finishes up the lecture portion of class, preparing students for the hands-on portion of the red meat class, which is performed in the cold storage room of the facility.



Spc. Vincent Peter looks through a magnifying glass for pests in a sample food given to him during class. One of the many duties of the veterinary food inspection specialists is guarding the U.S. borders against foreign agricultural pests and diseases.

Photo by Sgt. 1st Class Kimberly Cox

**MWR from P15**

Military discounts are available. For more information or reservations, call 222-9694.

**Child and Youth Services****Army Birthday celebration**

The Child and Youth Services Division will celebrate the 233rd Army Birthday Friday at the Child Development Center, Building 2530, on the large playground. Festivities begin at 4 p.m. and will include food, music and entertainment fea-

turing the children of Fort Sam Houston. All community members are invited. For more information, call 221-5002.

**Parent Advisory Council**

A Child and Youth Services Parent Advisory Council meeting will be held Tuesday from 11:30 a.m. to 12:30 p.m. at the Child Development Center. PAC meetings are held the third Tuesday of each month. Lunch will be provided. All CYS patrons are encouraged to attend. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. For more information, call

221-4871 or 221-1723.

**Army Community Service****Single parenting**

A single parenting class will be held Monday from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. The class discusses issues such as changing roles, co-parenting, dating, financial responsibilities and many other topics affecting Families. For more information or to register, call 221-0349 or e-mail [thelma.t.kegley@us.army.mil](mailto:thelma.t.kegley@us.army.mil).

**Understanding Your Credit Report**

An Understanding Your Credit Report class will be held Tuesday from 2 to 4 p.m. at Army Community Service, Building 2797. This class consists of pulling, reviewing, correcting and updating individual credit reports. For more information, call 221-1612.

**Key Caller training**

A Family Readiness Group Key Caller training will be held Tuesday from 1 to 3 p.m. at Army Community Service, Building 2797. The training defines the responsibilities of the Family Readiness Group Key Caller and provides information on performing this role. Registration closes Friday at 4 p.m. For more information or to register, call 221-2705 or e-mail [samh.acs.mob.deploy@conus.army.mil](mailto:samh.acs.mob.deploy@conus.army.mil).

**Personal Financial Management**

Army Community Service's Financial Readiness Program will offer the Personal Financial Management class Tuesday from 2 to 4 p.m. at ACS, Building 2797. Learn the ins and outs of maintaining budgets, effective savings plans and even information on credit reports. For more information, call

221-1612.

**Pre- and Post-Deployment Planning**

Army Community Service's Mobilization and Deployment Program will offer Pre- and Post-Deployment Planning Training Tuesday from 8:30 to 10:30 a.m. at Army Community Service, Building 2797. This training is designed to increase the spouse's ability to face deployments with resilience and strength, allowing easier separations and smoother reunions. Registration for this class closes Friday at 4 p.m. For more information, call 221-2705 or e-mail [samh.acs.mob.deploy@conus.army.mil](mailto:samh.acs.mob.deploy@conus.army.mil).

**Care Team Training**

Care Team Training focuses on the Care Team's responsibilities and provides guidance on how to handle issues volunteers could face, such as dealing with the reactions from Families. This training is recommended for casualty assistance officers, casualty notification officers and Battalion Care Team volunteers. The next class will be held Wednesday from 1:30 to 3 p.m. at Army Community Service, Building 2797. The deadline to register is June 16 by 4 p.m. For more information, call 221-2705 or e-mail [samh.acs.mob.deploy@conus.army.mil](mailto:samh.acs.mob.deploy@conus.army.mil).

**Identity Theft**

Learn how to protect yourself from identity theft with this class offered by Financial Readiness at Army Community Service. This class teaches people how to recognize identity theft and what to do if they become a victim. The next class is scheduled for June 19 from 2 to 4 p.m. at ACS, Building 2797. For more information, call 221-1612.

**Students celebrate Asian Pacific American heritage**

By Dr. Kathy Maxwell  
Fort Sam Houston Elementary School

Students at Fort Sam Houston Elementary celebrated Asian Pacific American Heritage Month during May.

Not only did students learn about the culture and contributions of Asian Pacific Americans, they also learned that ethnic diversity is a vital part of the United States.

Several military parents and spouses visited classrooms to share their backgrounds, experiences and culture with the children. Parents read stories in their native languages with special objects, traditional clothes, and artifacts from the parents' homelands on display.

"Fort Sam Houston Elementary classrooms resembled an 'Institute of Asian Pacific Culture' with classrooms, library,

halls, cafeteria and lobby dotted with artifacts, artwork, books, special objects, costumes, posters and other pictures representing the Asian Pacific culture," said Cindy Riggs, Fort Sam Houston Elementary School librarian and coordinator for the campus event.

The celebration also included a poster competition sponsored by the Fort Sam Houston Equal Opportunity Office. Every student was offered the opportunity to create a poster commemorating the contributions of Asian Pacific Islanders to American culture and society.

Prizes for the poster competition were awarded during grade-level award ceremonies. The prizes included a certificate and a \$25 Army and Air Force Exchange Service gift certificate.

**Poster contest winners**

- Reilly Miller, son of Richard and Michelle Miller, from Brandon Jones' second grade class.
- Jessica Washington, daughter of Bridget and Quantrell Washington, from Brandon Jones' second grade class.
- Sydney Lamberth, daughter of Donald and Pamela Lamberth, from Stacey Carter's third grade class.
- McKenna Pauley, daughter of Omar Rojas and Angela Montero-Rojas, from Stacey Carter's third grade class.
- Hannah Wafford, daughter of Carolyn and Dwight Wafford, from Melanie Morgan's fourth grade class.
- Leanne Ballares, daughter of Analyn and Emmanuel Ballares, from Barbara Saddler's fourth grade class.

**School board meeting**

The Fort Sam Houston Independent School District Board of Trustees will meet for a regular board meeting June 19 at 11 a.m. at the Fort Sam Houston ISD Professional Development Center, 1908 Winans Road.



# Community

## Events

### **Fredericksburg walk, swim**

The Volkssportverein Friedrichsburg Volksmarch Club will host a 5K, 10K and 14K walk Saturday from 7 a.m. to 12 p.m. at the Trudy Brune Hill Country SPCA Building, 2981 South Highway 16, and a 300-meter swim Saturday from 7 a.m. to 12 p.m. at the Lady Bird Johnson Park, Fredericksburg, Texas. For information, call Joyce O' Rear at 830-992-2053, e-mail [tnjocole@austin.rr.com](mailto:tnjocole@austin.rr.com) or visit [www.walktx.org/AVA1/](http://www.walktx.org/AVA1/).

### **Juneteenth celebration**

The Juneteenth Coalition Board invites everyone to participate in the 2008 Juneteenth activities June 19 at 10 a.m. The Juneteenth Freedom Parade will begin at Palmetto and Wyoming at the Buffalo Soldiers Camp Ground. For more information, call Oscar Vicks at 289-7683.

### **Here's to the Heroes**

Anheuser-Busch is honored to salute the men and women of our armed forces and their Families. Throughout 2008, members of the military and as many as three direct dependents may enter any one of Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission. For more information or to register, visit <http://www.herosalute.com>.

### **Scholarships available**

The Air Force will award 25 college-bound students a \$1,000 schol-

arship toward tuition. Current Air Force Club members, their Family members and grandchildren, who are eligible, can write an essay as their entry for scholarship consideration. Complete program information and rules are available at the Gateway Club at Lackland Air Force Base. All entries must be submitted to the Gateway Club no later than July 1.

### **'Hunters Extravaganza'**

Texas Trophy Hunters Association will hold its annual "Hunters Extravaganza" show July 11 to 13 at the Alamodome; Aug. 1 to 3 at Reliant Center, Houston; and Aug. 15 to 17 at Will Rogers Center, Fort Worth. The show will feature the latest in hunting, fishing and outdoor activities. Admission is \$10; active military with ID get in free. For more information, call 771-4554.

### **'While You're Away' Children's Network**

The United Services Organization invites deployed Families to enroll their children, 3 to 10 years old, in the "While You're Away" Children's Network. The program will help children cope with the separation from their deployed parent. For more information, call Julie Dahlberg at 227-9373, ext. 12 or e-mail [JDahlberg@AlamoUSO.org](mailto:JDahlberg@AlamoUSO.org).

### **Military wives spa day**

The United Services Organization invites all military wives of deployed servicemembers for a spa day the third Sunday of each month at 1 p.m. at the USO San Antonio Downtown Community Center, 420 E. Commerce Street. Treat yourself to an afternoon of pampering and relaxation. Enjoy complimentary mini-facials and chair massages. Volunteers will care for children during the visit. For more information, call Julie Dahlberg at 227-9373 ext. 12 or e-mail [JDahlberg@AlamoUSO.org](mailto:JDahlberg@AlamoUSO.org).

## Training

### **Enterprise Web training**

Hands-on training on Enterprise Web Army Medical Department Electronic Forms Support System, which is replacing FormFlow, will be available on the following days:

See **COMMUNITY P21**

## COMMUNITY from P20

- Tuesday from 8 to 11:30 a.m. and 12:30 to 4 p.m. at Army Medical Department Center and School, Building 2841, Room 2105C.
- Wednesday from 8 to 11:30 a.m. and 12:30 to 4 p.m. at AMEDDC&S, Building 2841, Room 2105C.
- June 23 from 8 to 11:30 a.m. and 12:30 to 4 p.m. at AMEDDC&S, Building 2841, Room 2105C.
- July 9 from 8 to 11:30 a.m. and 12:30 to 4 p.m. at Willis Hall, Building 2841, Room 2105C.
- July 10 from 12:30 to 4 p.m. at Willis Hall, Building 2841, Room 2105C.

- July 24 from 8 to 11:30 a.m. and 12:30 to 4 p.m. at Willis Hall, Building 2841, Room 2105C.

Seats are limited. Attendees must bring common access card to training. For more information or reservations, call Julie Gueller at 221-6203 or e-mail [Julie.Gueller@amedd.army.mil](mailto:Julie.Gueller@amedd.army.mil).

### **AFTB III class**

An Army Family Team Building Level III Leadership Skills class will be held June 23 to 25 from 9 a.m. to 3 p.m. at Army Community Service, Building 2797. The class will cover understanding needs, leadership styles, leader-assisted problem solving, delegation, coaching and men-

toring, communication and building cohesive teams. The class is open to the entire military community and is free of charge. For more information or to register, call Emmy Elliott at 221-1587.

### **AKO training**

There will be a hands-on training on Army Knowledge Online July 15 from 7:30 to 11:30 a.m. and July 21 from 12:30 to 4:30 p.m. at Willis Hall, Building 2841, Room 2105C. Seats are limited. Bring common access card to training. For more information or to register, call 221-6203 or e-mail [Julie.Gueller@amedd.army.mil](mailto:Julie.Gueller@amedd.army.mil).

## Meetings

### **Warrant Officer Association meeting**

The June meeting of the Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will be held Monday at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road, near Loop 410. All active duty, retired, Reserve and National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596 or e-mail [juan.gomez@us.army.mil](mailto:juan.gomez@us.army.mil), or Jim

Gonzales at 666-9818 or e-mail [rgonzales879@satx.rr.com](mailto:rgonzales879@satx.rr.com).

### **MOAA-Alamo Chapter luncheon**

The Military Officers Association of America-Alamo Chapter will host a luncheon June 19 at 11 a.m. at the Randolph Air Force Base Officers Club. Bexar County Assistant District Attorney Joanne Woodruff will be speaking about elder fraud. The cost for lunch is \$14. Make reservations and menu selection by 12 p.m. Monday. For more information, call 228-9955 or e-mail [moaa-ac@sbc-global.net](mailto:moaa-ac@sbc-global.net).

# For Sale Fort Freebies

**For Sale:** 2007 Nissan XTerra SE 9, 2-wheel drive, V6, four-door, black, 9,500 miles, \$21,500. Call 259-5942, leave message.

**For Sale:** Rustic kitchen table with four chairs, \$500; chaise, beige, new, \$225; Pentair pool cleaner, in ground pool, \$300. Call 697-9261 or 363-4056.

**For Sale:** Whirlpool front-loading washer, large, water and energy-saving, \$495. Call 494-0362.

**For Sale:** Fawn pug puppies, eight weeks old, male and female, housebroken, \$300. Call 314-3880.

**For Sale:** 2007 Honda Rubicon, 550 cc, 4X4, ESP, black, gun racks, rear storage and seat folding aluminum ramps and Honda cover, \$6,800 obo. Call 265-3140.

**For Sale:** Metal desk with pen and file drawers, 27 inches long by 52 inches wide, \$20. Call 719-244-0493.

**For Sale:** 1981 Jeep CJ7, original

## Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate ads will not be published. To submit a Fort Freebie, e-mail [news.leader@conus.army.mil](mailto:news.leader@conus.army.mil) or fax to 221-1198. Freebies run for one week unless submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

304, V8, 4-speed, Goodrich T/A's on aluminum wheels, rancho shocks, new center force clutch, hard top and metal

doors with dark tint, bikini top, ungraded front seats, winch, \$6,500 obo. Call 380-9441 or view picture on Craigslist posting ID: 683290357.

**For Sale:** 1992 Ford custom conversion van, loaded, \$3,395. Call 659-6741.

**For Sale:** German oak wall unit, \$900; mission-style futon frame and

mattress, \$60; cherry TV stand, \$30; cherry bookcase, \$30; trampoline, 14-foot, \$50. Call 822-7620.

**For Sale:** Infant car seat, \$25; Fisher Price infant swing with musical mobile, \$45; blue diaper bag, \$7; baby tub, \$5; mirror with wood frame, 46 inches long by 26 inches wide, \$35. Call 946-4530.

**For Sale:** Ann Taylor, Anne Klein, top-name dresses, skirts and suits, sizes 6 to 8, some petite sizes; name brand shoes, sizes 5.5 to 6, \$8 to \$20. Call Brenda at 829-8235.

**For Sale:** 2005 GMC Canyon, manual transmission, extended cab, 15,170 miles, \$13,000 obo. Call 785-226-3862.

**For Sale:** THULE Rack, with two attachments, kayak and surfboard, \$125 obo; 1981 Volvo DL, new timing belt and water pump, good tires, runs well. Call Dennis at 658-8669.

**For Sale:** Jonboat, 14-foot, 5hp, troll motor galvanized trailer, 30 pounds, \$1,650

obo; 1996 Winnebago 33, brace, queen-size bed, shower, sleeps six, satellite system, 46K, \$19,000 obo. Call 832-8693.

**For Sale:** King-size mattress and box spring, good condition, \$200. Call 859-1419 after 6 p.m.

**For Sale:** Stroller with attachable car seat, \$50; PlayStation 2 games and Xbox games, \$10 each; Guitar Hero package, not opened, \$70. Call 954-3636.

**For Sale:** Honeywell programmable digistat thermostat, home A/C, \$30. Call 221-3549.

**For Sale:** German shrunk, oak wood, 11 feet long by 7 feet high by 2.5 feet wide, glass doors in front with glass shelves, built in bar and plenty of storage, \$2,200 obo. Call Bob at 221-2800 or 845-5453.

**For Sale:** Nintendo Wii sports console with two year warranty, new, \$250. Call 896-8563.

**Free to Good Home:** Three gray tiger-striped kittens, born April 14, very tame and playful. Call 494-0362.