

FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

Ole'!



Photo by Olivia Mendoza

Valerie Chavarria, Latin dancer, captivates the audience with her castanets while dancing to flamenco music at the Hispanic Heritage Month celebration Sept. 17 at Army Community Service. The celebration included a food tasting from Azuca Nuevo Latino Restaurant, Latin music played by the Army Medical Command Band's Latin Force ensemble, performances by A&R Productions featuring Roni and the Latin Explosion, prize drawings and cultural exhibit displays. *See related story and more photos, Pages 16 and 17.*

New center readies Soldiers to deploy

By Jeff Crawley
Fort Sam Houston Public Affairs Office

The newly formed Army Medical Department Center and School's Center for Predeployment Medicine at Fort Sam Houston prepares medical specialists for deployment with training that covers everything from battlefield first aid to working in combat support hospitals.

The CPDM conducts four courses that were previously offered through various departments at the AMEDD Center and School — some of which had curriculum redundancy among them.

Having the courses managed by

"The first time a combat medic sees a casualty on the battlefield, they need to be confident and competent in their ability to do their job."

Armand Fermin
Course coordinator

a single center allows for greater support and frequency of courses, and training which used to be optional will become mandatory, said CPDM officials.

See **NEW CENTER P6**

BAMC staff to begin using satellite parking

By Jen Rodriguez
Brooke Army Medical Center Public Affairs

As part of a test pilot group, some Brooke Army Medical Center staff may start off-site parking as early as Oct. 7, using satellite parking lots throughout Fort Sam Houston.

The satellite parking will free up space around BAMC so Base Realignment and Closure construction projects can begin this fall.

The pilot program will help BAMC Provost Marshal officials

determine the amount of time it takes for buses to make the rounds to satellite parking lots at Fort Sam Houston to the BAMC campus and back.

Brig. Gen. James Gilman, commander, Great Plains Regional Medical Command and BAMC, said the satellite parking may add about an hour to staff members' commutes with the longest bus ride taking up to 18 minutes.

Only 1,868 spaces will remain after BAMC loses more than 2,300

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Buddy Walk at Fort Sam

To celebrate Down Syndrome Awareness Month, the Down Syndrome Association of San Antonio will sponsor a Buddy Walk Sept. 27 at the BG Johnson track, MacArthur Parade Field, located on Stanley Road between Schofield and Worth roads. Walk-day registration starts at 7 a.m. with entertainment and exhibitors. Opening ceremonies start at 8 a.m. and the walk begins at 9 a.m. To register, visit www.dsasa.org.

Participants 16 years old and older must carry photo identification — driver's license, school ID or Texas Standard ID. No firearms are permitted. All vehicles must have a current inspection and registration sticker and proof of auto insurance. Enter Fort Sam Houston through the Walters Street or Harry Wurzbach gate.

E-MAIL NEWS LEADER AT: NEWS.LEADER@CONUS.ARMY.MIL

Political dos and don'ts for federal employees

The Hatch Act governs the political activity of government employees at the federal, state and local levels. Under the Hatch Act, most federal employees may take an active part in partisan political management and campaigns. Federal employees:

Dos
May be candidates for public office in nonpartisan elections.

Example: An employee may run for school board in the District of Columbia because school board elections in the district are nonpartisan.

May register and vote as they choose.

Example: An employee may register to vote Republican and vote for a Republican candidate even though his boss is a Democratic political appointee.

May assist in voter registration drives.

Example: An employee

may assist in a voter registration drive sponsored by the League of Women Voters.

May express opinions about candidates and issues.

Example: An employee may write a letter to the editor at the Washington Post that expresses her personal opinion on a candidate or political issue.

May contribute money to political organizations.

Example: An employee may make a monetary contribution to any candidate, political party, club or organization of her choosing.

May attend and give a speech at a political fundraiser, rally or meeting.

Example: When an employee is off duty she may attend and give a speech or keynote address at a political fundraiser.

May join and be an active member of a political party or club.

Example: An employee may serve as a delegate, alternate or proxy to a state or

national party convention.

May sign and circulate nominating petitions.

Example: An employee may collect signatures for the nominating petitions of individuals who are running for public office.

May campaign for or against referendum questions, constitutional amendments and municipal ordinances.

Example: An employee may be politically active in

connection with a referendum question that seeks to ban smoking in eating establishments.

May campaign for or against candidates in partisan elections.

Example: An employee may walk around his neighborhood and introduce a candidate who is running a partisan election to his neighbors

May distribute campaign

See POLITICAL P7

Weekly Weather Watch						
	Sept. 25	Sept. 26	Sept. 27	Sept. 28	Sept. 29	Sept. 30
San Antonio	Low 90s Mostly Sunny	Upper 80s Mostly Sunny	Upper 80s Mostly Sunny	Upper 80s Partly Cloudy	Upper 80s Partly Cloudy	Upper 80s Partly Cloudy
Kabul Afghanistan	78° Clear	78° Clear	80° Partly Cloudy	82° Partly Cloudy	84° Clear	86° Clear
Baghdad Iraq	100° Clear	98° Partly Cloudy	95° Clear	91° Clear	89° Partly Cloudy	87° Clear

(Source: Weather Underground at www.wunderground.com)



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News Briefs

Environmental Management System kick off

The Directorate of Public Works, Environmental Division, will host an Environmental Management System kick off Sept. 25 from 8 a.m. to noon at the Army Community Service center on Stanley Road. For more information regarding EMS or the kick off, call 221-5057.

Hispanic Heritage Month events

In honor of Hispanic Heritage Month, the following events will be held:

- The 32nd Medical Brigade will celebrate Hispanic Heritage Month Sept. 25 from 6:30 to 7:30 p.m. at the Hacienda Recreation Center. The guest speaker will be retired Command Sgt. Maj. Arista. The celebration will be hosted by the 187th Medical Battalion, 32nd Medical Brigade and local sponsors. For more information, call Sgt. 1st Class Roldan at 295-2736
- 5K Fun Run Sept. 27 starting at 9 a.m. at the Jimmy Brought Fitness Center. The first 100 runners to show up will get a free T-shirt.
- Soccer tournament Oct. 4 from 8 a.m. to 5 p.m. at Leadership Field, across from the fire department. The deadline to register is Sept. 26 at 7:45 a.m.
- A Latin Night Comedy Show at the Sam Houston Club will be held Oct. 4 at 8:30 p.m. The event is co-sponsored by Better Opportunities for Single Soldiers. The cover charge is waived for people who receive tickets from their unit BOSS representative. For information, call Doug Rush at 224-2721.

For more information on the events, call Sgt. 1st Class Megan Grant, project officer, at 295-6800.

Practical Nurse Course graduation

The graduation ceremony for the Practical Nurse Course, 68WM6, Class 07-10, will be held Sept. 25 at 1 p.m. in Evans Auditorium, Garden Avenue. For more information, call Nancy Long at 295-4050.

Road closure

Garden Avenue will be closed temporarily Sept. 27 and 28 from 6:30 a.m. to 6:30 p.m. while contractors perform utility work as part of the dining facility construction. The road closure will affect Garden Avenue between Schofield and W.W. White roads. Personnel should plan to take the alternate route — go west on Schofield, north on Marvin Wood, west on Harney, north on Chaffee and east on W.W. White. This detour affects portions of the housing area so drivers should exercise extreme caution.

See NEWS BRIEFS P4

Taking care of Soldiers: Fair invites employers to hire wounded vets, family members

Story and photo by Jeff Crawley
Fort Sam Houston Public Affairs Office



Sgt. 1st Class Raymond Arnold, of the 32nd Medical Brigade, meets with U.S. Forest Service recruiters Ted Willis (left) and Fred Salinas Tuesday at the Hiring Heroes Career Fair at the Sam Houston Club. Almost 80 employers from federal and state agencies and private companies had information booths at the fair.

The Defense Finance and Accounting Service was seeking accountants, financial analysts and human resource specialists. The Bexar County Sheriff's Office was looking for law enforcement officers to join its team. And, the Fort Sam Houston Civilian Personnel Advisory Center sought staff to fill positions in the Directorate of Family and Morale, Welfare and Recreation and other offices.

These agencies and departments were a few of the 77 employers who recruited at the Hiring Heroes Career Fair Tuesday at the Sam Houston Club. The fair attracted more than 300 injured service members and their family members and caregivers.

Veterans are a great hire, said Carin Otero, director of the Recruitment Assistance Division, Civilian Personnel Management Service of the Department of Defense.

"They're the best and the brightest," Otero said. "We know that they have the leadership skills, we know that they have the technical skills and we know those skills transition very well into a civilian career."

Patricia Bradshaw, deputy undersecretary of Defense for Civilian Personnel Policy, welcomed the employers shortly before the fair opened at 9 a.m.

"A significant characteristic of this

"The private sector is doing a phenomenal job of hiring our severely injured."

*Karen Hannah
Hiring Heroes program manager*

job fair today is that we have gone from 24 employers (in 2005) to 77. I can't thank you enough for that commitment," Bradshaw said. "You the employers continue to play the most significant role in the lifecycle care of our wounded."

The career fair offered a blended approach of employers. About one-third of the employers were from the DoD, another one-third from other federal agencies and the last third from the private sector, said Karen Hannah, Hiring Heroes program manager at Recruitment Assistance Division, Civilian Personnel Management Service, DoD.

"The private sector is doing a phenomenal job of hiring our severely injured," Hannah said.

To help prepare job seekers for the event, a prefair workshop was held Monday at the Sam Houston Club, said Kim Goffar, veteran's outreach coordinator at the Soldier and Family Assistance Center at Fort Sam Houston.

Workshop topics included resume writing, working a job fair, veteran's

preference in hiring and reasonable accommodation. Employment specialists from the Office of Personnel Management and Fort Sam Houston's Army Career and Alumni Program, Equal Employment Opportunity Office, Army Community Service and CPAC led the workshops.

Twenty-four computers were setup to help job seekers create resumes or tweak existing ones with help from employment specialists, which included volunteers.

"We have individuals assisting with writing federal resumes and others assisting with private sector resumes," Goffar said.

During the career fair, agencies and companies presented 30 minute information sessions about their organizations and the positions that they sought to fill. Some of the presenters included the FBI, Troops/Spouses-to-Teachers, Naval Air Systems Command and Volt Workforce Solutions.

More than 150 injured Soldiers from

See FAIR P8

News Briefs

from P3

Construction notice

Workers will begin concrete placement for Military Instructional Facilities 1 and 2 on Hardee and Scott roads Sept. 29 at about 3 a.m. The facilities will be part of the Medical and Education Training Campus. Traffic on post will not be impacted; contractors will be using a separate entrance. Workers will be placing concrete for these facilities through the end of March.

Community FIRST focus group

A Community FIRST focus group, comprising Warrior in Transition Battalion Soldiers and their Family members, is scheduled for Oct. 8 from 8:30 to 11:30 a.m. in the Soldier and Family Assistance Center Conference Room, Building 3931. For more information or to participate in the focus group, call Russell Matthias, Fort Sam Houston Customer Service Officer, at 221-2543 or e-mail samh.cms@conus.army.mil.

For more information about Customer Management Service, call Russell Matthias, CSO, at 221-2543 or e-mail samh.cms@conus.army.mil.

Public Works closure

The Directorate of Public Works will be closed Oct. 15 from 11 a.m. to close of business for the DPW Organization Day. For emergencies, call the Service Order Desk at 221-3144.

Audie Murphy Club Induction Ceremony

The Sergeant Audie Murphy Club Induction Ceremony will be held Oct. 17 at 4 p.m. in Blesse Auditorium, Willis Hall, Army Medical Department Center and School. The honorees are Sgt. 1st Class Serena Di Virgilio and Staff Sgt. Howard Markel, of the AMEDD Noncommissioned Officers Academy.

Special Forces briefings

Special Forces briefings will be held Oct. 20 to 24 from 11:45 a.m. to 1 p.m. in the Army Community Service center. The Oct. 20 to 22 briefings will be held in training room 1 and Oct. 23 and 24 briefings in training room 2. The briefings are open to permanent party male Soldiers, E-3 to E-6. For more information, call Sgt. 1st Class John Murphy at 1-877-845-9764 or 254-288-7411.

Detention training facility prepares interrogators

Story and photo by Gregory Ripps
470th Military Intelligence Battalion Public Affairs

Only the concertina wire and the Camp Bullis Detention Facility sign gave any indication that something significant was going on within the new 9,800-square-foot building.

Inside, Soldiers of the 338th Military Intelligence Battalion were undergoing realistic, state-of-the-art training in the operation of a facility for interrogating detainees.

The 338th, which is the U.S. Army Reserve's first interrogation battalion, was the first unit to use the new Intelligence Security Command Detention Training Facility Aug. 27 and 28. The 160-member battalion will soon depart for its mobilization site for additional Soldier training prior to deployment overseas in support of Operation Iraqi Freedom.

Ground was broken for the IDTF, located in a remote area of Camp Bullis, last December and construction was finished in April. Electrical and technological installations were completed in early August.

"The IDTF was built to train and validate Army interrogation battalions on the performance of collective intelligence tasks associated with theater detention operations," said Mark Stanley, the IDTF director. "It provides a great training environment for Soldiers with an interrogation mission."

The 470th Military Intelligence Brigade, headquartered at Fort Sam Houston, was responsible for assisting with scenario development, exercise control and for providing the IDTF as the training venue. The Military Intelligence Reserve Command and numerous observers provided the 338th commander with feedback regarding task performance.

Stanley said that training at the facility was designed to replicate current operations of a theater detention facility.

The 338th Soldiers trained to process and interrogate detainees, and monitor and record these interactions while being observed.

Arabic speakers played the roles of



Concertina wire surrounds the new Intelligence Security Command Detention Training Facility at Camp Bullis. Members of the 338th Military Intelligence Battalion were the first to use the new building for detention facility management and interrogation training Aug. 27 and 28.

detainees and translators. Detainee role players received their initial screenings and were relieved of any items that might provide additional intelligence. They were then assigned to a specific interrogator and escorted to an interrogation booth where an interrogator spoke with them through an interpreter.

"This facility gave our Soldiers the opportunity to do what they will be doing overseas."

**Command Sgt. Maj. Alfred Jacob
Senior Noncommissioned Officer, 338th MI Battalion**

The IDTF's 13 interrogation booths facilitate comprehensive oversight of the interrogation. The booths include two-way glass with microphones and earphones in adjoining observation/monitoring booths and two cameras offering two views of each interrogation. Each interrogation is recorded visually and audibly for retention and timely dissemination and can be viewed live via laptops in another part of the IDTF.

Following each training interrogation, the interrogators compiled their reports. All activities take place under the watchful eyes of IDTF and 338th MI Battalion staff, as well as other advisers and instructors.

"The facility fits into our training very well," said Command Sgt. Maj. Alfred Jacob, senior noncommissioned officer for the 338th. "We had all the players here. This facility gave our Soldiers the opportunity to do what they will be doing overseas."

Members of the 338th MI Battalion,

which officially stood up in October 2007, knew from the first that they would be deploying overseas within the next year.

"Soldiers came in from reserve units from almost 30 different states to fill requirements for interrogators and analysts along with staff support," Jacob said.

The 338th Soldiers will be validated in their interrogation, analysis and detention facility management skills, as well as their warrior skills at their mobilization station.

"We are the validating authority," said Ronnie Coney, Intelligence Warfighter Division chief, Headquarters 1st Army. "But many agencies are involved in making sure these people are trained."

Among the advisers involved in the training week's proceedings were three members of the 201st MI Battalion, which is currently serving in Iraq. They brought with them 11 months of experience in operating the Camp Cropper Detention Facility.

Maj. Chris Tomlinson, officer in charge, Joint Intelligence Training Center J3, and Chief Warrant Officer 4 Juan Santana, a senior human intelligence interrogator, agreed that the IDTF, in a more compact format, was similar to the real facility.

"They (the trainees) need to understand the process of operations down-range (in Iraq)," said Santana. "It's important to have a place (such as the IDTF) that offers reality."

See DENTENTION P8

New program aims to help with adjustment after redeployment

By William Bradner
U.S. Army Family and Morale, Welfare and Recreation Command Public Affairs Office

ALEXANDRIA, Va. — Earlier this year, a Fort Rucker, Ala., Soldier died when he lost control of his new sport motorcycle in a curve, hit a culvert, was ejected off the bike, and slammed into a light pole. He was wearing a helmet, but had not attended the motorcycle safety course, and did not have a motorcycle endorsement on his license.

Ten minutes prior to his accident, he had been pulled over by a local police officer for traveling 84 mph in a 55 mph zone.

While no one can definitively say why the Soldier refused to slow down even after being warned by law enforcement, Army officials believe this accident and hundreds of similar accidents have a common link: Soldiers returning to garrison life after extended combat deployments are having difficulty adjusting and are seeking the adrenaline rush they've grown accustomed to in combat environments.

As of October 2007, 186 Soldiers had died in accidents within one year of returning from combat, 168 of them within the first six months after they returned. Sixty percent of the accident fatalities are sergeants or below. The overwhelming majority of the accidents involve high speed, alcohol or both.

The Army is testing a new program designed to help these Soldiers adjust from the high-paced, high-adrenaline combat environment to garrison or "home" life.

Warrior Adventure Quest combines high-adventure out-

door recreation activities such as skydiving, paintball, ropes courses, rock climbing, mountain biking, stock car racing, skiing and others, with Battlemind training to help Soldiers readjust to a calmer-paced lifestyle.

The high-adventure outdoor recreation activities are to entice Soldiers to participate as well as a release mechanism to give them the adrenaline boost they're craving in a safe, controlled environment, officials said.

Battlemind is an Army psychological resiliency-building program that helps Soldiers recognize and respond to fear during combat, then mitigate the cumulative effects of a sustained combat environment and become mentally prepared to reintegrate during the redeployment, post-

deployment and reset portions of the deployment cycle.

WAQ is centrally funded through the Family and Morale, Welfare and Recreation Command, with oversight from the Installation Management Command and regional FMWR recreation managers. The three pilot programs are in Vicenza, Italy; Fort Lewis, Wash.; and Leesburg, Va., and involve two active-duty and one National Guard brigade combat teams.

Planning is under way to bring the program to an additional 24 Army garrisons over the next year, and the long-term goal is to have every BCT participate in WAQ within 90 days of their redeployment from a combat environment.

Officials will use survey and assessment tools to evaluate



Courtesy photo

Warrior Adventure Quest combines high-adrenaline sports such as white-water rafting with Battlemind training to help Soldiers adjust to the return to garrison life from the combat environment.

the program's effectiveness, including statistics from the Combat Readiness/Safety Center, the Reintegration Unit Risk Inventory, the Unit Behavioral Health Needs Assessment and a new online survey, the Warrior Adventure Quest User Survey.

Training and Doctrine Command officials said it costs the Army \$54,700 to train a basic combat arms Soldier, and as much as \$67,000 for other military occupational specialties, depending on the length of their advanced individual training.

NEW CENTER from P1

"We want the units and people deploying to utilize our training so that we can decrease morbidity and mortality on the battlefield," said Director Lt. Col. (Dr.) John McManus.

The courses are offered to combat medics, physician's assistants, senior medical noncommissioned officers, physicians and nurses. The training prepares Soldiers for what they will experience in the field, said Armand

Fermin, course coordinator for the Brigade Combat Team Trauma Training and Military Transition Team Medical Course at the CPDM.

"The first time a combat medic sees a casualty on the battlefield, they need to be confident and competent in their ability to do their job," said Fermin, a retired first sergeant. "We provide that confidence and competence."

The following courses are offered by the CPDM, which is part of the Academy of Health Sciences.

Brigade Combat Team Trauma Training

The five-day BCT3 is for combat medics assigned to brigade combat teams. The training focuses on tactical combat casualty care, which includes controlling bleeding, treating chest wounds and their associated problems, and clearing airway obstructions, said retired Army PA Casey Bond, a program manager at the center. Much of the training is performed in the field in battlefield and urban environments, according to



Courtesy Photo

Staff Sgt. Cedric Griggs (wearing ball cap) watches over Soldiers from the 3rd Brigade, 82nd Airborne Division, as they perform tactical evacuation care Sept. 3 at Fort Bragg, N.C. Griggs, who was teaching the Brigade Combat Team Trauma Training, is an instructor at the Army Medical Department Center and School's Center for Predeployment Medicine at Fort Sam Houston.

BCT3 literature.

Military Transition Team Medical Course

The MiTT training is for the team's medical NCO. MiTTs are teams of 12 to 20 Soldiers who are imbedded with Iraqi or Afghan security forces as trainers and advisers. The eight-day training covers tactical combat casualty care as well as working as an independent medical provider. The medical NCOs provide care for their teams and train their foreign counterparts as combat lifesavers, Fermin said.

Tactical Combat Medical Care Course

The TCMC course is geared toward PAs, doctors, nurse practitioners and senior medical NCOs who will be assigned to battalion aid stations and medical companies. The five-day course is a mix of didactic and hands-on realistic scenarios to prepare providers to go downrange, said Maj. Shon Compton, deputy director for the center. The course can be taught at the providers' home units or at Fort Sam Houston, he said.

Joint Forces Combat Trauma Management Course

The five-day JFCTM Course

is designed for physicians, nurses, senior medics and PAs who will be stationed at combat support hospitals. Course topics include advanced principles of critical care, stabilizing and transporting patients, and surgery, McManus said. "Basically, it's a couple days of epidemiology for learning what's going on for morbidity and mortality and a couple days of break-out sessions," he said.

Fermin said some of the comments he has received from Soldiers who have taken the BCT3 course included: "I wish I had this training before on previous deployments – I would have saved lives" and "This is the best training that I have received in the Army."

Similar comments have been made about the JFCTM Course, McManus said.

"Our next endeavor is to study the training and education that we are doing," McManus said. "What we really want to do is start gathering true data on how we train and see how effective it was."

For more information about the CPDM, visit <http://www.cs.amedd.army.mil/Deployment/default.aspx>.

POLITICAL from P2

literature in partisan elections.

Example: An employee may stand outside of a polling place on Election Day and hand out brochures on behalf of a partisan political candidate or political party.

May hold office in political clubs or parties.

Example: An employee may serve as a vice president of a political action committee, as long as the position does not involve personal solicitation, acceptance or receipt of political contribution.

Don'ts

Important restrictions on employees' political activity still exist. Whether on or off duty, federal employees:

May not use official authority or influence to interfere with an election.

Example: An employee who signs a letter seeking volunteer services from individuals may not identify himself by using his official title.

May not solicit or discourage political activity of anyone with business before her agency.

Example: An employee with agency-wide responsibility may address a large, diverse group to seek support for a partisan political candidate as long as the group has not been specifically targeted as having matters before the employing agency.

May not solicit, accept or

receive political contributions (may be done in certain limited situations by federal labor or other employee organizations).

Example: An employee may not host a fundraiser at his home or solicit funds at any other fundraiser for a partisan candidate.

May not engage in political activity while on duty, in a government office, while wearing an official uniform or while using a government vehicle.

Example: An employee may not display a political poster, bumper sticker or campaign button in her office or in the common areas of a federal building.

May not become a candidate in a partisan election.

Example: An employee may not become a candidate in an election where any of the candidates are running as representatives of political parties, usually the Democratic or Republican parties.

The penalty for violating the Hatch Act can range from a 30-day suspension without pay to removal from federal service.

Some federal employees are prohibited from engaging in partisan political campaigns or partisan political management.

For more information, visit the U.S. Office of Special Counsel at <http://www.osc.gov> or call 1-800-85-HATCH (42824).

(Source: U.S. Office of Special Counsel)

Cooking fire prevention tips can save lives, homes

By Terry Davis
Assistant Chief, Fire Prevention

Cooking fires are the number one cause of home fires and home fire injuries. Nearly all cooking equipment fires start with the ignition of food, other cooking materials – grease or cooking oil – or

other items normally found or installed in a kitchen, such as cabinets, wall coverings, paper or plastic bags and curtains.

The following tips can help you stay safe in your home while cooking:

• Always use cooking equipment tested and approved by

a recognized testing facility.

• Stay in the kitchen when you are frying, grilling or broiling food. If you leave the kitchen, even for a short time, turn off the stove.

• Keep anything that can catch fire — potholders, tow-

See PREVENTION P9

Combined Federal Campaign FAQs

The Fort Sam Houston Combined Federal Campaign continues through Dec. 15. Below are some frequently asked questions about CFC donations.

Q. What are the costs of the campaign? Historically, campaign costs nationwide have averaged 10 percent with funds spent on printing materials, training volunteers and other administrative expenses.

Q. Can a federal employee donate to a local charitable organization in a neighboring CFC area? No, a federal employee may participate in a particular CFC only if that employee's official duty station is located within the geographic boundaries of that CFC.

Q. Many donors only contribute \$1 per pay period. Has the U.S. Office of Personnel Management considered a pledge-minimum increase? OPM does not plan to change the regulatory minimum.

For more information on the CFC, contact your unit key worker or visit www.cfcsanantonio.org.

(Source: OPM)



FAIR from P3

Fort Hood, Texas, were bussed to the fair. They were part of a steady stream of customers who kept employers busy during the six-hour event.

Nioka Wiggins, a human resource specialist with DFAS in Indianapolis, explained to interested applicants that her agency is the accounting firm of the DoD. She accepted resumes and determined at which of the five DFAS locations prospective employees

preferred to work.

"Once I receive the resumes, I take them back to the hiring managers at Indianapolis," Wiggins said. "They contact applicants to begin the interview process."

Human Resources Manager Kelly Sebastian of Airgas Southwest based in Albuquerque, N.M., said she was getting much interest in her company and talked with a lot of qualified applicants.

"They're enthusiastic and high energy," she said. "It's nice to see that."

DETENTION from P4

Lt. Col. Fredrick Francis, 338th MI Battalion commander, said the experience of the 201st MI Battalion was central to the success of the training.

"They've been on the ground, seen it, done it," he said. "My hope is that our Soldiers can absorb as much knowledge as possible and put it into practice."

Because of the training the 338th Soldiers received at the

IDTF, what they find in Iraq should seem recognizable.

"With the tools they have been using and the environment so realistic, it will be like they have been there before," Francis said. "The facility at Camp Cropper should seem very familiar to anyone who has been through this exercise."

"In 20 years in the intelligence community, this is by far the most realistic interrogation exercise I've been involved with," he said.

PARKING from P1

parking spaces because of the BRAC construction project. BAMC's staff will be required to park in satellite parking areas of Fort Sam Houston in an effort to provide adequate parking for patients at BAMC during the construction period.

"We're getting into the business of planning for the next three years," Gilman said. "There will be major construction. The plan is the patients will park on campus and the staff off."

Staff parking on the BAMC campus will be restricted to handicapped personnel, a limited number of carpoolers and motorcycle and bicycle riders.

The satellite parking areas for BAMC staff members will include: the Archery Range, Privatization of Army Lodging (Staybridge) parking site, Stanley Road parking site, Old Post Exchange parking site

and South Beach parking site. Overflow sites are at the Post Office and the Scout Building.

The satellite sites are slated to support more than 2,000 vehicles.

Shuttle services will provide transportation for staff members from the satellite parking areas to the hospital. During peak hours, 44-passenger buses will transport people to and from the parking sites approximately every five minutes. At off-peak hours, 44-passenger buses will transport people approximately every 15 minutes throughout the day.

Additionally, government vans will be available on an on-call basis for the transition between buildings not located on bus routes.

Satellite parking signifies another step toward the hospital's BRAC renovations. Last month, the U.S. Army Corps of Engineers, Fort Worth

District, awarded a \$556 million contract to Clark/Hunt, Joint Venture, headquartered in Tampa, Fla., for the San Antonio BRAC program.

With the contract awarded, BAMC is closer to adding more than 760,000 square feet of new space, which includes a multistory addition to house a Level 1 trauma center, operating rooms, clinical and administrative space and an extension to BAMC's burn center. The renovations will add more than 288,000 square feet to the existing BAMC facilities.

New additions to the BAMC campus will also include a 5,000-space parking garage for medical staff and patients, which is scheduled to be completed in fall 2010.

Construction is set to begin during the October-November timeframe with a groundbreaking ceremony planned for Dec. 8, Gilman said.



PREVENTION from P7

els or curtains — away from your stovetop.

- Have a "kid-free zone" of at least 3 feet around the stove and areas where hot food or drink is prepared or carried.
- Wear short, close-fitting or tightly rolled sleeves when cooking. Loose clothing can dangle onto stove burners and catch fire.
- Never use a wet oven mitt, as it presents a scald danger if the moisture in the mitt is heated.
- Always keep an oven mitt and lid nearby when you're



cooking. If a small grease fire starts in a pan, put on an oven mitt and smother the flames by carefully sliding the lid over the pan. Turn off the burner. Don't remove the lid until it is completely cool.

- If there is an oven fire, turn off the heat and keep the door

closed to prevent flames from burning you and your clothing. Have the oven serviced before you use it again.

For more information, call the Fort Sam Houston Fire Department Fire Prevention Section at 221-5452.

(Source: www.nfpa.org)

U.S. Army South observes partner nations' independence celebrations

By Robert Ramon
U.S. Army South Public Affairs Office

U.S. Army South observed Brazil's and Chile's respective independence days and Chile's Armed Forces Day during a ceremony at U.S. Army South headquarters Sept. 12.

The ceremony was hosted by U.S. Army South Commander Maj. Gen. Keith Huber and included presentations by U.S. Army South Liaison Officers Brazilian army Lt. Col. Raul Rodrigues de Oliveira and Chilean army Col. Juan Carlos Ramirez.

"There's so much to learn from this interaction," Huber said. "We are very appreciative of (de Oliveira and Ramirez's) presence and for the privilege of being a part of their Families."

De Oliveira and Ramirez each conducted presentations during the ceremony that included brief histories of how each of their countries gained independence.

"It's an honor and a privilege to be here sharing this moment with you," de Oliveira said to his U.S. Army South colleagues. "I would also like to highlight that the United States of America was the first to recognize Brazil as a sovereign country."

Ramirez stressed the significance of the ceremony in that it "will help to continue strengthening the relationship and friendship between our armies."

Brazil celebrated its independence Sept. 7 and Chile on Sept. 18. Chile's Armed Forces day was Sept. 19.



Photo by Sgt. Nina Ramon

U.S. Army South Commander Maj. Gen. Keith Huber (center) cuts a cake in the presence of Chilean army Col. Juan Carlos Ramirez (right) and Brazilian army Lt. Col. Raul Rodrigues de Oliveira (left) during a U.S. Army South ceremony Sept. 12 observing Brazil's and Chile's respective independence days and Chile's Armed Forces Day.

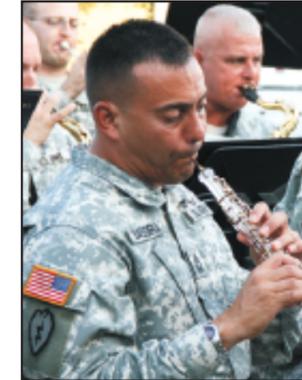
News Leader survey online

Submit your feedback to help improve the News Leader. The survey is available online at <http://www.samhouston.army.mil/pao/default.html>. For more information, call 221-0615 or 221-1031.

Summer sounds end



(Above) Brig. Gen. James Gilman, commanding general, Great Plains Regional Medical Command and Brooke Army Medical Center, administers the oath of office commissioning 2nd Lt. Crystal Straseske into the Army prior to the start of the Gazebo Concert Sept. 22 on Staff Post Road. Straseske volunteered for three years at BAMC while attending University of the Incarnate Word obtaining her degree in nutrition. Straseske will be attending the U.S. Army-Baylor University Doctoral Program in the Physical Therapy course at the Army Medical Department Center and School. Gilman hosted the last summer concert on post signaling the end of summer.



(Right) Master Sgt. Eric Basora performs "Les Miserables" on his oboe during the Gazebo Concert Sept. 22 hosted by Brig. Gen. James Gilman, Great Plains Regional Medical Command and Brooke Army Medical Center. The concert was the last in a series of summer concerts hosted by various commanders on post at the gazebo on Staff Post Road.



Photos by Esther Garcia

The Army Medical Command Band, led by Chief Warrant Officer 5 Douglas Paarmann, performs songs to support the Gazebo Concert's patriotic theme such as "Les Miserables," "Rolling Thunder," "American Vision," "Midway March," "America the Beautiful," "Salute to the Armed Forces" and "Stars and Stripes Forever." And to add a little spice, the band performed a south of the border Pasodoble called "Gallito."

Bone marrow drive a success

In support of the Department of Defense Marrow Donor Program, U.S. Army Garrison Fort Sam Houston conducted a Bone Marrow Campaign Sept. 8 to 12. Units on post sponsored on-site drives throughout the week, culminating with a postwide bone marrow drive Sept. 12 at the Post Exchange. The campaign proved a success with a total of 725 donors. "The Department of Defense was very pleased with our results," said Frank Tapia, Directorate of Plans, Training, Mobilization and Security. "On behalf of the garrison commander, we want to thank everyone for their hard work, dedication and caring." For more information, about becoming a donor, visit the C.W. Bill Young Department of Defense Marrow Donor Program Web site at <http://www.dodmarrow.com>.

Army OneSource: the link to staying connected

By Cheryl Harrison
Army Community Service Marketing

Families who have a loved one in the National Guard, Reserve or the active Army, and have never been subjected to the jargon, protocol, discipline or everyday mechanics of today's Army, may feel a disconnect when it comes to receiving customer care. And sometimes it is as simple as not knowing who to go to for answers to questions.

The Military OneSource Web site is provided by the Department of Defense at no cost to active duty, Guard and Reserve and their Families. It is a virtual extension of installation services.

Through Military OneSource, Army OneSource provides a variety on online services, especially for those geographically dispersed or feeling disconnected. The online information includes housing, Child, Youth and School Services, Family programs, health care, education and recreation and travel.

The goal of Army OneSource is to ensure all Soldiers and Families have access to the same Family support services no matter where they live. Its

The online information includes housing, Child, Youth and School Services, Family programs, health care, education and recreation and travel.

purpose is to implement a proactive and integrated service to ensure all customers receive the same quality of service and support from the closest component resource.

Army OneSource also ensures that all components have the same 14 baseline services at all locations in the continental United States and overseas. The site offers service and support to active duty, National Guard, Army Reserve, Families, civilians, employers, Warriors in Transition, survivors, retirees and communities.

For more information, visit Military OneSource at www.militaryonesource.com or Army OneSource at <http://aos.myarmylifetoo.com>.

9th Annual
Tell-A-Friend
Cancer Awareness Luncheon

Friday, Oct. 3 at 11:30 a.m.
San Antonio Country Club
4100 N. New Braunfels

Tickets: \$15
Complimentary Valet Parking

Checks should be made payable to: Henry M. Jackson Foundation

"Hope for the Future"
by
Col. George E. Peoples, MD, FACS
Director, Cancer Vaccine Development Program
Deputy Director, United States Military Cancer Center
Chief, Surgical Oncology, Department of Surgery

To purchase tickets, call:
Susie Ferrise at 295-4335, Sandy Terrazzino at 292-3125
or the American Cancer Society at 884-0561.

Ticket deadline is September 29th.

Please join us for this event.
You can help too...

Tell-A-Friend!!!





Sports

Bench press contest

Family and Morale, Welfare and Recreation will hold a bench press contest Sept. 27 at 10:40 a.m. at the Jimmy Brought Fitness Center. Weigh-in is from 9:30 to 10:30 a.m. The entry fee is \$20 and includes a T-shirt for all participants. For more information, call 221-1234.

Intramural Softball Standings

Team	Win	Loss
USARSO	6	0
264th Med. Bn.	3	1
4th Recon.	3	1
USAG	2	2
1/141st Inf.	1	2
MEPS	1	3
ARNORTH	0	1
418th Med. Log.	0	2
BAMC Pharmacy	0	4

Intramural flag football standings

Team	Win	Loss
USARSO	3	0
BAMC	3	1
32nd TSC	2	1
BAMC Pharmacy	2	1
USAG	1	2
DENTAC	1	3
Co D., 187th Med. Bn.	0	2
14th MI Bn.	0	2

Men's basketball players needed

Fort Sam Houston men's basketball players are needed for the varsity team. For more information, call Jimmy Brought Fitness Center at 221-3185.

Customers invited to provide feedback online

Customers who live, work or do business at Fort Sam Houston will have an opportunity next month to provide detailed feedback about all of the post's services.

The annual Customer Service Assessments are part of Customer Management Services. CMS is the Installation Management Command's new program for collecting customer feedback and using the data to evaluate and improve delivery of installation programs and services.

Most Army installations, including Fort Sam Houston, will see the multipage, Web-based assessment for the first time when it begins Oct. 21.

Some installations, like Fort Jackson, S.C.; Fort Eustis, Va.; and Forts Richardson and Wainwright, Alaska, participated in the demonstration

"All customers will be able to rate how well the services they receive match their expectations. We can use this feedback to improve services, which will improve readiness and retention."

Tony Patino
IMCOM West Region CMS coordinator

phase of the program in 2007, when more than 1,500 customers completed the survey.

The customers — Soldiers, Family members, retirees, veterans and civilian employees — provided information about the importance of programs and services, as well as a rating as to how well the installation is providing them.

The assessment is divided into two main categories, corporate and constituent, which are accessed from the same Web link. When customers begin the survey, they will be asked to provide demographic

data that will automatically direct them to the appropriate corporate or constituent assessment. In that way, Family members or retirees, for example, will not be asked to rate services like the Central Issue Facility or the Ammunition Supply Point — two services used by Soldiers and their commanders.

Within the survey, customers will be asked to rate service performance on a scale of 1 (very poor) to 5 (excellent), and importance, also on a scale of 1 to 5. Any ratings of 1 or 2 must have an

explanation describing any issues.

Data provided by unit commanders, command sergeants major, first sergeants, senior civilians and senior staff will be captured in the corporate portion. There they will rate the performance of the services and the importance of the service in relation to the accomplishment of their units' missions.

"This is a brilliant feedback service for Soldiers and their Families across all installations," said Tony Patino, the IMCOM West Region CMS

coordinator. "All customers will be able to rate how well the services they receive match their expectations. We can use this feedback to improve services, which will improve readiness and retention."

The more customers who take the 20 to 30 minutes to complete the assessment, the more accurate and substantial the data collected. This will provide a baseline for future annual assessments.

The data will be returned to the installation in November, where it will be used to identify and document best practices in areas and develop plans for improvement in others.

For more information, call Russell Matthias, Fort Sam Houston's customer service officer, at 221-2543 or e-mail samh.cms@conus.army.mil.

(Source: CMS)

Delegates, volunteers needed for AFAP Conference

The installation commander's annual Army Family Action Plan Conference is scheduled for February. Delegates and volunteers are needed to help plan, submit issues and provide assistance for this important event. This is the time to let your voice be heard and represent the Army Family. To participate or submit an issue, call Emmy Elliott, Army Family Action Plan Manager, or Tania O'Hara at 221-2705 or e-mail emmy.elliott@conus.army.mil.



WOULD YOU LIKE TO LIQUIDATE YOUR CREDIT CARD DEBT? IT CAN HAPPEN.

The Financial Readiness Program at Army Community Service offers this free service. For more information, call 221-1612.



Roni and the Latin Explosion end the Hispanic Heritage Month celebration Las Vegas-style as dancers dressed as show girls entertain the audience.



Pfc. Christina Martinez, 32nd Medical Brigade, helps set up the Costa Rica display before the Hispanic Heritage Month celebration Sept. 17 at the Army Community Service center.



Staff Sgt. Danielle Smith, equal opportunity leader, leads fifth grade students from the Fort Sam Houston Elementary School in a line dance during the Hispanic Heritage Month celebration.



(From left) Sgt. 1st Class Lisa Villarreal, San Antonio Recruiting Brigade; Sgt. Lynetta Hall, 618th Dental Company; and Sgt. 1st Class Derek McLaughlin, 5th Recruiting Brigade, prepare food trays from Azuca Nuevo Latino Restaurant Sept. 17 at the Army Community Service center. Samples of food to include Cuban sandwiches, plantain fritters, cassava fries, Tres Leches, flan Cubano and more were served at the Hispanic Heritage Month celebration.



Soldiers dance on stage to the Latin beats of Roni and the Latin Explosion at the beginning of the post's Hispanic Heritage Month celebration.

Fort Sam celebrates Hispanic heritage Latin-style

Story and photos by Olivia Mendoza
Fort Sam Houson Public Affairs

The post community celebrated Hispanic Heritage Month with a cultural music and food-tasting event sponsored by the 470th Military Intelligence Brigade Sept. 17 at the Army Community Service center.

Hispanic Heritage Month runs from Sept. 15 to Oct. 15. This year's theme is "Getting involved: our Families, our Community and our Nation."

"The goal for this month is to increase awareness and knowledge of Hispanic cultures such as the diversity and accomplish-

ments," said Sgt. Lynetta Hall, 618th Dental Company.

The month of September was chosen for Hispanic Heritage Month since Sept. 15 is the anniversary of independence for five Latin countries: El Salvador, Guatemala, Nicaragua, Honduras and Costa Rica. Mexico and Chile celebrate their independence day Sept. 16 and 18, Hall said.

The cultural celebration included free Latin food from Azuca Nuevo Latino Restaurant, music played by the Army Medical Command Band's Latin Force ensemble, A&R Productions featuring Ronnie and the Latin Explosion, prize drawings and cul-

tural displays.

Exhibits were filled with information and cultural items from Honduras, Dominican Republic, Peru, Costa Rica, Spain, Cuba, Mexico, El Salvador, Guatemala, Nicaragua, Chile, Panama and more.

Fifth graders from Fort Sam Houston Elementary School were invited by the Equal Opportunity Office to visit the displays, but were surprised to find a lot more at the celebration.

The Latin Force ensemble played meringue, salsa and pop Latino songs that generated the audience to dance. Sgt. 1st Class Megan Grant, equal opportunity

adviser, and Staff Sgt. Danielle Smith, Equal opportunity leader, joined the crowd of students dancing.

"The kids are really having fun. We certainly did not expect this. We thought we were coming to see only the displays," said Betsy Menck, reading teacher, Fort Sam Houston Elementary.

After viewing the display, students were quizzed by band member Sgt. 1st Class Jesse Bolanos on what they remembered seeing.

For the finale, Spc. Michael Ford, salsa instructor from the Jimmy Brought Fitness Center, performed a Latin dance with volunteer dancers.

Hispanic contributions in military history

Revolutionary War – 1775-1783

While many Americans are aware of French support for the United States during the Revolutionary War, few realize that Spain was a crucial U.S. ally and that Hispanic Americans fought the British alongside other American patriots.

Troops from Spain, Mexico and the Caribbean region, along with Hispanic Americans, were instrumental in defeating British forces along the Gulf of Mexico from Pensacola and Baton Rouge to Natchez and Mobile, thus securing the fledgling republic's southern flank.

War of 1812 – 1812-1815

Hispanics played a major role in securing victory for the United States during the War of 1812 in nearly every battle. In the most famous battle of the war, Gen. Andrew Jackson's defense of New Orleans, Hispanics from Louisiana and surrounding areas helped stave off a massive British invasion and led the United States to victory in what some term "America's second war of independence."

Texas Independence and the Mexican War – 1846-1848

Thousands of Hispanics sided with the Texans and later with the Americans during the war for Texas independence and the Mexican War, which followed. At the Alamo, perhaps the most famous battle of the war, a number of Hispanics fought alongside Davy Crockett and Jim Bowie, defending the Alamo to the death against the much larger Mexican Gen. Santa Anna's army.

World War I – 1914-1918

Some 200,000 Hispanics were mobilized for World War I. Many served with great distinction, including Nicholas Lucero, who was awarded France's medal for bravery in combat, the Croix de Guerre. He single-handedly destroyed two German machine gun nests and engaged the enemy for three hours.

World War II – 1939-1945

About half a million Hispanics served during World War II. Gen. Douglas MacArthur called the Arizona National Guard's 158th Infantry Regiment "Bushmasters," "One of the greatest fighting combat teams ever deployed for battle." The regiment included many Hispanic Soldiers.

Persian Gulf War – 1990-1991

The war developed out of the Iraqi invasion of Kuwait on Aug. 2, 1990. The international armed intervention began in January 1991 and resulted in a decisive victory for the coalition forces, which drove Iraqi forces out of Kuwait with minimal coalition deaths.

Approximately 20,000 Hispanic service members participated in Operations Desert Shield and Storm. According to Defense Manpower Data Center statistics, Hispanics comprised 4.2 percent of the Army representation in the Persian Gulf theater during the war.

War on Terrorism – 2003-Present

As we speak, thousands of men and women of Hispanic heritage are placing their boots on the ground in more than 120 countries around the world in the Global War on Terrorism. They are bringing freedom to people in other countries, making major sacrifices, and risking their lives to bring justice to terrorists and lay a foundation for a sustainable peace.

About 53,000 Hispanic-origin people were on active duty at the start of the war on terrorism in the United States in 2003.

(Source: Army News)

Bistec Encebollao (onion steak)

Ingredients

2 pounds	sirloin steak, sliced thinly across the grain
1/2 cup	olive oil
2 tablespoons	minced garlic
1 pinch	dried oregano
1 (.18 ounce) packet	sazon seasoning
2	large white onions, sliced into rings
1/4 cup	distilled white vinegar
1 cup	beef stock
1 teaspoon	salt

Directions

In a large resealable bag, combine the steak, olive oil, garlic, oregano, sazon seasoning, onions, vinegar, beef stock and salt. Seal and shake to mix. Refrigerate for at least four hours or up to a couple of days.

When you are ready to cook, dump the entire contents of the bag into a large deep skillet. Bring to a boil, reduce heat to low, cover and simmer until the beef is fork tender, about 40 minutes.

Cuban Flan

Ingredients

1-1/2 cups	sugar
4	eggs
8 ounces	cream cheese
1 (14-ounce can)	sweetened condensed milk
1 large can	evaporated milk
1 tablespoon	pure vanilla extract

Directions

Melt 1-1/2 cups sugar over low heat. Pour into a shallow mold pan with center hole and tilt to cover bottom thoroughly. Process the remaining ingredients in a food processor until well blended. Strain and pour into prepared pan. Bake at 350 degrees in hot water bath for 45 to 55 minutes. Cool. Chill for 24 hours. This is a firm but creamy flan, almost like cheesecake in consistency. It's exceptional served with fresh tropical fruits or berries.



Home repair scam appears to target military families

By Donna Miles
American Forces Press Service

WASHINGTON — The letter that appeared in a Soldier's mailbox promised an offer almost too good to be true: a home improvement loan approved by Congress and backed up by a government agency.

Officials at the Federal Citizen Information Center fear it's a scam targeting military members that uses the center's credibility to lure victims in.

An eagle-eyed Soldier notified the Federal Citizen Information Center after receiving the ad from the "Home Information Center" linked to post office boxes in Dallas and in Owasso, Okla. The letter included a reference to FCIC's Web site in an apparent attempt to show a federal endorsement.

"The thing that immediately sends up a red flag is the fact that (the advertisement) says these loans are approved by the U.S. Congress," said Mary Levy, director of consumer education and outreach in the FCIC's Office of Citizen Services. "Congress would absolutely never approve any particular home improvement loan."

In addition, she said, the FCIC has no association with the Home Information Center. Levy emphasized that home improvement services are regu-

"Military Families can become targets of scams, especially when the Soldier is deployed thousands of miles away and the Family is here."

*Mary Levy
Director of consumer education and outreach in the Federal Citizen Information Center's Office of Citizen Services*

lated at the state and local level, not by the federal government.

Levy expressed concern that the letter might be one of many floating around that are targeting military homeowners who, like many of their civilian neighbors, are struggling with financial concerns. Many are prime candidates for scams because they're young and relatively inexperienced in handling money, they're away from their extended Families, and often have no roots in their new communities, she said.

"That may make them particularly susceptible to these kinds of scams," Levy said.

Unscrupulous people have long focused their schemes on service members and their Families. Last year, the Federal Trade Commission and American Red Cross warned consumers about an identity-theft scam targeting Families of deployed troops.

That scam involved someone calling a military spouse, identifying herself as a representative of the Red Cross, and notifying the woman that her husband was hurt in Iraq and had been medically evacuated to Germany. The caller

then said doctors could not start treatment until paperwork including the husband's Social Security number and birth date was completed.

The FTC called this scheme a variation of "phishing" — a technique identity thieves use to get personal or financial information from unwary consumers. The identity thief claims to represent a trusted source — a bank, a government agency, or in this case, the American Red Cross — to get someone to divulge personal information.

"Military Families can become targets of scams, especially when the Soldier is deployed thousands of miles away and the Family is here," Levy said. "That's why it's so important that they have the information they need to protect themselves."

The FCIC offers consumers tips for selecting a contractor to make home improvements and repairs:

- **Get recommendations and references.** Talk to friends, Family and others who have used the contractor for similar work.
- **Get at least three written**

estimates. Insist the contractors come to your home to evaluate what needs to be done. Be sure the estimates are based on the same work so that you can make meaningful comparisons.

- **Check contractor complaint records.** Your state or local consumer protection agency or Better Business Bureau can provide this information.

- **Make sure the contractor meets licensing and registration requirements.** Your state or local consumer protection agency can help you find out what these requirements are.

- **Get the names of suppliers**

- **Contact your local building inspection department to check for permit and inspection requirements.** Be wary if the contractor asks you to get the permit; it could mean the firm is not licensed.

- **Be sure your contractor is insured.** They should have personal liability, property damage and worker's compensation insurance for workers and subcontractors. Also check with your insurance company to find out if you are covered for any injury or damage that might occur.

- **Insist on a written contract that states exactly what work will be done,** the quality of materials that will be used, warranties, timetables, the names of any subcontractors,

the total price of the job and the schedule of payments.

the total price of the job and the schedule of payments.

- **Try to limit your down payment.** Some states have laws limiting the amount of down payment required.

- **Understand your payment options.** Compare the cost of getting your own loan vs. contractor financing.

- **Don't make a final payment or sign a final release until you are satisfied with the work and know that subcontractors and suppliers have been paid.** Some state laws allow unpaid subcontractors and suppliers to put a lien on your home for bills the contractor failed to pay.

- **Pay by credit card when you can.** You may have the right to withhold payment to the credit card company until problems are corrected.

The FCIC warns consumers of red flags that could indicate a fraudulent operator, including soliciting door-to-door, offering a quote out of line with other estimates, using pressure tactics or asking for the entire payment up front.

For more information, visit <http://www.pueblo.gsa.gov/>.



PEO Soldier launches new equipment surveys

FORT BELVOIR, Va. — The U.S. Army's Program Executive Office Soldier has launched an Internet-based survey system to support its mission to aggressively incorporate Soldier feedback into everything it does.

More than 30 surveys are available to Soldiers through a link on the PEO Soldier Web site at peosoldier.army.mil.

The surveys are designed to give Soldiers a forum to communicate their thoughts and suggestions up the chain of command. The surveys cover everything from clothing

and individual equipment — gloves, goggles and battering rams — to individual and crew-served weapons such as the M4 carbine and the M110 sniper system.

As the Army continues its efforts to employ the Soldier-as-a-System concept, Soldier feedback is critical. Soldier-as-a-System calls for everything a Soldier wears and carries to be streamlined, integrated and effective. While the Army's skilled laboratories, research centers and contractors develop and modernize the next generation of equip-

ment for the battlefield, everything comes down to what the men and women on the ground actually need, use and accept as beneficial. Web-based surveys have already proven to be a direct and effective way to shine a spotlight on that essential point of view.

An earlier version of the online survey system was used to gather comments regarding the new Army Service Uniform. PEO Soldier received more than 80,000 responses to this survey alone; however, converting such extensive feedback into actionable changes is no simple task.

"We had experts from Operational Forces Interface Group do the mathematical

"In meeting battlefield requirements, we find that there is rarely a silver bullet that will take care of all existing uniform or equipment requirements."

*Brig. Gen. Mark Brown
Program Executive Office Soldier*

and statistical analyses of the responses so that we could categorize the feedback that we received to support good decisions," said Brig. Gen. Mark Brown, PEO Soldier.

"In meeting battlefield requirements, we find that there is rarely a silver bullet that will take care of all existing uniform or equipment requirements," said Brown. "It is an integrated process, and we manage the Soldier as

a system to get there."

As long as technology improves to create more lightweight, efficient, unobtrusive solutions to the challenges every Soldier faces, PEO Soldier will find ways to integrate these products to improve Soldier capabilities, save Soldiers' lives and improve Soldiers' quality of life.

(Source: PEO Soldier Strategic Communications Office)

More than 30 surveys are available to Soldiers through a link on the PEO Soldier Web site at peosoldier.army.mil.

Housing Update

Crime prevention was on the agenda for August with Lincoln Military Housing hosting meetings at each community center.

In keeping with that theme, McGruff and the Crime Prevention Unit will be on post registering bicycles next month. Residents do not have to bring in bicycles; just have the required information, type of bike, serial number and other descriptions that could help with identification.

McGruff and the Crime Prevention

Unit will collect the registration information and provide other bicycle safety information Oct. 4 at the following locations and times:

- Infantry Post — open area near bus stop — 8 to 10 a.m.
- Artillery Post/Wheaton Graham/Gorgas — Main Community Center — 10:15 a.m. to 12:15 p.m.
- Harris Heights — Community Center — 1 to 3 p.m.
- Watkins Terrace — Community Center — 3:15 to 5:15 p.m.

Residents who miss the drop-off can bring the form to Building 2250, New Braunfels Avenue.

National Night Out

The 25th Annual National Night Out will be held Oct. 7 in Texas. Residents who wish to host an event will need to register to receive a National Night Out kit filled with "how-to" materials. To register, call LMH at 270-7638.

For photos and upcoming activities, residents can log onto LMH's interactive Web site at www.sam-houstonlpc.com. For more information, call LMH at 270-7638.

(Source: Residential Communities Initiative)

August Survey of the Month

Debra Groseclose

September Yards of the Month

9 Staff Post	2954 Foulis	679-B Infantry Post
117 Artillery Post	717 Patch	2640 Marvin R. Wood
563 Graham	6800-B Vidales Court	



Energy Myths

Myth: The government does not have to pay for utilities because the government controls the utilities. Therefore, it does not matter how much utilities are used. Besides, it's a perk to use whatever amount is desired for personal convenience.

Fact: The government is the largest utility customer with more than \$1 billion a year in utility costs. A 10 percent increase in utility costs raises the government's expenditures to more than \$100 million per year.

(Source: Army Energy Program Newsletter)

Did you know?

Did you know that Branttown and Kuhreville, mock villages built by the 95th Infantry Division during World War II, were not the first mock villages constructed at Camp Bullis?

The first was the French village of Mervale, a movie set constructed in 1926 for the filming of the motion picture "Wings." The village was located near the Oppenheimer Ranch in the northern part of the Camp Bullis Reservation.

In the film, the village was bombed by the German air force as Clara Bow, the "it girl" of the time, was driving an ambulance through Mervale. The movie featured 2nd Division Soldiers from Fort Sam Houston, who played both the American and German armies in the cast of thousands. "Wings" won the Academy Award for Best Picture in 1927.

For more information on Fort Sam Houston history, call the Fort Sam Houston Museum at 221-1886 or the U.S. Army Medical Department Museum at 221-6358.

(Source: Fort Sam Houston Museum)



Courtesy photo
Pictured is an aerial view of the mock village Mervale, which was used in the award-winning motion picture "Wings."



Fort Sam Houston Independent School District Weekly Campus Activities Sept. 29 to Oct. 4

Fort Sam Houston Elementary School Sept. 29

Texas Primary Reading Inventory starts for kindergarten.

Sept. 30

FSHISD School Board meeting in Professional Development Center, 11 a.m.

Oct. 3

Spirit Day.

Robert G. Cole Middle/High School

Sept. 29

Book Fair in Media Center.
Student of the Month breakfast in administration office, 8:30 a.m.

Sept. 30

Book Fair in Media Center
FSHISD School Board meeting in Professional Development Center, 11 a.m.
"Straight Talk to Smart Parents" in new Cole gym, 6:30 p.m.

Oct. 1

Book Fair in Media Center.

Oct. 2

Book Fair in Media Center.
Junior varsity football at Cornerstone, 6 p.m.

Oct. 3

Book Fair in Media Center.
Volleyball at Blanco (tentative).
Varsity football vs. Brooks at Cole, 7:30 p.m.

Oct. 4

Cross country at SAISD, TBA.

Cole JV team dominates Karnes City

By Larry Ransom
Cole Athletic Director

The high school junior varsity football team dominated Karnes City Sept. 18, winning by a score of 28-0 and making the night special for the JV homecoming. The game marked the first shutout for the JV team.

The defense did an outstanding job as they stopped the Karnes City offense and prevented a last-minute scoring attempt inside the 10-yard line.

The game was the Cougars' best offensive performance of the season, too. The offensive line blocked well and Nelson Sepulveda was the leading rusher, scoring all four of the Cougars' touchdowns. Connor Kelly added four more points on two, two-point conversions. The JV football team has a 3-1 record going into district play with the Comfort Bobcats tonight.

The 2008 Cole Middle School Homecoming Court was named at halftime. Nominated for the court were sixth graders Brandon Barabino, Collin Strickland, Ethan Taylor, Ariel Lopez, Emily Mazak and Alexandria Vincent. Seventh



Photos by Jayne Hatton

The Cole Cougar junior varsity team dominates Karnes City with a score of 28-0.

grade nominees were Ethan Kelly, Francis Mahon, Rylan Williams, Chalci Bell, Deandrea Greer and Morgan Lewis. Eighth grade nominees were A.J. Bray, Zach Miller, Anthony Jackson, Natashja Avitia, Lovelia Gomez and Donovan Merrill.

Crowned were sixth grade Duke Ethan Taylor, sixth grade Duchess Alexandria Vincent, seventh grade Prince Rylan Williams, seventh grade Princess Morgan Lewis, eighth grade King Anthony Jackson and eighth grade Queen Natashja Avitia.



The Cole Middle School Homecoming Court includes (from left) Prince Ethan Taylor, sixth grade; Princess Morgan Lewis, seventh grade; Queen Natashja Avitia, eighth grade; King Anthony Jackson, eighth grade; Duchess Alexandria Vincent, sixth grade; and Duke Ethan Taylor, sixth grade.

Elementary students celebrate Constitution Week

By Dr. Kathy Maxwell
Fort Sam Houston Elementary School

Fort Sam Houston Elementary School students gathered around the school flagpole Sept. 17 for the morning program and the raising of the American flag in honor of Constitution Day.

Each year during Constitution Week, held Sept. 17 to 23, students and staff participate in an array of activities to include singing the preamble to the U.S. Constitution, creating a Constitution Tree and conducting a Sentence Convention. These activities teach students about the Constitution and remind them of the freedoms so eloquently portrayed in the document.

The Boy Scouts of America, Pack 23, led by Carrie Smith

and Kevin Muravez, conducted the flag-raising ceremony. The Fort Sam Houston Boy Scouts gathered around the flagpole system. The entire student population saluted as the flag was pulled upward. The students then recited "The Pledge of Allegiance" and sang the national anthem.

"Most of the children have never been to a flag raising," said Shannon Janes. "It was very moving to watch the flag move up the flagpole with our entire student population saluting in silence."

The fifth grade class sang the "School House Rock" version of the Preamble to the U.S. Constitution, led by fifth grader Dayna Howell. Destin Jennings, Ashlynn Brewster, Tuesday Lovelace, Emma Garcia and

Alexandra Doggett, members of the Cole Girl Scout Service Unit, spoke about the history and meaning of the preamble and the U.S. Constitution under the direction of Sandra Juni.

The flag-raising activity was a highlight of Constitution Week thanks to the music provided by the fifth grade Exemplary Fine Arts Musical Performers, led by music teacher Sandra Fergins, and the organization of fifth grade teachers Nora Gonzalez and Brenna Howell.

"This is one of the most moving ceremonies I have experienced in my years at Fort Sam Houston Elementary," said Principal Tonya Hyde. "Each year it reminds our students, parents and staff of the importance of our Constitution and our history."



Photo by Dr. Kathy Maxwell

Students from Boy Scouts of America, Pack 23, led by Kevin Sons and Kevin Muravez, raise the U.S. flag at Fort Sam Houston Elementary School Sept. 17 in recognition of Constitution Day.



2008 Fall Fest

The Fort Sam Houston Fall Fest will be held Oct. 18 from 10 a.m. to 6 p.m. at MacArthur Parade Field. The event features a variety of games, food booths, activities and entertainment. Participants can enter the barbecue cook off as well as arts and crafts fair competitions. There will be drawings for a variety of door prizes. The festival parade begins at 10 a.m. on the corner of Stanley and Schofield roads. For more information, call Family and Morale, Welfare and Recreation at 221-3185.

Combat Medic Run

The 28th Annual Combat Medic Run will be held Oct. 18 at MacArthur Parade Field at Worth and Stanley roads. The first run begins at 7:15 a.m. Categories are 5K individual run, 5K formation run (28 service members), 10K individual run, 10K five-person guidon team, and 2-mile fun and wellness walk. Awards will be given to the top three finishers in the 14 age categories. Registration fees begin at \$12. Late registration fees will be assessed after Oct. 12. Register online at http://www.active.com/event_detail.cfm?event_id=1532782. Runners can also visit the Jimmy Brought Fitness Center and complete an entry form or mail an entry form to Directorate of Family and Morale, Welfare and Recreation, 1212 Stanley Road, San Antonio, TX 78234. Race packets will be available Oct. 15 from 10 a.m. to 7 p.m. at the Jimmy Brought Fitness Center, and on race day from 6 to 7 a.m. There will not be a race day registration. Volunteers are needed as road guards and to assist at water stations. For more information or to volunteer, call FMWR at 221-3185.

Recreation and Leisure

2008 Club Championship

The Fort Sam Houston Golf Club will conduct its annual Club

Championship Sept. 27 and 28. This 36-hole stroke play event is open to all members, active-duty military and their Family members and Department of Defense employees and contractors assigned to Fort Sam Houston. The championship will be played on the La Loma Grande and Salado Del Rio courses, with a shot-gun start time of 8 a.m. on both days. Register in the Golf Course Pro Shop from 7 a.m. to 7 p.m. through Sept. 25. The registration fee is \$35 for members and \$60 for non-members. For more information, call 222-9386.

Bowling leagues

Sign up now to participate in the fall bowling leagues at the Fort Sam Houston Bowling Center. Fall leagues begin in September. For more information on leagues, call 221-4740.

Dining and Entertainment

Children's Halloween Story Time

Celebrate the scary season as Family member Jenny Koranyi reads Halloween-themed stories for children at the Keith A. Campbell Memorial Library Oct. 26 at 2 p.m. Everyone is encouraged to wear a costume. Free refreshments will be served. For more information, call the library at 221-4702 or 221-4387.

Sam Houston Club

Latin Night Comedy Show

The Sam Houston Club will host a Latin Night comedy show and Latin mix after party Oct. 4. The comedy begins at 8:30 p.m. The club will stay open until 1 a.m. The cover charge is \$10 per person and \$15 for couples. The dress code is casual attire. This event is for adults at least 18 years old. Patrons must be at least 21 to purchase and consume alcohol. For more information, call 224-2721.

Lunch at Sam Houston Club

The Sam Houston Club offers a buffet-style lunch Tuesdays through Fridays from 11 a.m. to 1 p.m. The cost is \$6.95 for members and \$7.95 for non-members. The meal includes a beverage, deluxe salad bar, soup and dessert. For more information on menus, see the Sam Houston Club page on the MWR Web site at www.fortsamhoustonsmwr.com or call 221-2721.

Karaoke Fridays

Come by the Sam Houston Club every Friday at 7 p.m. for free karaoke. Practice vocals or just come out and have fun with friends to celebrate the end of the work week. For more information, call 224-2721.

FMWR Ticket Office

The ticket office at the Sam Houston Club offers discounts on activities. The hours are Tuesday through Friday from 10 a.m. to 5 p.m., Saturday from 10 a.m. to 2 p.m. and closed Sunday and Monday. Come by for discount tickets on local and out-of-state events. For more information, visit www.fortsamhoustonsmwr.com or call 226-1663 or 224-2721.



Parent University Project

Parent University Project will be held Sept. 25 from 6:30 to 8:45 p.m. at the Fort Sam Houston Elementary School. The program is designed to offer parents various mini-seminar sessions lasting 45 to 50 minutes dealing with parenting, communication, deployments, baby care and more. Parents will have an opportunity to attend two sessions. Limited childcare is available; parents can contact Central Registration for Family child care at 221-4871 for children from birth to 5 years old, and School Age Services at 221-4455 for children from first to fifth grade. For more information or to register, call Army Community Service Family Advocacy at 221-0600 or 221-2705.

Resume writing, dress for success

Army Community Service Family Employment Readiness will hold a general resume-writing class and a dress for success class Sept. 26 from 9 a.m. to noon at ACS, Building 2797. For more information or to register, call Pam Belanger at 221-0516 or 221-2705.

Women Encouraging Women

The Army Community Service Family Advocacy Program will hold a monthly seminar, Women Encouraging Women, Sept. 30 from noon to 1 p.m. at ACS, Building 2797. The seminar will cover a variety of topics including

the assertive woman. The first discussion is the expectations of perfection. Register early and bring a lunch. To register or for more information, call 221-0349 or 221-0600.

Financial planning for first PCS move

The Financial Readiness Program at Army Community Service will hold a mandatory financial planning class for all junior-enlisted Soldiers preparing for a first permanent change of station move Sept. 30 from 2 to 4 p.m. at ACS, Building 2797. The class will cover costs, allowances and entitlements associated with a PCS move. The class must be taken no later than 60 days before outprocessing from the unit. For more information, call Doris Planas at 221-1612.

English as a second language

The Region 20 Education Center in partnership with Army Community Service Relocation Program will offer English as a Second Language classes beginning Sept. 30. The classes will be held each Tuesday and Thursday from 6 to 8:30 p.m. at ACS, Building 2797. The classes are designed for foreign-born spouses to increase reading comprehension, vocabulary and pronunciation. Classes are appropriate for beginner, intermediate and advanced students with individualized group instruction. The classes include a block of instruction on citizenship information. Preregistration is not required. For more information, call 221-2418.

Precious Minds New Connections

Army Community Service Family Advocacy Program will offer a Precious Minds New Connections program beginning Oct. 9 from 6 to 8 p.m. This eight-week session is an enrichment program for fathers, mothers, grandparents, step-parents, expectant adoptive and foster parents of children ages newborn to 3 years. The class will deal with issues like building baby's brain, patterns of growth and behavior and supporting development in infants and toddlers, just to name a few. For more information or to register, call Sonia Greer at 221-0326 or 221-2705.

Newcomers' Extravaganza

The next Newcomers' Extravaganza will be held Sept. 30 from 9:30 to 11 a.m. at the Sam Houston Club. The Newcomers' Extravaganza is manda-

tory for all permanent party in-processing Soldiers, O-5 and below, within 60 days of their arrival at Fort Sam Houston. The extravaganza is an opportunity to learn about the post and the San Antonio area as well as meet representatives from many different organizations, programs and businesses. Come early, enjoy hot coffee, fruit and pastries, meet other new folks and stay to possibly win a prize. Commanders and supervisors are encouraged to allow Soldiers and civilian employees administrative time to attend. Soldiers, their spouses, and the entire Family are welcome, as are civilians new to the area. For more information, call 221-2418.

Child, Youth and School Services

Family Fun Day Carnival

The Child Development Center will host a Family Fun Day Carnival Nov. 7 at 2:30 p.m. at Building 2530, Funston Road. This event is for Families with children who attend the CDC. Activities will include indoor games and outdoor activities, such as pony rides, disc jockey and inflatable play areas. Refreshments will be sold. For more information, call the CDC at 221-5002.

Parent Advisory Council

A Child, Youth and School Services Parent Advisory Council meeting will be held Oct. 21 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. All CYSS patrons are encouraged to attend. PAC meetings are held the third Tuesday of each month. For more information, call 221-4871 or 221-1723.

ACT/SAT Preparation

Free ACT and SAT Power-Prep software is available to all active-duty members, Family members and veterans. Visit www.eknowledge.com/military. For more information, call 221-2214.

Volunteers for youth sports

Anyone interested in volunteering for youth sports can contact the Youth Sports Program at 221-5513 or 221-3502 or Central Registration at 221-1725 for more information on the registration process. Background checks are required.



Photo by Cadet Katie Sheridan

Junior ROTC sponsors blood drive

Cole High School senior Casey Gresenz relaxes as she donates blood for the first time at the school's fall blood drive Monday at Cole High School Junior ROTC's Pryor Hall. More than 35 units were collected. The blood drives are conducted through Fort Sam Houston's Akeroyd Blood Donor Center, and the units will be donated to the military blood system. "This is something I have wanted to do since I can remember," said Casey Gresenz, 17. "My sister and brothers always donated when they were here at Cole, and I know the troops really need every drop they can get." The blood drive was the first of four the JROTC plans to hold this year. The next blood drive is scheduled for Dec. 16 at Pryor Hall.

Upcoming events

Cole Book Fair

Parents are encouraged to attend the Robert G. Cole Middle and High School Book Fair Sept. 29 to Oct. 3 from 8 a.m. to 4 p.m. in the Cole Media Center.

'Straight Talk to Smart Parents'

Parents are invited to attend the first session of a new series called "Straight Talk to Smart Parents" Sept. 30 at 6:30 p.m. in the new Robert G. Cole Gymnasium. The 45-minute program will be led by Dr. Margaret Jackson and Dr. Nancy Barber, from Brooke Army Medical Center. Parents will learn how to help their children deal with loss and how to respond to someone who is troubled or threatening suicide.

Community

Events

Home buyers, sellers seminar

A home buyers and sellers seminar will be held Sept. 25 from 1 to 3:30 p.m. at the Army Community Service center, Building 2797 on Stanley Road. Guest speakers will be members of the San Antonio Board of Realtors and Texas Veteran Land Board. The seminar will cover the dos and don'ts of buying and selling a home, and will include information on the Texas Veteran Land Programs. Seating is limited and will be available on a first-come basis. For more information, call the Housing Services Office at 221-8519 or 221-8539.

Volkswalk, Upper Turtle Creek

The Kerrville Trailblazers Walking Club will host a Volkswalk at Upper Turtle Creek Sept. 27 and 28 from 8 a.m. to noon. There will be two 5K and two 10K walks. Colorful toy turtles found along the walks can be turned in to redeem prizes. For more information or directions, call 830-367-1392

or visit www.walktexas.org/KerrvilleTrailblazers/.

Brooks City-Base walk

Brooks City-Base will host a 5K and 10K Air Force Global Volksmarch Sept. 27 at 8 a.m. at Building 940, 2860 Louis Bauer Drive at Brooks City-Base. For information, call Larry Flores at 536-1500 or 287-6291 or e-mail larry.flores@brooks.af.mil.

Gardens by Moonlight

Gardens by Moonlight returns to the San Antonio Botanical Garden Sept. 27 from 7 to 11 p.m. Tickets at the gate cost \$20 for non-members and \$15 for members. Advance tickets can be purchased for \$15 at www.sabot.org. Gates open at 7 p.m. and parking is free. Del Castillo will perform a blend of flamenco, rock, Latin, blues and world music. The event is free and open to the public. For more information, call 824-9474.

Craft fair

The 18th Annual Holly Days Craft Fair will be held Oct. 4 from 10 a.m. to 4 p.m. at Holy Trinity Presbyterian

Church, 16245 Nacogdoches Road. For more information, call 651-6871.

Nominations for Military Spouse of the Year

Military Spouse Magazine is seeking nominations for the 2009 Military Spouse of the Year Award sponsored by USAA. Nominees must be the spouse of a current member of the U.S. armed forces. The criteria for selection includes: impact on community change, volunteerism, personal sacrifice, education, career pursuits and other military spouse-related efforts. Nominations will be accepted through Oct. 8. For more information, call 703-288-8684. To submit a nomination, visit www.msosy.milspouse.com.

Training

Enterprise Web Training

Beginning Oct. 1, the Army Medical Department E-Forms will be eliminated and all forms will be done in the Enterprise Web AMEDD Electronic Forms Support System within the AMEDD domain. Training opportunities are available, but not required, in Willis Hall, Building 2841. The training schedule is:

EWA forms training

- Sept. 30 from 8:30 to 11:30 a.m.,

Room 2105C.

- Sept. 30 from 1 to 4 p.m., Room 2105C.
- Oct. 21 from 8:30 to 11:30 a.m. and 1 to 2:30 p.m., Room 2105C
- Oct. 22 from 1 to 2:30 p.m., Room 2105A.
- Oct. 27 from 1 to 3:30 p.m., Room 2105A.
- Oct. 29 from 8:30 to 11:30 a.m., Room 2105C.

Army Knowledge Online training

- Oct. 23 from 8:30 to 11:30 a.m. and 1 to 2:30 p.m., Room 2105C.

Participants must bring their common access card with them for training. Seating is limited. For more information or to register, call 221-6203 or e-mail julie.gueller@amedd.army.mil.

Army e-Learning Program

The Army e-Learning Program has 30 Rosetta Stone foreign language courses and 2,600 other courses available, to include new course content on Lean Six Sigma. The Army has included the Books 24/7 features that provide a user more than 4,000 business professional titles, over 6,000 titles in IT Pro and nearly 350 in-office essentials. All reference books are free to authorized users. For more information, call Julie Gueller at 221-6203.

Meetings

Retired Officers' Wives, Widows Club

The Retired Officers' Wives and Widows Club will hold a welcome luncheon Sept. 30 at 11 a.m. at the Sam Houston Club. Stein Mart department store will present fall

fashions. For more information or reservations, call Arline at 822-6559.

NCOs' Wives Club

The Fort Sam Houston Noncommissioned Officers' Wives Club invites all spouses to join them the first Tuesday of the month at 10 a.m. at the Sam Houston Club. New members are welcome. For more information, call Angie Luna at 333-0821 or 386-8265.

Warrant Officer Association meeting

The Lone Star Silver Chapter of the U.S. Army Warrant Officer Association will hold a meeting Oct. 20 at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road (near Loop 410). All active-duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596, e-mail juan.gomez@us.army.mil or Jim Gonzales at 666-9818, e-mail rgonzales879@satx.rr.com.

Volunteer

Cleanup project

The American Society of Military Comptrollers will sponsor a community cleanup project Oct. 4 from 9:30 a.m. to 11:30 p.m. at the Converse Animal Shelter, Inc., 9634 Schaefer Road, in Converse. The project involves cutting grass, clearing brush, pulling weeds, walking dogs and brushing cats. School students can earn a certificate for up to three hours of community service. To volunteer, call Charlene Houghton at 652-3812.

For Sale Fort Freebies

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

For Sale: Queen-size sleigh bed, wrought iron and wood, great condition, \$150; twin-size captain's bed, three drawers underneath, \$80; metal gym lockers, \$100; computer desk, \$70; Murray lawnmower, \$60. Call 379-5807 or 913-8212.

For Sale: Five-piece fire pit table set, includes four aluminum frame chairs, fire pit table with screen, table is 44 inches round, surrounded with a tile top, \$250 obo. Call 818-6585.

For Sale: Ferritti rims with tires, 20 inch, universal lugs, two years old, \$700. Call Jason at 449-6871.

For Sale: CrossTrainer 970 bike, recumbent exercise cycle converts into a weight bench, includes hand weights for upper-body muscle ton-

ing, eight built-in programs and optional iFIT.com programs that control resistance and supply personal trainer motivation, \$150. Call 688-4681.

For Sale: Horizon treadmill, wall saver, folds upright with foot lock latch, safety key, two water bottle holders, grip pulse handlebars, transport wheels and power cord, owner's manual, three years old, good condition, selling for \$900, will take \$700 cash. Call Linda 221-2373 or 354-2078.

For Sale: Three-piece living room set, \$150; child car seat, \$10; back seat for minivan, beige, \$45; computer desk, solid wood, \$60; car cassette and radio, \$15. Call Sandy at

241-1291 or 637-7322.

For Sale: Art deco chair, leather, gold, \$75; chandelier, brass with crystals, small, \$50; maple wood table, front and back drop leaves, old with original hardware, \$200; antique iron decorative bed, full-size, \$100; antique wardrobe, tall double door, bevel full mirrors, two bottom drawers, \$300. Call 684-8966.

For Sale: Programmable Honeywell digistat thermostat for home A/C, \$30. Call 221-3549.

Wanted: Men's blue or white Army mess dress uniform, medical command colors, jacket size 48 or 50 long, pants 40 inch waist by 32 inch long, with all colonel accessories. Call 454-2095.

Religion

Jewish services

- Rosh Hashanah Eve - Sept. 29 at 8 p.m.
- Rosh Hashanah, First Day - Sept. 30 at 9 a.m. and 8 p.m.
- Rosh Hashanah, Second Day - Oct. 1 at 9 a.m. and 8 p.m.
- Shabbat Shuvah - Oct. 3 at 8 p.m.
- Kol Nidre - Oct. 8 at 7 p.m.
- Yom Kippur - Oct. 9 at 9 a.m.

Additionally, Sabbath services followed by an Oneg Shabbat gathering are conducted every Friday at 8 p.m. All services will be held at Main Post (Gift) Chapel, Building 2200, on Wilson Road. Personnel planning to attend services should make prior arrangements with their supervisors. For more information or to volunteer to help with High Holy Day activities, call Norton Shectman, Jewish lay leader, at 493-6660, 379-8666 or 385-8666.

Catholic Religious Education

Catholic Religious Education will begin Sept. 28 from 11 a.m. to

12:15 p.m. at Dodd Field Chapel. Volunteer teachers are needed for third to seventh grade. For registration or to volunteer, call Brian Merry at 221-5006 or e-mail brian.r.merry@us.army.mil.

PWOC meetings

The Protestant Women of the Chapel group meets Wednesdays from 9:30 to 11:30 a.m. and Thursdays from 6:30 to 7:30 p.m. at Dodd Field Chapel. Childcare is provided. For more information, call 221-5007.

Chapel positions available

The Mission and Installation Contracting Command is soliciting for the following chapel positions: Catholic priest, music coordinator, guitarist, Protestant music coordinator/praise and worship team leader, Samoan Protestant organist/pianist/acoustic guitarist, and gospel choir director/organist/pianist. The solicitations will close Sept. 26. To obtain a copy of the solicitation, call Sean de Haas at 295-4467.