

FORT SAM HOUSTON News Leader

"HOME OF ARMY MEDICINE"

Cancer research shifting toward vaccinations

Story and photo by Jeff Crawley
Fort Sam Houston Public Affairs
Office

Progress is being made in breast cancer vaccines, said a Soldier who is a leading researcher in cancer immunotherapeutics.

Col. (Dr.) George Peoples, deputy director of the U.S. Military Cancer Institute, made this comment when he spoke with the community at a luncheon Oct. 3 at the San Antonio Country Club.

"The only medical modality that's ever cured or eradicated disease has been vaccinations," said Peoples, who is also the chief, Surgical

Oncology, Department of Surgery at Brooke Army Medical Center and director of the Cancer Vaccine Development Program. "We know that the body's immune system can fight off cancer."

The 9th Annual Tell-A-Friend Breast Health Awareness luncheon was themed "Hope for the Future." About 250 people attended the program, which was co-sponsored by the American Cancer Society, BAMC and Wilford Hall Medical Center.

There is a huge shift in cancer research toward

See **CANCER P6**



Registered nurse Cookie Sauer-Jordan and Capt. (Dr.) Camille McGann, a radiation oncologist, sing "God Bless America" during a candle lighting at the 9th Annual Tell-A-Friend Breast Health Awareness luncheon Oct. 3 at the San Antonio Country Club. Both women work in the radiation oncology department at Brooke Army Medical Center.

Accidents, construction lead to access changes

A recent vehicle accident and scheduled roadway improvements have affected access onto Fort Sam Houston.

The Wilson Access Control Point remains closed after its entry barrier was destroyed after being struck by a vehicle early Saturday morning, said a security official. Wilson Gate will remain closed for four to eight weeks until the gate can be replaced.

Motorists who use Wilson should enter and exit the post

Wilson Gate will remain closed for four to eight weeks until the gate can be replaced.

using the Pershing Gate, which has extended its hours and increased entry lanes.

The Pershing Gate now has two manned entry lanes which merge into a single lane. Its hours are Monday through Friday from 6 a.m. to 10 p.m. and weekends from 8 a.m. to 10 p.m. These changes will remain in effect until construction is complete

at the Wilson Gate.

Off post, the Texas Department of Transportation will begin work Oct. 13 to reconstruct and widen narrow roadway and the Interstate Highway 35 northbound frontage road. Construction will take place on IH-35 from 410 South at Binz Engleman to .2 mile north of Rittiman Road.

The project also includes constructing the southbound to northbound turnaround at Rittiman Road and right turn lanes at three intersections — Petroleum, George Beach and Binz-Engleman — along the southbound frontage road. The \$4 million project is scheduled for completion in February 2009.

Any closures related to this project will be restricted to nighttime hours, according to TXDoT.

See **ACCESS P7**

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OPEN HOUSE



Fire Department to hold open house

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REGISTER TO RUN



Register now for the Combat Medic Run Oct. 18

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Fall Fest Oct. 17 and 18

The Fort Sam Houston Fall Fest will be held Oct 17 from 5 to 10 p.m. and Oct. 18 from 10 a.m. to 6 p.m. Friday night's festivities include live music, dancing, food and beverages. Saturday's events include a variety of games, food booths, activities and entertainment, to include a performance by Radio Disney. A Fall Fest parade will begin at 10 a.m. on the corner of Stanley and Schofield roads. People are invited to enter the Arts and Crafts Fair, Car Show and Barbecue Cook-off, as well as a drawing for a variety of prizes. For more information, call 221-3185.

See schedule of events, Page 18.

E-MAIL NEWS LEADER AT: NEWS.LEADER@CONUS.ARMY.MIL

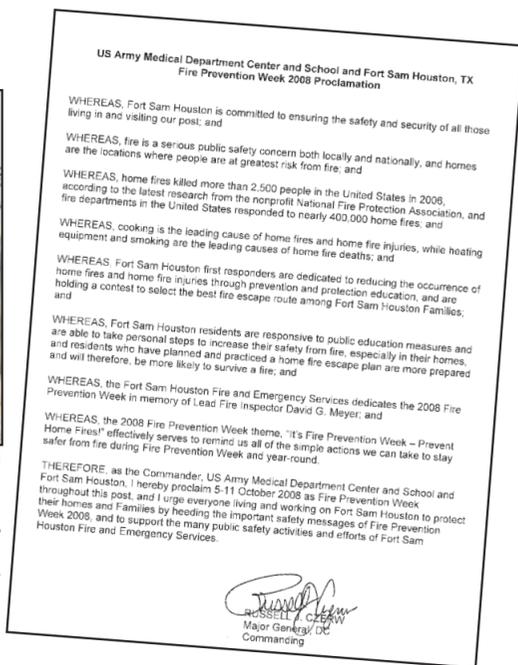
Fire Department celebrates Fire Prevention Week with open house

The Fort Sam Houston Fire Station will hold an open house Oct. 11 from 9 a.m. to 3 p.m. At 9 a.m., Garrison Commander Col. Mary Garr will give opening remarks followed by the presentation of awards for the poster contest. At 10 a.m. there will be participant fire extinguisher training. Between 11 a.m. and 3 p.m., a carnival will run with static displays, Fire Safety House, games and entertainment. The department will sponsor a contest to see which Family has the most effective fire evacuation plan. Submit your plans to the post fire department at Schofield Road, Building 131, or e-mail terry.davis7@us.army.mil. The winner will be recognized at the open house and presented with a certificate and prize. The fire station is at Garden Avenue and Schofield Road. For more information, call Assistant Fire Chief Davis at 221-5452.



File photo by Joe Miyaski

A live fire demonstration was held at a training facility across from the Fort Sam Houston Fire Department at last year's open house event. The demonstration enabled the audience to watch the firefighters in action during a controlled fire.



	OCT. 9	OCT. 10	OCT. 11	OCT. 12	OCT. 13	SEPT. 30
San Antonio	Upper 80s Sunny	Mid 80s Mostly Sunny	Mid 80s Cloudy	Mid 80s Cloudy	Lower 80s Partly Cloudy	Lower 80s Partly Cloudy
Kabul Afghanistan	75° Clear	78° Partly Cloudy	80° Partly Cloudy	80° Partly Cloudy	75° Clear	69° Clear
Baghdad Iraq	100° Partly Cloudy	100° Partly Cloudy	100° Partly Cloudy	102° Clear	104° Partly Cloudy	102° Clear

(Source: Weather Underground at www.wunderground.com)



Editorial Staff
 Army Medical Department Center and School and Fort Sam Houston Commander
Maj. Gen. Russell Czerw
 Garrison Commander
Col. Mary Garr
 Public Affairs Officer
Phillip Reiding
 Editor/Writer
Elaine Wilson
 Staff Writer
Jeff Crawley
 Layout Artist
Lori Newman

News Leader office:
 1212 Stanley Road
 Building 124, Suite 4
 Fort Sam Houston, Texas
 78234-5004, 210-221-0615,
 DSN 471-0615
 Fax: 210-221-1198
News Leader Advertisements:
 Prime Time Military Newspapers
 2203 S. Hackberry
 San Antonio, Texas 78210
 Phone: 210-534-8848
 Fax: 210-534-7134

News Leader e-mail:
news.leader@conus.army.mil
News Leader online:
www.samhouston.army.mil/pao/default.html

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News Briefs

Museum closed

The Fort Sam Houston Museum will be closed Oct. 12 in observance of Columbus Day. The museum will reopen Oct. 15. For more information, call 221-1886.

Public Works closure

The Directorate of Public Works will be closed Oct. 15 from 11 a.m. to close of business for the DPW Organization Day. For emergencies, call the Service Order Desk at 221-3144.

DHR closure

The Directorate of Human Resources will be closed Oct. 17 from 1 to 4 p.m. for the DHR Organization Day. For emergencies, call 889-2777.

Audie Murphy Club Induction Ceremony

The Sergeant Audie Murphy Club Induction Ceremony will be held Oct. 17 at 4 p.m. in Blesse Auditorium, Willis Hall, Army Medical Department Center and School. The honorees are Sgt. 1st Class Serena Di Virgilio and Staff Sgt. Howard Markel, of the AMEDD Noncommissioned Officers Academy.

Special Forces briefings

Special Forces briefings will be held Oct. 20 to 24 from 11:45 a.m. to 1 p.m. in the Army Community Service center on Stanley Road. The Oct. 20 to 22 briefings will be held in training room 1 and Oct. 23 and 24 briefings in training room 2. The briefings are open to permanent party male Soldiers, E-3 to E-6. For more information, call Sgt. 1st Class John Murphy at 1-877-845-9764 or 254-288-7411.

Customers' suggestions needed

The Army Education Center is conducting a Needs Assessment Survey now through Oct. 10. The survey can be accessed two ways. The first way is to go to <https://secureweb.hqda.pentagon.mil/hqdasurveys/>. Click on "Surveys" highlighted by a green check mark. Find the garrison listed survey name. Double click on the forward arrow to the right of the open window box until the number three appears. Scroll down to "IMCOM West ACES Sam Houston" click and the survey will open. Click "Finish" when the survey is completed. Another way to complete the survey is to visit <https://fsh-intranet.amedd.army.mil> <<https://fsh-intranet.amedd.army.mil/>. Scroll down on the left. Click on "Services." Then click on "Education and Training Services." Scroll down and click on "new" (highlighted in red) to take the Army Continuing Education System survey. Please take a few moments to complete this important survey.

Installation switching to seven-digit dialing

Beginning Nov. 6, the Fort Sam Houston telephone system will be upgraded. Phone

See NEWS BRIEFS P4

Marine receives Purple Heart 41 years later

Story and photo by Olivia Mendoza
 Fort Sam Houston
 Public Affairs Office

Retired Sgt. Gary Lee Grigsby received a Purple Heart medal and Combat Action Ribbon Oct. 2 at the 4th Reconnaissance Battalion, Navy Marine Corps Reserve Center.

It took 41 years for Grigsby to receive the decorations, bringing closure to the events of Oct. 12, 1967.

Grigsby enlisted in the Marines in 1965. He was part of the Suicide C Company, 1st Battalion, 1st Marine Regiment, 1st Division that was sent to Operation Medina at Hai Lang Forest Reserve, Vietnam.

Haunted by memories, he said he remembered

everything as if it were yesterday. During combat, he saw eight of his buddies killed and three wounded. He was one of the three lucky ones who were just wounded.

A hand grenade explosion threw Grigsby 18 feet in the air and about 30 feet out; his body hit several trees and landed on the ground. As he regained consciousness he saw that he had his rifle in his hand, but did not know if he had landed on enemy lines or not.

Through the chaos he was able to see the Marine organization line and ran toward it for safety. Not knowing that he was wounded, he continued to

See MARINE P7



Lt. Col. David Cooper, inspector-instructor, 4th Reconnaissance Battalion, pins the Purple Heart medal on the lapel of retired Sgt. Gary Lee Grigsby Oct. 2 at the 4th Recon. Bn., Navy Marine Corps Reserve Center. The Purple Heart is awarded to members of the armed forces of the United States who are wounded by an instrument of war in the hands of the enemy.

Soldiers receive Purple Hearts for their sacrifices

Story and photo by Jen Rodriguez
 Brooke Army Medical Center Public Affairs

Three Warriors in Transition were awarded the Purple Heart Sept. 23 surrounded by their Brooke Army Medical Center family — battle buddies, squad leaders, case managers and commanders — in the hospital's fourth floor auditorium.

Staff Sgt. Bernard Teich, Spc. Jordan Riddle and Pfc. Scott Curry were honored for their sacrifices in support of Operation Iraqi Freedom.

Teich, a combat engineer, was injured Feb. 28, 2007, in Iraq. Assigned to the 1st Engineer Company, 5th Brigade, 2nd Brigade Combat Team, Teich was on a route-clearance mission when the vehicle hit an improvised explosive device resulting in his combat injuries.

Riddle, a combat medic, was injured Jan. 9 in Iraq. Assigned to



Warriors in Transition Pfc. Scott Curry, Spc. Jordan Riddle and Staff Sgt. Bernard Teich receive Purple Hearts for their sacrifice and bravery Sept. 23 during a ceremony at Brooke Army Medical Center.

Headquarters and Headquarters Company, 3rd Squadron, 2nd Stryker Cavalry, Riddle was on patrol when an IED-rigged building exploded

resulting in his combat injuries.

The Arlington, Texas, native also received the Combat Action Badge, which recognizes Soldiers who personally engage the enemy or are engaged by the enemy during a combat operation.

Curry, a heavy equipment operator, was injured Aug. 1, 2007, in Iraq. Assigned to E Co., 2nd Bn., 14th Infantry, 2nd Bde. Combat Team, 10th Mountain Division, Curry was conducting convoy operations when his vehicle was struck by an IED resulting in his combat injuries.

In another Purple Heart ceremony, 1st Lt. Joseph Mobbley was presented the Purple Heart medal Oct. 3 during a ceremony in Brooke Army Medical Center's fourth floor auditorium.

Lt. Col. John Myers, battalion commander, Warrior Transition Battalion,

See PURPLE HEART P7

News Briefs

from P3

users will be required to dial full seven-digit numbers when call numbers with prefixes of 221, 295, 916 and 808. This will affect all telephones services at Fort Sam Houston, Camp Bullis, Camp Stanley and Brooke Army Medical Center. For more information e-mail Jane Schlinke at elizabeth.schlinke@us.army.mil or call 221-0612.

Federal employees health benefits season opens

Open season for the Federal Employees Health Benefits Program, Flexible Spending Accounts and the Federal Employees Dental and Vision Insurance Program runs Nov. 10 through Dec. 8. Employees can make enrollments, changes or cancellations through the Army Benefits Center Civilian Web site at <https://www.abc.army.mil> or by calling toll-free 877-276-9287. The Civilian Personnel Advisory Center will be hosting two enrollment events; one for Brooke Army Medical Center civilian employees and one on post for all other civilian employees. The BAMC event will be held Nov. 4 from 10:30 a.m. to 3:30 p.m. in the Medical Mall, Pediatrics Care area. The post event will be held Nov. 5 from 10:30 a.m. to 3:30 p.m. at the San Antonio Credit Union conference room, Building 2750 on Stanley Road. For more information, call CPAC at 221-2526.

Environmental hotline

The Fort Sam Houston Environmental Division is working with the State of Texas and the Environmental Protection Agency to monitor and protect the health of San Antonio waterways. The Environmental Division has established a hotline that post personnel and residents can use to report environmental problems, including storm water pollution. The hotline is staffed weekdays from 7 a.m. to 5 p.m. After hours, leave a message and calls will be returned the next business day. If you witness an illegal activity after business hours, call the Fort Sam Houston Police. To report environmental problems, call the hotline at 221-4842.

BAMC outpatient records section moves

The Brooke Army Medical Center Outpatient Records Customer Service has moved to the CARES desk in the Medical Mall area. Outpatient Records also will be closed Oct. 9 through 13 to relocate to Room L-66-3 and L-66-3B. Customer service will be available at the CARES desk during the move. For more information, call the CARES desk at 916-2002.

DPTMS moves

The Directorate of Plans, Training, Mobilization and Security has relocated to 2430 Stanley Road, Building 143, Suite 25, next to the Civilian Personnel Advisory Center.

BAMC makes history with mass re-enlistment

Story and photo by Jen Rodriguez
Brooke Army Medical Center Public Affairs

Forty-five Brooke Army Medical Center Soldiers made history Oct. 2 in a mass re-enlistment ceremony held in the hospital's Medical Mall.

The event marked the largest single-day retention ceremony in the Great Plains Regional Medical Command. Fourteen women and 31 male medical Soldiers re-enlisted for a combined Army service commitment of 157 years.

In other areas around the globe, more than 800 Soldiers re-enlisted in the Army, said Brig. Gen. James Gilman, GPRMC and BAMC commander, who led the ceremony.

"A re-enlistment in the U.S. Armed Forces service reaffirms a Soldier's commitment to defend the country and take the oath again," Gilman said.

"We're glad you're staying on duty," he said. "You served by your own decision. You've chosen the military life."



Brooke Army Medical Center Soldiers recite the re-enlistment oath Oct. 2 during a mass re-enlistment ceremony confirming their commitment to stay in the Army. The oath was led by the Great Plains Regional Medical Command and BAMC Commander Brig. Gen. James Gilman.

Also on Oct. 2 from the command, more than 150 Soldiers re-enlisted from Fort Polk, La., in the Southeast, to Fort Huachuca, Ariz., in the Southwest, and as far north as Fort Carson, Colo., said BAMC Command Sgt. Maj. Donna Simmons.

"Each of these Soldiers is making a

personal and patriotic choice to support our nation during its war on terrorism," she said. "Your commitment and dedication to duty and country is commendable and would be admired by all."

See RE-ENLISTMENT P9

Chilean officer joins U.S. Army South team

By Sgt. Nina Ramon
U.S. Army South Public Affairs

The U.S. Army South is another step closer to becoming a western-hemisphere, international organization by adding a second foreign officer to its staff.

Col. Juan Carlos Ramirez, the former chief of staff of the Chilean army corps of engineers, began working as a foreign liaison officer at U.S. Army South, the Army component of U.S. Southern Command, July 8.

Ramirez holds a bachelor's degree in military studies from the Chilean army war college and earned a master's degree in strategic planning and strategic studies from the U.S. Army War College in Carlisle, Pa. He is also qualified as a tactical diver, an explosive ordnance disposal specialist and a staff officer in the Chilean army.

"I am morally obligated to do my best to collaborate with my U.S. counterparts and ensure the relationship between both armies grows stronger," Ramirez said. "I hope to offer my perspective on various situations involving U.S. Army South and Latin American countries so our leaders

can be well informed and make the best decisions possible."

Ramirez's responsibilities as a FLO include coordinating a range of activities between U.S. Army South and the Chilean army. These activities consist of joint and tactical exercises that include the Chilean army and regional initiatives such as the Conference of American Armies, an organization that seeks to promote the exchange of ideas and experiences related to matters of common interest and an increase in cooperation and integration between armies.

"My mission as the liaison officer is to ensure these activities are successfully accomplished in the most efficient way possible," Ramirez said.

According to his U.S. counterparts, the addition of Ramirez to the U.S. Army South staff is already paying dividends.

"Chile is a great nation with a highly skilled and professional Army," said Lt. Col. Antonio J. Vazquez, Southern Cone Team, International Military Affairs.

"The addition of Colonel Ramirez to the U.S. Army South Family facilitates military-to-military relations and



Courtesy photo

Chilean army Col. Juan Carlos Ramirez began working as a foreign liaison officer at U.S. Army South July 8. Ramirez's responsibilities include coordinating a range of activities between U.S. Army South and the Chilean army.

helps to better understand each other. He is a superb officer and an extraordinary human being."

Ramirez said he is also impressed with what he's seen so far of his U.S. Army South colleagues.

"I am very pleased to work with

See CHILEAN P6

Drive safely, we all share the road



While, you may be alone in your car, you're never alone on the road. Motorists share the road with a wide array of vehicles — cars, bicycles, commercial vehicles, motorcycles, sport utility vehicles, pickups and buses.

Motorists also share the road with a legion of fellow travelers with a wide range of driving skills, experiences, personalities, habits and idiosyncrasies. We share the roads daily, on post and off, with a mix of motorcyclists, truck drivers, bicyclists, teen drivers, older drivers and, of course, joggers and pedestrians.

All of these people are on the road whether traveling on four wheels or 16, two wheels or two feet. Their ability to walk, bike, ride or

drive safely is affected by numerous factors, physical and emotional. Maybe the man next to you just lost his job, and the woman in front of you just fought with her husband. The teen driver in the car on your right has been driving for only two weeks, while the 85-year-old man behind you has been driving for 70 years.

All road users have their own unique needs and considerations and pose special problems for car and truck drivers. We should all know

how to safely deal with these problems and understand the special rules that apply to other roadway users.

This year's annual Drive Safely Work Week, held Oct. 6 to 10, was designed to increase awareness of the shared responsibility for road safety among all users of the roadway.

No matter the week, drivers are encouraged to be fully prepared when they get behind the wheel.

For more information, call the Fort Sam Houston Garrison Safety Office at 221-3841 or visit <http://www.samhouston.army.mil/iso/>.

For safe driving tips, visit <http://www.nhtsa.dot.gov>.

(Source: Fort Sam Houston Safety Office)

DEPARTMENT OF THE ARMY
HEADQUARTERS, U. S. ARMY MEDICAL DEPARTMENT CENTER AND SCHOOL
AND FORT SAM HOUSTON
2250 STANLEY ROAD
FORT SAM HOUSTON, TEXAS 78234-6100

MEMORANDUM FOR ALL AMEDDC&S PERSONNEL
SUBJECT: Columbus Day Holiday, 10-13 October 2008

1. Columbus Day commemorates Christopher Columbus' first landing in the new world in 1492, and the genesis of a brave new nation. It also marks the beginning of a new fiscal year and a chance for us to enjoy the holiday with our Family and friends.

2. Holiday weekends also intensify the potential for accidents, especially while driving and during other off-duty recreational activities. Late night weekend travel is one of the greatest threats to all of us, particularly when alcohol is involved. Every year, senseless injuries occur as the result of speeding, unsafe vehicles, and overindulgence in alcohol.

3. Commanders, directors, and supervisors, must be engaged as we all play a critical role in preventing any unnecessary loss of the Army's most valuable asset—our Soldiers, civilians, and Family members. During your holiday safety briefings, place particular emphasis on adherence to speed limits, defensive driving, the dangers and consequences of drunk driving, sufficient rest prior to and during long trips, wearing of seat belts, and the proper use of child restraints. Ensure all Soldiers traveling on leave complete the Travel Risk Planning System (TRIPS) privately owned vehicle assessment. TRIPS can be accessed by visiting the Combat Readiness Center website at <https://crc.army.mil/home>. Data from the Combat Readiness Center shows that Soldiers are less likely to have a fatal accident when completing this assessment.

4. I charge each of you to prepare your subordinates and your Families for the Columbus Day Holiday weekend. Demonstrate good risk-management practices, both on and off duty. The following website is a great source for safe driving tips, <http://www.nhtsa.dot.gov/>. Remember, leaders must emphasize sexual assault risks, prevention, and response in their holiday safety briefings. Guidance is available at www.sexualassault.army.mil.

5. Again, I thank you for what you do everyday. Be Safe!

RUSSELL A. QZNER
Major General, DC
Commanding

CANCER from P1

immunotherapy — taking advantage of the body's immune system to fight cancer, said Peoples, who oversees the clinical trials of 12 vaccines being conducted at 10 sites.



Col. (Dr.) George E. Peoples speaks about using vaccinations to prevent cancer during the 9th Annual Tell-A-Friend Breast Health Awareness luncheon Oct. 3 at the San Antonio Country Club. Peoples, deputy director of the U.S. Military Cancer Institute, oversees the clinical trials of 12 vaccines being conducted at 10 sites.

The protein Human Epidermal Receptor 2 is found on cancer cells and if it is found in large amounts it is a prognostic factor for breast cancer, Peoples said. The protein allows the cancer cells to feed and grow.

Researchers have come up with an antibody, Herceptin, to block the HER2 growth factor. Herceptin was approved for clinical use in 1998 in the metastatic setting.

Herceptin has lowered breast cancer re-occurrence by 50 percent, Peoples said. It is the first Food and Drug Administration-approved immunotherapy for cancer and has ushered in a new era of cancer treatments, he said.

"We have surgery, we have chemotherapy, we have radiation and now we have immunotherapy," Peoples said.

One of the difficulties facing researchers is that they can only test their new vaccines and immunotherapeutics in late-stage cancer patients.

That is not the way to use vaccines, Peoples said.

"You can't expect the immune system to reject well-



Photos by Jeff Crawley

People view photographs of breast cancer survivors at a display during the 9th Annual Tell-A-Friend Breast Health Awareness luncheon Oct. 3 at the San Antonio Country Club. About 250 people attended the program, which was co-sponsored by the American Cancer Society, Brooke Army Medical Center and the Wilford Hall Medical Center.

established, growing, enlarged tumors. It's just too much to ask," he said.

Instead researchers are using vaccines for their intended purpose — prevention.

In 2000, to study breast cancer recurrence using immunotherapeutics, researchers vaccinated women who had had breast cancer, had been treated with traditional therapies and became cancer free and were healthy.

In the eight-year trial, there was about a 40 percent reduction in recurrence and about an 80 percent in mortality, Peoples said. Research will continue with larger validation trials, which will begin in the spring, he added.

The next step is to prevent cancer in the first place with a

vaccination, Peoples said.

"We do truly believe that there is hope for the future," he said.

Cancer survivor Sandi Stanford of San Antonio said she attended the luncheon to explain to women and men the importance of self-examinations, mammograms and clinical exams.

"Also to celebrate life and survivorship," said Stanford, who volunteers at the Alamo Breast Cancer Foundation. "There is hope. Any type of cancer diagnosis is not a death sentence.

CHILEAN from P4

such highly professional personnel," Ramirez said. "Each day I see how knowledgeable they are and how strong their desire is to integrate with partner nations."

Those working closest to Ramirez daily admire him on both professional and personal levels. Besides his exceptional professional qualities, he possesses an uncompromising set of personal values, a great sense of humor and a very positive attitude, Vazquez said.

Ramirez's ultimate goal is "to see that engagement activities between the two countries are carried out as effectively as possible" and that he "be able to justify unmistakably that my presence here makes a positive difference and meets everyone's expectations."

Ramirez follows in the footsteps of Brazilian Lt. Col. Raul Rodrigues de Oliveira who was assigned to U.S. Army South last February. Others are expected in the future as agreements are finalized with partner armies.

ACCESS from P1

Also affecting traffic, a full lane closure is scheduled for the IH 35 northbound and southbound main lanes between New Braunfels Street to AT&T Parkway. The closure is scheduled to begin Oct. 17 at 10:30 p.m. and end Oct. 20 at 5 a.m.

The southbound entrance ramp from AT&T Parkway and the northbound entrance ramp from New Braunfels Street also will be closed. Southbound motorists will detour at Walters to the

A full lane closure is scheduled for the Interstate Highway 35 northbound and southbound main lanes between New Braunfels Street to AT&T Parkway.

frontage road, cross the Walters and New Braunfels intersections and enter on the next available ramp. All northbound motorists will detour at Walters to the frontage road, cross the Walters intersection and enter on the next available ramp past Walters Street.

The closure will ensure the

safety of travelers as workers install 30 bridge beams across the Walters Street Bridge.

For more information about post access, call Physical Security at 221-1404. For information on TXDoT projects, call Darla Laughter at 615-5932 or visit www.dot.state.tx.us.

(Source: Fort Sam Houston Public Affairs Office)

MARINE from P3

fight alongside his fellow Marines.

Three days later he was unconscious due to a severe wound in his backside caused by the grenade that threw him.

Upon receiving the Purple Heart medal and Combat Action Ribbon Grigsby was emotional, but stood proud that he was able to accept the honors not only for himself but on behalf of his buddies he had lost during the Vietnam War.

"I was not able to stop any of the guys from getting killed. I did what I could, but it was not enough," said Grigsby. "Everyday, I hope for closure from all this."

"The Marine Corps takes care of our own," said Lt. Col. David Cooper, inspector-instructor, 4th Reconnaissance Battalion. "No matter how much time passes, Marines will make it a point to take care of their own one way or another. Today, we recognize our fellow Marine who stands before us who lives to tell

about Operation Medina.

"Grigsby, you are a hero in your own right and I am proud to be here to conduct this ceremony," Cooper said.

Grigsby closed by saying, "I have waited for this for a long time ... everybody who comes back alive is also a hero, not just the ones who have died."

Today, he lives to tell the story about their mission and what truly happened. He is now a Zen Buddhist monk, freelance photographer and karate teacher who educates other instructors.



Photo by Jen Rodriguez

First Lt. Joseph Mobbley receives a Purple Heart from his mother, Elizabeth Mobbley during a ceremony Oct. 3 at Brooke Army Medical Center. His father Ross Mobbley was also in attendance.

PURPLE HEART from P3

hosted the ceremony on behalf of Brig. Gen. James Gilman, commander of the Great Plains Regional Medical Command and BAMC.

Myers said 1st Lt. Mobbley is the model of the Army values courage and selfless service.

Though it is customary for the ceremony host to pin the Purple Heart on a Soldier, Mobbley's mother, Elizabeth Mobbley, did the honors for her son.

Joseph thanked his Family and comrades for attending the ceremony. "This is one award no one wants to receive," he said. "But, I'm

thankful to be able to stand and accept it. Also, I'm thankful that none of my men have to stand up here today, and accept this."

The infantry platoon leader, assigned to C Troop, 3rd Squadron, 89th Cavalry Regiment, 4th Brigade Combat Team, 10th Mountain Division, was injured May 17 while on a dismounted patrol. An IED exploded nearby resulting in his combat injuries.

The Purple Heart, an American decoration and the oldest military decoration in the world, is awarded to members of the armed forces of the United States who are wounded by an instrument of war in the hands of the enemy.

Domestic Violence Awareness Month

Family violence: Not a private matter

By Chandra Patterson
Family Advocacy Program

"If children live with criticism, they learn to condemn. If children live with hostility, they learn to fight." These words, taken from the book "Children Learn What They Live," describe some of the lasting effects of domestic violence on children.

Spouses are not always the only victims of domestic violence. Children also are subjected to highly stressful and traumatic experiences when witnessing violence.

More than 20 years ago it was estimated that 3 million children were at risk of exposure to domestic abuse each year, according to an article written by Bonnie Carlson for "Trauma, Violence, and Abuse" in 2000. It is hard to guess what that number would be today.

The rates of domestic violence are generally based on

Family violence is not just a private matter; it takes everyone doing their part to make sure these Families do not slip through the cracks.

incidents that have been reported, severely compromising the accuracy and understanding of the true extent of the problem. Many incidents go unreported, preventing thousands, maybe millions more children and survivors from receiving assistance.

Children need a safe and secure environment to grow and develop. Family violence promotes the exact opposite of what children need to thrive. Repeated exposure to Family violence can affect children in ways that sometimes cannot be reversed.

The longer the exposure, the more at risk children become. Statistics show that younger children are the most at risk. Perhaps this is

because parents discount their children's ability to understand what is going on. While their understanding of the world around them may still be developing, they are affected by the violence. As they grow up, they might adopt what they have seen as the way to handle problems and deal with anger and emotions. It is also likely they are being abused as well, since domestic violence and child abuse often occur in the same home.

Family violence affects children in various ways. Preschool age children have been found to experience depression, anxiety, fear and even guilt. Family violence not

See ABUSE P9

Kick-off ceremony



Photo by Cheryl Harrison

Col. Mary Garr, commander, U.S. Army Garrison, and Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School, share the duties of cutting the cake at the Domestic Violence Awareness Month kick off Oct. 3 at Army Community Service. Garr gave opening remarks on the importance of being aware of domestic abuse and reporting it. The proclamation was read by Czerw. Information was available from Family Advocacy Program counselors, door prizes were given away and refreshments served.

RE-ENLISTMENT from P4

Medical Soldiers, Warrior Transition Battalion Soldiers and wounded warriors made up the BAMC re-enlistees.

Gilman said the re-enlisting Soldiers showed the world that people from different backgrounds, colors, races and religions can get along and work together.

"The Army leads the way," he said. "We're the better example."

BAMC re-enlistees were: Sgt. 1st Class Jason Moody, Staff Sgt. Tamaris Boston, Staff Sgt. Charlotte Seibert, Staff Sgt. Randy Mulcahy, Staff Sgt. Tiffiney Starnes, Staff Sgt. Sammy Yankaway, Staff Sgt. James Bradley, Staff Sgt. Jarrett Kears, Staff Sgt. Ronald Busbin, Staff Sgt. Rico Roman, Staff Sgt. Derrick Freeman, Staff Sgt. Ruben Gonzales, Staff Sgt. Alexander Landron, Staff Sgt. James Craven, Sgt. Adam Morgan, Sgt. Janette Baltz, Sgt. Shane Salter, Sgt. David Medden, Sgt. Daniel Neal, Sgt. David

"Your commitment and dedication to duty and country is commendable and would be admired by all."

Command Sgt. Maj. Donna Simmons
Brooke Army Medical Center

Wyatt, Sgt. Regina Proctor, Sgt. Jose Rodriguez, Sgt. Joshua Cervantes, Sgt. Richard Schwenk, Sgt. Dara Wolff, Sgt. Shareef Abdullah, Sgt. Ronald Moren, Sgt. Stephanie Weldon, Sgt. Ja'Janet Thorne, Sgt. Micheal Muirhead, Sgt. Frankling Cosom, Sgt. Vanessa Murakami, Sgt. Eugene Perez, Sgt. Darron Mikeworth, Sgt. Edwin Rosado, Sgt. Lisa Vanslyke, Spc. Joey Marte, Spc. Paul Obis, Spc. Isaac Billingsley, Spc. Eva Meunzler, Spc. Martavius Ilion, Spc. Lisa McGrath, Spc. Jeremy Lochabay, Spc. Antonio Frank and Pfc. Katheryn Ney.

ABUSE from P8

only damages a child's emotional health, but also physical, psychological and behavioral health.

Children who are exposed to family violence report greater health problems. Their behaviors are more aggressive, especially for boys. In one study, boys have been found six times more likely to commit suicide.

A link between family violence and juvenile delinquency exists and children are more likely to carry the cycle of violence into adult relationships, either as perpetrators or victims.

Developmental delays or regressions are also possible in children who have witnessed domestic violence because they are ill-equipped to handle or understand what is going on. Sadly, most of the effects these children experience are the same as if they are the ones being abused.

Survivors of domestic vio-

lence decide to stay for a myriad of reasons such as fear, insecurity, financial reasons and love. Children being exposed to violence do not have the same ability to decide whether or not they stay. Some of these children may not have developed the communication skills to tell anyone about what they are experiencing. For this reason, it is important for people to pay attention and get involved.

Family violence is not just a private matter; it takes everyone doing their part to make sure these Families do not slip through the cracks. The military is working to improve the resources and availability of help for victims of Family violence.

Victim advocates are available at Fort Sam Houston 24/7 to assist. If you suspect that someone you know, adult or child, is being abused or exposed to violence, call the Department of Social Work at 916-3020.

Military Health System asks for feedback from wounded service members, Families

WASHINGTON — The Military Health System invites wounded, ill or injured service members and their Families to respond to a new pair of questionnaires designed to help MHS leaders better understand the needs and expectations of the warriors in their care.

The online questionnaires are available at the Military Health System Web site at <http://www.health.mil/Pages/Page.aspx?ID=18>.

The questionnaires — one for wounded, ill or injured service members and one for their Family members — will remain open for completion until Oct. 15. Both questionnaires ask for feedback concerning a service member's experience and satisfaction with the care he or she has received since becoming wounded, ill or injured.

To encourage honest and specific answers that will lead to positive changes in how the MHS handles care for wounded, ill or injured service members, all questionnaire responses are anonymous. Questionnaire results and analysis should be available in November at www.health.mil.

These questionnaires are part of Defense Secretary Robert Gates' commitment to supporting wounded, ill and

The online questionnaires are available now at <http://www.health.mil/Pages/Page.aspx?ID=18>.

injured service members — ensuring that their care is DoD's top priority. This care is continually improving but MHS leaders recognize that there is still more to be done. By listening to the opinions of wounded, ill or injured service members and their Families, the MHS will be in a better position to meet their needs and expectations.

America's Military Health System is a unique partnership of medical educators, medical researchers, and health care providers and their support personnel worldwide. This DoD enterprise consists of the Office of the Assistant Secretary of Defense for Health Affairs; the medical departments of the Army, Navy, Marine Corps, Air Force, Coast Guard, and Joint Chiefs of Staff; the Combatant Command surgeons; and TRICARE providers.

For more information regarding this questionnaire, call 703-681-1750.

(Source: Military Health System)

BAMC, Wilford Hall offer high-quality cancer care

The cancer programs at Wilford Hall and Brooke Army Medical Centers are accredited by the Commission on Cancer.

Cancer programs earning recognition from the commission offer first-rate cancer care. Only one in four hospitals that treats cancer patients receives this special approval.

CoC accreditation recognizes the quality of comprehensive cancer care available at a facility and offers a commitment that patients will have access to the various medical specialists involved in the diagnosis and treatment of cancer.

As an integral part of the cancer program, the Hematology Oncology Service offers high-quality cancer care to patients who are Department of Defense beneficiaries, including those over age 65.

Receiving care at a CoC-approved cancer program ensures that patients will receive:

- Quality care close to home.

The Hematology Oncology Service offers high-quality cancer care to patients who are Department of Defense beneficiaries, including those over age 65.

- Comprehensive care offering a range of state-of-the-art services and equipment.
- A multispecialty, team approach to coordinate the best treatment options available to cancer patients.
- Access to cancer-related information, education and support.
- A cancer registry that collects data on type and stage of cancers and treatment results, and offers lifelong patient follow-up.
- Ongoing monitoring and improvement of care.

- Information about ongoing clinical trials and new treatment options.

The Hematology Oncology Service is temporarily located at Wilford Hall Medical Center while final renovations for a state-of-the-art treatment facility at Brooke Army Medical Center are completed.

A shuttle service is provided between Wilford Hall and BAMC. The shuttle departs from outside the Medical Mall at BAMC every hour, on the hour, and from in front of the main entrance at Wilford Hall every hour, at 20 past the hour.

The Hematology Oncology Service staff welcomes the privilege of caring for DoD beneficiaries who have been diagnosed with cancer. Patients should have their primary care provider or referring provider submit a consult to the clinic through the TRICARE office or via fax to 292-4795.

(Source: Hematology Oncology Service)

Flu vaccines available in November

Brooke Army Medical Center will provide flu vaccines to beneficiaries Nov. 4 and Dec. 9 and 10, from 7:30 a.m. to 4:30 p.m. at the Army Community Service center in Building 2797, 2010 Stanley Road. Beneficiaries must be 5 years old and above.

The flu vaccine will also be offered to retirees only at the Retiree Appreciation Day Dec. 6 from 7:30 a.m. to 4 p.m. at the Army Medical Department Center and School.

Additionally, all beneficiaries may be vaccinated in their enrolled clinic or the BAMC allergy clinic beginning Dec. 8 during usual clinic immunizations walk-in hours.

Influenza, also known as the flu, is a contagious disease caused by the influenza virus. It attacks a human's respiratory tract in the nose, throat and lungs. Unlike a cold, influenza usually comes on suddenly and may include symptoms such as fever, headache, tiredness (can be extreme), dry cough, sore throat, nasal congestion and body aches.

For a complete list of clinic walk-in times and update information on the flu fair dates, visit the BAMC homepage at www.bamc.amedd.army.mil or check with the BAMC information desks, located at either side of the main entrances.

(Source: BAMC)

Flu vaccines available at Lackland Air Force Base

The injectable flu vaccine is now available in the Wilford Hall Medical Center Immunizations Clinic for adults only (18 years and older). The nasal spray flu vaccine, FluMist, is available for healthy patients age 2 to 49 years of age. Injectable flu vaccine for children under 18 is not yet available. To help minimize wait times, a flu vaccine tent is set up outside the immunizations clinic. Hours for the vaccine tent are Monday through Friday from 7:30 a.m. to 4 p.m. For those only needing a flu vaccine, please use the tent. For additional vaccinations, go to the immunizations clinic. For more information, call 292-5730.

Women's Ten-Miler Team



Courtesy photo

The Fort Sam Houston Women's Army Ten-Miler Team traveled to Washington, D.C., to compete in the 24th annual Army Ten-Miler Sunday. The team members are all Army dietitians serving at Fort Sam Houston and Brooke Army Medical Center. The team members are, 1st Lt. Kayla Ramotar, 1st Lt. Amy Larsen, Capt. Kate Schrumm and Capt. Jennifer Rodriguez. The team finished with a combined time of 5:20:44.



Photo by Kaye Richey

Wounded warriors participate in the Army Ten-Miler in Washington, D.C. Sunday. The race included more than 26,000 runners from around the world.

U.S. Army South Soldiers run in Army Ten-Miler

By Lt. Col. Randy Martin
U.S. Army South Public Affairs

WASHINGTON D.C - There were at least 26,000 motivations for running in the U.S. Army's 24th annual Ten-Miler Sunday. Among the multitude of athletes was one San Antonian who pushed past his pain and war wounds to honor fellow wounded warriors and his Fort Sam Houston-based unit.

Sgt. 1st Class Roger Garcia, 34, the operations sergeant for humanitarian assistance and disaster relief at U.S. Army South, said that one of the most interesting aspects of the run was seeing wounded warriors participate.

"They motivate me," said Garcia, still soaking in sweat after the race. One of 13 runners from U.S. Army South, Garcia earned a Purple Heart for valor in 2003, when his armored personnel carrier came under fire in Iraq. He

pushes past his back injury now, inspired by his own sense of esprit de corps and the example set by disabled persons who persevere.

"I'm not sure how fast I ran, I just kept looking forward," Garcia said. This was Garcia's first trip to Washington, D.C., and seeing the nation's capitol was a special thrill.

"I liked the fact that we worked closely with the Brazilian team," he said, referring to members of the Brazilian armed forces. Several of the Brazilians took top honors in the race and are partnered with U.S. Army South for a host of regional cooperation missions in Central and South America.

In the coming months Garcia will continue to participate in training that helps other countries in Central and South America. "It's time to prepare for next year," Garcia said.

'Missing Parts in Action' team inspires Ten-Miler runners

Story and photo by Tim Hipps
Family and MWR Command

ARLINGTON, Va. — Brazilian army Pvt. Reginaldo Campos Jr. won the men's division and Veena Reddy of Centreville, Va., led the women in the 24th running of the Army Ten-Miler, which started and ended at the Pentagon Sunday.

The true "rabbits" on this picture-perfect day for road racing, however, were the "Missing Parts in Action" competitors from Walter Reed Army Medical Center in Washington, D.C., and Brooke Army Medical Center in Fort Sam Houston, Texas — physically challenged Soldiers who got a 10-minute head start and motivated the elite runners to work harder.

Several of the front-runners in America's largest 10-mile road race shared encouraging words and gestures as they passed the wounded warriors and wheelchair competitors.

"Something like this really puts in context what we're doing in the states and overseas with all of our Soldiers, just seeing all of the wounded warriors out there," said All-Army team member 1st Lt. Philip Sakala. "I've had two really good buddies pass away - one in Iraqi Freedom and one in Afghanistan. When I'm feeling bad [on the run] and I look over and see these guys doing this - some running on one leg and even some double-amputees - that makes me want to go harder and makes me want to do well.

"I've got Army on my chest and those guys show what we're doing. It takes you back a little bit. I was going back-and-forth and back-and-forth with a guy in a chair. It just makes me really proud to be an American Soldier and very proud of what I'm doing right now," Sakala said.

Sakala unsuccessfully competed for a berth on Team



Members of the Missing Parts in Action Team of amputees from Walter Reed Army Medical Center in Washington, D.C., and Brooke Army Medical Center at Fort Sam Houston, Texas, start the 24th running of the Army Ten-Miler, which started and ended at the Pentagon Sunday.

USA for the 2008 Olympics as a member of the U.S. Army World Class Athlete Program. He recently was released from the program and reported to Fort Bragg, N.C.

On this day, Sakala, a 2006 graduate of the United States Military Academy at West Point, N.Y., set the pace for the lead pack through five miles before relinquishing the lead to members of the Brazilian Army Team during the sixth mile.

All-Army Capt. Mickey Kelly, who improved her personal-best 10-mile time by 40 seconds, hopes to eventually return to WCAP to train for the 10,000 meters or marathon. She also hopes to run the 2009 Armed Forces Cross Country Championships.

As excited as she was about running her personal-best time, Kelly was equally eager to salute the Missing Parts in Action Team.

"You know what was awesome? The wounded warriors," she said. "I love them. I was just cheering them the whole way. Just watching them, I was bursting every time I went by one. It just gave me energy to see them run.

"I gain strength from watching their strength. I was

Register now



File photo by Olivia Mendoza

More than 600 Soldiers assigned to Fort Sam Houston and civilians participated in the 27th Annual Combat Medic Run last year. The 28th Annual Combat Medic Run will be held Oct. 18 at MacArthur Parade Field at Worth and Stanley roads. The first run begins at 7:15 a.m. Categories are 5K individual run, 5K formation run (28 service members), 10K individual run, 10K five-person guidon team and a 2-mile fun and wellness walk. Awards will be given to the top three finishers in the 14 age categories. Registration fees begin at \$12. Late registration fees will be assessed after Oct. 12. Register online at http://www.active.com/event_detail.cfm?event_id=1532782. Runners also can visit the Jimmy Brought Fitness Center and complete an entry form or mail an entry form to the Directorate of Family and Morale, Welfare and Recreation, 1212 Stanley Road, San Antonio, TX 78234. Race packets will be available Oct. 15 from 10 a.m. to 7 p.m. at the Jimmy Brought Fitness Center, and on race day from 6 to 7 a.m. There will not be a race day registration. For more information, call FMWR at 221-3185 or 221-1157.

Fort Sam Houston Garrison Commander Col. Mary Garr presents Harris Heights Mayor Jenny Koranyi with a certificate for hosting National Night Out in her neighborhood Tuesday. Resident mayors hosted the NNO events, which included potlucks and games and activities for children.



Kaylee Kears, 9, and Sarah Ellen Starnes, 6, try out their new firefighter helmets Tuesday on Gorgias Circle here. Children received giveaways from the Fort Sam Houston Fire Department and Police Department and met with crime, fire and drug prevention mascots.

Neighbors bond at National Night Out celebration

Story and photos by Jeff Crawley
Fort Sam Houston Public Affairs Office

On a warm, breezy fall evening Fort Sam Houston residents met police officers, firefighters and the installation commanders to learn about crime, drug and fire prevention in their neighborhoods.

Parents and children met a host of mascots as well as their neighbors as each post village took part in the 25th annual National Night Out celebration Tuesday.

"National Night Out is extremely important. It's a chance for Families to come together in a spirit of community and spend time in their neighborhood," said Garrison Commander Col. Mary Garr.

Sirens blared and red lights flashed as a convoy of police cars and a firetruck approached their first stop at Wheaton Road.

Children squealed with excitement as they met McGruff the Crime Dog, Sparky the Fire Dog, the National Night Out Knight, and the Drug Abuse Resistance Education mascot, Daren the Lion. The children received giveaways from the mascots including fire helmets and sticker police badges. Some of the younger

children found the large mascots overwhelming and clung to their moms and dads.

When they weren't mingling with the mascots, children had the opportunity to bounce in an inflatable play area and play games.

After about 25 minutes, the convoy loaded up and the scene was repeated at Gorgias Circle, Harris Heights and Watkins Terrace.

Although Fort Sam Houston is a gated community and crime is very low compared to San Antonio, Provost Marshal Maj. Christopher Hayes said that residents can never let their guard down.

"Those children right there," said Hayes, pointing to a group of kids, "are what we have to protect. For their sake and everybody's sake we have to remain vigilant."

Detective Natalie Dains said NNO creates a sense of community in a fun setting.

"It lets them know that there are neighbors around them that they can rely on if something goes wrong," she said.

Garr and Maj. Gen. Russell Czerw, Fort Sam Houston and Army Medical Department Center and School commander, presented appreciation certifi-



Don Grigsby and his son, Austin, watch as fire engine number 4 departs the Harris Heights Community Center here during the 25th annual National Night Out celebration Tuesday. About 50 people gathered at the center and met their neighbors and Fort Sam Houston police officers, firefighters and the post commanders.

cates to the village mayors.

Parent Wendy Starnes attended NNO with her daughter, Sarah Ellen, 6, to meet her neighbors including new ones and discuss how they could keep the area safe.

"I learned to keep an eye out, watch for strangers in the neighborhood and make note of whose coming and going,"

she said.

Village mayors at each site hosted potlucks with traditional picnic fares.

Harris Heights mayors Jenny Koranyi and Jeannie Jenkins held the potluck at their community center.

"It was a great turnout this year and everyone had a very good time," Jenkins said.



Children bounce in an inflatable play area on Wheaton Road here Tuesday as part of the National Night Out activities. Children were also treated to meeting mascots and receiving prizes from Directorate of Emergency Services workers.



Debbie Kears takes photos of her Family as they pose with mascots during National Night Out Tuesday at Gorgias Circle here. Families had an opportunity to meet their neighbors and fire and police officials during the annual crime prevention event.

Mark Cravens, 8, displays the sticker badge he received from Fort Sam Houston police officers during the 25th annual National Night Out festivities at Gorgias Circle here Tuesday.



Showing community support



Photos by Phil Reidinger

Richard and Florence Alcoser welcome Garrison Commander Col. Mary Garr and Installation Commander Maj. Gen. Russell Czerw to the Government Hill neighborhood National Night Out celebration Tuesday. Also participating in the National Night Out are (from left) Daren the DARE Lion, McGruff the Crime Dog, the National Night Out Knight and Sparky the Fire Dog. Florence, president of the Government Hill Neighborhood Association, was one of several community members who hosted a National Night Out event at her home.



Installation Commander Maj. Gen. Russell Czerw greets local residents Tuesday during the National Night Out celebration at the Government Hill neighborhood, a historic district just outside the gates of Fort Sam Houston off of Grayson Street. Post leaders visited several homes in the local and post communities during National Night Out, an annual event during which citizens, community groups and local officials join forces against crime.

Nominations due today for Board of Trustees

The Fort Sam Houston Independent School District has a five member Board of Trustees nominated by the garrison commander and appointed by the State Board of Education.

The Board of Trustees is responsible for setting policy for the district and making decisions based on the educational welfare of children served by the district.

Military personnel or their spouses and civilians employed on the installation may serve. A majority of the trustees must be civilians.

To be a board member, an individual must be a registered Texas voter and have lived in Texas for the past 12 months; must live on or be employed by the installation; be willing to volunteer time and serve without compensation; be prepared to serve a two-year term of office;

attend monthly meetings; receive board training (about 20 hours the first year and eight hours thereafter); and support the Fort Sam Houston schools by attending special events and functions.

To be considered for a position on the Board of Trustees, submit a resume with name, home and work addresses, home and work telephone numbers, marital status, ages of children (if applicable), educational and work background, community involvement, current association with school (if applicable) and any other information the applicant wishes to share.

Applications are due today by 3 p.m.; submit to Headquarters, U.S. Army Garrison, ATTN: IMWE-SMH-MWC, Fort Sam Houston, Texas 78234-5020. For more information, call Ruth Mitchell at 295-4806.

Robert G. Cole High School homecoming festival Oct. 10



The Fort Sam Houston community is invited to attend the Robert G. Cole High School Homecoming game and celebration Oct. 10. Military personnel in uniform get into the game free.

The Homecoming Parade will take place from 4:30 to 5 p.m. beginning at the Fort Sam Houston School Age Services building and ending

at the Robert G. Cole High School.

A carnival will be held from 5 to 7 p.m. in the high school parking lot by the football field. Kiobassa Provision Co. and WOAI-TV will host a Friday Night Tailgate Sendoff party, broadcasting live during their sports segment from the stadium at 5 and 6 p.m. Kiobassa will also provide 200 free Kiobassa sausage wraps and 200 free H.E.B. water bottles on a first-come, first-served

basis. Carnival events include face painting, hair painting and a dunking booth. The Cole Band Booster Club, Junior ROTC and Cougar Pride Club will be represented at a booth.

The game between the Cole Cougars and Harper Longhorns begins at 7:30 p.m. and includes the presentation of the homecoming court during half-time. The Cougar Pride Club concession stand will be open during the game.

(Source: FSHISD)

Fort Sam Houston Independent School District

Weekly Campus Activities – Oct. 13 to 18

Fort Sam Houston Elementary School

Oct. 14

Individual pictures

Oct. 16

PTO fall festival, 5 to 7 p.m.

Oct. 17

Spirit Day

Robert G. Cole Middle and High School

Oct. 14

F/J/V/V volleyball vs. Randolph at Cole, 5, 6 and 7 p.m.

Oct. 16

Picture retakes at Cole Middle School. JV football vs. Johnson City

at Cole, 6 p.m.

Oct. 17

F/J/V/V volleyball at Johnson City, 4 and 5 p.m.

Varsity football at Johnson, 7:30 p.m.

Oct. 18

Cross Country at Comfort High School, TBA.

Voice an opinion

Customers invited to participate in survey

The Fort Sam Houston community — Soldiers, Family members, retirees, veterans and Department of Defense civilians — is invited to participate in the Customer Service Assessment survey.

The survey, which will be available online Oct. 20 to 31, will ask participants to rate the performance and importance of services of interest to them.

“This survey is incredibly important,” said Russell Matthias, Fort Sam Houston customer service officer. “This is the first chance for everyone to provide input into a comprehensive assessment of Fort Sam Houston services. The more who take the survey, the better the data. There are thousands in the Fort Sam Houston and San Antonio and surrounding communities who can make their voice heard.”

The survey is designed to be completed in 20 to 30 minutes and covers services provided by every agency in the garrison, from the ID card section and Family Housing, to Family and Morale, Welfare and Recreation programs.

“We know customers have strong feelings,” Matthias said. “We’re getting the feedback on individual customer service transactions through the Interactive Customer Evaluation system. But this upcoming survey is a chance to rate and comment on each service the garrison provides.”

To start the survey, customers click on the Web address (to be announced in next week’s News Leader) and answer a series of questions that direct them to the set of questions and services they use. For example, retirees and Family members will not be asked to rate the Soldier



Readiness Processing Center or Military Personnel Records.

Customers are asked to rate how well the service is performing, on a scale of 1 (very poor) to 5 (excellent), and how important that service is to them, also on a scale of 1 to 5. If a service is rated 1 or 2, the customer must provide comments to explain their concern with the service.

“Just as with the Soldier and leader data, this is going to give a really good idea of how well agencies are providing their services,” Matthias said. “We want to get the data from the Families, retirees, veterans and civilians to give us the most complete picture. If you ever wanted to have a chance to make your voice heard — this survey is the time to do it.”

The survey results should be available in late November. For more information on the survey, call Matthias at 221-2543 or e-mail samh.cms@conus.army.mil.

(Source: Customer Management Services)

Make a Movie – Save a Life

By Terri Helus
U.S. Army Combat Readiness/Safety Center



FORT RUCKER, Ala. — With the launch of the Peer to Peer Video Competition, the U.S. Army Combat Readiness/Safety Center hopes to harness the power of peer influence to help prevent accidents and save lives.

The competition tagline, “Make a movie – save a life”, challenges Soldiers to personalize safety messaging by creating short videos which promote off-duty safety awareness. The goal is to have Soldiers create safety messages that speak directly to their peers.

Entrants post their video on any social networking site and send a link to USACRC to submit their video for considera-

tion. Videos should effectively convey ways to safely conduct off-duty activities and a humorous slant is encouraged.

“So much of what we accomplish in safety is considered boring by most,” said USACRC Command Sgt. Maj. Tod Glidewell. “Today’s Soldier is tech savvy and digital communication literate. Peer to Peer allows Soldiers to use their creativity to communicate safety information they way they want to hear it.”

Peer to Peer puts safety into the hands of Soldiers and provides a venue to share tips, lessons learned and best practices. Most Soldiers have a favorite “There I was” story and the video medium will allow them to share the benefit of their experience with an Armywide audience.

“The battle buddy mindset has kept many a Soldier from harm,” said Dr. Patricia Le Duc, director, Human Factors Task Force. “This competition capitalizes on the power of peer influence, and extends its reach exponentially through the Web.”

The contest runs through March 31, 2009, and is open to all military ID card holders including Army Reserve and National Guard Soldiers. Visit the Peer to Peer Video Competition Web page for promotional materials, official rules and a sample peer safety video.

Army Family Team Building training helps instructors acquire new skills

By Cheryl Harrison
Army Community Service Marketing

Nine Army Family Team Building volunteers graduated Sept. 19 from a two-and-a-half day AFTB Instructor training.

The graduates gained skills in Methods of Instruction, Platform Skills, Instructional Aids, the Planning Process and more.

Their newly acquired and enhanced instructor skills have equipped them with the ability to prepare and deliver the Department of the Army AFTB curriculum to various audiences in different settings within the Fort Sam Houston community.

Before each instructor could receive their certification, they were required to prepare and present a seven-minute class, putting their newly learned skills to practice.

The AFTB Instructor Course is the required training for AFTB instructors and the pre-



Courtesy photo

(Front row, from left) Jennifer Slack; Emmy Elliott, program manager; and Patricia Hoffman; (back row, from left) Kevin Hill; Eddie Williams; Patricia Gibbs; Brian Dougherty, master trainer; Katie Harmon; Kirsten Spevak; Susan Nelis; Shelley Calhoun; and Sue York, master trainer, are Army Family Team Building instructors. The new volunteer instructors graduated Sept. 19. They have joined the AFTB team to assist in providing classes in Army culture, professional development, and leadership skills for Family members, Soldiers and Department of the Army civilian employees.

requisite for the Department of the Army Master Trainer and Core Courses.

As the volunteers received their official AFTB Instructor Trainer Certification, they

accepted the AFTB challenge to educate and train the Army in knowledge, skills, and behaviors designed to prepare the Army Families to move successfully into the future.



Fall Fest

The Fort Sam Houston Fall Fest will be held Oct 17 from 5 to 10 p.m. and Oct. 18 from 10 a.m. to 6 p.m. Friday night's festivities include live music, dancing food and beverages. Saturday's events include a variety of games, food booths, activities and entertainment, to include a performance by Radio Disney. A Fall Fest parade will begin at 10 a.m. on the corner of Stanley and Schofield roads. People are invited to enter the Arts and Crafts Fair, Car Show and Barbecue Cook-off, as well as a drawing for a variety of prizes. For more information, call 221-3185.

Schedule of Events:

Oct. 17

5 to 10 p.m. — Happy Hour; food, drinks, DJ and dancing; Barbecue Cook-off participants check in.

Oct. 18

10 a.m. — Parade

12 to 5 p.m. — Pony rides
12 to 6 p.m. — DJ performance
12:45 p.m. — Car Show judging begins
1 to 4 p.m. — Live entertainment
2 p.m. — Barbecue judging begins
4 p.m. — Radio Disney performance
*Raffle drawings will be conducted throughout the day.

Cash and Carry Sale

The next FMWR Cash and Carry Sale will be held Oct. 14 and 15 from 9 a.m. to 3 p.m. at Building 4192, Bay A on Wilson Road. The event is conducted on a first-come, first-served basis. Cash and personal checks with picture ID are acceptable forms of payment. All property must be removed from the warehouse at the time of the sale. All sales are final. Property is sold as is, where is. The following used items are available: TV armoires, night stands, round activity tables, decks, wall mount headboards, VCRs, computer desk with hutch, recliners, lounge chair with ottoman, book cases, file cabinets, used golf clubs and bags, microwave ovens, computer monitors, large speakers, radios, X-box and more. There is no prior viewing of sale property. For more information, call 221-4449 or 221-4950.

Dining and Entertainment

Sam Houston Club

Texas Hold 'Em Tournament

A Texas Hold 'Em Tournament will be held Nov. 14 beginning at 6 p.m. at the Sam Houston Club. Registration costs \$20 and includes a meal and unlimited soft drinks. Players must be at least 21. To

See MWR P19

MWR from P18

reserve a seat or for more information, call the Sam Houston Club at 224-2721 or 226-1663.

Harlequin Dinner Theatre

The Harlequin Dinner Theatre will feature "The Sunshine Boys," a comedy by Neil Simon, through Oct. 18. Tickets are \$31 on Fridays and Saturdays and \$28 on Wednesdays and Thursdays. Discounts are available for military and students. The house opens for salad bar and cocktails at 6:15 p.m. The buffet is open from 6:30 to 7:30 p.m., and the show begins at 8 p.m. The box office is open from noon to 5 p.m. weekdays and 1 to 5 p.m. Saturdays. The theater is handicapped accessible. For reservations, call the theater at 222-9694.

Children's Halloween Story Time

Celebrate the scary season as Family member Jenny Koranyi reads Halloween-themed stories for children at the Keith A. Campbell Memorial Library Oct. 26 at 2 p.m. Everyone is encouraged to wear a costume. Free refreshments will be served. For more information, call the library at 221-4702 or 221-4387.



AFAP Conference delegates needed

The Installation Commander's annual Army Family Action Plan Conference will be held in February. Delegates and volunteers are needed for planning, submitting issues and providing assistance for this important event. This is the time to let your voice be heard and represent the Army Family. To participate or submit an issue, call the AFAP program manager at 221-2705.

Precious Minds, New Connections

Army Community Service Family Advocacy Program will offer Precious Minds, New Connections, an enrichment program for any one with children ages birth to 3 years old Oct. 9, 16, 23 and 30 and Nov. 6, 13, 20 and 26 from 6 to 8 p.m. at the ACS, Building 2797. This eight-session class offers free child care and free dinners. For more information or to sign up, call 221-0349 or 221-0326 or

e-mail thelma.t.kegley@us.army.mil.

Couple's Enrichment

The Family Advocacy Program will hold a three-part Couple's Enrichment class Oct. 10, 17 and 24 from 5:30 to 7 p.m. at Army Community Service, Building 2797. The class will center on reconnecting with your partner, understanding gender differences, commitment and intimacy, and discussions with other married couples, which can help improve a relationship. For more information or to register, call 221-0349 or 221-2055 or e-mail thelma.t.kegley@us.army.mil.

Stress Management

Army Community Service Family Advocacy Program will hold a Stress Management class Oct. 22 from 11 a.m. to 12:30 p.m. at the Red Cross, Building 2650. This class will increase one's ability to recognize signs of stress and the effects it has in everyone's lives. It will also provide coping strategies to make informed decisions. For more information or to register, call 221-0349 or e-mail thelma.t.kegley@us.army.mil.

EFMP holds first resource fair

Army Community Service's Exceptional Family Member Program will host the first Fort Sam Houston

EFMP Resource Fair Oct. 24 from 9 a.m. to 3 p.m. at the ACS, Building 2797. EFMP works with military and civilian agencies to provide comprehensive community support, housing, medical, educational and personnel services to Soldiers with exceptional Family members. Exceptional Family members are defined as a Family member (child or adult) with any physical, emotional, developmental or educational condition requiring special treatment, therapy, education, training or counseling on an ongoing basis. More than 24 organizations will be represented at the resource fair including TRICARE, Brooke Army Medical Center EFMP staff, Wilford Hall care managers, United Way 211, Family Service Association of San Antonio, Special Olympics Texas, Any Baby Can, Cystic Fibrosis Foundation and Camp Camp. Helpful information, free snacks and beverages will be available. For more information, call April Nias, EFMP program assistant, at 221-2705 or 221-2418.

Run to End Domestic Abuse

Army Community Service's Family Advocacy Program will sponsor the first Run to End Domestic Abuse and the Healthy Families Fair Oct. 25.

The run begins at 8 a.m. and the fair kicks off at 10 a.m. at ACS, Building 2797. The fair will offer many military and local services geared toward eliminating and preventing Family abuse. Informational booths will feature Family-orientated activities. The Fort Sam Houston Police Department and McGruff the Crime Fighting Dog will be on site with finger printing kits. Other activities include Family photos, tennis lessons, bouncy castles, cake walks, bingo, massages and a hands-on a self-defense presentation. The activities are free to the San Antonio military community. For more information, call 221-0349 or 221-2418.

First PCS move class

The Financial Readiness Program at Army Community Service will hold a financial planning class for initial permanent change of station moves Oct. 30 from 2 to 4 p.m. at ACS, Building 2797. This is a mandatory class for all junior enlisted Soldiers, E-1 to E-4, preparing to PCS for the first time. The class will cover costs, allowances and entitlements associated with a PCS move. The class must be taken no later than 60 days before out-processing from a unit. For more information, call Doris Planas at 221-1612

Child, Youth and School Services

Family Fun Day Carnival

The Child Development Center will host a Family Fun Day Carnival Nov. 7 at 2:30 p.m. at Building 2530, Funston Road. This event is for Families with children who attend the CDC. Activities will include indoor games and outdoor activities, such as pony rides, disc jockey and inflatable play areas. Refreshments will be sold. For more information, call the CDC at 221-5002.

Parent Advisory Council

A Child, Youth and School Services Parent Advisory Council meeting will be held Oct. 21 from 11:30 a.m. to 12:30 p.m. at the Child Development Center. Lunch will be provided. This is an opportunity to meet staff, attend parent workshops and learn about upcoming events. All CYSS patrons are encouraged to attend. PAC meetings are held the third Tuesday of each month. For more information, call 221-4871 or 221-1723.

ACT/SAT Preparation

Free ACT and SAT Power-Prep software is available to all active-duty members, Family members and veterans. Visit www.eknowledge.com/military. For more information, call 221-2214.



Community

Events

AAFES 'Made the Grade' program

The Army and Air Force Exchange Service will recognize students who maintain a "B" average or better with a "You Made the Grade" booklet full of complimentary prizes for every qualifying report card. The booklet includes coupons for a variety of free offers. Each booklet also contains an entry form for a quarterly drawing in which three winners are randomly awarded savings bonds in \$2,000, \$3,000 or \$5,000 denominations. To receive the booklet, students must present a valid military ID card and proof of an overall "B" or better average to any manager at the main Post Exchange. For more information, contact the Fort Sam Houston Post Exchange main store manager or general manager.

Valero Texas Open

The Humana Military Healthcare Services, the Military Warrior Support Foundation and Golf San Antonio will host service members who are recovering from illness or injury sustained in Iraq and Afghanistan at this year's Valero Texas Open Oct. 9 to 12 at the Westin La Cantera Resort, San Antonio. A warrior hospitality suite will be provided on site; the suite will accommodate about 75 injured warriors and their families in a temperature-controlled environment overlooking the #18 green. For more information, call 502-301-6659 or visit

www.militarywarriors.org.

WW I exhibit

The San Antonio Public Library and the San Antonio Public Library Foundation will commemorate the 90th anniversary of Armistice Day with an exhibit of original World War I posters not seen on public display since 1933. The "Winds and Words of War" exhibit will be held through Oct. 27 at the Central Library Gallery, 600 Soledad. Events include a showing of the film "Sergeant York" Oct. 14 at 7 p.m.; a downtown walking tour Oct. 18 from 10 to 11 a.m.; a lecture titled "Battle Ready City: San Antonio in the Great War," Oct. 19 from 3 to 5 p.m.; a lecture titled "I had not thought death had undone so many: Writers of WW I" Oct. 20 from 7 to 9 p.m.; and a musical cabaret Oct. 23 from 7 to 9 p.m. For more information, call 207-2638 or e-mail elizabeth.graham@sanantonio.gov.

Guadalupe River State Park walk

The Fort Sam Houston Texas Wanderers Volksmarch club will hold a 5K and 10K walk Oct. 18 from 8 a.m. to noon at Guadalupe River State Park, 3350 Park Road 31, Spring Branch, Texas. Walkers meet at the day use area. No pets are allowed in the park for the walk. For more information, call Gerald Kamicka at 658-2160, e-mail GeraldK726@aol.com or visit www.walktx.org/TexasWanderers/.

Training

Enterprise Web Training

The Army Medical Department E-Forms will be eliminated and all forms will be done in the Enterprise Web AMEDD Electronic Forms Support System within the AMEDD domain. Training opportunities are available, but not required, in Willis Hall, Building 2841. The training schedule is:

EWA forms training

- Oct. 21 from 8:30 to 11:30 a.m. and 1 to 2:30 p.m., Room 2105C
- Oct. 22 from 1 to 2:30 p.m., Room 2105A.
- Oct. 27 from 1 to 3:30 p.m., Room 2105A.
- Oct. 29 from 8:30 to 11:30 a.m., Room 2105C.

Army Knowledge Online training

- Oct. 23 from 8:30 to 11:30 a.m. and 1 to 2:30 p.m., Room 2105C.

Participants must bring their common access card with them for training. Seating is limited. For more information or to register, call 221-6203 or e-mail julie.gueller@amedd.army.mil.

Meetings

Spouses' Club

The Fort Sam Houston Spouses' Club will host the "Make It, Bake It, Fake It" silent auction and luncheon Oct. 21 at 11 a.m. at the Sam Houston Club. Members will bring homemade or bought items to be auctioned. Luncheon cost is \$14. Spouses of all ranks are welcome to attend. For more information or to reserve by Oct. 17, call Kelly Pinsky at 233-8401 or e-mail Cathy Collyer at collyer1813@aol.com.

Warrant Officer

Association meeting

The Lone Star Silver Chapter of the

See **COMMUNITY P21**



For Sale Fort Freebies

For Sale: Kitchen Aid Superba refrigerator, side-by-side, 24.5 cubic feet, filtered water and ice dispenser, \$400 obo. Call 867-5840 or e-mail AnArmyFamily2000@yahoo.com.

For Sale: Set of golf clubs, driver, 3, 5, 7, and 9 woods, Bob Tosk irons, 3 iron to pitching wedge, sand wedge, gap wedge, and putter, \$100. Call 496-9304.

For Sale: Thomas Kinkaid, queen-size three-piece wall unit, solid wood, three shelves and three drawers on each side, does not include bed, \$1,125; will sell new bed with frame. Call Deborah or Pete at 830-714-5026.

For Sale: Image 10.6Qi treadmill, folds, extra wide deck, inclines up to 10, user manual, good condition, \$350; patio set includes table, six chairs with cushions and two matching footstools, \$100; Haviland Blue Garland China, 12 place settings and seven serving pieces, \$125; Craftsman 6.0

lawn mower, \$40. Call 538-5397.

For Sale: 1992 Ford Custom van, loaded, TV/VCR, new tires, well maintained, \$2,395 obo; racing bikes, need refurbishing, \$95 each. Call 659-6741.

For Sale: 1991 Ford F-150, single cab, long bed, V6, five speed, cruise control, dual fuel tanks, A/C, runs very good, \$2,500. Call 648-5907 or 687-3980.

For Sale: 1995 GMC Suburban, 165K miles, one owner, good condition, \$4,000 obo. Call 271-9127.

For Sale: Mediterranean triple dresser with mirrors, includes head board and bed railings, walnut, \$175; three commercial-type clothing racks, \$35 each; artwork and various home accessories, \$10 to \$35 each. Call 691-0291.

For Sale: Shih-Tzu puppies, AKC, one

Submission guidelines:

Freebies are published on a first-come, first-served basis. The deadline is close of business Friday. Freebies are intended for personal household goods, and may only be submitted by active, retired or reserve military members and civilian employees working on Fort Sam Houston. Real estate and employment ads will not be published. To submit a Fort Freebie, e-mail news.leader@conus.army.mil or fax to 221-1198. Freebies run for one week unless the submitter calls to renew. Limit of five items per entry. For more information, call 221-0546.

male and three females, black and white, solid liver/sable, shots up-to-date, \$350 male and \$375 females; youth couch, fold-out sleeper, black, new, \$150; Pentair pool cleaner for in-ground pool, excellent condition, \$300. Call 697-9261 or 363-4056.

For Sale: Programmable Honeywell digital thermostat for home A/C, \$30. Call 221-3549.

Free To Good Home: Pit bull, female, 3 months old, German shepherd mix, 6 months old; pit bull, male, 2 years old, great character. Call 221-9130 or 844-3722.

Free To Good Home: Retriever, male, flat coat, 4 years old, neutered, shots up-to-date, good with children. Call 214-202-8736.



Religion

PWOC meetings

The Protestant Women of the Chapel group meets Wednesdays from 9:30 to 11:30 a.m. and Thursdays from 6:30 to 7:30 p.m. at Dodd Field Chapel. Child care is provided. For more information, call 221-5007.

COMMUNITY from P20

U.S. Army Warrant Officer Association will hold a meeting Oct. 20 at 7 p.m. at Chacho's & Chulucci's, 8614 Perrin Beitel Road (near Loop 410). All active-duty, retired, Reserve, National Guard warrant officers and Family members of current or retired warrant officers are invited. For more information, call Juan Gomez at 295-6596, e-mail juan.gomez@us.army.mil or Jim Gonzales at 666-9818, e-mail rgonzales879@sabx.rr.com.

Retired Officers' Wives and Widows Club

The Retired Officers' Wives and Widows Club will hold its fall luncheon Oct. 28 at 11 a.m. at the Sam Houston Club. The guest speaker, Bob Gaylor, is known for his humor and motivation. For reservations, call Arline at 822-6559.